

1 Comparison of FGM prevalence among Nigerian women aged 15-49
2 years using two household surveys conducted before and after the
3 COVID-19 pandemic

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21 years using two household surveys conducted before and after the
22 COVID-19 pandemic

23 **Abstract**

24 **Background:** Due to its economic burden and change of focus, there is no gainsaying of the
25 potential impacts of COVID-19 pandemic on the progress of several female genital mutilation
26 (FGM) interventions across the various countries. However, the magnitude of the potential
27 changes in likelihood and prevalence should be more accurately explored and quantified using
28 a statistically robust comparative study. In this study, we examined the differences in the
29 likelihood and prevalence of FGM among 15 – 49 years old women before and after the
30 pandemic in Nigeria.

31 **Methods:** We used advanced Bayesian hierarchical models to analyse post-COVID dataset
32 provided by the Multiple Indicators Cluster Survey (MICS 2021) and pre-COVID data from the
33 Demographic and Health Survey (DHS 2018).

34 **Results:** Results indicated that although there was an overall decline in FGM prevalence
35 nationally, heterogeneities exist at state level and at individual-/community-level
36 characteristics. There was 6.9% increase in prevalence and higher Likelihood of FGM as the
37 proportion of women who would like FGM to continue within a community increased. FGM
38 prevalence increased by 18.9% in Nasarawa, while in Kaduna there was nearly 40% decrease.

39 **Conclusions:** Results show that FGM is still a social norm issue in Nigeria and that it may have
40 been exacerbated by the COVID-19 pandemic. The methods, data and outputs from this study

41 would serve to provide accurate statistical evidence required by policymakers for complete
42 eradication of FGM.

43 **Keywords:** FGM, Nigeria, social norms, COVID-19, Bayesian spatial modelling

44 Background

45 Female genital mutilation (FGM) is the partial or total removal of the external female genitalia
46 for non-medical reasons. In addition to short-term harm, such as severe pain and shock, the
47 practice has long-term consequences, including an increased risk of infertility, newborn
48 deaths and urinary retention [1]. Often an ancestral practice passed down through
49 generations, FGM is mostly performed on girls under the age of 15, based on ethnic and
50 religious beliefs, as it is seen as a way to ensure purity before marriage [2]. The number of
51 girls who have undergone FGM is estimated to be at least 200 million worldwide, with the
52 majority in Africa, the Middle East, Asia and among immigrant communities in Western
53 countries [3]. Considered a human rights violation and FGM elimination being one of the
54 targets of the SDGs for 2030 (SDG 5, target 5.3), efforts in recent decades led by international
55 and national organisations have succeeded in reducing the global prevalence of FGM among
56 women and girls. Adolescent girls were a third less likely to be subjected to FGM in 2016 than
57 30 years earlier [4,5]. However, with rapid population growth, this decline in prevalence has
58 been accompanied by an increase in the absolute number of girls cut, and three million girls
59 are still at risk of undergoing the practice each year [1].

60 Despite important efforts over the past decades, the COVID-19 pandemic is likely to have
61 slowed or reversed progress against FGM practice, with the economic impact of the pandemic
62 and the lockdown exacerbating violence against women and girls, including FGM, intimate

63 partner violence and child abuse [6]. Evidence from previous research shows that the
64 economic losses caused by the pandemic have led households to marry off their young
65 daughters in exchange for a bride price, increasing FGM on girls [7,8]. It has also led to the
66 return of former cutters who had abandoned the practice, as well as new cutters entering the
67 market, both as a strategy to earn an income [8]. School closures and home quarantines have
68 also made girls more at risk of FGM by increasing the exposure of FGM victims to their
69 perpetrators, while giving victims more time to recover before returning to school and
70 avoiding the household to justify the girl's absence from school [8]. In addition, stress and
71 economic insecurity, as well as difficulties in parenting, may have led to increased tension and
72 violence in households, including towards children [7]. Furthermore, the COVID-19 outbreak
73 led to a shift in focus for health systems and funding towards emergency response, affecting
74 not only FGM but also broader public health issues such as tropical diseases [7–9]. As a result,
75 FGM intervention activities and supports for FGM victims were disrupted and sometimes
76 stopped during the pandemic [10].

77 Among FGM-practicing countries, Nigeria is one of the countries with the highest prevalence
78 of FGM [11]. Due to its large population, Nigeria has the highest absolute number of cut
79 women and girls in the world, with an estimated 19.9 million women and girls cut between
80 2004 and 2015 [12]. In response to the SDG target, Nigeria passed a federal law, the Violence
81 against Persons (Prohibition) Act 2015 (VAPP Act), which prohibits any form of gender-based
82 violence, including FGM, with consequences for the perpetrator [13]. Previous research has
83 examined spatio-temporal trends in FGM prevalence in Nigeria by combining multiple
84 datasets from the Demographic and Health Surveys (DHS) and Multiple Indicator Cluster
85 Surveys (MICS) [11,14]. The prevalence of FGM among Nigerian women aged 15-49 decreased
86 from 29.6% in 2008 to 18.4% in 2017, while the prevalence among girls aged 0-14 decreased

