





METHOD ARTICLE

# A high-throughput 3D X-ray histology facility for biomedical research and preclinical applications [version 1; peer review: 3 approved, 1 approved with reservations]

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**V1** First published: 25 Aug 2023, 8:366  
<https://doi.org/10.12688/wellcomeopenres.19666.1>

Latest published: 25 Aug 2023, 8:366  
<https://doi.org/10.12688/wellcomeopenres.19666.1>

## Abstract





**Background:** The University of Southampton, in collaboration with the University Hospital Southampton (UHS) NHS Foundation Trust and industrial partners, has been at the forefront of developing three-dimensional (3D) imaging workflows using X-ray microfocus computed tomography ( $\mu$ CT) -based technology. This article presents the outcomes of these endeavours and highlights the distinctive characteristics of a  $\mu$ CT facility specifically tailored for 3D X-ray Histology, with primary focus on applications in biomedical research and preclinical and clinical studies.



**Methods:** The UHS houses a unique 3D X-ray Histology (XRH) facility, offering a range of services to national and international clients. The facility employs specialised  $\mu$ CT equipment designed specifically for histology applications, allowing whole-block XRH imaging of formalin-fixed and paraffin-embedded tissue specimens. It also enables correlative imaging by combining  $\mu$ CT imaging with other microscopy techniques, such as immunohistochemistry (IHC) and serial block-face scanning electron microscopy, as well as data visualization, image quantification, and bespoke analysis.

**Results:** Over the past seven years, the XRH facility has successfully completed over 120 projects in collaboration with researchers from 60

## Open Peer Review

Approval Status 

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affiliations, resulting in numerous published manuscripts and conference proceedings. The facility has streamlined the  $\mu$ CT imaging process, improving productivity, and enabling efficient acquisition of 3D datasets.

**Conclusions:** The 3D X-ray Histology (XRH) facility at UHS is a pioneering platform in the field of histology and biomedical imaging. To the best of our knowledge, it stands out as the world's first dedicated XRH facility, encompassing every aspect of the imaging process, from user support to data generation, analysis, training, archiving, and metadata generation. This article serves as a comprehensive guide for establishing similar XRH facilities, covering key aspects of facility setup and operation. Researchers and institutions interested in developing state-of-the-art histology and imaging facilities can utilize this resource to explore new frontiers in their research and discoveries.

### Keywords

3D X-ray Histology, XRH, Histology, microCT,  $\mu$ CT,  $\mu$ -CT, virtual histology, 3D histology

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**Competing interests:** No competing interests were disclosed.

**Grant information:** This work was supported by Wellcome ('Development of micro-computed tomography ( $\mu$ CT) for enhanced diagnosis and prognosis in interstitial lung diseases (ILD)', WT109682MA; 'Foundations for routine 3D X-ray histology', 212940/Z/18/Z) and was further supported by Nvidia who provided an NVIDIA RTX A6000. The National Research Facility for lab-based X-ray CT (<https://nxct.ac.uk>) has funded some of the facilities' equipment through EPSRC grant EP/T02593X/1. *The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.*

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**How to cite this article:** Katsamenis OL, Basford PJ, Robinson SK *et al.* **A high-throughput 3D X-ray histology facility for biomedical research and preclinical applications [version 1; peer review: 3 approved, 1 approved with reservations]** Wellcome Open Research 2023, 8:366 <https://doi.org/10.12688/wellcomeopenres.19666.1>

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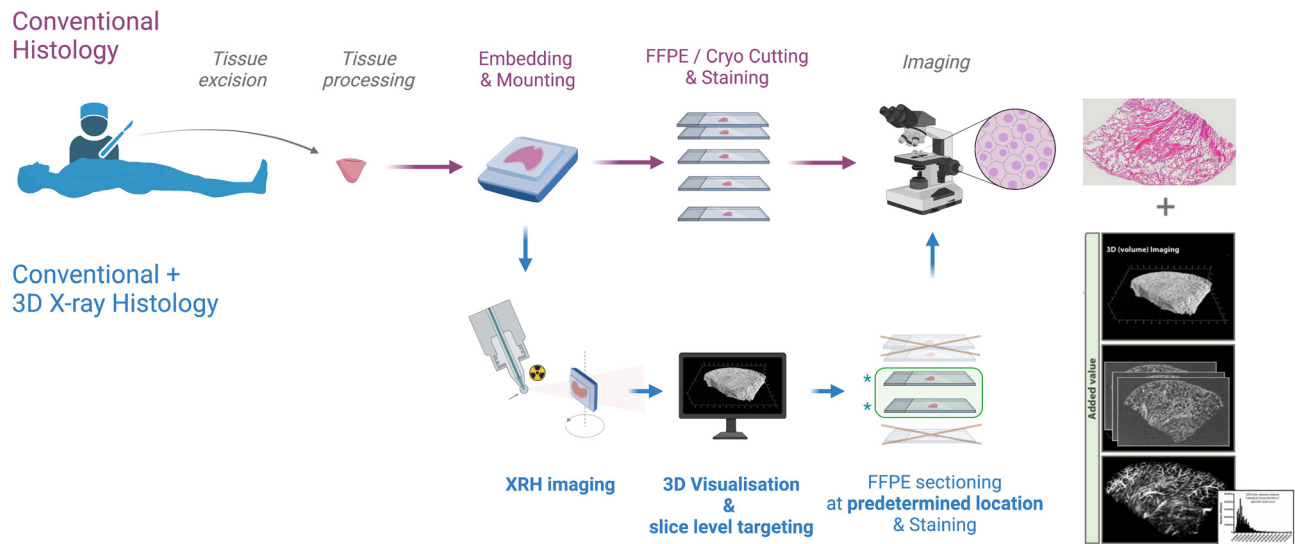
## Introduction

3D X-ray Histology (XRH) is a microfocus computed tomography (microCT/ $\mu$ CT)-based technology developed upon the proof-of-principle study published in 2015<sup>1</sup>. In that study we demonstrated that soft tissue samples routinely prepared for light microscopy-based conventional histology can be imaged using standard (attenuation-based) X-ray  $\mu$ CT.  $\mu$ CT achieves sufficient soft tissue contrast between the fixed soft tissue and the paraffin wax embedding medium for imaging the tissue microstructure in three dimensions (3D). This has been achieved by carefully selecting, adapting, and re-designing X-ray imaging hardware and optimising imaging protocols. 3D X-ray Histology (XRH)<sup>2,3</sup> offers a previously inaccessible view of soft tissue and its microanatomy for biomedical research, providing information about spatial heterogeneity<sup>4</sup>, interconnectivity of components<sup>5</sup> and spatial growth (e.g. vascular invasion<sup>6</sup>, tumour margin determination<sup>7</sup>), which are not always accessible through 2D imaging such as slide-based microscopy for standard histology. Due to its non-destructive nature and spatial resolution at a microscopic scale,  $\mu$ CT-based 3D XRH is also well suited for microanatomic studies in preclinical and clinical applications across a wide range of medical disciplines, including pulmonology, urology, oncology, cardiology, orthopaedics, and neurology<sup>8</sup>, as it is designed to be non-disruptive to the current histology workflows (see [Figure 1](#)).

The first complete system for 3D XRH was developed by our team as part of a Wellcome Trust Pathfinder project ('Foundations for routine 3D X-ray histology', WT109682MA; 2016-17) in close collaboration with Nikon X-Tek Systems Ltd. The Med-X (prototype) 3D XRH system was optimised for soft tissue imaging in a biomedical research/clinical environment,

deploying strategies to allow for smaller footprint and lowering manufacturing cost<sup>2</sup>; also see section 4.1. That system was commissioned in August 2016 and is installed in the Biomedical Imaging Unit (BIU) at the University Hospital Southampton NHS Foundation Trust (UHSFT).

Follow-up funding from Wellcome Trust ('Foundations for routine 3D X-ray histology', 212940/Z/18/Z; 2019-23) allowed us to further develop a complete framework for non-destructive 3D (volume) imaging and analysis of standard FFPE tissue samples using  $\mu$ CT. This includes standardisation and automation of image acquisition and processing workflows, exploring new X-ray imaging hardware, and setting up a data and sample management infrastructure (software and hardware) that meets the tracking and reporting needs of a clinical workflow, and easily links together images of the same tissue taken using different modalities. By using the experience gained with the Med-X system and other engineering scanners two new anodes for the x-ray source expanding the capabilities for both higher-resolution and higher throughput soft tissue imaging have been designed, built and characterised. The data and sample management infrastructure has been the cornerstone of a new facility designed specifically for 3D X-ray Histology ([www.xrayhistology.org](http://www.xrayhistology.org)), which is currently in operation at the University Hospital Southampton (UHS) site. The XRH facility supports 3D histology imaging studies and provides services compatible with both the current clinical histology and research workflows. As it is jointly run by the  $\mu$ -VIS X-ray Imaging Centre ([www.muvis.org](http://www.muvis.org)) and the Biomedical Imaging Unit ([www.southampton.ac.uk/biu/](http://www.southampton.ac.uk/biu/)), it brings together expertise in engineering and X-ray imaging with biomedical imaging, electron microscopy and histology.



**Figure 1. XRH integration into existing histology workflows.** Non-destructive 3D XRH imaging can be seamlessly integrated into the protocols used for conventional 2D histology and enhance them by providing high-resolution 3D data. The XRH data can also be used to optimise physical sectioning of the tissue block for downstream conventional histology by identifying the areas of interest within the block and slicing accordingly.

In this paper we present the 3D XRH facility in Southampton, and how it meets the needs of the scientific community for biomedical research and (pre)clinical applications. We provide details on the specifications of the machines, explain how image data are acquired and processed and discuss general considerations relevant for setting up an XRH facility. As use cases of the technology, we put forward biomedical research and preclinical applications undertaken in different fields, and we outline our plans for future developments of the technology.

### 3D XRH facility design: Meeting community needs

During the planning phase of the XRH facility, we reached out to our national (UK) and international network of collaborators and potential users of the XRH facility (51 biomedical and 15 non-biomedical). Using the questionnaire shown in the Supplementary Materials, we collected feedback about the aspects of the 3D XRH technology that would be most beneficial to their work and what new opportunities they could foresee accessing by exploiting XRH. 30 community members responded (response rate: 45%). The participants were working in the following fields: biofilms, cancer, cardiovascular, cell biology, developmental biology, liver, lymphatic system, musculoskeletal, neuroscience, respiratory, and tissue engineering research (Figure 2a). Approximately 80% of the participants responded that imaging of the microstructure in 3D using isotropic volume image elements (voxels) is of high importance for their work. High image contrast from unstained tissues and high-throughput data processing and handling workflows were also highlighted as being of high importance by approximately half of the participants. Interestingly, high-throughput data processing and/or analysis seemed to rank higher in importance compared to high-throughput image acquisition, emphasizing data processing/analysis as a critical aspect for the uptake of the technology. Other, less popular aspects included the potential for correlative imaging between XRH and conventional histology and the need for data compatibility with picture archiving and communication systems (PACS) and the DICOM digital image format (Figure 2b). The community recognised that XRH raises important opportunities for several applications. Almost 50% of the responders identified significant opportunities in image-based mathematical modelling and 3D histology for pathology applications and research. These opportunities were followed by applications in correlative imaging (between 3D XRH and conventional 2D histology data) and assessment of 3D structural element connectivity (Figure 2c).

The results from this survey provided the rationale for the design of the XRH facility, starting from sample preparation up to processed outputs. A streamlined framework for the facility was needed to enable rapid sample throughput and image processing of high-resolution data without sacrificing the quality and resolution of 3D image acquisition (see Figure 1). Therefore, in addition to state-of-the-art hardware, software, and imaging protocols run by specialist experts, a key aspect of the facility is the IT infrastructure, which streamlines this workflow and makes data tracking future-proof. Below, we describe these key aspects of the facility and explain certain features

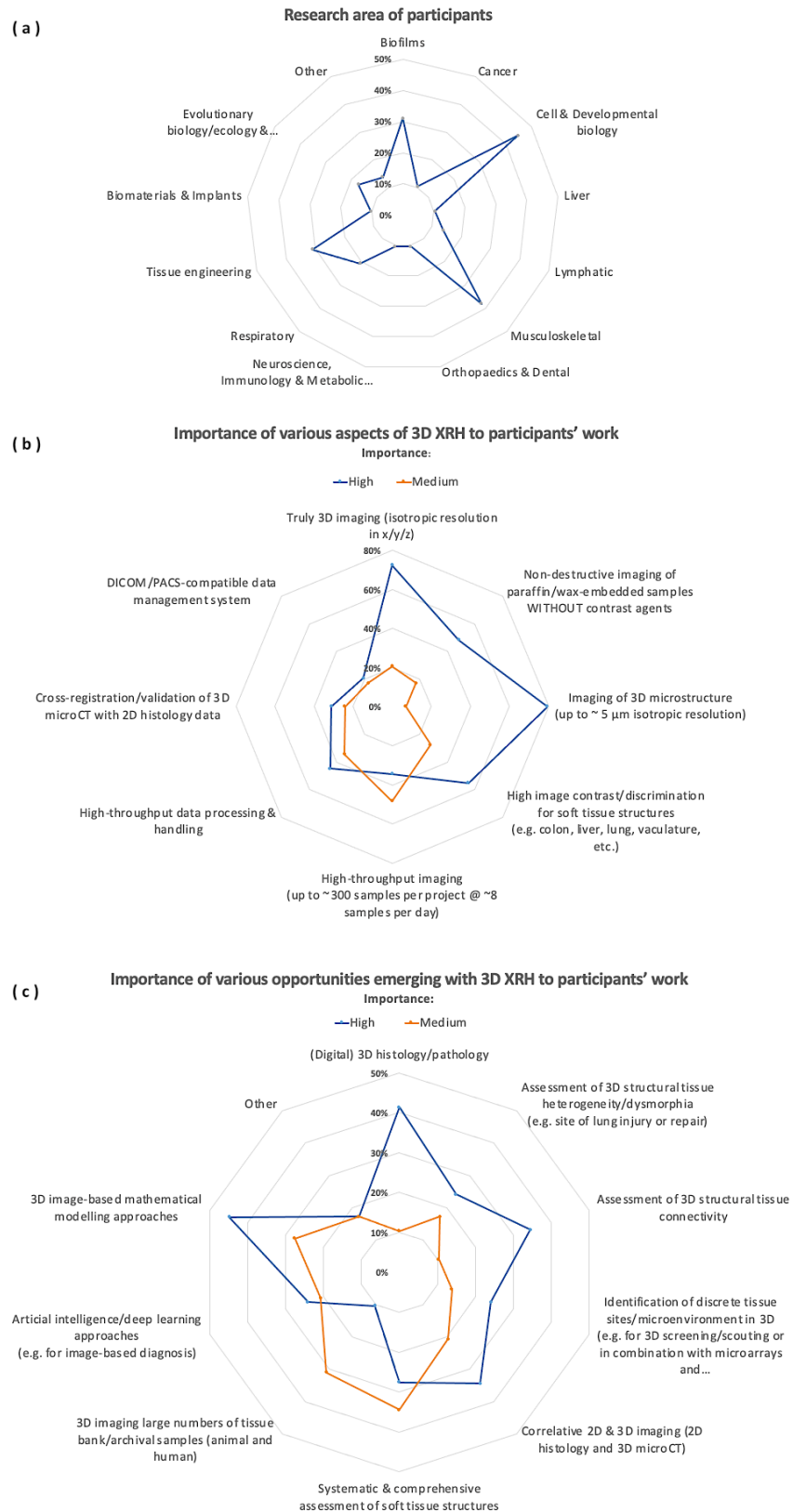
that were included into the design to meet the community needs.

