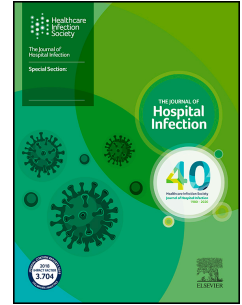


Journal Pre-proof

Impact of different hand drying methods on surrounding environment: aerosolization of virus and bacteria and transference to surfaces

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1 **Impact of different hand drying methods on surrounding environment: aerosolization**
2 **of virus and bacteria and transference to surfaces.**

3

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25 Running title: Aerosolization and transference to surfaces after hand drying.

26 **Summary**

27 **Background:** In recent years, hand drying has been highlighted as a key step in appropriate
28 hand hygiene (WHO 2009), as moisture on hands can increase transference of
29 microorganisms from hands to surfaces and vice-versa.

30 **Aim:** To understand bacterial and viral aerosolization following hand drying and study
31 transference of microorganisms from hands to surfaces after drying using different methods.

32 **Methods:** Groups of five volunteers had their hands pre-washed with soap, rinsed and dried
33 then inoculated with a concentrated mixture of *Pseudomonas fluorescens* and MS2
34 bacteriophage. Volunteers entered, one at a time, an empty washroom and rinsed or washed
35 (with soap) their hands prior to drying with a jet dryer or paper towels. Each volunteer also
36 applied one hand successively to various surfaces, while their other hand was sampled using
37 the glove juice method. Both residual bacteria and viruses were then quantified from the
38 washroom air, surface swabs and hand samples.

39 **Findings:** Results showed *P. fluorescens* and MS2 bacteriophages were rarely aerosolized
40 while drying hands, for any of the drying methods studied. Results also showed limited, and
41 similar, transference of both microorganisms studied onto surfaces, for all drying methods used
42 in this work.

43 **Conclusion:** The use of jet dryers or paper towels produce low levels of aerosolization while
44 drying hands in a washroom. Similarly, both drying methods result in low transference to
45 surfaces. While the COVID-19 pandemic raised concerns regarding public washroom, this
46 study shows that all methods tested are hygienic solutions to dry washed hands.

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51 **Keywords:** hand hygiene; hand drying; transference from hands; bacteria; viruses;
52 aerosolization; washroom; jet dryers; paper towels

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54 **Introduction**

55

56 The importance of hand hygiene has been known since the 19th Century, when it was
57 demonstrated that washing hands decreased the incidence of puerperal fever [1]. Several
58 studies have shown that hand-washing with soap reduces the incidence of gastrointestinal and
59 respiratory illnesses [2-4]. This is due to the removal of pathogens, which might have
60 contaminated hands when handling raw food, visiting the toilet, etc. [1, 5].

61

62 The focus of hand hygiene in public places including clinical settings has mainly focused on
63 washing, however in recent years hand drying has gained importance as an essential step in
64 appropriate hand hygiene [6]. Indirect transmission of disease through fomites has been well
65 documented [7] and moisture on hands can increase transference of microorganisms from
66 hands to surfaces and vice-versa [8-10]. The most common hand drying solutions found near
67 handwashing sinks are paper towels or electric dryers. Paper towels dry hands by absorbing
68 water, while electric dryers dry hands through water evaporation due to a heated air flow (warm
69 air dryers) or through removal of water by the action of high-speed air flow (jet dryers).

70

71 As handwashing facilities are used by several people, often simultaneously, it is important the
72 hand drying method available is hygienic, i.e., does not re-contaminate hands or the
73 surrounding environment. Previous studies showed that both jet dryers and paper towels have
74 a limited effect on the number of bacteria and viruses in hands [11-13], meaning both methods
75 are unlikely to re-contaminate hands. However, contamination of the surrounding environment,
76 both air due to aerosolization or surfaces due to transference from hands through touch, is still
77 an area of concern due to inconsistent research. A study in hospital washrooms in three different
78 countries showed that the number of bacteria in the air were similar for washrooms with jet

79 dryers and paper towels, while most samples were negative for the presence of pathogenic
80 bacteria [14]. Other studies showed similar numbers of bacteria quantified in air after drying
81 hands with a jet dryer or paper towels. The experiments were carried out in a chamber with
82 controlled conditions, suggesting the increase of airborne bacteria was due to people moving
83 around the room and not due to drying hands, regardless the method [15, 16]. Recent studies
84 reported that drying hands with electric dryers disperses bacteria and viruses in the air [17, 18],
85 but the methodology used has been assessed as unrealistic as it employed gloved and unwashed
86 hands and results did not show any health risk [19].