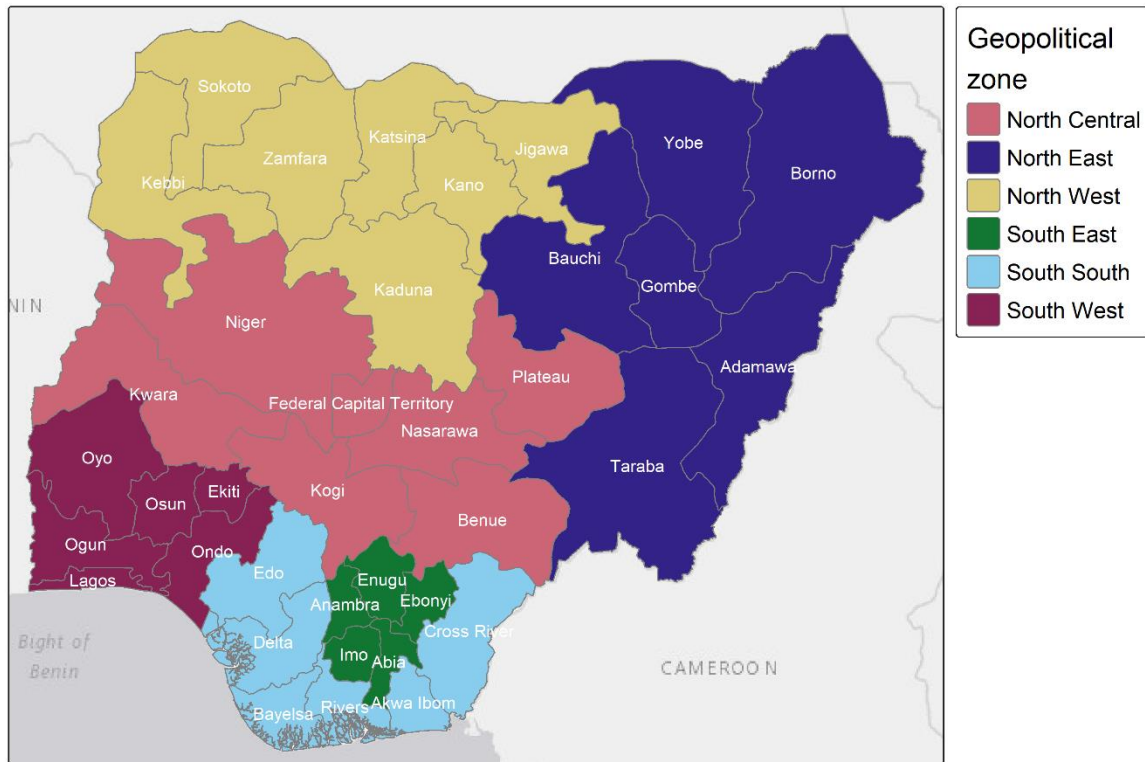
87 from 30.0% to 25.3% over the same period [11]. However, while the prevalence of FGM among
88 women aged 15 – 49 years has decreased at the national level, there were geographical
89 variations in prevalence at the state levels. For examples, while decreasing in Nigeria's
90 southeastern states, prevalence of FGM increased in the northwestern states of the country
91 from almost zero in 2003 to 39.3% in 2017 [11]. In recent years, the COVID-19 pandemic may
92 have affected the progress made in reducing the prevalence of FGM among women and girls
93 in Nigeria, with potentially different effects in the southern and northern states of the country.

94 Previous research has highlighted the perceived impact of the pandemic on the practice of
95 FGM through surveys within the population and programme implementers in FGM-practicing
96 countries [7–10,15]. However, there is a notable lack of work examining trends in FGM
97 prevalence and potential spatio-temporal patterns over this period using statistical evidence
98 data. Other studies have shown that advanced statistical techniques, such as Bayesian
99 hierarchical models, can provide significant insights into the role of key determinants of FGM,
100 while accounting for spatial random variation [11,14,16–19]. Therefore, the aim of this study
101 is to compare the prevalence and likelihood of FGM among Nigerian women aged 15-49 years
102 before and after the COVID-19 pandemic, with respect to individual (e.g., a woman's marital
103 status, wealth quintile, education, age) and community-level (e.g., the proportion of
104 circumcised women in the community, the proportion of women who support the
105 continuation of FGM in the community) determinants of FGM practice and a woman's
106 state/zone of residence. We used data from the DHS conducted in Nigeria in 2018, referred to
107 as the pre-COVID-19 pandemic period, and the MICS conducted in Nigeria in 2021, referred
108 to as the post-pandemic period. Using Bayesian hierarchical models, we examined spatial and
109 temporal patterns of FGM practice across Nigeria's 36 states and the Federal Capital Territory
110 (FCT).

111 Methods

112 Data

113 FGM prevalence data for Nigeria were extracted from the 2018 DHS (pre-COVID-19 period)
114 and the 2021 MICS (post-COVID-19 period). Both surveys are very similar in terms of sampling
115 strategy and sample composition. The sampling frame is based on a two-stage stratified
116 sampling design which was implemented by first selecting clusters as primary sampling units
117 across all 36 Nigerian states and the FCT (Figure 1), and then randomly selecting households
118 within the clusters. All eligible women within the selected households that are aged 15-49
119 were asked in the Women's Questionnaire whether they have ever heard of FGM and, if so,
120 whether they have ever undergone FGM and their opinion on the continuation of the practice.
121 In the 2018 DHS, 41821 women were interviewed in 1400 clusters [20], while in the 2021
122 MICS, 40326 women were interviewed in 1755 clusters [21].



123

124 **Figure 1.** The 36 Nigerian states and the Federal Capital Territory in the six geopolitical zones. Shapefile
 125 was downloaded from GADM.

126 **Outcome and exposure variables**

127 The outcome variable in this study is the FGM status of a woman, a binary variable coded 1 if
 128 the woman has been cut at the time of the survey and 0 if not. We relate a woman's FGM
 129 status to individual and community level (i.e. cluster level) exposure variables, as well as the
 130 region and state of residence of the woman. Variables indicative of FGM as a socio-cultural
 131 norm included the percentage of women cut in the community, the percentage of women in
 132 the community who support the continuation of FGM, and the woman's support for the
 133 continuation of FGM. In addition, socio-demographic variables at the individual level included
 134 the woman's type of residence (urban vs rural), age, ethnicity, religion, marital status, wealth
 135 quintile and the woman's level of education. Due to difference in data collection, the DHS

136 religion and ethnicity variables are based on women's individual responses, whereas the MICS
137 religion and ethnicity are based on the household head. Additional socio-demographic
138 variables aggregated at the community level included the main religion in the community, the
139 most represented wealth quintile, and an ethnic fractionalisation index (EFI) introduced in
140 [18].