### Microfocus tomography ( $\mu$ CT) imaging

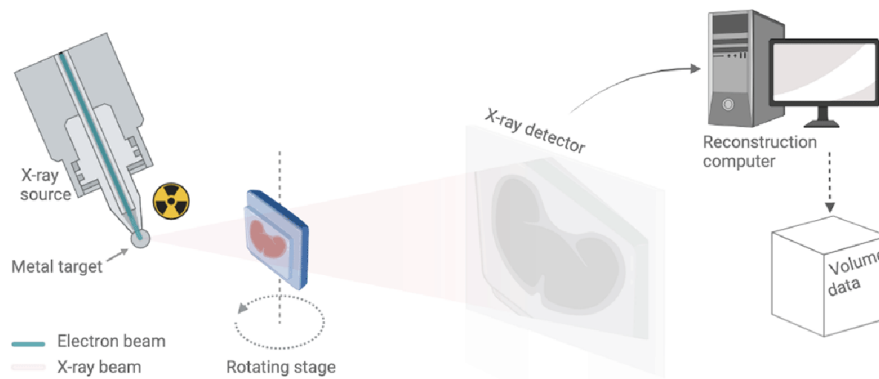
In keeping with medical CT,  $\mu$ CT imaging is accomplished by placing the sample in the X-ray beam path and capturing projected X-ray absorption patterns (radiographs) over a large number of equidistant rotation angles (typically hundreds to thousands). In medical CT, high-resolution peripheral quantitative computed tomography (HR-pQCT) of extremities and the *in vivo* small animal scanners, the X-ray source and the detector rotate in a gantry system around the patient or the animal. In the laboratory  $\mu$ CT systems, however, the specimens (typically a few mm to cm in size) are scanned *ex vivo* with the X-ray source and detector being fixed in space while the sample is rotating on a rotating stage (Figure 3). On completion of a scan, CT specific algorithms are used to derive (reconstruct) the internal structure of the sample. These algorithms use mathematical tools that combine the attenuation information captured on the radiographs to map microscopic density variations in the sample, which are then reconstructed into a 3D rectangular grid composed of cuboidal building blocks, known as voxels. The principles of medical and micro- computed tomography ( $\mu$ CT) imaging and the various acquisition modes are comprehensively reviewed in 9,10.

Both medical CT and conventional  $\mu$ CT use X-ray absorption (attenuation) for contrast. Here we are focusing on the absorption-based technology, but for completeness is worth noting that X-rays also behave as waves (wave-particle duality), altering their wave properties like *phase* when interacting with matter. Phase alterations can be turned into intensity variations in the image (*phase-contrast  $\mu$ CT*) using specialised hardware and appropriate reconstruction algorithms<sup>11,12</sup>. Phase imaging offers enhanced contrast compared to absorption techniques and has been used to visualise components of soft tissues including kidney<sup>13</sup>, peripheral airways<sup>14</sup>, pulmonary and bronchial arteries<sup>15</sup>, and muscle<sup>16</sup>, it has therefore been identified as a promising approach for virtual histology<sup>17,18</sup>. However, most phase-contrast imaging techniques still rely on monochromatic or very narrow band X-ray spectra accessible only in synchrotron radiation sources, which are few and far between. At the same time, laboratory-based phase-contrast imaging is gaining ground with groups demonstrating the great potential of this approach in a more accessible setup. Limitations still remain such as very long scan duration (>24h)<sup>19</sup>, small field of view, low resolution<sup>20</sup> or complicated experimental setup with costly, X-ray-absorbing optical elements<sup>13</sup> which render these techniques impractical for use in a clinical setting. Nevertheless, phase-contrast images offer significant added value to conventional (absorption-based)  $\mu$ CT and it seems that a number of these drawbacks are slowly being addressed for certain histology applications such as involved margins in breast specimens<sup>21</sup>.

Depending on the image acquisition mode, reconstruction and/or processing method, voxels in 3D  $\mu$ CT images can be isotropic (equal size edge in *x*-, *y*-, and *z*-direction;  $x = y = z$ ) or anisotropic ( $x \neq y \neq z$ ). Unless otherwise stated, voxels are



**Figure 2. Summary of users' survey.** The survey collected information from both domestic (UK) and global collaborators and prospective users of the XRH facility, with the objective of comprehending the distinct requirements of the user community. The XRH facility was designed and tailored to cater to these demands; **(a)**: Research areas of Participants, **(b)**: Importance of various aspects of 3D XRH to participants' work, **(c)** Importance of various opportunities emerging with 3D XRH to participants' work.



**Figure 3. Schematic of a benchtop  $\mu$ CT scanner.** The X-ray source on the left uses a beam of electrons fired at a metal target to produce a cone of X-rays. This conical X-ray beam then passes through the sample to the detector. The sample rotates on a rotation stage and for each angular step, a different X-ray radiography or projection image is taken and sent to the reconstruction computer for further processing (also see Supplementary Video 4).

considered being isotropic by default, which meets the community requirements for truly 3D imaging (Figure 2-B). Similar to key anatomical plane views in medical CT (axial, coronal, sagittal), the  $\mu$ CT data can also be viewed as a series of 2D slices, allowing data visualisation from different viewpoints.

## Results

### $\mu$ CT systems at 3D XRH facility

The  $\mu$ CT scanners of the 3D XRH facility at the University of Southampton (Figure 4) are built using off-the-shelf hardware, such as commercially available flat-panel Perkin Elmer X-ray detectors, standard X-ray CT cabinets (XT H 225 series; Nikon X-Tek Systems Ltd, Tring, UK), and open-tube X-ray sources. The open tubes design results in lower cost of ownership and increased flexibility in target assemblies. These standard parts have then been adapted to better suit soft tissue imaging.

**Med-X prototype system.** The Med-X prototype system (Figure 4) is the first commercial  $\mu$ CT scanner optimised for imaging standard FFPE, unstained soft tissue specimens that is also tailored to fit seamlessly into biomedical and clinical histopathology workflows. The system was specified on the back of the successful work<sup>1,5</sup> conducted using a much larger walk-in experimental chamber and the design was optimised for use in a medical/clinical environment. On this account, a lower energy X-ray source was used allowing for a smaller footprint, lower weight, and reduced manufacturing cost. The system was built as part of a Wellcome Trust Pathfinder project ('Development of micro-computed tomography ( $\mu$ CT) for enhanced diagnosis and prognosis in interstitial lung diseases (ILD)', WT109682MA; 2016-17) in collaboration with Nikon X-Tek Systems Ltd and was commissioned in August 2016 at the University Hospital Southampton. The technology has since been acquired by 3DHISTECH Ltd and it is further developed into a commercially available scanner for histology applications under the name PANNORAMIC-X®.

The Med-X prototype is equipped with a 130 kVp / 225 W multi-metal (W, Mo, Cu, Ag) microfocus reflection X-ray source with a focal spot size down to 2.5  $\mu$ m, which allows  $\mu$ CT imaging at spatial resolutions down to approximately 5  $\mu$ m. Note that for the Med-X system at a magnification factor of 136x, the nominal minimum voxel size is 1.46  $\mu$ m. However, what's critical is the source's spot size, which characterizes the equipment and controls the maximum achievable spatial resolution. We've characterized all mentioned spot sizes using plain radiography and high-resolution phantoms such as Jima stars. Spatial resolution is conservatively assumed to be no better than 2x the spot size, as confirmed with a touching spheres phantom. The X-ray imaging detector is a 2000  $\times$  2000 pixels panel with an active area of ca. 400  $\times$  400 mm<sup>2</sup>, which allows imaging of specimens with an effective diameter less than 40 cm. Using this system at the 3D XRH facility, a range of soft tissues have been imaged to date, including healthy and fibrotic human lung FFPE samples<sup>2</sup>, lymph node biopsies<sup>22</sup>, human pulmonary lymphatics<sup>23</sup>, placenta<sup>24</sup>, HSC-3 cell-xenografted severe combined immunodeficiency (SCID) mouse tissue<sup>25</sup>, bone marrow biopsies, as well as hard tissues<sup>26</sup> and micro-implants *in situ* such as cochlear implants<sup>27</sup>.

**Customised XRH XT H 225 ST system.** The XRH XT H 225 ST scanner (Figure 4) is a customised  $\mu$ CT scanner based on an XT H 225 ST system (Nikon X-Tek Systems Ltd, Tring, UK). It is a next-generation XRH scanner for biomedical research, preclinical and clinical studies. Like the Med-X prototype, it has been custom-designed in house and optimised for imaging standard FFPE unstained soft tissue specimens, but sample throughput has been improved for clinically relevant turnaround times and scanner versatility increased as outlined below.

Specifically, the versatility has been increased by introducing an X-ray source (Nikon X-Tek Systems Ltd, Tring, UK)



**Figure 4. 3D XRH facility at the University of Southampton.** The facility is located at the University Hospital Southampton, and it is jointly run by the  $\mu$ -VIS X-ray Imaging Centre and the Biomedical Imaging Unit. (Top) XRH XT H 225 scanning room. (Bottom) The Med-X prototype scanning room. Both  $\mu$ CT systems were custom-specified, designed, and built in a collaboration between the University of Southampton and Nikon X-Tek Systems Ltd (Tring, UK).

with interchangeable X-ray target heads, a bigger cabinet, and a dual detector geometry. X-ray generation can be achieved using any of the following targets:

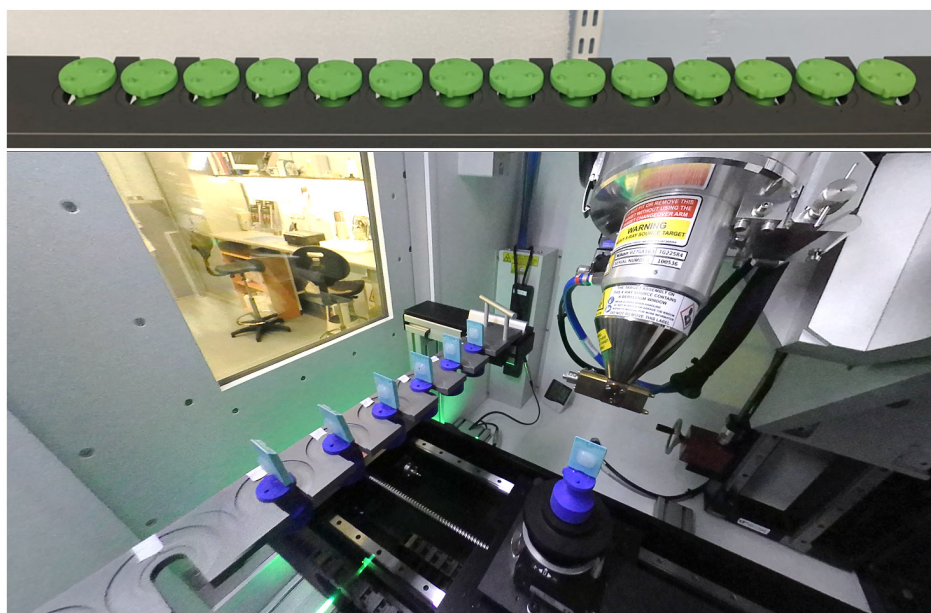
- (1) For **standard usage**: a 225 kVp/225 W multi-metal (W, Mo, Cu, Ag) *reflection* target with a 2.5  $\mu$ m focal spot size up to a power of 7 W
- (2) For **high throughput**: a custom 130 kVp/130 W Mo *rotating* target with a 10  $\mu$ m focal spot size up to a power of 50 W
- (3) For **high resolution**: custom 180 kVp/20 W Mo *transmission* target with a 1.5  $\mu$ m focal spot size up to a power of 5 W

Molybdenum has been shown to give better contrast when imaging at energies at or below 100kV, due to the “softer” x-ray spectrum produced; that is a spectrum exhibiting a lower mean energy compared to that of tungsten. This is mainly due to the large contribution of the lower energy K-shell peaks at 17 keV & 19 keV (compared to 60 keV & 67 keV for W), which contribute approximately 30% to the total beam intensity at an acceleration voltage of 100 kVp<sup>28,29</sup>. Previously a Molybdenum target has only been available as part of the multi-metal reflection target (1), which limits both the maximum power available and minimum focal spot size available. For the reflection target the maximum energy/power combination is only practical when using the Tungsten (W) option, on all other metals using this combination will result in the target melting. The integration of the innovative Molybdenum rotating target, a pioneering feature of this facility, offers significant advantages over static reflection targets. This advancement allows for enhanced power generation and a smaller spot size, resulting

in improved scanning capabilities. Particularly for applications that require high throughput and demand a resolution  $>20 \mu$ m, along with excellent soft tissue contrast, this technological enhancement proves to be highly beneficial<sup>30</sup>. The Molybdenum transmission target (3) is also a first of its kind target enabling higher resolution scans than has previously been possible using a Molybdenum target in a Nikon lab based CT system. This increased resolution comes at the cost of lower power, which is further compounded by the fact that the geometric magnification required to achieve this resolution means the detector has to be further away from the source, which further reduced the flux available per pixel due to the inverse square law. These additional targets expand the capabilities of the facility in ways not previously possible.