87
88 Different hand drying solutions might result in different levels of transference, but little is
89 known. A recent study showed more transference when hands were dried with hand dryers
90 compared to paper towels [20], however like the studies above it used gloved and unwashed
91 hands and studies with more realistic conditions are needed to understand risks associated to
92 different hand drying methods.

93
94 The objective of this study was to quantify viral and bacterial dispersal in the environment after
95 drying hands with different hand drying methods. We also aimed to understand the differences
96 if hands were poorly washed (only rinsed with water) or properly washed (with soap and water).
97 The research hypothesis was that different drying methods do not produce significant
98 differences on virus and bacteria aerosolization and transference to surfaces for both rinsed and
99 washed hands.

100

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103

104 **Methods**

105

106 *Volunteers and number of repeats*

107 Appropriate local ethical approval was obtained (University of Southampton Ethics and
108 Research Governance Online number 76203), and a total of 21 volunteers aged 20 to 55 (11
109 males, 10 females) were recruited. People with a history of skin condition or
110 immunocompromise were excluded. All volunteers were randomly mixed in different groups
111 of five throughout the study. We conducted 5 repeats for each drying condition (see below),
112 with 12 experimental conditions in 60 sessions with 5 volunteers each (Supplementary Table
113 I). Each participant was involved in all different experimental conditions and some participants
114 took part in more than one repeat of the same experimental condition while mixed in different
115 groups.

116

117 *Preparation of cultures*

118 *Escherichia coli* C-3000 (ATCC 15597) was grown in LB broth (Sigma, UK) for 24 hours at
119 37 °C while shaking at 160-180 rpm to reach an OD₆₀₀ of 0.1 to 0.4. After 24 hours every 5 ml
120 of *E. coli* culture was infected with 100 µl of MS2 bacteriophage and incubated with shaking
121 at 160-180 rpm for 48 hours at 37 °C to reach a concentration in the range of 10⁹ PFU/ml. The
122 MS2 stock culture produced was filtered using a 0.45 µm membrane (Merck, UK) to remove
123 the *E. coli* host and stored at 4 °C.

124 *Pseudomonas fluorescens* (ATCC 13525) was maintained in culture by subsequent passages,
125 grown while shaking at 120 rpm in tryptone soy broth (TSB; Sigma, UK) for 48 hours at 30
126 °C to reach an expected concentration in the range of 10⁸ CFU/ml. The 48-hours old *P.*
127 *fluorescens* culture was spun down at 4,000 g for 10 minutes and the resulting pellet was
128 resuspended in phosphate buffered saline (PBS; SLS, UK) to recreate a 10⁹ CFU/ml

129 concentration which was combined with the filtered MS2 solution to create the “test solution”
130 to inoculate hands (referred to as inoculum throughout the text). This inoculum was prepared
131 daily and stored at 4 °C for up to six hours.

132

133 *Experimental set up*

134 All tests were conducted in a toilet room (total volume 29.2 m³; Supplementary Figure 1A and
135 1B) which was dedicated to this study for its entire duration. Four models of hand dryers
136 (Supplementary Figure 1C) representing a range of jet dryers commonly found in public
137 washrooms were used, referred to as Model A, B, C and D (Dyson Technology Ltd., UK). All
138 models have HEPA filters fitted to clean the air before drying hands, and respective
139 characteristics are shown in Supplementary Table II.