141 The EFI is a continuous variable that measures the degree of ethnic heterogeneity within a
142 community. It is calculated as follows:

$$EFI = 1 - \sum_{k=1}^n s_k^2 \quad (1)$$

143 Where s_k is the proportion of the k^{th} ethnic group in a community with $n \geq 2$ ethnic groups.
144 This variable ranges from 0 to 1, with values close to 1 indicating a multi-ethnic community
145 where ethnic groups are of comparable size, and values close to 0 indicating a community with
146 fewer ethnic groups. The EFI assumes that in a multi-ethnic community, it may be easier to
147 move towards ending the practice of FGM if one or more ethnic groups support this change,
148 whereas in a mono-ethnic community that supports the practice of FGM, it may be more
149 difficult to make such a change [18].

150 Bayesian regression models

151 In this paper, building on previous work , we used a Bayesian logistic regression to model the
152 likelihood for a woman to be cut as a function of the set of individual and community level
153 variables defined above. The Bayesian framework allow us to provide uncertainty in the final
154 estimates of FGM prevalence and leveraging spatial information. Bayesian models were
155 implemented under the integrated nested Laplace approximation (INLA) framework [22],

156 within the R-INLA package, which offers significant improvements in computational
157 requirement compared to the classical Markov chain Monte Carlo (MCMC) approaches [22].

158 Consider y_i as the FGM status of woman i , such that y_i is one (1) when the woman was cut
159 or zero (0) when she was not. The random variable y_i follows a Bernoulli distribution with
160 probability p_i for a woman i to be cut. The model is further expressed as follows:

$$\text{logit}(p_i) = \beta_0 + z_i' \beta + f_1(x_{i1}) + \dots + f_p(x_{ip}) + f_{\text{spat}}(s_i) \quad (2)$$

161 Where β_0 is the intercept, z_i' is the vector of covariates with regression coefficients β and
162 $f_1(\cdot), \dots, f_p(\cdot)$ are the smooth functions of non-linear covariates, x_{i1}, \dots, x_{ip} such as age or the
163 prevalence of FGM in the community, as done in [14,18]. $f_{\text{spat}}(s_i)$ is the spatial random
164 variation at $s_i \in \{1, \dots, 37\}$, the state of residence of woman i among the 36 Nigerian states
165 and the FCT. $f_{\text{spat}}(s_i)$ can be further decomposed as:

$$f_{\text{spat}}(s_i) = f_{\text{str}}(s_i) + f_{\text{unstr}}(s_i) \quad (3)$$

166 $f_{\text{str}}(s_i)$ is the structured or correlated spatial variation, that allows to account for the spatial
167 autocorrelation between neighbouring states, assuming, based on Tobler's first law of
168 Geography [23], that two states that are close to each other (i.e. neighbours) are more likely
169 to have similar response values. From this it can be assumed that states that are further apart
170 are spatially independent of each other and are not correlated; this is the remaining spatial
171 variation. This spatial heterogeneity between non-neighbouring states is accounted for by
172 $f_{\text{unstr}}(s_i)$, which represents the unstructured or uncorrelated spatial variation.

173 The intercept β_0 is assigned a Gaussian prior with mean and precision equal to zero
174 ($\beta_0 \sim N(0,0)$) and the regression coefficients β are assigned a Gaussian prior with zero mean

175 and precision 0.001, which are the default priors of R-INLA. Non-linear covariate effects
 176 modelled using smooth functions $f_1(\cdot), \dots, f_p(\cdot)$ are assigned an independent and identically
 177 distributed (i.i.d.) Gaussian prior such that $f_l(\cdot)|\tau_l \sim N\left(0, \frac{1}{\tau_l}\right)$, where $l \in \{1, \dots, p\}$ and τ_l is a
 178 precision parameter. The structured spatial effects $f_{str}(s_i)$ are modelled using an intrinsic
 179 conditional autoregressive (iCAR) model of type *Besag* [24], where the values u_j of a collection
 180 of states $j \in \{1, \dots, 37\}$ depends on the neighbouring states as follows [25]:

$$u_j | u_{-j}, \tau_s \sim N\left(\frac{1}{d_j} \sum_{k \sim j} u_k, \frac{1}{d_j} \frac{1}{\tau_s}\right) \quad (4)$$

181 Where $k \sim j$ denotes that state k and j are neighbours, d_j is the number of neighbours and τ_s
 182 is the precision parameter that controls the amount of variation between the neighbouring
 183 states. Neighbourhood between states is defined based on a binary adjacency matrix, where
 184 two states are considered neighbours if they share at least one point along their common
 185 boundary [26]. The unstructured spatial effects $f_{unstr}(s_i)$ are modelled using a zero-mean
 186 i.i.d. Gaussian prior such that:

$$f_{unstr}(s) | \tau_u \sim N\left(0, \frac{1}{\tau_u}\right) \quad (5)$$

187 Where τ_u is a precision parameter. Precision parameters τ_j , j being a generic term for l, u, s ,
 188 are assigned log-gamma hyperpriors with rate and scale parameters of 1 and 5e-05.