X-ray detection for volumetric imaging ( $\mu$ CT) or planar imaging (radiography) can be achieved with a  $2850 \times 2850$  active pixel high-sensitivity flat panel detector, with an active area of  $432 \times 432 \text{ mm}^2$ . The detector is mounted on a motorised gantry allowing additional flexibility with regards to source-to-detector distance, which in turn effects acquisition time through flux-modulation. The cabinet has also been adapted to accept a SANTIS 3204 HR photon-counting detector manufactured by Dectris<sup>31</sup> for noise-free (no readout noise and dark current) and energy-sensitive X-ray detection. This detector has a resolution of  $4150 \times 514$  pixels and allows for *direct detection* of X-rays rather than needing a scintillator and optical detection system<sup>32,33</sup>. The use of direct photon-counting techniques within X-ray Histology is currently being investigated.

The XRH XT H 225 ST scanner is equipped with a sample exchange autoloader (Figure 5 & video<sup>34</sup>) which allows the system to automatically process a batch of samples. The autoloader



**Figure 5.** The sample exchange autoloader system utilized for uninterrupted micro-computed tomography ( $\mu$ CT) scanning at the University of Southampton's 3D X-ray Histology (XRH) facility. The top panel shows a 14-slot rack capable of holding samples with a 30 mm diameter per slot, while the bottom panel displays a 10-slot rack with dual slots accommodating samples with 30 mm and 60 mm diameters. Seven conventional histology cassettes are loaded in the bottom rack for scanning.

system can either take up to 10 samples as a combination of large-format and standard histology cassettes. It can also support a rack of 14 standard cassettes. The time taken to exchange the samples allows the automatic reconstruction system to process scans in the batch while the batch is progressing. These features combined enable the scanner to run continuously overnight and over several-days, dramatically increasing the sample throughput available. The latter directly impacts the cost of imaging, significantly reducing the cost per scan by making a more effective use of the otherwise idling time over-night and by reducing operators' time. For example, a batch scan of multiple 2h-long scans without the autoloader would require operators' intervention every two hours and will result in a throughput of up to 5 samples per (working) day, when the autoloader requires an upfront operator's intervention to program the batch (=1 - 2 hours) and resulting throughput increases to 11 samples by utilising overnight imaging. The cost-per-scan then decreases by a factor of  $\sim 2.5$  when the autoloader is used. This key feature has enabled an increase in throughput of XRH samples and enabled the lab to continue to operate during the COVID-10 pandemic scanning throughout the week but only requiring access one day a week to setup the autoloader with multiple 6-8 hour scans.

The autoloader system eliminates the need for a separate robot system to exchange samples on the scanner manipulator. Instead, it utilizes the existing manipulator by replacing the flat plate of the rotate stage with a tapered rod. This tapered rod fits into a matching receptacle in the autoloader sample holder, which is located in milled recesses within slots of a rack. The rack is

equipped with micro-switches to detect collisions, pausing the process when a collision occurs until an operator intervenes. When not in use, as is the case when the DECTRIS is fitted, the rack mounting system can be removed or fitted with blanks that satisfy the interlocked micro-switches. The sample holders are 3D printed, initially using an SLS printer and later developed in-house using FDM and resin printers for prototyping and high accuracy printing respectively. The flexibility of having both printers on-site enables rapid design, testing, and production of new mounts. The software control of the autoloader system integrates with the scanner's Inspect-X control system through inter-process communication (IPC). The setup involves determining scan parameters and archiving a protocol in Inspect-X. Samples are affixed to the holders using hot-melt glue or cyanoacrylate, allowing multiple scans per sample with the option to change parameters between scans. Changing the target metal requires a physical adjustment, meaning all scans on a tray must use the same target material. Trays can be configured on a separate computer and started later. The IPC also facilitates a utility for on-demand pickup or return of individual samples.

The improvements to the x-ray scanning hardware that have been integrated into both the Med-X and XRH scanners including customised X-ray anodes, auto-loader and ability to mount a DECTRIS SANTIS 3204HR provide previously inaccessible options for scanning biological samples.

#### Data visualisation and processing

Following  $\mu$ CT imaging, several visualisation options are made available to the users as part of the standard image post processing



workflows at the 3D X-ray facility. As in radiology,  $\mu$ CT images and hence XRH data can be presented to the viewer using a range of 2D and 3D visualisation modes which include, but are not limited to, multi-planar reconstruction, maximum intensity projections, or interactive volume rendering. Depending on the nature of the visualisation, the renderings are offered as single volume files (including: .raw, .tif, .DICOM), which can be opened with any available 2D/3D image viewer (e.g., Fiji/ImageJ<sup>35</sup>) and complemented with video files when motion or scrolling is important for 3D data interpretation. These video files are significantly smaller than the reconstructed volume and can be easily and quickly sent to collaborators as part of an initial report about the scan. This allows users to review their data with minimal effort and without requiring prior experience with visualisation software. The generation of these videos has been semi-automated by the creation of a toolbox of Fiji macros, user input is limited to decided on orientation, field of view and other options which may

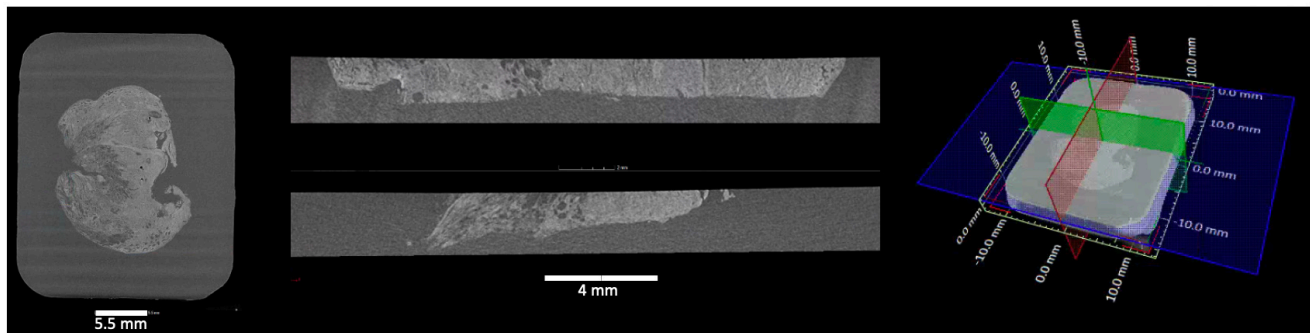
**2D visualisation.** A single slice is a cross-sectional (2D) view of the 3D image stack along a selected plane. XRH data sets are normally oriented (resliced) in a way that scrolling through the stack along the  $xy$ -plane emulates the physical histology slicing of the tissue block. This way, every  $xy$ -slice through the image stack (blue plane in Figure 6) is parallel to the histology cassette (where applicable) and the  $xy$ -slice scrolling runs from the wax block's surface towards the cassette (Supplementary Video 1), similarly to action of the microtome knife during physical sectioning in standard histology workflows. Orthogonal  $xy$ -,  $xz$ -, and  $yz$ -planes (blue, red, and green planes in Figure 6, Supplementary Video 2, and Supplementary Video 3) are also referred to as ortho-planes, which can be visualised in parallel for multipanar viewing (see Figure 6), similar to visualisation of medical CT or magnetic resonance imaging (MRI) data. X-ray  $\mu$ CT slices are single channel images, which usually represent the intensity value of the captured signal (X-ray attenuation). Although  $\mu$ CT slices are greyscale, pseudo colouring can be applied through look-up tables (LUT),

where each pixel's grey value is associated with a colour. This can be used to generate photorealistic renderings for communicating the data with a wider audience, or to "digitally stain" the  $\mu$ CT image to emulate conventional histology outputs<sup>7</sup>.

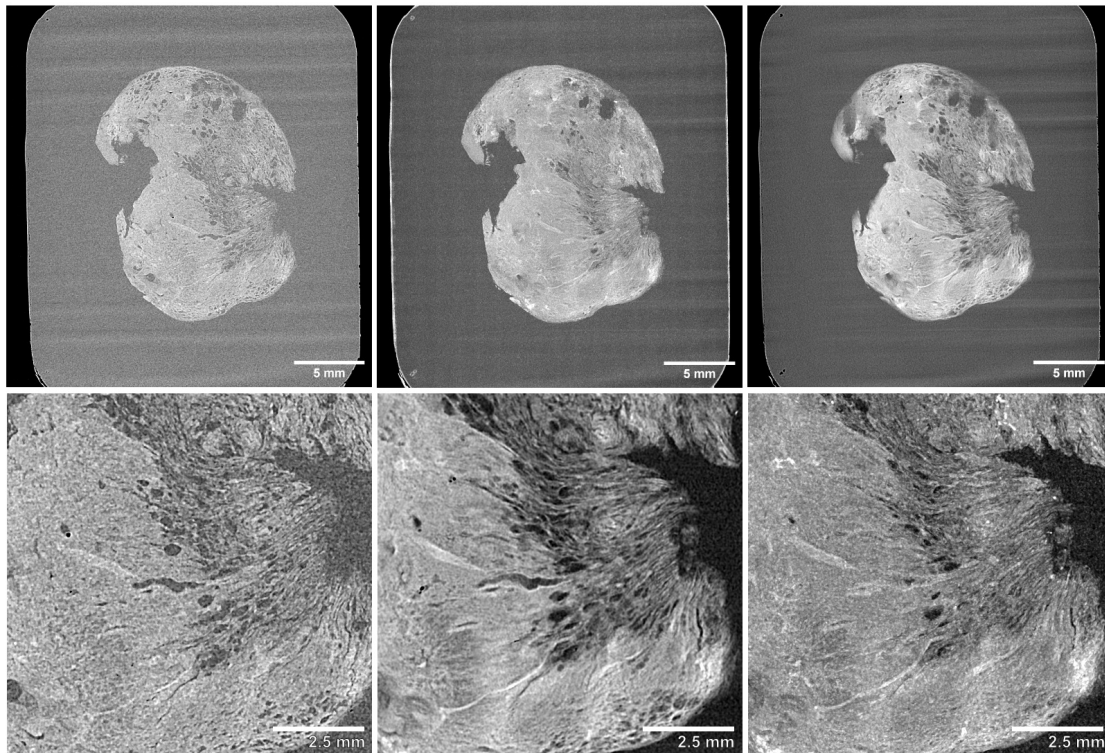
**2.5D (thick slice modes) visualisation.** Thick-slice viewing is a viewing mode that allows rendering of the voxel intensity of multiple consecutive slices within a 3D data set onto a single slice, based on specific criteria or operations (Figure 7). A thick-slice image represents the result of these criteria or operations. For instance, a thick-slice view can be generated by applying one of the following projection methods across a pre-selected number of slices ( $n$ ), which defines the slice thickness:

- (1) Maximum intensity projection (MIP): A MIP analyses each voxel at a specific position ( $X, Y$ ) within the  $xy$ -plane, for  $n$  slices (e.g.  $(X, Y, 1), (X, Y, 2), \dots, (X, Y, n)$ ) along the  $z$ -axis, and renders the voxel onto the viewing plane, which exhibits the maximum value (Figure 7 and Supplementary Video 5).
- (2) Average intensity projection (AVG): an AVG analyses each voxel at a specific position ( $X, Y$ ) within the  $xy$ -plane across  $n$  slices (e.g.  $(X, Y, 1), (X, Y, 2), \dots, (X, Y, n)$ ) along the  $z$ -axis and renders the average value of those voxels onto the viewing plane (Figure 7 and Supplementary Video 6).
- (3) Sum intensity projection (SUM): SUM analyses each voxel at a specific position ( $X, Y$ ) within the  $xy$ -plane across  $n$  slices (e.g.  $(X, Y, 1), (X, Y, 2), \dots, (X, Y, n)$ ) along the  $z$ -axis and renders the sum of the value of those voxels onto the viewing plane (Figure 7 and Supplementary Video 7).

Thick-slice modes are particularly useful when looking at large anatomical structures that extend outside the 2D plane. By creating thicker slices, the observer can get a better view of the



**Figure 6. Multipanar 2D viewing of 3D XRH data.** (Left) The  $xy$ -plane is defined by convention as the plane parallel to the histology cassette, where one  $xy$ -slice (blue plane on the localiser shown on the right) is shown here. (Middle) One  $yz$ -slice at the top (red on the localiser shown on the right) and one  $xz$ -slice at the bottom (green on the localiser shown on the right) that have been selected. They are orthogonal to each other and to the  $xy$ -plane. (Right) Localiser that combines one  $xy$ -slice and the position of the other ortho-planes ( $yz$ -slice: red;  $xz$ -plane: green). Using ortho-plane viewing, the user can scroll through the depth, width, and height of the specimen, zoom, pan, and perform dimensional measurements.



