



Figures and figure supplements

Age-dependent changes in protein incorporation into collagen-rich tissues of mice by in vivo pulsed SILAC labelling

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Figure 1. Experimental design. Four groups of four C57BL/6 J male mice were fed with heavy SILAC diet ($^{13}C_6$ -Lys) or light SILAC diet ($^{12}C_6$ -Lys) for 3 weeks at different ages. Two groups of mice (A and B) were fed with the heavy diet from weeks 4 to 7. Group A was culled for tissue collection, and group B was switched to light diet from weeks 7 to 10, then culled for tissue collection. Groups C and D were fed with the heavy SILAC diet for 3 weeks until week 15 and week 45 respectively. Plasma, knee articular cartilage, tibial bone, and ventral skin were collected from fixed anatomical positions

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shown above. Left-hand panel shows Safranin O stained coronal sections of a murine knee joint before and after micro-dissection of the articular cartilage. Tissues were processed according to tissue specific protocols, trypsinised, and peptides analysed by liquid chromatography-tandem mass spectrometry. Peptides and protein identification and heavy/light (H/L) ratios were obtained by Maxquant software.



Figure 2. Synthesis rate and incorporation of protein in plasma, skin, bone, and articular cartilage during skeletal growth. Each dot represents the mean of the percentage of incorporation of the heavy isotope for an individual protein, n = 4. The x axis represents percentage of the heavy isotope incorporation into proteins from weeks 4 to 7 of age (group A), and the y axis the heavy isotope subsequently lost during the light diet, weeks 7–10 (group B). Collagens are highlighted in red, proteoglycans in yellow, and glycoproteins in blue. The three most stable collagens, proteoglycans, and glycoproteins in each tissue are named. Percentage of stable (red hashed area) and fast turnover proteins (grey hashed areas) for each tissue are indicated.

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Figure 2—figure supplement 1. Incorporation of heavy isotope in plasma, skin, bone, and cartilage. Data set of individual biological replicates for all four groups A–D (n = 2-4). The box extends from the 25th to 75th percentiles. The line in the middle of the box is plotted at the median, and the whiskers represent the 1 and 99 percentiles.

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Figure 3. Percentage of incorporation of heavy isotope into newly synthesised proteins in plasma, ventral skin, knee articular cartilage, and tibial bone at different ages. The percentage of newly synthesised proteins during each heavy diet period is reflected by the percentage of heavy isotope (${}^{13}C_{6}$ -Lys) incorporated into proteins. Collagens are labelled in red, proteoglycans in yellow, glycoproteins in blue, and other proteins in grey. Corresponding numbers of a chains are located next to each colour code in legends. New protein synthesis was significantly different between the four tissues and at all age groups, Kruskal–Wallis test, p<0.0001 for all comparisons.





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Statistically significant differences were denoted as follows: [&]between groups A and C, ^{\$}between groups A and D, ^between groups C and D, [#]between groups A-C and A-D, *between all three groups.



Figure 5. New proteoglycan incorporation rate into different tissues during ageing. The percentage of newly synthesised proteoglycans incorporated into articular cartilage, tibial bone, and ventral skin is estimated by the percentage of incorporation of the heavy isotope ($^{13}C_{6}$ -Lys) into the proteins during the 3 weeks of heavy diet. Protein synthesis and incorporation was estimated across the healthy life span, covering skeletal growth (4–7 weeks old), young adults just after skeletal maturity (12–15 weeks old), and older adults (42–45 weeks old). Error bars represent the standard deviation (n = 4). ND = not detected, protein group not present in the group dataset. NQ = not quantified, protein group present, but with <2 quantified samples. BMPg, bone marrow proteoglycan. Statistical significance was determined by pairwise comparisons using Perseus software, Student's t-test reporting Benjamini-Hochberg adjusted p<0.05. Statistically significant differences were denoted as follows: [&]between groups A and C, ^{\$}between groups A and D, ^{*}between groups C and D, [#]between groups A–C and A–D, *between all three groups.



Figure 6. Heatmap of new glycoproteins incorporation rates into different tissues during ageing. The percentage of newly synthesised glycoproteins incorporated into articular cartilage, tibial bone, and ventral skin is estimated by the percentage of incorporation of the heavy isotope ($^{13}C_{e}$ -Lys) into the proteins during the 3 weeks of heavy diet. Protein synthesis and incorporation was estimated across life, covering skeletal growth (4–7 weeks old), young adults just after skeletal maturity (12–15 weeks old), and older adults (42–45 weeks old).



Figure 7. Changes in protein synthesis and incorporation rates during tissue remodelling. (**A–D**) Differential protein incorporation rates in young (15 weeks) versus older (45 weeks) adult tissues. (**A**) Cartilage, (**B**) bone, (**C**) skin, and (**D**) plasma. Volcano plots, unpaired Student's t-test with BH correction FDR < 0.05, FC > 1.5, n = 4. Full list of proteins available in *Figure 7—source data 1*. (**E–H**) STRING cluster analysis of differentially incorporated *Figure 7 continued on next page*

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proteins in each tissue. (E) Cartilage, (F) bone, (G) skin, and (F) plasma. Edges show high confidence interaction score = 0.7. Networks clustered to MCL inflation parameter = 2. Cluster elements are listed in *Figure 7—source data 2*.



Figure 7—figure supplement 1. Changes in protein abundance from young to older adults. (A) Comparison of raw intensities from young adults (15 weeks old) and older adults (45 weeks old) showing that the majority of protein intensities follow a 1:1 ratio. (B). Volcano plots comparing protein abundance based on total iBAQ intensities. Unpaired Student's t-test with BH correction FDR < 0.05, FC > 1.5, n = 4. Collagens are marked as references. In cartilage six proteins were significantly down- (blue) or up- (red) regulated.





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Figure 7—figure supplement 3. Pathway enrichment using by IPA for young versus older adult regulated protein profiles. Canonical Pathway enrichment analysis was performed comparing groups C (young adult) and D (older adult) by IPA. Canonical pathways identified by IPA are shown for each tissue. Fisher exact test (p>0.05).