189 Based on different combinations of spatial random effects in (2), four different model
 190 structures were tested: (1) a Base model with an intercept-term and covariates, (2) an IID
 191 model, which is the Base model with uncorrelated spatial random effects, (3) a Besag model,

192 which is the Base model with correlated spatial random effects, and (4) an IID + Besag model,
 193 which is the Base model with both correlated and uncorrelated spatial random effects. These
 194 model structures are summarised in Table 1. In addition, to assess how individual and
 195 community level factors influence the likelihood of FGM, we fitted three different sets of
 196 covariates for each model structure: (1) the first set included all individual level variables, (2)
 197 the second set included all community level variables, and (3) the third set included a mixture
 198 of individual and community level variables (Table 2). To adjust for sample representativeness,
 199 all models included the survey sampling weights as a covariate. We used Deviance Information
 200 Criteria (DIC) to identify the model structure that best fits the data (i.e. the model that
 201 minimises DIC). We further compared models based on (1) individual, (2) community, and (3)
 202 individual and community level variables using the R^2 , root mean square error (RMSE), and
 203 mean absolute error (MAE) calculated on the observed and posterior predicted FGM
 204 prevalence per state. Model estimates are presented as posterior odd ratios (POR).

205 **Table 1.** Model structures.

Model	Structure	Description	Complexity
Base	$\beta_0 + z'_i\beta + f_1(x_{i1}) + \dots + f_p(x_{ip})$	Intercept + covariates	1
IID	$\beta_0 + z'_i\beta + f_1(x_{i1}) + \dots + f_p(x_{ip})$ $+ f_{unstr}(s_i)$	Base + uncorrelated spatial RE	2
Besag	$\beta_0 + z'_i\beta + f_1(x_{i1}) + \dots + f_p(x_{ip})$ $+ f_{str}(s_i)$	Base + correlated spatial RE	3
IID + Besag	$\beta_0 + z'_i\beta + f_1(x_{i1}) + \dots + f_p(x_{ip})$ $+ f_{str}(s_i) + f_{unstr}(s_i)$	Base + correlated spatial RE + uncorrelated spatial RE	4

206 *Note.* The complexity column ranks the complexity of the model from 1 to 4, where 1 is the simplest
 207 model and 4 is the most complex. RE stands for random effects.

208 **Table 2.** Combination of individual and community level variables fitted in the models.

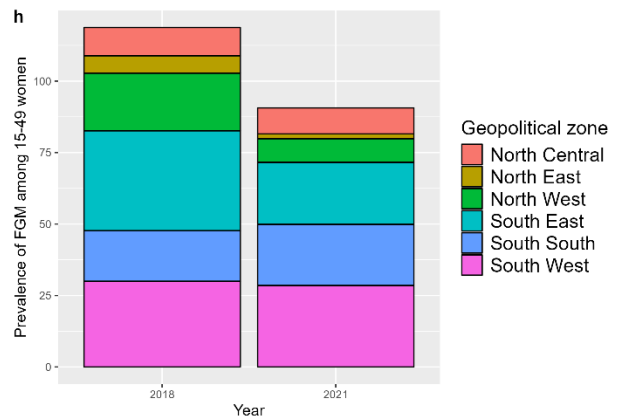
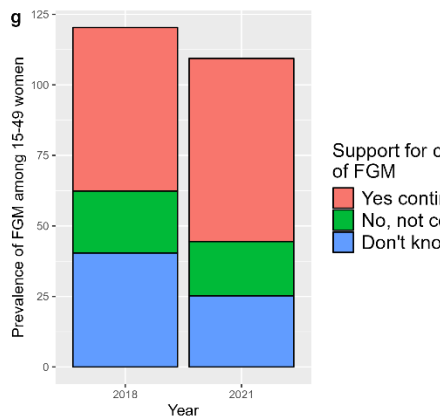
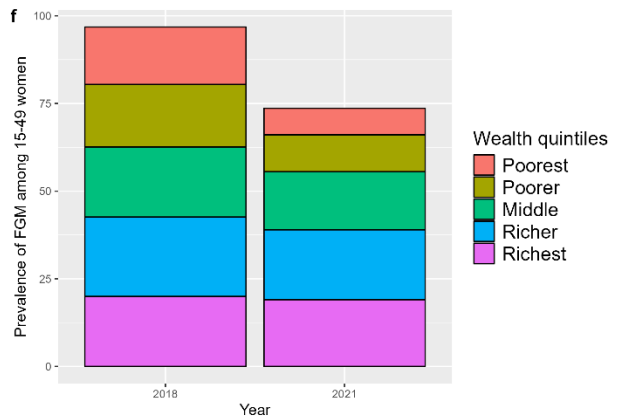
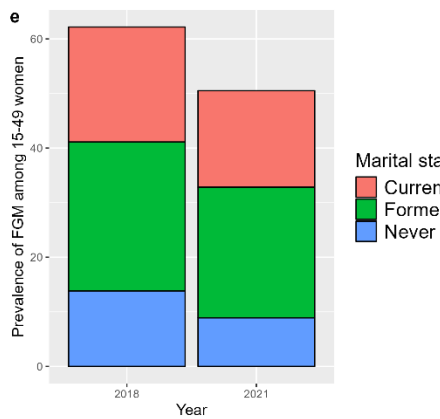
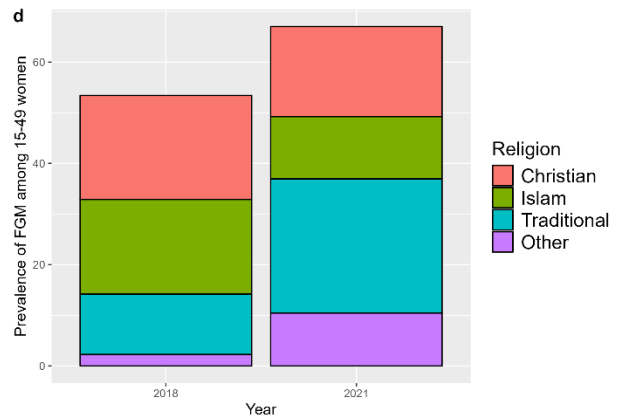
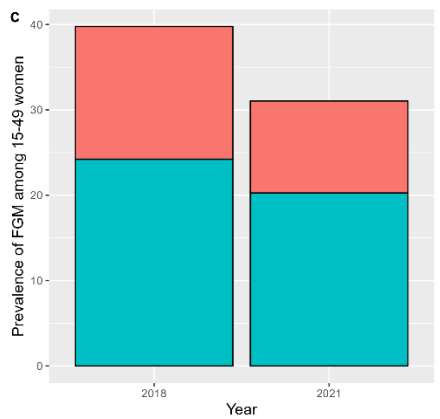
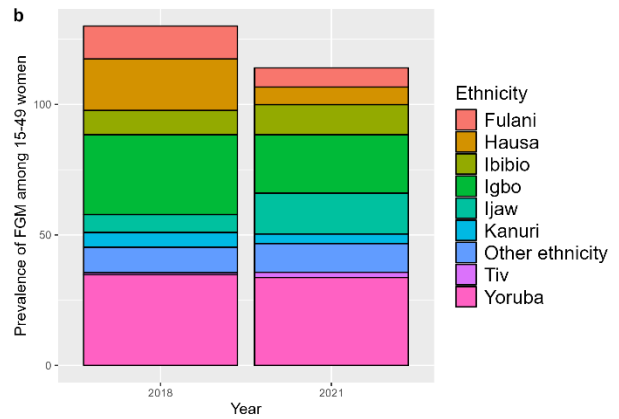
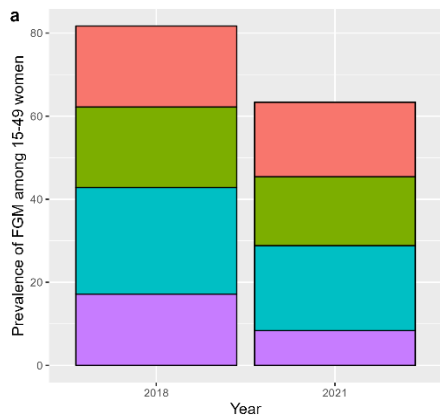
Level	Variables
Individual	Geopolitical zone, residence, education, age, wealth quintile, marital status, ethnicity, religion, support for FGM continuation
Community	Percentage of women supporting FGM continuation, percentage of women that are cut, EFI, main religion in community, main wealth quintile in community
Individual & community	Geopolitical zone, residence, education, age, wealth quintile, marital status, percentage of women supporting FGM continuation, percentage of women that are cut, EFI, main religion in community