**Figure 7. Thick-slice 2.5D viewing of 3D XRH data.** Top row shows a whole-block XRH image of a head and neck solid tumour specimen, while the bottom row displays a  $10 \times 10 \text{ mm}^2$  detail view of the lower-right area of the tissue. (Left) Single slice view, (Middle) 20-slice average intensity projection “AVG”, (Right) 20-slice maximum intensity projection “MIP”.

overall structure which is particularly useful in visualisation the development of vessels and airways, tumour infiltration, emphysema, microcalcifications or thrombi.

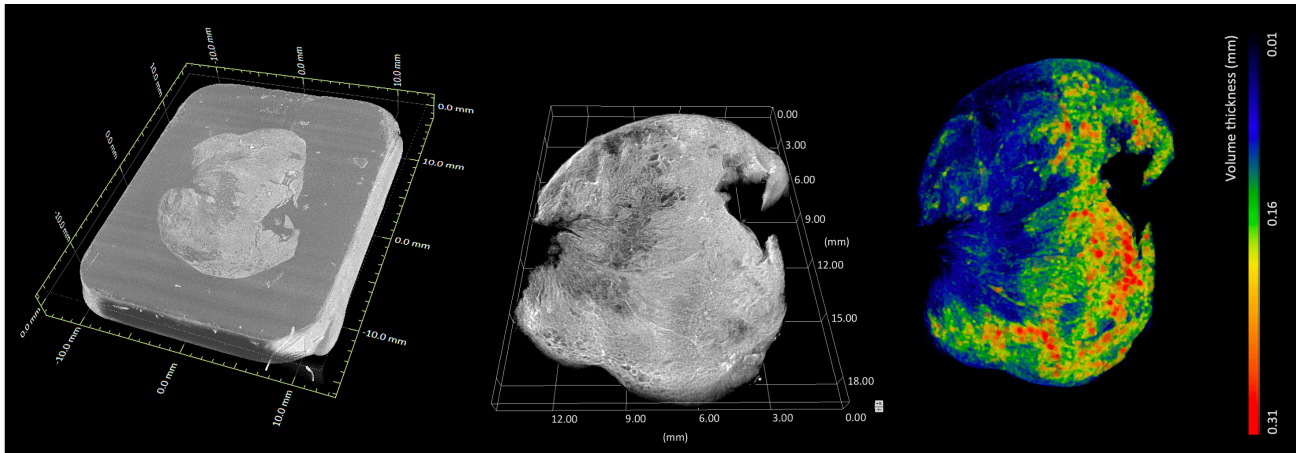
*Thick-slice rolling* is a 2D thick-slice viewing that allows rolling of a pre-selected number of slices ( $n$ ) along the  $z$ -axis of the 3D data. A single thick-slice roll forwards is accomplished by translating the thick-slice by one single slice forwards; that is moving forward by one (+1) slice from the first and  $n^{\text{th}}$  element and reapplying the criteria or operations to the new slice sub-stack. The process is schematically outlined below for a slice stack of  $N$  slices, a thick slice thickness of  $n=5$  and operation of “average intensity”:

Image stack (slice #): [ 1,2,3,4,5,6 ...  $N_{\text{stack}}$  ]  
 Image stack of 5-slice AVG<sub>thick-slice-1</sub>: [ |1,2,3,4,5|<sup>AVG</sup>,6, ...  $N_{\text{thick-stack}}$  ]  
 Image stack of 5-slice AVG<sub>thick-slice-2</sub>: [ -,|2,3,4,5,6|<sup>AVG</sup>,7, ...  $N_{\text{thick-stack}}$  ]  
 Image stack of 5-slice AVG<sub>thick-slice-5</sub>: [ -,-,-,-,|5,6,7,8,9|<sup>AVG</sup>,10, ...  $N_{\text{thick-stack}}$  ]

As with single thick-slices, “thick-slice rolling” allows insights into the 3D shape of complex structures, that are difficult to be interpreted in 2D, and they do so in a dynamic way allowing the viewer to scroll in and out of plane and follow the

development of that structure in the volume. Examples of these modes can be seen in Video 5, Video 6 and Video 7.

**3D (volume) visualisation.** Volumetric rendering is a 3D visualisation mode used for displaying the 3D grid of voxels contained in 3D data sets such as XRH data sets (Figure 8). Volume rendering algorithms visualise images of volumetric data sets by mapping data values to opacity and colour, without explicitly extracting geometric surfaces of the object. Each voxel corresponds to a location in data space and has one or more data values associated with it. In the case of a CT reconstruction, volumetric rendering visualises the 3D map of appropriately scaled X-ray attenuation values or more precisely, linear X-ray attenuation coefficients. Roughly speaking, these values represent the density distribution within the sample, which in turn provides information about the micro-anatomy of the tissue in 3D. Whole-sample visualisation allows for a multi-perspective examination of the tissue, minimizing the risk of inadequate tissue sampling associated with destructive conventional histology, where slides are cut once by a microtome in a pre-defined plane. This has been tested by a team at the Department of Pathology at the Memorial Sloan Kettering Cancer (New York, USA), one of the very early adopters of XRH, where XRH-guided intraoperative cryo-sectioning was used on the sites of lesions and surgical margins<sup>7</sup>. In line with the



**Figure 8. Whole-block XRH imaging of a conventionally prepared FFPE sample.** Histology cassette not rendered for clarity. (Left) Volumetric rendering showing the tissue sample inside the wax (embedding medium of the sample). (Middle) volumetric rendering of the tissue. (Right) volumetric rendering of local 3D tissue thickness, where the colour bar ranges from 0.01 mm (blue) up to 0.31 mm (red). Images generated using Dragonfly (Object Research Systems).

2D thick-slice renderings, 3D MIP or AVG rotation can also be generated. In this mode, the dataset is rotated about a user-defined axis, and the rotation allows for depth and perspective interpretation of the brightest features as demonstrated previously (see Supplemental Video in 4). 3D renderings are also used to visualize novel quantitative features extracted from the volumetric data such the local 3D thickness<sup>4</sup> (see also Figure 8).

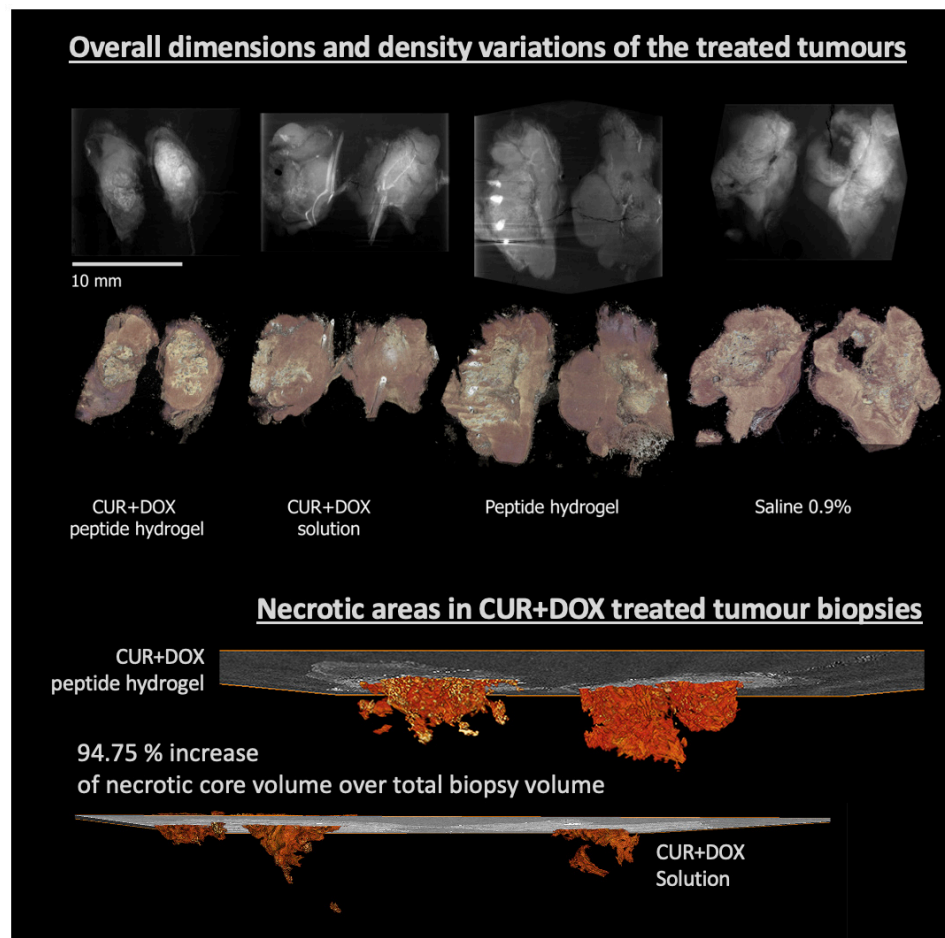
**Image processing and quantitative analysis.** One of the primary needs for users of the 3D XRH facility is efficient data processing and handling workflows (as outlined previously), including the quick extraction of data from generated images. To address this, the XRH team offer their expertise in a variety of software suites available on-site for processing and analysing  $\mu$ CT datasets. The software options range from open-source suites, such as Fiji/ImageJ<sup>35</sup>, ITK Snap<sup>36</sup> or HOROS<sup>®</sup> (The Horos Project) to commercial software suites such as VGSTUDIO MAX (Volume Graphics), Avizo<sup>®</sup> (Thermo Fisher Scientific), Simpleware (Synopsys Inc), OsyriX<sup>®</sup> (Pixmeo), or Dragonfly (Object Research Systems). Additionally, designated high-powered computers and a custom visualisation suite with enterprise grade GPUs are available for use by facility users along with access to the University of Southampton's high-performance computing facility, IRIDIS 5. On-site training courses and one-on-one problem-solving sessions are also offered to facility users.

A bottleneck in speed of data extraction is often in the segmentation, or digital isolation, of specific features in the  $\mu$ CT data set. Segmentation is necessary to undertake quantitative analysis of these features. To segment an image through automated processes, high image quality is vital. On this account,  $\mu$ CT scanning protocols have been optimised for soft tissues over the last few years, in terms of signal-to-noise ratio, image contrast and other image quality factors. Moreover, image post processing routines have been streamlined including processing scripts, for tasks such as image enhancement, normalisation, or artefact reduction that can be run automatically on

open-source software such as Fiji/ImageJ. This is offered to users, permitting high-throughput comparative analysis on multiple  $\mu$ CT datasets, which was another key requirement to be met for the 3D X-ray histology facility. Case study 1, presented below, is a demonstration of the use of imaging processing tools and the quantitative nature of the  $\mu$ CT data.

**Remote visualisation.** There are multiple ways of providing remote visualisation: using display forwarding techniques such as Remote Desktop which is discussed further in this section, as well as web based viewing options which are discussed in Section 8. Options for sharing the data are discussed a later section. During the COVID-19 pandemic remote visualization has proven valuable for internal users at the University of Southampton as this it provided access to the computational power and storage needed to process the data. This was limited to internal users because opening the infrastructure wider would require consideration of: different data policy models, cybersecurity measures for data protection, establishing user accounts and institutional policy adherence, managing licensing issues for commercial software, and safeguarding intellectual property. By carefully evaluating these factors, remote visualization can be effectively implemented for first-time users, offering them significant advantages while ensuring data security, policy compliance, and addressing licensing and IP concerns. Different methods for sharing the datasets currently in use are discussed in section 6.2, and future options to be investigated are covered in section 8.

**Case study 1: Quantitative imaging for cancer research/diagnosis.** In this study<sup>25</sup>, 3D XRH was used to assess the synergistic anti-tumour potency of novel drug formulations. XRH was employed to provide high-resolution, 3D (volumetric) microanatomical information of tumour response to treatment by analysing the phenotype of the excised tumours (Figure 9). XRH imaging of the excised tumours allowed us to



**Figure 9. Quantitative imaging for cancer research.** (Top section) Average intensity projection (AvgIP) and 3D volume rendering of the tumours studied in 25; (Bottom section): 3D (volume) rendering of the segmented 'necrotic core' of two tumours treated with two different formulations, showing the extent and the morphology of the necrotic core in space, rendered along with a representative central 2D  $\mu$ CT slice. Quantitative analysis allowed to accurately access the volume of the necrotic core ( $29.83 \text{ mm}^3$  vs.  $13.16 \text{ mm}^3$ ) as well as the core to total tumour ratio: 2.58% of the tumour volume in the DOX+CUR solution-treated tumour was necrotic compared to 5.29% on the DOX+CUR peptide hydrogel-treated one.

quantitatively analyse the volumetric characteristics of anatomical features, such as total tumour volume, its necrotic core, and calcifications of tumours treated with different formulations. Measuring the ratio between the total tumour volume and the necrotic tissue volume highlighted the efficacy of the Doxorubicin and Curcumin (DOX+CUR) peptide hydrogels in enhancing tumour necrosis and suppressing cell proliferation. In summary, we could show that 3D XRH is a powerful tool for providing quantitative high-resolution anatomical information of tumour biopsies after intra tumoral administration of chemotherapeutic formulations<sup>25</sup>.

**Bespoke data visualisation: Correlative imaging and image-based mathematical modelling.** Bespoke visualisation options, such as correlative imaging renderings or modelling-based visualisation are important to interrogate XRH data in terms of the underlying function of the biological features studied. These

are application-specific modes that need to be optimised on a project-by-project basis. On our users' survey 34% of responders indicated that 2D or 3D correlative imaging could be of interest in the future and 50% were interested in image-based modelling.