140 Paper towels (Katrin Classic One Stop M2, Hygiene 24-7, Herts, UK) with no antimicrobial
141 additives (to represent paper towels commonly found in public toilets) were also used as a
142 fifth drying method for comparison (Supplementary Table I). The Model D has its dryer
143 integrated with the tap on a stand-alone sink, whereas the other Models were mounted
144 according to instructions, on a movable plywood panel (Supplementary Figure 1B). When
145 used, stacks of three sheets of paper towels (found sufficient to dry hands in preliminary tests)
146 were placed on the cleaned surface of Model D sink, separated from each other and ready to
147 use by each participant to avoid cross contamination. Thus, hand drying was always performed
148 in the same location within the toilet room.

149 Temperature and relative humidity were not controlled (on average 21 °C and 25%
150 respectively). The washroom did not have ventilation but two portable air cleaners (TP07 air
151 purifiers, Dyson Technology Ltd., UK) were used to clean the washroom air for sixty minutes
152 prior to each test to reduce any background contamination to below detectable levels. The two
153 air purifiers were removed from the room prior to the arrival of the 5 participants. From this

154 moment and throughout the rest of the procedure the room was closed (including the two
155 cubicle doors), except for the entry and exit of the participants and researcher, and no fans or
156 ventilation were active.

157 The same hand washing sink was consistently used and cleaned between each test, except when
158 evaluating the Model D combined, i.e., hands were washed in the sink that was integrated with
159 the dryer (Supplementary Table I). Dryers not in use were covered with cling film to prevent
160 their contamination. Inoculation of hands, transference tests and glove juice sampling were all
161 performed in the anteroom.

162

163 *Hands preparation, inoculation, washing and drying procedure*

164 Individually, volunteers wearing protective clothing (clean lab coats, facemasks and safety
165 goggles) were asked to wash with soap (Softaskin, Braun, Switzerland) and dry their hands in
166 a separate, adjacent toilet room to reduce their hands' transient flora and other contaminants.
167 Volunteers then moved to the anteroom without touching any surface (e.g., doors), where the
168 researcher inoculated their hands with 2 ml of the test solution (i.e., 1 ml per hand). Volunteers
169 were asked to spread the inoculum evenly over the palm and fingers of both hands and leave
170 to air dry before entering the washroom where the experiments took place.

171 To understand the differences on the environment from drying following hand rinsing or
172 washing, two sets of experiments for each hand drying method were performed. In one set of
173 experiments the volunteers walked to the designated sink and only rinsed hands for 20 seconds
174 in water without using any soap, to represent poorly washed hands. In a second, parallel set of
175 experiments (run concomitantly throughout the study period) the volunteers washed hands with
176 a soft soap (Softaskin, Braun, Switzerland) following WHO guidelines for general public
177 (2009), with wetting, soaping, rubbing and rinsing time adjusted to a total of 20 seconds. This
178 represented properly washed hands.

179 When using Model A hands were inserted from the top and moved up and down four times;
180 water was removed from both sides of the hands simultaneously. When using Model B, C and
181 D hands were placed under the hand dryer and moved backward and forward four times,
182 changing hand side each time. In Model B and D air exits through straight apertures while
183 Model C has curved air apertures (Supplementary Figure 1C). When testing Model D two sets
184 of experiments were performed. One experimental condition consisted in washing hands in the
185 washroom sink and move to the standalone sink to dry with Model D. In another set of
186 experiments hands were washed using the standalone sink and the Model D integrated tap, then
187 immediately dried above the sink to measure potential differences in aerosolization due to any
188 contaminated water remaining in the washbasin. This used a closed water circuit with a cleaned
189 tank which was replenished with warm tap water just before the tests. To compare
190 aerosolization, all dryers were run for 20 seconds. Paper towels were used until hands appeared
191 dry and discarded in a dedicated bin in the anteroom. Participants then left the room without
192 touching surfaces and entered the anteroom for hand sampling and surface transference
193 experiments.

194

195 *Surface transfer and sampling*

196 To study the impact of different hand drying methods on surface transference, each volunteer
197 re-entering the anteroom (without touching the door) firmly pressed their dominant hand
198 successively on stainless steel (SS, 316L), wood (oak veneered MDF) and ABS plastic pre-cut
199 surfaces (25 x 15 cm). These materials and order represent usual activities when leaving a
200 bathroom: opening the door by touching handles (SS), touching other doors or handrails (wood)
201 and working on a computer keyboard (ABS). The virus and bacteria were recovered from each
202 surface with a cotton swab (SLS, UK) moistened with PBS, placed in a sterile tube containing
203 5 ml PBS and kept at 4 °C until analysis.