209 Results

210 Descriptive analysis

211 The national prevalence of FGM, calculated from survey data, decreased from 19.5% in 2018
 212 (DHS) to 15.1% in 2021 (MICS). However, the patterns of change in FGM prevalence are scale
 213 and group-dependent, as FGM prevalence varied by geographic location, level of education,
 214 ethnicity, and religion as well as other socio-economic and socio-demographic characteristics
 215 (Figure 2 and Table 3).

216



218 **Figure 2.** FGM prevalence by some individual- and community-level characteristics in 2018 (DHS) and
 219 2021 (MICS).

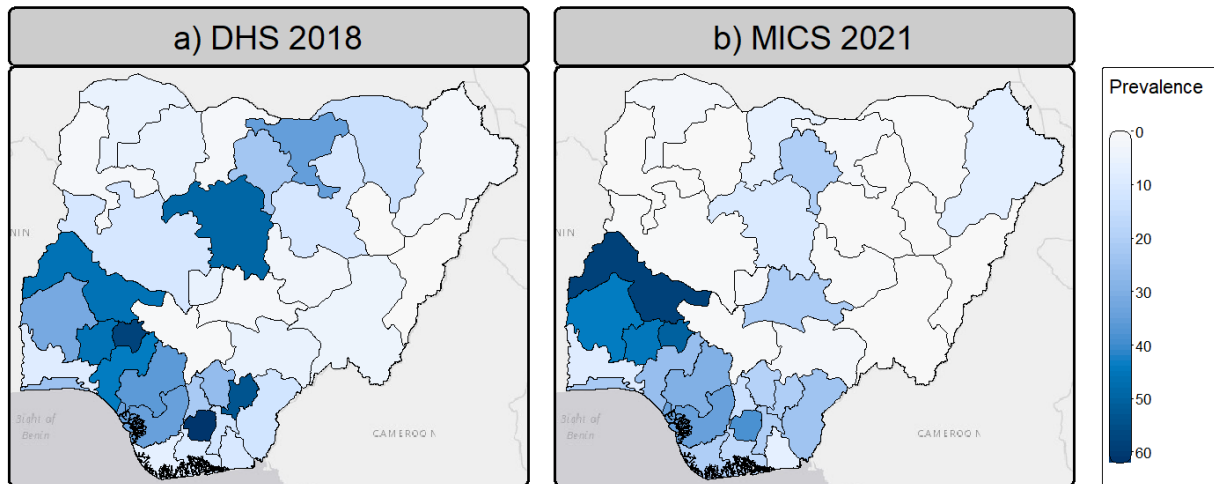
220 **Table 3.** FGM prevalence by some individual- and community-level characteristics in 2018 (DHS) and
 221 2021 (MICS)

Variable	Levels	DHS 2018 (%)	MICS 2021 (%)
Geopolitical zone	North-Central	9.9	9.1
	North-East	6.1	1.7
	North-West	20.2	8.2
	South-East	35.0	21.7
	South-South	17.7	21.4
	South-West	30.0	28.5
Education	Higher	19.5	17.9
	Secondary	19.4	16.6
	No education	17.2	8.4
	Primary	25.6	20.4
Ethnicity	Igbo	30.7	22.4
	Tiv	0.8	1.9
	Other ethnicity	9.8	11.0
	Hausa	19.7	6.7
	Ijaw	6.9	15.6
	Yoruba	34.7	33.7
	Fulani	12.6	7.3
	Kanuri	5.6	3.6
Marital status	Currently married/in union	21.1	17.7
	Never married/in union	13.8	8.9