Standard histological techniques such as tinctorial staining, Immunohistochemistry (IHC), or immunofluorescence enable quantitative microstructural and even biomarker specific analysis at histological resolution in 3D<sup>2,37–39</sup>. As  $\mu$ CT imaging is non-destructive, including tissue protein structure<sup>7</sup>, these protocols can be carried out on tissue that has been previously scanned using  $\mu$ CT. Therefore, the image data of stained tissue can be correlated to the 3D context conveyed by the  $\mu$ CT conducted beforehand, which enables 3D assessment of biomarker localisation through correlative imaging. If serial histological data is collected, 3D features identified by biomarker

expression can also be segmented, and then assessed quantitatively in a 3D context.

In addressing the challenges of registration between histology and microCT, we have encountered the issue of elastic deformation during the sectioning process and tissue slice “floating.” To ensure precise alignment, we have developed an elastic registration approach, which is thoroughly described in 39 and 13. This is a versatile technique, which can work between a variety of datasets, including XRH, conventional histology, immunohistochemistry, electron microscopy or other imaging modalities.

In addition, the popularity of using  $\mu$ CT data sets as imaging input for image-based modelling is increasing, primarily due to the increased availability of high computational power. Input geometries for modelling can be obtained by segmenting  $\mu$ CT data or through correlative imaging, as discussed in the previous paragraph. As a result, XRH data can be utilized to model physiological and mechanical processes, allowing for the assessment of the impact of pathological tissue remodelling.

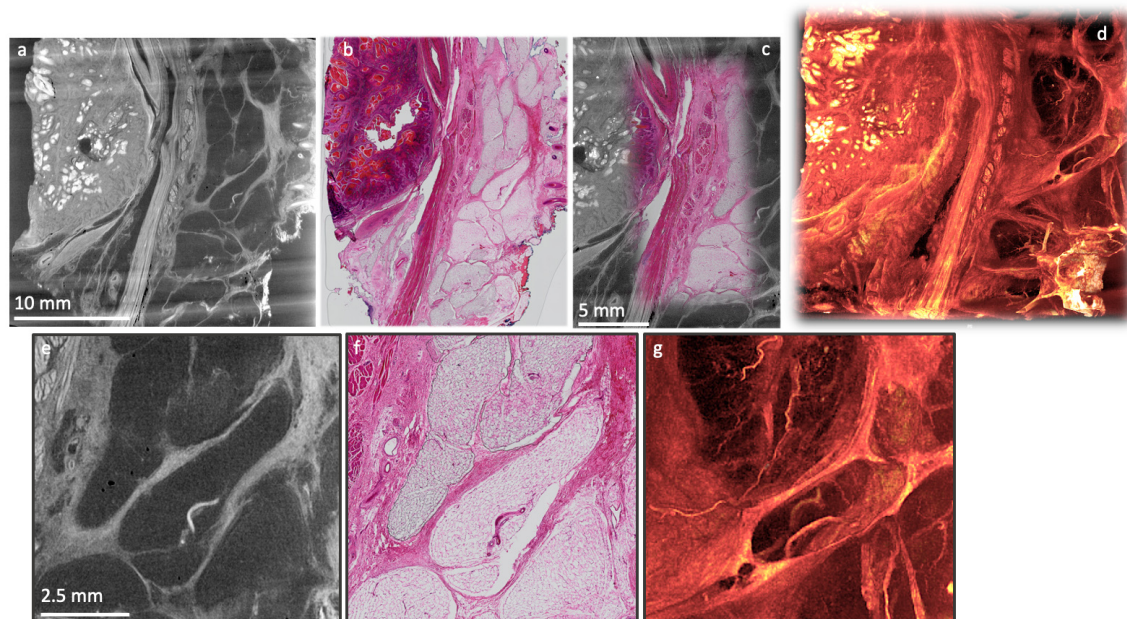
Example research work using these bespoke visualisation methods are described in Case study 2 and Case study 3.

**Case study 2: Correlative 2D/3D visualisation and augmented tomography.** XRH can be paired with conventional 2D light microscopy-based histology and IHC. This is further

supported by preliminary data demonstrating the safety of XRH against radiation damage<sup>7</sup>, as it does not seem to affect protein antigenicity. As such, XRH can be used for multimodal correlative imaging<sup>2,5,6,23</sup>, which offers a unique perspective into structure-function relationships of the studied tissues.

An example is presented here, where a human head and neck tumour specimen was imaged using both XRH and conventional histology, and the data were combined to allow for a correlative multimodal assessment of the excised specimen (Figure 10). XRH imaging was utilised to provide a 3D overview of the entire specimen, while conventional histology allowed higher resolution 2D imaging of tissue’s microanatomy. The  $\mu$ CT and histology images shown in Figure 10 were matched to achieve accurate correspondence between the two modalities. The process involved rigid reslicing of the XRH data (rotate & translate) to accurately match the histology cutting plane and semi-automatic landmark-based registration of the 2D histology image onto the relevant XRH  $\mu$ CT slice as explained in 4. This way, powerful visualisations can be generated by overlaying conventional histology images on top of the wider field of view from the  $\mu$ CT scan (augmented tomography). This allows the higher resolution histology image to be viewed in the context of the wider tissue and structures.

**Case study 3: 3D XRH-based mathematical modelling.**  $\mu$ CT-based XRH has shown to be an essential tool in workflows for 3D image-based modelling<sup>23</sup>. In this case study, we outline image processing methods to extract vascular networks within



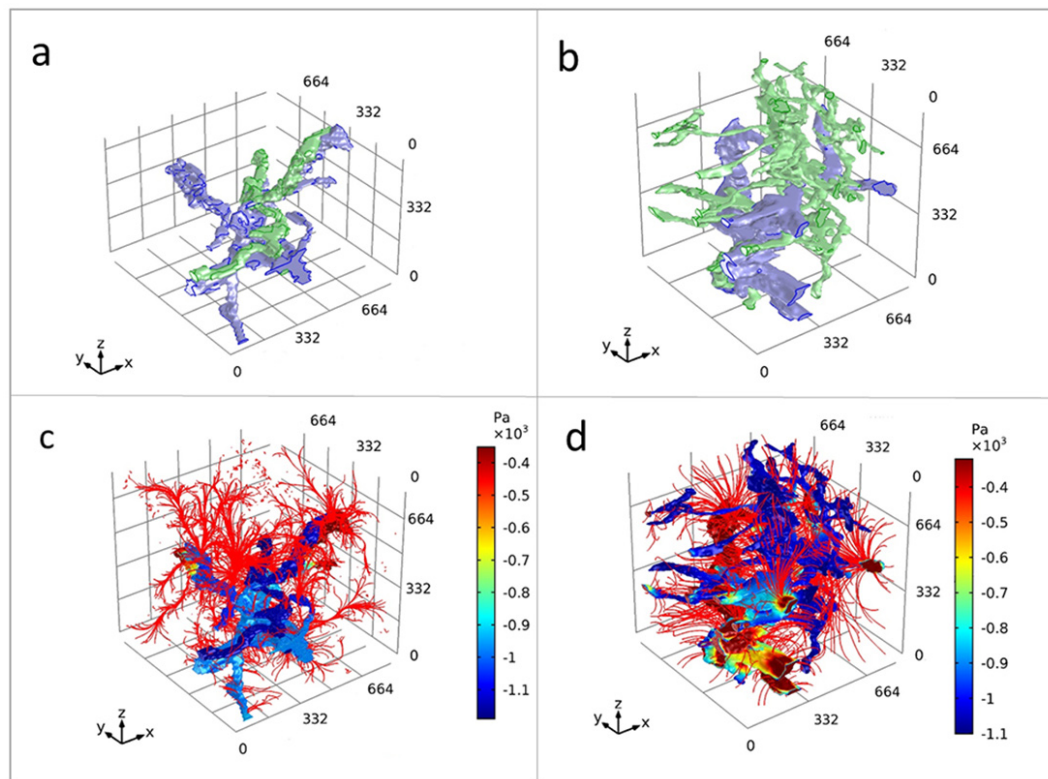
**Figure 10. Correlative XRH and conventional histology imaging of a human head and neck tumour specimen.** Specimen was scanned on a cassette at 15  $\mu$ m voxel (3D pixel) size without staining. Serial sections were taken after  $\mu$ CT and stained with H&E. Top row: Side-by-side visualisation of matching XRH and conventional histology images on the left (a,b); Augmented tomography in the middle (c) is made possible by fusing conventional histology images with XRH data to enhance the specific information presented by the mainly structural  $\mu$ CT data; Volumetric visualisation of the whole tissue block on the right (d) offers 3D context and overview of the microanatomy. Bottom row: Close-up images on the central part of the volume shown in (a) & (b). Single XRH slice on the left (e), H&E slice in the middle (f), and an MIP image (g) uncovering the volumetric development of micro-vasculature on the right.

human lung tissue using correlative  $\mu$ CT and IHC methods. This provided 3D input geometries for successful computational fluid flow simulations between the blood and lymphatic vessel networks through parenchymal tissue. Due to altered 3D tissue microstructure, preliminary modelling results showed marked differences in lung drainage patterns at different anatomical locations within healthy lung tissue (Figure 11). This work demonstrates that high-fidelity 3D isotropic geometries produced with  $\mu$ CT are crucial for accurate soft-tissue image-based modelling.

### IT infrastructure

A high-throughput facility, such as 3D XRH, requires a high-performance IT infrastructure able to support both the data volumes and data rates produced by the  $\mu$ CT scanners and provide management and administration features to enable efficient operation. To manage and process large datasets, it is important to carefully consider how to handle the technical complexities. The XRH facility has made their high-performance IT infrastructure more accessible to non-experts by shielding them from some of these complexities. By adopting this approach, users are able to concentrate on the substantive aspects of their data analysis, rather than being impeded by the logistical challenges involved in data generation and management.

The new XRH XT H 225 ST scanner requires a 10 GBit/s network for acquisition of scans at the highest framerates, which is a step up compared with the previous Med-X prototype that uses a 1 GBit/s network connection. This requirement for higher network performance is due to the higher sensitivity and higher resolution detector, which can produce scans of 50 – 100 GB of radiographs. This increase in network performance also had to be matched with suitable high-speed, high-capacity storage. This storage, consisting of both SSD and HDD drives, has been deployed locally to the scanner to maximise performance and reliability. The underlying hardware only forms part of the required infrastructure. To ensure that hardware problems are detected as soon as possible, a network-monitoring system is being run to provide automatic alerts of any failures or degradation in the hardware, enabling immediate action to be taken to remedy the issue. Multiple workstations are needed to ensure that data can be processed while another scan is ongoing. Data processing at the 3D XRH facility can be carried out using a combination of open-source and commercial software as described in Section 5.4. This provision is supported by graphics tablets and virtual reality headsets. Some of the samples scanned may be further (destructively) processed after scanning, which renders it impossible to reproduce scans at a later date. This means that, apart from primary storage for the scan data, systems for



**Figure 11. 3D XRH-based mathematical modelling.** 3D model simulation result for flow in an intralobular and subpleural lung geometry. Graphical representations of human lung tissue volumes of interest at an intralobular location and a subpleural location (a and b, respectively). Blood vessels=blue, lymphatic vessel=green. Resultant mathematical model solution for the static pressure (Pa) within vasculature at an intralobular location and a subpleural location (c and d, respectively). Streamlines of Darcy's velocity field into the interstitium are shown in red. The interstitial pressure results have been removed from view so the streamlines could be visualised. The volume of interests has a dimension of  $830 \times 830 \times 830 \mu\text{m}^3$ .

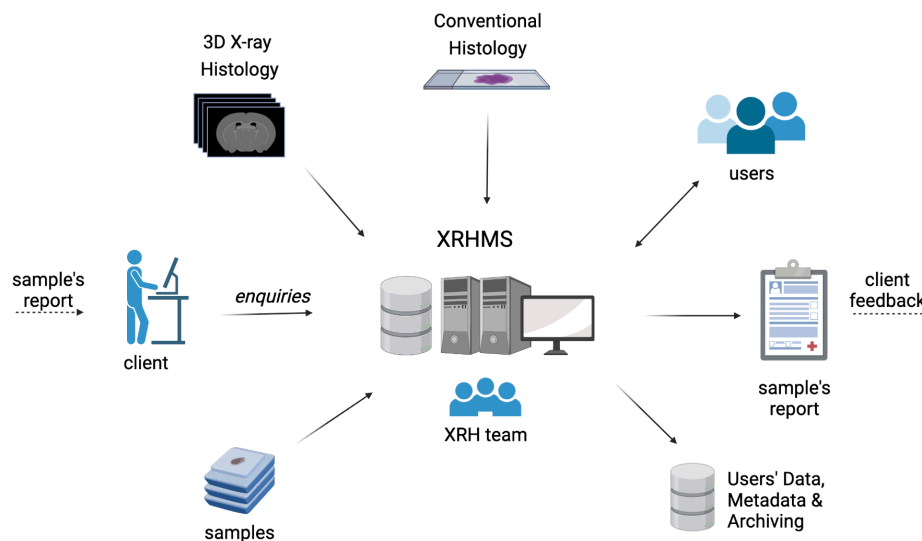
backing up and recovering the data in case of drive failure also needed to be put in place.