204

205 *Glove juice sampling*

206 The glove juice method has been described elsewhere [21]. Briefly, a powder-free sterile glove
207 was placed on the volunteer's hand not used for the transference test and filled with 50 ml of
208 recovery solution (PBS). The wrist was secured to prevent leakage and the hand was massaged
209 through the glove for 60 seconds to detach remaining bacteria and virus after rinsing/washing
210 and drying. The recovered glove juice fluid was then stored at 4 °C until analysis. Participants
211 were then invited to wipe and sterilise their hands using gel sanitiser to inactivate any residual
212 contamination from the inoculum.

213

214 *Air sampling*

215 After 5 participants went through the same experimental condition, and within 5 min of the last
216 participant leaving the washroom, room air was collected into three sterilised glass impingers.
217 The impingers were placed at 25 cm above the ground and connected to a vacuum pump
218 (BioLite+, SKC, Blandford Forum, UK) set at a flow rate of 10L/min. Air was collected for 30
219 min, with each impinger collecting 300 L of air into 20 ml PBS. The impingers were placed in
220 three different points in relation to the drying area: location 1 was directly in front of the drying
221 point, to represent the user exposure, locations 2 and 3 were 65 cm to the side and 1.20 m in
222 front of the drying point, respectively, to represent exposure of other washroom users
223 (Supplementary Figure 1A) as described elsewhere [16]. Solutions were then transferred to
224 sterile tubes and kept at 4 °C until analysis. Once air sampling was completed, the washroom
225 surfaces were cleaned by wiping with 70 % ethanol and air filtered using the air filter in
226 preparation for the following session as described above.

227

228

229 *Sample processing and analysis*

230 Fifteen air samples (5 per location) were taken for each experimental condition; collected
231 after 5 volunteers in each repeat had been through the washroom. For each surface and for
232 hands there were 25 samples for each experimental condition with samples obtained from
233 each volunteer (Supplementary Table I). Daily prepared inoculum and all samples were
234 homogenised and split into two sets. One set was used to quantify *P. fluorescens* by spot
235 plating 10 µl triplicates of a neat or appropriate dilution onto 4% tryptone soya agar (TSA;
236 Sigma, UK) and incubated for up to 48 hours at 30 °C to enumerate colony forming units
237 (CFUs). *P. fluorescens* colonies were distinguished from other hand flora colonies by
238 morphology and fluorescence under UV light. The other set was used to quantify MS2
239 bacteriophages. The solution was passed through a 0.2 µm filters to remove bacteria prior to
240 spot plating 2 µl triplicates of a neat or appropriate dilution onto 0.8% LB agar (Sigma, UK)
241 plates containing 1% (v/v) Log phase *Escherichia coli* (ATCC 15597). The plates were then
242 incubated for 24 hours at 37 °C for quantification of plaque forming units (PFUs). For
243 comparative analysis, the results for each experimental condition were normalised by
244 calculating the ratio of bacteria and viruses in the samples obtained for air, surfaces and
245 hands (glove juice) in relation to the inoculum (considering sample volumes), presented as
246 PFU or CFU per m³ of air, per cm² of surface or per hand. The calculated LoD of each
247 method for *P. fluorescens* and MS2 were 2.22 x 10³ CFU and 1.11 x 10⁴ PFU / m³ (air
248 samples), 0.44 CFU and 2.22 PFU / cm² (surface samples), 1.66 x 10³ CFU and 8.33 x 10³
249 PFU per hand (glove juice sampling).

250

251 *Statistical analysis*

252 Normalised data were not normally distributed according to the Kolmogorov-Smirnov and
253 Shapiro-Wilk tests. The effect of soap was examined overall and between the independent,

254 corresponding drying methods. Differences linked to drying method used were examined
255 within each rinse only or wash and rinse groups.

256 For post-hoc tests we used the independent samples Kruskal-Wallis and Mann-Whitney U tests.
257 Significance values were adjusted by the Bonferroni correction for multiple tests (IBM SPSS
258 software). Values of $P \leq 0.05$ were considered significant.