	Formerly married/in union	27.3	23.9
Residence	Urban	24.2	20.2
	Rural	15.6	10.8
Wealth quintile	Richest	20.0	19.0
	Richer	22.6	19.9
	Middle	20.0	16.5
	Poorer	17.8	10.5
	Poorest	16.4	7.5
Religion	Christian	20.6	17.8
	Islam	18.7	12.3
	Traditional	11.9	26.5
	Other	2.2	10.4
Support for FGM continuation	No, not continue	22.0	19.2
	Yes continue	58.0	64.9
	Don't know/depends/missing	40.4	25.2

222 The decrease in FGM prevalence was also observed in most Nigeria's geopolitical zones (see
223 Table 3). FGM prevalence decreased in all Northern zones, with a particularly significant
224 decrease in the North-West zone, decreasing from 20.2% to 8.2% between 2018 and 2021.
225 FGM prevalence also declined in most Southern zones, particularly in the South-East zone,
226 from 35.0% to 21.7%, but increased in the South-South zone from 17.7% in 2018 to 21.4% in
227 2021 (see Table 3). These spatial trends in FGM prevalence further mask some heterogeneity
228 when zooming down to the state level (Figure 3 and Table S1). FGM prevalence decreased in
229 most northern states between 2018 and 2021, with decreases of more than 30% in both
230 Jigawa and Kaduna. In the North-Central zone, while FGM prevalence decreased in Niger and
231 FCT, it increased in Kwara and Nasarawa states by 12% and almost 20% respectively between
232 2018 and 2021. In the south, Ebonyi and Imo, two of the states with the highest prevalence

233 of FGM in 2018, saw a significant decrease in prevalence from 53.2% to 20.4% and 61.72% to
 234 37.93% in 2021 respectively. However, neighbouring southern states such as Abia, Rivers and
 235 Cross River showed a different pattern, with FGM prevalence increasing between 2018 and
 236 2021, up to an increase of more than 10% in Cross River. Also in the south, FGM prevalence
 237 increased in Bayelsa.



238

239 **Figure 3.** FGM prevalence in Nigerian states and FCT in 2018 (DHS) (a) and 2021 (MICS) (b). Shapefile
 240 downloaded from GADM.

241 In terms of educational attainment, the decline in FGM prevalence was most pronounced in
 242 the “no education” group, falling from 17.2% to 8.4%, while there was little change in the
 243 “higher education” group (Table 3). While the practice of FGM generally decreased among
 244 different ethnic groups between 2018 and 2021, particularly among the Hausa (i.e. 19.7% in
 245 2018 to 6.7% in 2021), it remained high among the Yoruba (i.e. 34.7% to 33.7%) and increased
 246 among the Tiv (i.e. 0.8% to 1.9%), Ijaw (i.e. 6.9% to 15.6%) and Ibibio (i.e. 9.3% to 11.5%). FGM
 247 prevalence also increased among traditionalists, from 11.9% in 2018 to 26.5% in 2021, making
 248 them the main group performing FGM in 2021, ahead of Muslims and Christians (Table 3).

249 The prevalence of FGM decreased across all marital statuses, with a greater decrease among
 250 never married/in union women than among currently married/in union and formerly
 251 married/in union. By household wealth, most of the progress in FGM prevalence has been
 252 made in the poorest and poorer wealth quintiles, with FGM prevalence decreasing from 16.4%
 253 to 7.5% and 17.8% to 10.5%, respectively, over the 2018-2021 period. Finally, the prevalence
 254 of FGM has decreased from 22.0% to 19.2% over the 2018-2021 period among women who
 255 support the abandonment of FGM, while it has increased from 58.0% to 64.9% among women
 256 who support the continuation of FGM.

257 Bayesian regression models

258 Model Fit Indices

259 *DIC*

260 The Deviance Information Criterion (DIC) [27] was used for the model selection such that
 261 models with lower DIC values are retained as the best fit models. DICs of the three Bayesian
 262 regression models (i.e. with individual level variables, with community level variables, and
 263 with both individual and community level variables) tested with different model structures
 264 are shown in Table 4.

265 **Table 4.** Comparison of model structure for Bayesian regression models using DIC

DHS 2018				MICS 2021		
Model	Individual	Community	Individual & community	Individual	Community	Individual & community
Base	14023	12081	11755	17673	14444	13193
IID	<u>12347</u>	<u>11995</u>	11701	<u>15678</u>	14412	13189

Besag	<u>12347</u>	11998	<u>11700</u>	<u>15678</u>	<u>14407</u>	13190
IID + Besag	<u>12347</u>	<u>11995</u>	11702	<u>15678</u>	14408	<u>13188</u>

266 *Note.* For each set of variables, i.e. individual, community and individual & community level variables,
267 the model with the lowest DIC is underlined, indicating best model fits. However, note that DIC
268 differences of less than 2 are not significant [27].

269 Adding spatial random effects (whether correlated or uncorrelated) to the Base model
270 improves model fit for all combinations of individual/community level variables, as all three
271 IID, Besag and IID + Besag models always yield lower DIC values (see Table 4). This means that
272 accounting for spatial autocorrelation between neighbouring states (i.e. via the Besag model)
273 and/or residual uncorrelated spatial variation between non-neighbouring states (i.e. via the
274 IID model) improves model fit compared to the base model with covariates only. However,
275 when comparing the spatial models together, given that DIC differences of less than 2 are not
276 significant [27], there are no significant differences between the IID, Besag and IID + Besag
277 models for any combination of variables, except for the community level model fitted to MICS
278 data, where the Besag model outperforms the IID model (Table 4). Overall, the best-fitting
279 models are spatial models that include both individual and community-level variables for both
280 DHS 2018 and MICS 2021. For the sake of parsimony, simpler models should be preferred
281 when the DIC difference is less than 2 [27], hence we retained simpler model structures (see
282 the complexity rank in Table 1) for the next validation exercise when the difference in DIC met
283 this criterion.