**X-ray Histology Management System (XRHMS).** The  $\mu$ -VIS X-ray Imaging Centre at the University of Southampton uses a custom management platform built to meet the needs of the facility<sup>40</sup>. When scanning high volumes of samples, it is important to record scan parameters and metadata to ensure scan reproducibility. This management platform allows scans to be tracked and metadata to be catalogued. This system along with ideas and concepts from 41,42 have been used to develop a new management system specifically designed for use within the 3D XRH facility. Existing lab information management systems (LIMS) such as MetaLIMS<sup>43</sup>, Baobab<sup>44</sup>, and OpenLIMS<sup>45</sup> were investigated but these were either too specific to their intended application domain, not maintained, or too heavy-weight incorporating various unnecessary features. The bespoke X-ray Histology Management System (XRHMS) we developed is used to track projects, samples, and generated XRH data throughout their lifetime, where a summary of this is shown in Figure 12. A key feature of the XRHMS is that it tracks a sample through multiple states, for example from being scanned as a fresh sample, then being FPPE-fixed and scanned again, before being sectioned, processed, stained, and imaged with conventional section-based histology. By tracking the sample through all states of processing, the data from each process can be aggregated to implement correlative imaging experiments, thus maximising the information available from a valuable sample. The XRHMS has been designed to also track the movement of data from online hot, and warm storage to cold archival storage. Additional options to present archived data publicly such as X-NAT<sup>46</sup> are being investigated<sup>47</sup>, with other options on the roadmap for future work. Finally, the XRHMS system links to the existing  $\mu$ -VIS infrastructure, enabling

statistics to be generated for the facility through the  $\mu$ -VIS system and facilitating data sharing between the two platforms.

**Efficient delivery of 3D datasets.** The large file sizes of the generated datasets pose challenges not just for storage and processing, but also for sharing with collaborators. One option is to provide a USB hard-drive with all the data on it, which can be done but has several limitations. Today, the bandwidth available between universities is such that transferring a dataset online is not unreasonable, however, appropriate tools are required. One such tool is the open-source zend.to which enables arbitrarily large files to be sent to multiple recipients, within reasonable time-frames. Even when the data has been transferred to the client who requested the scan, this is not its final destination, as it should also be made available to readers if the scan results in a publication. This can be achieved by depositing the data into institutional repositories but options for online visualisation are also being explored. Another disadvantage of exporting the data to an external hard-drive is that it forms data silos, therefore scans previously taken cannot be incorporated into new projects for further analysis. This ongoing storage of previous scans poses both technological and management/authorisation challenges.

One of the challenges is finding the best way to share the 3D data generated with remote collaborators, some of which might be unfamiliar with the technology and its outputs. This created the need for easily accessible and comprehensive reporting of the XRH data, and to address this we developed a semi-automated reporting system that is linked to XRHMS. The system generates augmented Portable Document Format (PDF) reports that contain sample information, imaging settings, still images with descriptive figure legends, and links to corresponding online videos. These videos provide 3D viewing modes of



**Figure 12. The X-ray Histology Management System (XRHMS).** The XRHMS is designed to be the control centre of all operations at the 3D XRH facility. Typical inputs include new project entries, client/user enquiries as well as sample logging and tracking. Importantly, XRHMS automatically handles incoming imaging data, generates metadata, organises, and assigns these data to samples and projects.

the scanned samples and are easily shareable through email or other means (see supplementary materials). These videos can move through consecutive single slices of the image stack in each of the three planes XY, XZ, YX; through thick slices of processed data (MIP, Avg, StdDev); through 3D renders; or through the raw radiographs (see supplementary videos). The exact combination and parameters for video generation are currently being evaluated. Video generation is semi-automated to ensure reproducibility of results on a project-by-project basis. If a standardised set of parameters and videos is defined, this process can be fully automated (with the option of including additional videos semi-automatically).

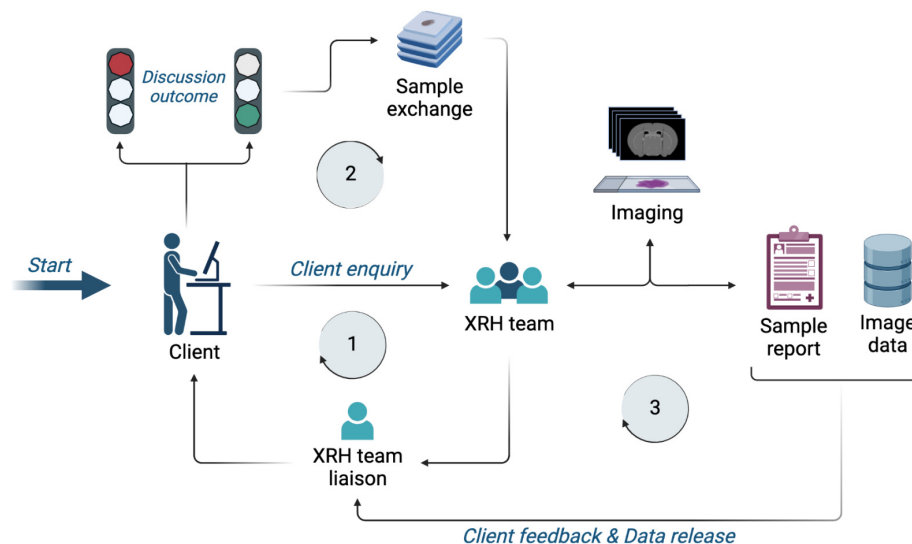
The report also includes links to useful resources and recommendations or commentary from the XRH team. The fully formatted report can be generated with a minimum of user input before being forwarded to collaborators. The processed datasets can also be shared with collaborators online, and support for viewing and extracting all important information from them is offered.

#### Client access to the 3D XRH facility and XRH project enquiry workflow

There are several pathways to access the 3D XRH facility and the services offered. One of them is through the National Research Facility for laboratory-based X ray CT (NXCT) Facility, which is the UK's National Research Facility for lab-based X-ray CT of which the University of Southampton is one of its founding members ([nxct.ac.uk](http://nxct.ac.uk)), or directly through an enquiry to the  $\mu$ -VIS X-ray Imaging Centre ([www.muvis.org](http://www.muvis.org)). The NXCT is currently offering a limited number of free at the point of access scan days to academic, non-profit and SME clients to carry out proof of principle studies. Larger or more

complicated projects that go beyond a proof-of-principle basis need to be costed, and there are procedures in place for offering such access to both academic and industrial partners. For academic clients of the facility the cost is calculated using a Full Economic Costing (FEC) model, for industrial partners it is costed on a commercial basis. In either case the clients have exactly the same access to the facilities and the staff within, the client is welcome to come and see the facility and when developing a protocol it can be helpful to have them on site to provide real-time feedback, equally we have clients where the entire process has been carried out with them in a different country.

An XRH enquiry from a client (Figure 13) through any accessing pathways will be followed up by the XRH team, who will discuss requirements, feasibility, and deliverables with the client. Once project objectives are agreed, samples will be sent to the facility for imaging, following setup of appropriate documentation. The samples would normally arrive in the facility processed, embedded in paraffin wax, and mounted on a histology cassette, although other sample states such as frozen, wet-fixed or fresh are also acceptable. For most applications, FFPE samples are imaged on the cassette to minimise sample manipulation. The standard range of equipment allows imaging at spatial resolution down to 5  $\mu$ m, although higher resolutions can be achieved with minor modifications of the hardware. However, higher resolution sacrifices a larger field of view, which enables whole-block imaging and 3D visualisation of the entire tissue. 3D XRH has been designed to seamlessly fit into established histology workflows. Consequently, complementary conventional histology and/or IHC can also be performed following imaging at the 3D XRH facility, as in the case of correlative imaging projects, either in specialised labs of the user or on site at the Histochemistry Research Unit



**Figure 13. XRH facility access request workflow.** **Stage 1:** An initial enquiry is submitted to the XRH team, which is getting in contact with the client to discuss project details and assess feasibility. **Stage 2:** If feasibility criteria are met, samples are sent to the facility and project commences. **Stage 3:** Imaging, reporting, and data release to the client. Depending on the project design, this stage may also include complementary sample processing, conventional histology, correlative imaging and/or bespoke data analysis.



([www.southampton.ac.uk/hru](http://www.southampton.ac.uk/hru)) at the University of Southampton. All samples, data and metadata are being tracked and inter-linked using the XRHMS described earlier and in 48, which is designed to orchestrate the whole entire workflow. XRHMS empowers the facility scientists to fully track the journey of all samples, their associated data and metadata and interlink these with the respective projects and people involved. This system is vital for generating the sample scan reports<sup>49</sup> and collating client data for release before archiving. This combination of 3D X-ray histology, histochemistry and optical and electromagnetic imaging research facility is unavailable anywhere else, and provides a unique and powerful combination that can be used to further clients research.

## Conclusions

3D X-ray Histology facility can assist biomedical research and clinical practice across many disciplines. 3D XRH offers amongst others (1) micrometre resolution in 3D, which allows visualisation and quantification of tissues' microstructure in their 3D context, (2) a non-destructive approach to tissue histology that makes it suitable for correlative imaging, e.g. with specific 2D histology techniques such as histochemistry and immunocytochemistry, and (3) high image contrast for non-stained FFPE specimens.

The XRH facility is currently capable of scanning fresh and fixed samples, and to do quick scans of frozen samples. These quick-frozen scans can be performed by using dry ice to provide a curtain of cold air that sinks over the sample to keep it cool. This approach is simple, inexpensive and produces good results, but it has limitations if a long scanning time is required. Dry ice can cause a condensation build up around the sample which can affect image quality, and it also 'runs out' (sublimates) after a relative short period of time; i.e. 15 -30 mins depending on the size of the reservoir. To resolve this issue and extend our 'cryo'-imaging capabilities a liquid nitrogen -based system has just been purchased to allow for longer scans (> 5h) of frozen samples. This system will use a jacket of dry air around the sample which is anticipated to reduce any issues due to condensation.

Although our team's primary focus in Southampton has been on biomedical material such as clinical and animal tissues, the 3D XRH facility has been also used for samples from other sources ranging from sea corals to biofilms, and from meat substitutes for food technology advancements to pharmaceutical technology related to novel dosage forms. In the past 7 years, we have shown that it is possible to set up a facility for the  $\mu$ CT imaging community, with successful completion and initiation of over 120 XRH projects involving 125+ collaborators from 60 affiliations. This has resulted in 15 published manuscripts, 10 submitted/in preparation, over 35 conference proceedings, and over 25 research funding proposals<sup>1,2,5,13,23-25,30,37,39,50-53</sup>.

The technological developments produced while setting up the 3D XRH facility improve standard  $\mu$ CT imaging methods by eliminating engineering complexities. Systems have been developed to support and automate processing, thus, improving

productivity. Users can acquire 3D datasets quickly and easily with minimal involvement if they so wish. However, it is important to highlight that as with any imaging technique there is never a perfect imaging protocol for every application. Users' expectations must be carefully managed before undertaking scanning work. The factors that must be balanced include spatial and contrast resolution, image noise and artefact control against throughput speed. The throughput speed has the largest impact on cost from both the facility and users' point of view and can be a make-or-break point for many applications. Furthermore, in the context of  $\mu$ CT imaging and its correlative applications, ensuring specimen quality is of utmost importance. For example, a notable challenge in FFPE specimens of soft tissues is the presence of air bubbles resulting from suboptimal wax embedding. Strategies to address this issue include customised post-processing algorithms that effectively mitigate interference artifacts arising from the bubble-wax interfaces, or when necessary dewaxing and re-embedding. These steps ensure that, in most of the cases, the processed data is suitable for automatic thresholding, enhancing the accuracy of subsequent analyses. Another issue worth noting and discussing with the client during the experimental planning phase is the potential of radiation-induced damage to the specimen, which could potentially affect downstream biochemical analysis, including immunohistochemistry, proteomics, and transcriptomics. Research on this topic has been primarily focused on synchrotron radiation-based imaging, and evidence suggests that the high doses deposited can alter tertiary protein structures and diminish antibody binding affinity in immunohistochemical assays<sup>54</sup>. However, lab-based radiation doses, particularly the low-flux protocols employed for soft tissue imaging in our facility, don't seem to be significantly affecting the tissue<sup>7</sup>. Nevertheless, in the near future, we will focus on assessing protein and RNA quality to ensure the preservation of molecular integrity. This step is crucial in achieving a truly "non-destructive" technique at all hierarchical levels, which is essential for facilitating correlative biochemical analyses.

There are also major challenges around how to distribute, annotate and archive  $\mu$ CT datasets. The current process of either using online transfer or shipping of hard disks is suitable for point-to-point transfer of data but has major limitations. One of the issues has been the number of different file formats produced by  $\mu$ CT scanners, within the  $\mu$ -VIS facility we have scanners from multiple manufacturers each of which uses a different output format. This has previously been dealt with by converting into either tiff stacks or raw volumes to enable data exchange. Newer file formats such as hdf<sup>55</sup> or OME-NGFF<sup>56</sup> as implemented by OME-ZARR<sup>57</sup>, may facilitate easier transfer of the raw data and associated metadata between sites, using software such as MoBie<sup>58</sup>. Other options for sharing the data online such as webknossos<sup>59</sup>, which was designed for 3DEM images, or Horos cloud (Horos, <https://horosproject.org/>). It is envisioned that eventually there will be tooling and practices to enable 3D XRH data to be easily shared according to the FAIR data principles<sup>60</sup>.

Despite of the aforementioned challenges mentioned above, XRH is slowly being established as a clinical tool. The team

at the Department of Pathology, Memorial Sloan Kettering Cancer Center in New York, USA, which had been one of the very early adopters of XRH, have already taken a significant step towards clinical integration by issuing a standard operating procedure (SOP) of  $\mu$ CT pathology<sup>7</sup>. We envisage this to be directly translated into a next-generation clinical image-based diagnostics and a patient stratification tool.

$\mu$ CT imaging has been also utilised in a clinical context for  *$\mu$ CT-based foetal post-mortem autopsy*. The technique has been pioneered and it is currently offered as a service at Great Ormond Street Childrens' Hospital (GOSH), London, UK by Dr Owen Arthurs *et al*, who have successfully conducted more than 700 investigations to date. The technique is summarised in 61 and there is also a significant volume of published articles from the team describing the development, validation, and integration workflows<sup>62-64</sup>.

In addition, by integrating XRH as a scouting tool, one can preview and identify the optimal slicing location(s) before tissue sectioning, ensuring precise and representative sampling. This approach, which we call XRH-guided histology, holds immense potential to improve the accuracy of diagnosis, enhance patient outcomes, and revolutionize the way patient samples are analysed in the clinic (see Figure 1).