259

260

261 **Results**

262

263 *Aerosolization of bacteria and viruses*

264 Airborne MS2 was detected in only 6 of 180 samples (Supplementary Table III), 5 of which
265 were after hand rinsing with water (Figure 1A). All other air samples were below the LoD. The
266 highest concentration of MS2 in the air was detected in location 2 after a single test where 5
267 participants washed their hands with soap and used paper towels (Figure 1B). This was not
268 associated with a notably higher titre in the initial inoculum on hands. Half of the positive
269 samples (3) appear in location 1 and only one positive in location 3, possibly due to being the
270 closest and farthest locations to the drying area.

271 Only one air sample showed *P. fluorescens* above the LoD, from location 2 after five
272 participants using soap and the Model B dryer (Figure 1B).

273 In this experimental set up, the concentration of MS2 or *P. fluorescens* in the positive samples
274 did not lead to statistically significant differences between experimental conditions after 5
275 repeats. Model C was the only hand dryer where air samples did not have detectable levels of
276 microorganisms in any experiments. This could have been due to the configuration of the hand
277 dryer (combination of air apertures shape, air flow, speed and direction, Supplementary Table
278 I) or simply due to experimental variation since there was no statistical difference between the

279 inoculum concentrations from 5 repeats per condition. No microorganisms were detected in
280 control air samples (participant washing and drying non-inoculated hands) or after air
281 purification of the room.

282

283 *Transfer of virus and bacteria onto surfaces from rinsed or washed hands*

284 Transfer of residual *P. fluorescens* from hands to surfaces was only detected on one of 897
285 surfaces touched (one set of samples was spoiled), corresponding to the first surface touched,
286 stainless steel, after the volunteer hands were rinsed only with water and dried using Model A
287 (Figure 2A). Natural and transient bacterial flora from the volunteers' hands was also
288 occasionally recovered from stainless steel and plastic surfaces (results not shown), indicating
289 the pressing of surfaces was adequate to transfer microorganisms from hands to surfaces.
290 Transfer of MS2 from hands to stainless steel surfaces was seen in all experimental conditions
291 (Figure 2) but not all samples. The limited recovery from wood was likely due to increased
292 absorption by this material, as this was observed in control experiments by pipetting 1µl of test
293 solution directly onto the test surfaces, which affected recovery by swabbing. Furthermore,
294 MS2 was also recovered from some of the plastic test surfaces, touched last. Overall, 45/450
295 and 28/447 surfaces were positive for MS2 after rinsing only and after washing and rinsing
296 hands, respectively (Supplementary Table III). Once adjusted by the Bonferroni correction for
297 multiple tests, there were no significant differences in transference between washed and rinsed
298 hands or between different drying methods after 5 repeats.

299

300 *Quantification from hands*

301 Contrary to surfaces and air samples, where a small proportion of total samples showed
302 concentration of MS2 above the LoD, samples from hands (glove juice recovery) were
303 consistently positive for the presence of residual MS2 (Figure 3), with PFUs quantified in

304 141/148 hands after rinsing only and 122/147 hands after washing and rinsing (5 sample were
305 spoilt during processing). Both rinsing with water only and washing with soap before drying
306 resulted in a reduction of MS2 by approximately 2-Log compared to the inoculum (no
307 statistical difference; Figure 3).

308 Residual *P. fluorescens* was recovered sporadically from the hands of 25 participants (14/150
309 rinsed and 11/149 washed) in 9 of 60 tests (5 rinse and 4 wash, i.e., often clustered in the same
310 tests). The reduction of *P. fluorescens* was on average 6-Log, for all conditions, with the only
311 statistical difference measured after rinsing hands and drying with model C, compared to
312 drying with model B or D combined. No residual *P. fluorescens* was measured above the LoD
313 after rinsing with water and drying using Model B or D combined (Figure 3A) and after
314 washing with soap and drying with Model D (dry only or combined; Figure 3B). In addition,
315 only two volunteers returned positive samples for *P. fluorescens* after drying using paper
316 towels, one after rinsing with water and one after washing with soap.