284 R^2 , RMSE and MAE

285 In addition, we carried out further model validation that tested the predictive performances
286 of the various models. In particular, we used a constellation of model fit metrics including R^2 ,

287 Root Mean Square Error (RMSE), and Mean Absolute Error (MAE). The results of the
 288 performance metrics on the various models are given in Table 5. These metrics are calculated
 289 based on the observed FGM prevalence and the predicted posterior FGM prevalence across
 290 the models at the state level. For both DHS and MICS data, the individual level model was
 291 outperformed by the other two models on all performance metrics. The model using both
 292 individual and community level variables then slightly improved the predictive performance
 293 compared to using only community level variables, with an R^2 of 0.95 for DHS and 0.92 for
 294 MICS. This model was then used for all subsequent analyses in this paper, with the IID model
 295 structure. Posterior estimates based on the other model structures (Base, Besag, IID + Besag)
 296 are provided in the supplementary information (see Tables S2-S4 and Figures S1-S6). These
 297 additional results demonstrate the close similarity between the results of the IID, Besag and
 298 IID + Besag models, and thus support the decision to use parsimony.

299 **Table 5.** Comparison of model predictive performance using R^2 , RMSE and MAE

	DHS 2018			MICS 2021		
Metric	Individual (IID)	Community (IID)	Individual & community (IID)	Individual (IID)	Community (Besag)	Individual & community (IID)
R^2	0.88	<u>0.95</u>	<u>0.95</u>	0.78	<u>0.92</u>	<u>0.92</u>
RMSE	16.78	10.69	<u>10.26</u>	15.24	8.25	<u>7.48</u>
MAE	14.07	8.23	<u>7.83</u>	11.96	5.57	<u>4.97</u>

300 *Note.* Models with the lowest RMSE, MAE and highest R^2 are underlined, indicating the best model
 301 performance. RMSE, MAE and R^2 values are calculated by comparing the observed and posterior
 302 predicted FGM prevalence per state.

303 Posterior odd ratios

304 To assess changes in the likelihood of FGM, we calculated the posterior odds ratios (POR) of
 305 the best performing model (i.e. the model with the lowest RMSE and MAE values and the
 306 highest R^2). The POR is obtained by exponentiating the posterior fixed effects estimate of the
 307 model, and the results obtained from the IID models with individual and community level
 308 variables for both DHS and MICS are presented in Table 6. While some variables have a
 309 significant effect on women's FGM status in both 2018 and 2021, others are only significant
 310 for one period. Some variables also show different effects depending on the period
 311 considered. These are discussed in more detail in the following sections.

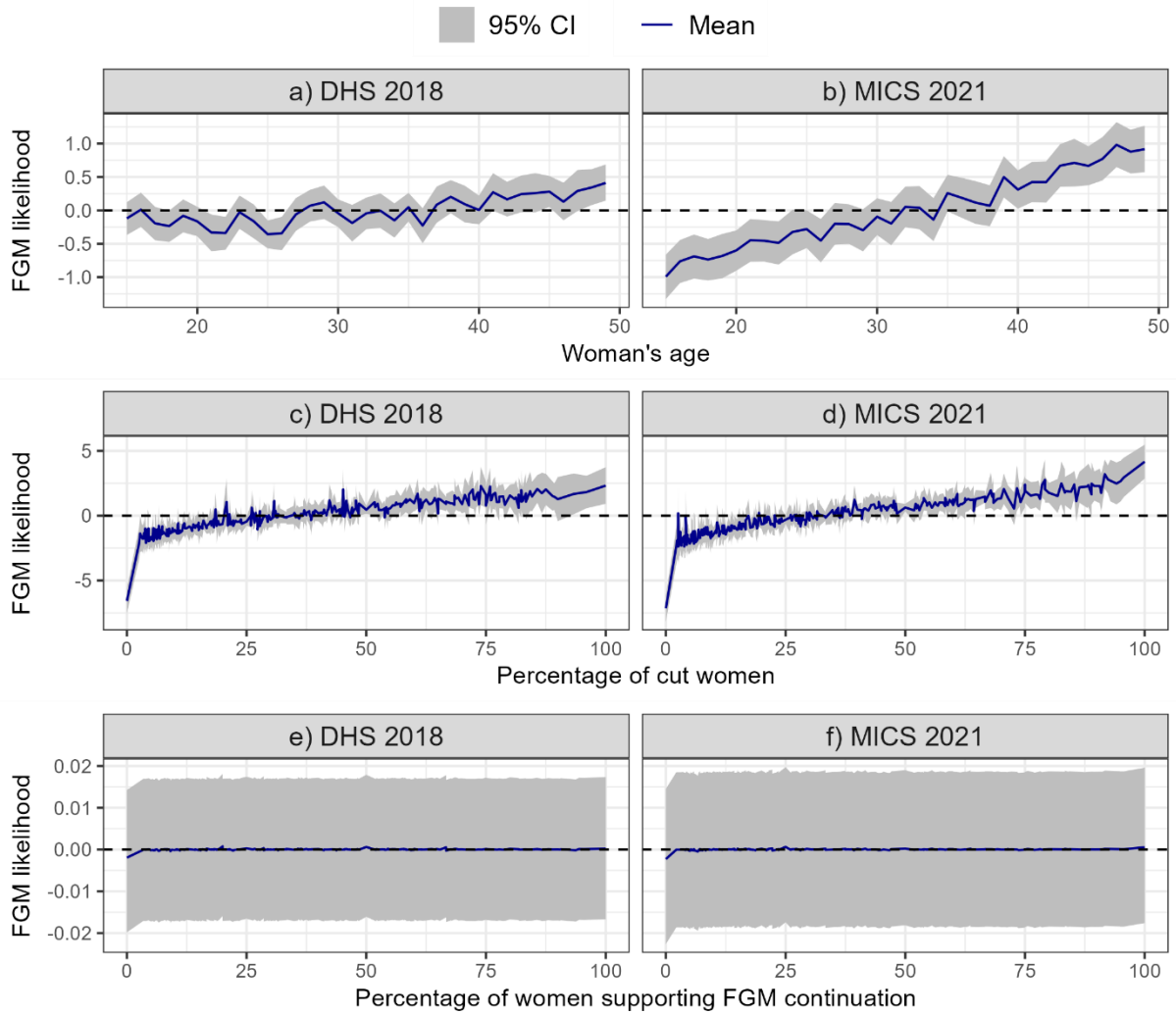
312 **Table 6.** Posterior odd ratios from the Bayesian models fitted to DHS 2018 and MICS 2021 data.