The use of non-stained FFPE specimens enables histomics, i.e., the study of tissue structure-function relationships by means of advanced microscopy techniques. On this account, by exploiting archival material stored in many hospitals and tissue banks using XRH, microstructural hallmarks of disease seen in XRH data can be fully validated in the future. This will accelerate the uptake of XRH as biomedical research tool as well as a promising technology for pre-clinical and clinical studies.

In conclusion, the 3D X-ray Histology (XRH) facility at the University Hospital Southampton (UHS) holds a truly unique position in the field, distinguishing itself as the world's only dedicated XRH facility that oversees every stage of the imaging process, from user support to data generation, analysis, user training, data archiving, and metadata generation. Its integration within a clinical environment at UHS further enhances its significance, offering unparalleled opportunities for clinical applications and collaborations. Furthermore, the facility introduces a multitude of novel aspects to the realm of histology and imaging. With state-of-the-art technology, user-friendly interfaces, and a diverse range of applications, it stands at the forefront of innovation. The facility's capacity for micrometre-resolution 3D imaging enables the visualization and quantification of tissue microstructures in their full three-dimensional context, unlocking unprecedented insights, while seamlessly fits in conventional histology workflows. Its non-destructive approach to tissue histology allows for correlative imaging with specific 2D histology techniques such as histochemistry and immunocytochemistry, expanding the analytical possibilities. These aspects position the 3D XRH facility at UHS as an exceptional platform for advancing research and clinical practice in the study of tissue structure-function relationships.

This article provides a comprehensive template for establishing a similar 3D X-ray Histology (XRH) facility, covering some of the key aspects. It serves as a resource for researchers and institutions interested in developing state-of-the-art facilities dedicated to advancing histology and imaging techniques. Researchers looking to take advantage of this resource or considering setting up a similar facility, are encouraged to contact and/or apply for access. With access to state-of-the-art equipment, a supportive community of experts, the new imaging facility is a valuable platform for exploring new frontiers in research and discovery.

## Ethical statement

Case study 1 and all relevant experimentation protocols were approved by and conducted in the authorized animal facilities of the National Hellenic Research Foundation, Greece. It was complied with the Protocol on the Protection and Welfare of Animals, the regulations of the National Bioethics Committee, and the Article 3 of the Presidential Decree 160/1991 (in line with 86/609/EEC directive), regarding the protection of experimental animals as per in 25. CASE STUDIES 2 and 3 were conducted with full ethical approval from the National Research Ethics Service Committee, South Central - Southampton A in the UK (numbers 09/H0501/90 and 08/H0502/32) respectively, with signed informed consent. All methods were performed in accordance with the guidelines and regulations of the National Research Ethics Service Committee as per 23.

## Data availability

### Extended data

Zenodo. "A high-throughput 3D X-ray histology facility for biomedical research and preclinical applications - Supplementary Data". <https://doi.org/10.5281/zenodo.8082803> -

This project contains the following supplementary data:

### Videos

- **Video 1** (A video going through the Z stack in single slices. This is a cross-sectional view of the XRH image stack along the XY plane. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue).
- **Video 2** (A video going through the Y stack in single slices. This is a cross-sectional view of the XRH image stack along the XZ plane. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue).
- **Video 3** (A video going through the X stack in single slices. This is a cross-sectional view of the XRH image stack along the YZ plane. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue).

- **Video 4** (3D X-ray histology (XRH) is a  $\mu$ CT -based workflow tailored to fit seamlessly into current histology workflows in biomedical and pre-clinical research, as well as clinical histopathology. Microanatomical detail can be captured from standard (non-stained) formalin-fixed and paraffin-embedded (FFPE) tissue blocks).
- **Video 5** (Average Intensity Projection (AIP) of the sample through the Histologically relevant plane. This is a 2D visualisation rendering the Average Intensity of 20x single XY slices along the z-axis of the stack. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue).
- **Video 6** (Maximum Intensity Projection (MIP) of the sample through the Histologically relevant plane. This is a 2D visualisation rendering the Maximum Intensity of 20x single XY slices along the z-axis of the stack. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue).
- **Video 7** (Standard deviation projection of the sample going through the histologically relevant plane. This is a 2D visualisation rendering the Standard Deviation of 20x single XY slices along the z- axis of the stack. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue).

\* **Videos 5 –7** (Also referred to as “thick-slice rolls” - *Thick-slice rolling is a 2D thick-slice viewing that allows rolling of a pre-selected number of slices (n) along the z-axis of the 3D data. A single thick-slice roll forwards is accomplished by translating the thick-slice by one single slice forwards; that is moving forward by one (+1) slice from the first and nth element and reapplying the criteria or operations to the new slice sub-stack.*

#### The questionnaire used to collect feedback about the needs of the XRH community.

- Survey.docx
- Survey.pdf

**Exemplar report of a semi-automatically generated augmented PDF file** that contain sample information, imaging settings, still images with descriptive figure legends, and links to corresponding online videos

- DEMO02019-FFPE\_report\_99EbPXG.pdf

Data are available under the terms of the [Creative Commons Attribution 4.0 International license](https://creativecommons.org/licenses/by/4.0/) (CC-BY 4.0).

#### Underlying data

Zenodo. “A high-throughput 3D X-ray histology facility for biomedical research and preclinical applications - Underlying Data” <https://doi.org/10.5281/zenodo.8083459> -

This project contains the following underlying data:

#### Video files and logs

Single-slice and thick-slice roll\* source videos are included. Each video is accompanied by a .txt log that contains information about the source file, slice thickness, and a brief description of the visualization mode.

List of files:

- 20211019-23h59m\_20xAvgInt.mp4
- 20211019-23h59m\_20xAvgInt.txt
- 20211019-23h59m\_20xMaxInt.mp4
- 20211019-23h59m\_20xMaxInt.txt
- 20211019-23h59m\_20xStDev.mp4
- 20211019-23h59m\_20xStDev.txt
- 20211019-23h59m\_XYSliceRoll.mp4
- 20211019-23h59m\_XYSliceRoll.txt
- 20211019-23h59m\_XZSliceRoll.mp4
- 20211019-23h59m\_XZSliceRoll.txt
- 20211019-23h59m\_YZSliceRoll.mp4
- 20211019-23h59m\_YZSliceRoll.txt

\* *Thick-slice rolling is a 2D thick-slice viewing that allows rolling of a pre-selected number of slices (n) along the z-axis of the 3D data. A single thick-slice roll forwards is accomplished by translating the thick-slice by one single slice forwards; that is moving forward by one (+1) slice from the first and nth element and reapplying the criteria or operations to the new slice sub-stack.*

#### Volume XRH data

These are processed raw volume file saved in .raw and/or .tiff format, which are resliced to a histology-relevant orientation and/or have been enhanced using noise reduction (3D median filter) and/or ct-artefact removal techniques (e.g. cBC identifies a bandpass filter used to remove intensity variations originating from the histology cassette).

List of volume files:

- **32220\_20200703\_XRH\_2504\_OLK\_DEMO02019-FFPE\_1620x1959x164x16bit.raw**
  - sample: Human lung adenocarcinoma
  - histology-relevant resliced volume (2x2x2 3D medial filter applied)
  - import as 1620 x 1959 x 164 x 16-bit, big-endian; voxel edge size (mm): 0.0160042 isotropic
- **cBC\_32220\_20200703\_XRH\_2504\_OLK\_DEMO02019-FFPE\_1588x1674x164x16bit.raw**
  - sample: Human lung adenocarcinoma

- cassette artefacts background correction (bandpass) of volume 32220\_20200703\_XRH\_2504\_OLK\_DEMO02019-FFPE\_1620x1959x164x16bit.raw
- import as 1620 x 1959 x 164 x 16-bit, big-endian; voxel edge size (mm): 0.0160042 isotropic
- **Med3D\_HPass\_2111\_20190606\_MEDX\_2234\_EH\_HN2\_recon\_2000x1952x501x32bit.raw**
  - sample: Human head and neck tumour
  - histology-relevant resliced volume (1x1x1 3D medial filter applied)
  - import as 2000 x 1952 x 501 x 32-bit, big-endian; voxel edge size (mm): 0.00999782 isotropic

### Conventional Histology and correlative imaging

- **HN2\_Level001\_MEDX080\_Manual\_BW\_Series4.tif**
  - H&E histology slice of the human head and neck tumour sample shown in “Med3D\_HPass\_2111\_20190606\_MEDX\_2234\_EH\_HN2\_recon\_2000x1952x501x32bit.raw”
- **HN2\_Level001\_MEDX080\_Manual\_BW**
  - manual landmark selection used for registering the conventional histology slice onto the  $\mu$ CT slice
- **HN2\_MEDX\_rotated\_0080.tif**
  - Slice 80 from volume “Med3D\_HPass\_2111\_20190606\_MEDX\_2234\_EH\_HN2\_recon\_2000x1952x501x32bit.raw” that corresponds to histological slice “HN2\_Level001\_MEDX080\_Manual\_BW”

### Videos

*Video 1 A video going through the Z stack in single slices. This is a cross-sectional view of the XRH image stack along the XY plane. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue.*

*Video 2 A video going through the Y stack in single slices. This is a cross-sectional view of the XRH image stack along the XZ plane. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue.*

*Video 3 A video going through the X stack in single slices. This is a cross-sectional view of the XRH image stack along the YZ plane. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue.*

*Video 4 3D X-ray histology (XRH) is a  $\mu$ CT-based workflow tailored to fit seamlessly into current histology workflows in biomedical and pre-clinical research, as well as clinical*

*histopathology. Microanatomical detail can be captured from standard (non-stained) formalin-fixed and paraffin-embedded (FFPE) tissue blocks.*

*Video 5 Average Intensity Projection (AIP) of the sample through the Histologically relevant plane. This is a 2D visualisation rendering the Average Intensity of 20x single XY slices along the z-axis of the stack. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue.*

*Video 6 Maximum Intensity Projection (MIP) of the sample through the Histologically relevant plane. This is a 2D visualisation rendering the Maximum Intensity of 20x single XY slices along the z-axis of the stack. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue.*

*Video 7 Standard deviation projection of the sample going through the histologically relevant plane. This is a 2D visualisation rendering the Standard Deviation of 20x single XY slices along the z-axis of the stack. XRH datasets are normally oriented (resliced) in a way that a scroll through the stack along the XY plane emulates the physical histology slicing of the tissue.*

Data are available under the terms of the [Creative Commons Attribution 4.0 International license](#) (CC-BY 4.0).

### Other data

Some figures presented in this manuscript is a reproduction of previously published material. Readers requiring access to these data are advised to contact the corresponding authors of the original publications. Namely:

- Case study 1: Quantitative imaging for cancer research/diagnosis; [Figure 9](#): Figure material reproduced with permission from C. Karavasili *et al.*, “Synergistic Antitumor Potency of a Self-Assembling Peptide Hydrogel for the Local Co-delivery of Doxorubicin and Curcumin in the Treatment of Head and Neck Cancer,” (in eng), *Mol Pharm*, vol. 16, no. 6, pp. 2326–2341, 06 2019, doi: [10.1021/acs.molpharmaceut.8b01221](https://doi.org/10.1021/acs.molpharmaceut.8b01221).
- Case study 3: 3D XRH-based mathematical modelling; [Figure 11](#): Figure material reproduced with permission from S. K. Robinson, J. J. Ramsden, J. Warner, P. M. Lackie, and T. Roose, “Correlative 3D Imaging and Microfluidic Modelling of Human Pulmonary Lymphatics using Immunohistochemistry and High-resolution  $\mu$ CT;” (in En), *Scientific Reports, OriginalPaper* vol. 9, no. 1, pp. 1–14, 2019-04-23 2019, doi:[10.1038/s41598-019-42794-7](https://doi.org/10.1038/s41598-019-42794-7).

### XRHMS source code

- The code can be accessed at <https://doi.org/10.5281/zenodo.8178308>
- which links to <https://github.com/muvis-tomography/xrhms/tree/v1.0.0>

License: [Apache License 2.0](#)

Software disclaimer: This is the underlying code for the xrhms written as part of the X-ray Histology Project <https://www.xrayhistology.org/> funded by the Wellcome Trust (grant 212940/Z/18/Z and WT109682MA) and the University of Southampton. The X-ray Histology facility is located at the University Hospital Southampton and sits within the University of Southampton  $\mu$ -VIS X-ray Imaging Centre <https://muvis.org> and the Biomedical Imaging Unit <https://www.southampton.ac.uk/biu/>.

Please note that this version of the code has had some third-party confidential IP supplied to us under NDA by hardware manufacturers removed from it. While efforts have been made to minimize the impact on the main functionality of the code, we strongly recommend users to perform their own thorough bug-check and edits before attempting to run the code. This will help ensure that any potential issues related to the removal of the confidential IP are addressed.

XRHMS is built using Python 3 and uses the django web framework <https://www.djangoproject.com/>.

#### Author contributions

**OLK**: Conceived, secured funding, conducted research, implemented methodology, created visuals, developed software, wrote and edited manuscript; **PJB**: Curated data, secured funding, conducted research, implemented methodology, developed software, created visuals, wrote and edited manuscript; **SKR**: Conducted research, contributed to methodology, assisted with writing and editing manuscript; **RPB**:

Conceptualized project, secured funding, implemented methodology, secured resources; **EK**: Conducted research, created visuals, contributed to writing and editing manuscript; **PML**: Conceptualized project, secured funding, implemented methodology, secured resources, supervised project; **AP**: Conceptualized project, secured funding, provided resources; **AR**: Advised project; **PMG**: Provided necessary resources; **GJT**: Conceptualized project, secured funding, provided resources, supervised project; **SJC**: Conceptualized project, secured funding, implemented methodology, provided mentorship, wrote and edited manuscript; **IS**: Conceptualized project, secured funding, provided resources, supervised project; **PS**: Led project as principal investigator, conceptualized project, secured funding, implemented methodology, provided resources, supervised project, edited and proofread manuscript.