317 Interestingly, participants natural and transient bacterial microflora was still present after
318 washing hands twice (considering the hand preparation), followed by any of the drying
319 methods assessed. Overall, there was a direct correlation between residual MS2 on hands and
320 transfer onto surfaces (for all surfaces; $P = 0.045$), but not for *P. fluorescens*.

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328 **Discussion**

329 The findings from this study suggest that just rubbing hands under tap water contributes to
330 reducing recently added bacterial bioburden (approximately 6-Log) but is more limited against
331 recent viral contamination (approximately 2-Log reduction). This is in accordance with another
332 study showing higher removal of bacteria (*E. coli*) than virus (norovirus) [22]. Washing with
333 non-medicalised soap did not significantly increase virus or bacteria removal compared to only
334 rinsing with water, which is contrary to previously published work [23]. However, here we
335 sampled hands after the drying step as a confirmation of microorganisms' presence for the
336 transference experiments. Since results showed presence of *P. fluorescens* and MS2
337 bacteriophage on hands, we did not investigate the glove juice results further.

338 To increase the probability of quantifiable signal for air and surfaces samples, the inoculum
339 used was intentionally concentrated, above what would be expected from hands in real life.
340 Nevertheless, most air samples were below the LoD, showing limited aerosolization of bacteria
341 and viruses during hand drying, regardless of the drying method. Comparable results were
342 obtained previously using the same different drying methods, but where hands were washed
343 and dried without being artificially inoculated. In that study the bacterial increase in air was
344 attributed to other activities in the chamber, such as walking [16]. Here, hands were inoculated
345 with *P. fluorescens* to isolate the results and better understand if there was any aerosolization
346 of bacteria during drying activities, but virtually none was seen. This is also in agreement with
347 a study conducted in public toilets in hospitals, where the airborne bacterial numbers were
348 similar in washrooms with electric driers and paper towels [14]. Other studies have reported
349 aerosolization of bacteria and viruses during drying procedures with electric dryers, however
350 those used gloved hands dipped in a bacterial or viral solution and immediately dried without
351 being washed [17, 18]. That method is not representative of real life since microbial attachment
352 is different between gloves and skin [19]. The dispersal of microorganisms in those studies is
353 likely to have been facilitated by the fact the bacterial and viral particles were still suspended

354 in the liquid and not adsorbed onto the hands. The present study suggests that microorganisms
355 remaining on hands after rinsing or washing are difficult to dislodge by the action of the high-
356 speed air and therefore unlikely to be aerosolized during drying.

357 Pressure contact of dried hands onto the three dry surfaces resulted in very few positive samples
358 above the LoD(Supplementary Table, with no statistical differences between experimental
359 conditions despite most glove juice samples confirming the presence of 1 to 10% of the virus
360 inoculum remaining on hands. These results show that jet driers and paper towels are both
361 effective methods to reduce moisture and the risk of transference to surfaces. Moura *et al.*
362 reported differences in virus transference between the two drying methods [20]. That study
363 also used unwashed gloved hands inoculated by immersion in a virus suspension. This might
364 explain differences in surface retention of viral particles during and after drying compared with
365 our study on actual hands. Furthermore, we found the results for wood surfaces (only five MS2-
366 positive samples out of 299; Supplementary Table III) were affected by the absorbing nature
367 of this material, which might be relevant to other similar studies.

368 While residual *P. fluorescens* was detected in 10% of hands, the limited transference results
369 might have been due to numbers being below the LoD or poor recovery of bacteria from
370 surfaces using swabs [24]. Nevertheless, the results indicate a low or no transference of residual
371 bacteria from hands to the surfaces after drying them with jet dryers or paper towels, which is
372 in accordance with other studies [8, 10].

373 The concern that using integrated tap dryers (wash and dry above the sink, found in many
374 public toilets) could lead to more aerosolization has been raised. Here, 2 air samples were
375 positive for MS2 using Model D combined, out of 6 positive and 180 total samples, though this
376 was not significant compared to other jet dryers or paper towels which is in agreement with a
377 previous study [16].