#### Acknowledgments

We acknowledge the support from Nikon X-Tek Systems Ltd, namely Dr Oliver Larkin, Ian Haig and Dr Benny Smit. With thanks to Dr Matthew J. Lawson, Dr Elaine M. L. Ho, and Dr Neil Smyth for providing data and samples. Finally, we acknowledge support from DECTRIS AG (Baden-Daettwil, Switzerland).

Figure 3 and Figure 12 and Figure 13 have been created using BioRender (<https://biorender.com>). Special thanks to Mr Ian Haig; a remarkable man, a visionary and exceptional engineer who passed suddenly and prematurely during the completion of this article. His unwavering support throughout the years was instrumental in laying the foundation of this work.

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# Open Peer Review

Current Peer Review Status:    

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## Version 1

Reviewer Report 13 November 2023

<https://doi.org/10.21956/wellcomeopenres.21783.r66179>

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**Greet Kerckhofs** 

Institute of Mechanics, Materials and Civil Engineering (IMMC), Catholic University of Louvain, Louvain-la-Neuve, Walloon Region, Belgium

This is a very well-written article clearly describing the functioning of an imaging and image processing/analysis platform for 3D x-ray-based histology of biological tissues. They tackle all the different aspects of the protocol from sample receipt until final report writing and data sharing/storage; they also provide very useful guidelines for others to start up or organize their own 3D X-ray-based histology platform. This makes this paper definitely relevant for the community.

Some remarks on how to further improve the paper:

- The authors mention very often that they are unique, pioneering, etc, but in many of the statements where they mention this, it is actually not the case. The authors are not the inventors of 3D X-ray-based histology, and many other researchers and labs have been working on this technique before. I would suggest to leave out statements as 'it stands out as the world's first XRH facility', 'a previously inaccessible view of soft tissues', 'pioneering', etc. Without these claims, the paper will not be less informative and impactful.
- The authors refer to their methodology (imaging of paraffin-embedded samples using  $\mu$ CT) as 3D X-ray-based histology, and this is correct, but there are also other methods to achieve 3D X-ray-based histology, such as contrast-enhanced  $\mu$ CT imaging. The authors did not refer to this technique, and it is important to mention that their imaging methodology is one way to perform 3D X-ray-based histology, and not the only way. Also cryogenic CECT imaging is a recent technique allowing 3D X-ray-based histology. Finally, another way is phase contrast imaging (using both lab-based  $\mu$ CT devices (recent developments) and synchrotron facilities). All these methods should be mentioned when the context and state of the art is described.
- The authors mention that their sample preparation and imaging protocol is non-destructive, but the sample preparation processes needed before paraffin embedding and



sometimes also the paraffin embedding itself (can) induce important tissue shrinkage. Hence, the methodology (combining sample preparation and imaging) cannot be referred to as completely non-destructive. Please rephrase, describe in detail the sample preparation process (and the chemical products used), and mention the (potential) influence of the sample preparation steps on the tissue integrity.

- The authors do not refer to the imaging of mineralized tissues (or calcifications). Is this feasible with their methodology? If yes, I would propose to highlight this, as it is an advantage compared to classical 2D histology. Is the imaging of lipids possible? For paraffin embedding, often ethanol or alcohols are used, and they remove the lipids. If this is also the case here, it should be mentioned as a potential limitation.
- A list of advantages and limitations of the methodology would be highly useful. Currently, only the added value is mentioned, but not a lot of attention is given to the current limitations.
- The reviewer highly appreciates the incorporation of the questionnaire and its outcome. Concerning the importance of various aspects, in the text it seemed as if the people had found the absence of a contrast agent as important as having high contrast in the images. However, from Fig. 2, this aspect was shown as being less important (even almost as important as high-throughput data processing). Perhaps adapt this slightly in the text.
- In the description of  $\mu$ CT imaging, the author mentions that radiographs map density variations, but the attenuation of a material is not only dependent on the density, but also the atomic number. Further on, the author mentions that ( $\mu$ ) uses X-ray absorption for contrast. As attenuation of X-rays concerning not only X-ray absorption but also scattering, I would propose to explain what the materials' inherent attenuation coefficient is, and then refer to attenuation in the text.
- It would be interesting if the authors would also (briefly) comment on the requirements in terms of required spatial resolution (in the design or selection of a  $\mu$ CT device). What is the minimal resolution proposed? Or what would be guidelines for researchers buying a new  $\mu$ CT device?
- It would be interesting to provide information of the time needed for imaging and image analysis. Of course, this is sample dependent, but an indication of both (or a ratio of both) would be very informative.
- As the authors show that paraffin embedding allows improved contrast between different tissue constituents, I miss a clear explanation why the contrast is increased. Which step/part of the sample preparation will induce the contrast differences? What are the mechanisms behind the differential imaging of tissue constituents? What can they visualize (which differences) and what not? How 'specific' are the contrast differences? Is this allowing to differentiate different proteins from each other? Or is it merely the visualization of pore space versus soft tissue? More information on this would be very useful.
- For Case Study 1, how did the authors validate that the difference between the necrotic region and the healthy region? Based on what can they differentiate? Why would the

density of a necrotic region be different from that of a healthy region? Do the authors refer to the volume fraction of tissue as density, or to a change in the X-ray attenuation?

- In the images (for example Fig.10), it would be highly informative to indicate what the reader should focus on, or to indicate what is what. Not all readers are experts in the tissues that have been studied.
- For Fig.11, it would have been useful to also add  $\mu$ CT sections of the samples.
- The reviewer appreciates the sections on data management and storage, which are currently bottlenecks in the entire process.
- In the conclusions, the authors mention the very relevant and highly interesting application of foetal (post-mortem) imaging. The authors mention again that they have pioneered in this, but there are other groups that have been working on this topic already for many years; for example <https://www.amsterdamumc.org/en/research/researchers/bernadette-de-bakker.htm>. Therefore, be careful with the wording of 'pioneering' or 'being unique', or 'unparalleled'. Please avoid these wordings.

**Is the rationale for developing the new method (or application) clearly explained?**

Yes

**Is the description of the method technically sound?**

Yes

**Are sufficient details provided to allow replication of the method development and its use by others?**

Partly

**If any results are presented, are all the source data underlying the results available to ensure full reproducibility?**

Yes

**Are the conclusions about the method and its performance adequately supported by the findings presented in the article?**

Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** 3D X-ray based histology using CECT and cryoCECT imaging; tissue engineering; materials characterization; microCT imaging; mechanical testing; 4D-microCT

**I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.**

Reviewer Report 31 October 2023

<https://doi.org/10.21956/wellcomeopenres.21783.r68679>

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### Chulong Zhang

Chinese Academy of Sciences, Shenzhen Institute of Advanced Technology, Shenzhen, China

This paper reports an important high-throughput 3D X-ray histology facility. It is indeed remarkable and has rendered many contributions. Here exist only minor concerns and comments:

1. Would it be possible to briefly expand on the principles and methods of 3D X-ray Histology (XRH) at the beginning of the paper?
2. In Case Study 2, how were the 2D histological slices registered with the 3D XRH? Or, was a 2D slice of the XRH used?
3. In Case Study 3, could you possibly provide some specific data or tables to support your conclusion, or add more explanation? The current text and visual results alone can be somewhat confusing.

**Is the rationale for developing the new method (or application) clearly explained?**

Yes

**Is the description of the method technically sound?**

Yes

**Are sufficient details provided to allow replication of the method development and its use by others?**

Yes

**If any results are presented, are all the source data underlying the results available to ensure full reproducibility?**

Yes

**Are the conclusions about the method and its performance adequately supported by the findings presented in the article?**

Yes

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** X-ray, CT, Medical Physics, Pathology Image Processing

**I confirm that I have read this submission and believe that I have an appropriate level of**

**expertise to confirm that it is of an acceptable scientific standard.**

Reviewer Report 26 October 2023

<https://doi.org/10.21956/wellcomeopenres.21783.r69307>

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### **Marco Endrizzi**

Medical Physics and Biomedical Engineering, University College London, London, England, UK

This paper describes the 3D X-ray histology facility at University Hospital Southampton. The work is presented as an overview of the facility covering motivation, methods and results. Below are some suggestions and comments for the Authors' consideration.

Abstract: Background, I suggest including a broader perspective on X-ray virtual histology, as it currently reads rather self-referring. Methods: I suggest highlighting what the novelty elements are, as this is not immediately clear from reading this part. Results: I suggest avoiding subjective metrics like "numerous" and focus instead on more objective results. Conclusion: I would welcome a more comprehensive review of the field in support of these conclusions, or a mitigation of these.

Introduction, as above, I suggest including a broader perspective on the field, surely much wider than just the proof-of-principle study published in 2015

"The first complete system for 3D XRH ..." this should refer specifically to the UHS facility.

Med-x prototype: discussion about the choice of metal and accelerating voltage would be valuable here; as well as details about the spatial resolution characterisation (either results or citation).

Customised XRH "significant advantages over static reflection target" what are the advantages? How significant are they? "in ways not previously possible" adding details would help clarifying.

"provide previously inaccessible options for scanning biological samples" also here adding details would help readers in identifying the improvements.

DECTRIS detector and spectral capabilities are mentioned but not really discussed, details in this section would help identifying the advantages and constraints of such development.

Data visualisation: is there a preferred modality/tools from the users?

Figure 7 and 9 using panel letters would help referencing to the correct image from caption.

FFPE is a common acronym but should be defined.

Client access: a small table showing field of views and spatial resolution achievable would help in

understanding the necessary trade-offs.

In conclusion, I find this is a comprehensive report on a 3D X-ray histology research facility with impressive developments towards making this type of imaging readily accessible to users and clients. The topics covered range from the design of the facility to technical details on the hardware, software tools and case studies. Some points have been identified for the Authors' consideration where the description and discussion can be made more precise and complete to the benefit of the readers.

**Is the rationale for developing the new method (or application) clearly explained?**

Yes

**Is the description of the method technically sound?**

Yes

**Are sufficient details provided to allow replication of the method development and its use by others?**

Yes

**If any results are presented, are all the source data underlying the results available to ensure full reproducibility?**

Yes

**Are the conclusions about the method and its performance adequately supported by the findings presented in the article?**

Yes

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** X-ray imaging

**I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.**

Reviewer Report 12 October 2023

<https://doi.org/10.21956/wellcomeopenres.21783.r66178>

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**Alessandro Olivo** 

Institute of Healthcare Engineering, University College London, London, England, UK

This report provides a thorough description of a unique and important facility that has already

benefitted a large number of biomedical researchers and has the potential to benefit more in the future. For these reasons, I have no hesitation in recommending publication of this manuscript in Wellcome Open Research, with only a few optional suggestions.

I'll start with an issue of personal taste – to me it sounds a bit weird for authors to say themselves that “The 3D X-ray Histology (XRH) facility at UHS is a pioneering platform...”. I think they could iterate the large number of successful projects they conducted, and they're surely welcome to say that to their knowledge this is the first such facility etc. On a similar note, I wonder whether the sentence “XRH is a microfocus computed tomography-based technology developed upon the proof-of-principle study published in 20151” should be somewhat mitigated, since several studies proposed to use x-rays for virtual histology, especially at synchrotrons.

I would welcome some degree of expansion on the subject of hardware improvements of the scanners – are these limited to the availability of multi-target materials and of the optional rotating Mo target? Could these be encountered more widely in available commercial scanners – or, in other words, what is it that makes the MedX and modified 225 “specific” to the imaging of histopathology cassettes?

On a similar note, could the authors explain better when the MedX and when the 225 is used – what is the choice based on?

I was impressed with the auto-loader development that makes operations smoother and more cost effective – out of curiosity does filament lifetime then become a bottleneck?

The DECTRIS photon counter is mentioned but very little is said about how it could improve performance – do the authors have any hint on practical improvements? Does it impose a reduction in specimen size, and if so by how much? Are gaps between detector modules an issue?

Fig 7 add letters (a-f) to panels, add box in a-c to indicate area where d-f were extracted from. Same for fig 10 (box only).

Generic artifact processing is mentioned but as well known ring artifacts are often a prominent one in this context. How are these handled? Is jitter used?

I found the sentence “The standard range of equipment allows imaging at spatial resolution down to 5  $\mu\text{m}$ , although higher resolutions can be achieved with minor modifications of the hardware.” (page 16) intriguing – how would this be achieved (considering the resolution  $\sim 2 \times$  focal spot rule of thumb), and is it currently available?

Another interesting part is the discussion as to whether x-rays can affect subsequent sample analysis. If I understood correctly, the authors cite a synchrotron paper that says they do [54], and a lab-based one that says they don't [7], and seems to attribute this to the different flux ranges – however I would argue that a good quality CT image depends on the total number of collected photons, which (assuming comparable detector technology is used, which seems to be the case) is probably similar in the two cases, and obtained through much longer scans in the lab case. This possibly goes beyond the scope of this paper, but it would be good to see some additional comment from the authors on this important point.

To possibly end as I started on a matter of personal taste – I would avoid expressions such as “immense potential” (p. 18).

While I hope the authors will agree with me that integration of at least some of the above comments would make for a more complete report, I remain convinced that it should be published regardless – I have read it with great interest.

**Is the rationale for developing the new method (or application) clearly explained?**

Yes

**Is the description of the method technically sound?**

Yes

**Are sufficient details provided to allow replication of the method development and its use by others?**

Yes

**If any results are presented, are all the source data underlying the results available to ensure full reproducibility?**

Yes

**Are the conclusions about the method and its performance adequately supported by the findings presented in the article?**

Yes

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** x-ray detectors and imaging

**I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.**

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