378 *Limitations of work*

379 A number of participants took part in several repeats within different groups, however there
380 was no correlation with particular outcomes.

381 Participants rinsed or washed their hands as soon as the inoculum had dried. In real life the
382 efficacy of hand washing may vary depending on the microbial load, type of microorganism,
383 interaction with skin microflora and time between contamination and washing. Delaying
384 rinsing or washing inoculated hands might have increased variability between experiments for
385 the same reasons and affected the interpretation of results. Sampling air while participants were
386 entering and leaving the washroom was deemed unpractical, nevertheless this study examined
387 cumulative microorganisms aerosolization from 5 participants and each session's duration was
388 short enough to ensure microorganisms were still in the air and results were robust.

389 This study also focused on transference from dried hands but we did not examine the washroom
390 surfaces. Participants used the different drying methods in a strictly controlled manner,
391 particularly avoiding touching any surfaces between hand inoculation and final sampling. No
392 increase in residual microorganisms was measured from participant 1 to 5 in any session, and
393 the washroom air and relevant surfaces were decontaminated between each session. In public
394 washrooms, commonly found push taps may be cleaned less frequently and produce increased
395 cross-contamination.

396 .

397 In this study each volunteer only touched three clean surfaces successively, while in reality
398 multiple people will interact with multiple surfaces. Further adequately controlled studies could
399 clarify these potential two-way cross-contamination dynamics.

400 Finally, The LoD values could be reduced by use of alternative methods with larger volumes
401 but this would restrict the size of the study.

402

403 **Conclusions**

404 Handwashing and drying are fundamental for good hand hygiene, which is recognised as an
405 efficient method to reduce infection transmission. The COVID-19 pandemic revived concerns
406 about contamination of washroom air and surrounding surfaces by poor drying methods. This
407 work shows that a proportion of *P. fluorescens* and MS2 bacteriophage inoculated still
408 remained on hands after rinsing/washing and drying with all dryer models studied and paper
409 towels, however none of these methods resulted in significant aerosolization of these
410 microorganisms. Moreover, all methods were equally effective in limiting transference of
411 remaining microorganisms to surfaces and therefore can be considered adequate and hygienic
412 solutions for public washrooms.

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427 **Data availability statement:** The raw data supporting the conclusions of this article will be
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441 Manuscript preparation: RH and MSG. Manuscript review and edits: RH, MSG, SW and CWK.

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539 **Legends to figures:**

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541 Supplementary Figure 1: (A) Situation plan and (B) panoramic photograph of toilet room used
542 for this study. For each session, the studied dryer was moved to the same common location (in
543 front of the existing wall-mounted hand dryer seen on the picture above). Cubicle doors were
544 kept shut throughout. The first sink on the left was used for hand washing (except when testing
545 Model D combined). Room height was 230 cm (total volume approximately 29.2 m³). (C) Hand
546 dryer models and hands position when using each hand dryer.

547

548 Figure 1: Profiles of *P. fluorescens* (red) and MS2 phage (blue) in air samples recovered from
549 the three sampling locations shown in Figure 1A after (A) hands rinsed with water (poor hand
550 wash) and (B) hands washed with soap (properly hand wash), for the different drying methods
551 studied. Data shows means \pm SEM of the percentage of spike from five tests for each condition.
552 †: below the LoD.

553

554 Figure 2: Profiles of *P. fluorescens* (red) and MS2 phage (blue) recovered from the three types
555 of surface touched (S: stainless steel; W: veneered MDF wood and P: ABS plastic) after (A)
556 hands rinsed with water (poor hand wash) and (B) hands washed with soap (properly hand
557 wash), for the different drying methods studied. Data shows means \pm SEM of the percentage
558 of inoculum from 25 samples for each experimental condition. †: below the LoD.

559

560 Figure 3: Profiles of residual *P. fluorescens* (red) and MS2 phage (blue) recovered from the
561 glove juice sampling after (A) hands rinsed with water (poor hand wash) and (B) hands washed
562 with soap (properly hand wash), for the different drying methods studied. Data shows means \pm
563 SEM of the percentage of inoculum from 25 samples for each experimental condition. †: below
564 the LoD.

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