Variables	Levels	DHS 2018			MICS 2021		
		POR	2.5%	97.5%	POR	2.5%	97.5%
	(Intercept)	<u>2.033</u>	<u>1.239</u>	<u>3.326</u>	1.483	0.972	2.244
Geopolitical zone	North-North (ref)	1	-	-	1	-	-
	North-East	<u>0.398</u>	<u>0.211</u>	<u>0.754</u>	<u>0.459</u>	<u>0.265</u>	<u>0.797</u>
	North-West	0.715	0.410	1.258	1.368	0.944	2.038
	South-East	0.783	0.432	1.438	0.739	0.521	1.071
	South-South	0.789	0.449	1.396	0.774	0.553	1.105
	South-West	1.220	0.701	2.152	0.993	0.716	1.418
Residence	Rural (ref)	1	-	-	1	-	-
	Urban	1.001	0.862	1.162	<u>1.173</u>	<u>1.009</u>	<u>1.363</u>
Education	No education (ref)	1	-	-	1	-	-
	Higher	<u>0.584</u>	<u>0.471</u>	<u>0.725</u>	<u>0.669</u>	<u>0.544</u>	<u>0.822</u>
	Primary	1.120	0.946	1.327	1.052	0.881	1.256
	Secondary	<u>0.781</u>	<u>0.658</u>	<u>0.927</u>	<u>0.791</u>	<u>0.665</u>	<u>0.941</u>

Age		<i>See Error! Reference source not found.a</i>			<i>See Error! Reference source not found.b</i>		
Wealth quintile	Poorest (ref)	1	-	-	1	-	-
	Poorer	0.908	0.758	1.086	0.893	0.748	1.065
	Middle	0.852	0.700	1.038	0.865	0.720	1.038
	Richer	0.817	0.659	1.013	<u>0.749</u>	<u>0.615</u>	<u>0.912</u>
	Richest	0.859	0.677	1.090	<u>0.594</u>	<u>0.477</u>	<u>0.740</u>
Marital status	Currently married/in union (ref)	1	-	-	1	-	-
	Formerly married/in union	<u>1.437</u>	<u>1.178</u>	<u>1.751</u>	1.055	0.899	1.239
	Never married/in union	<u>0.653</u>	<u>0.564</u>	<u>0.758</u>	<u>0.597</u>	<u>0.516</u>	<u>0.690</u>
Percentage women cut		<i>See Error! Reference source not found.c</i>			<i>See Error! Reference source not found.d</i>		
Percentage women supporting FGM continuation		<i>See Error! Reference source not found.e</i>			<i>See Error! Reference source not found.f</i>		
EFI		<u>0.618</u>	<u>0.438</u>	<u>0.873</u>	0.817	0.597	1.119
Main religion in community	Christian (ref)	1	-	-	1	-	-
	Islam	0.952	0.764	1.186	1.096	0.902	1.330
	Traditional	0.565	0.058	5.509	0.000	0.000	1.899
Sampling weight		0.986	0.896	1.085	0.996	0.951	1.042

313 *Note.* Posterior odd ratios (POR) estimates are based on the IID models using both individual and
314 community level variables for both DHS 2018 and MICS 2021. Underlined figures indicate significant
315 relationships, i.e. when the 2.5% and 97.5% CIs are both either greater or less than 1.

316 In terms of the location of individuals in the country's geopolitical zones, women in the North-
317 East are more than twice as likely to be cut than women living in the North-North (the
318 reference group) in both 2018 and 2021. However, there is no significant difference in the
319 likelihood of FGM across all other geopolitical zones. In 2021, living in an urban area is
320 significantly associated with an increased likelihood of FGM compared to living in a rural area.
321 Educational attainment is another key factor at the individual level in determining the
322 likelihood of a woman undergoing FGM; in both 2018 and 2021, the likelihood of FGM is lower
323 for women with secondary and higher education compared to women with no education.
324 While some variables, such as educational attainment, show a constant effect on the
325 likelihood of FGM in both 2018 and 2021, others show interesting changes over time, such as
326 marital status. While being formerly married increases the likelihood of FGM by almost 50%
327 in 2018 compared to women who are currently committed, being never married is always
328 associated with a lower likelihood of FGM, even more so in 2021 than in 2018. Household
329 wealth does not strongly affect the likelihood of FGM; only women from the richer and richest
330 wealth quintiles are significantly less likely to be cut in 2021 than women from the poorest
331 wealth quintile. Finally, at the individual level, **Error! Reference source not found.**^a and 4b s
332 how that the likelihood of a woman having undergone FGM increases with her age, and the
333 slope of the increase is even steeper in 2021 than in 2018.



334

335 **Figure 4.** Non-linear effects of woman's age (a,b), percentage cut (c,d) and women supporting FGM
 336 continuation (e,f). Estimates are based on the IID models using both individual and community level
 337 variables for both DHS 2018 and MICS 2021.

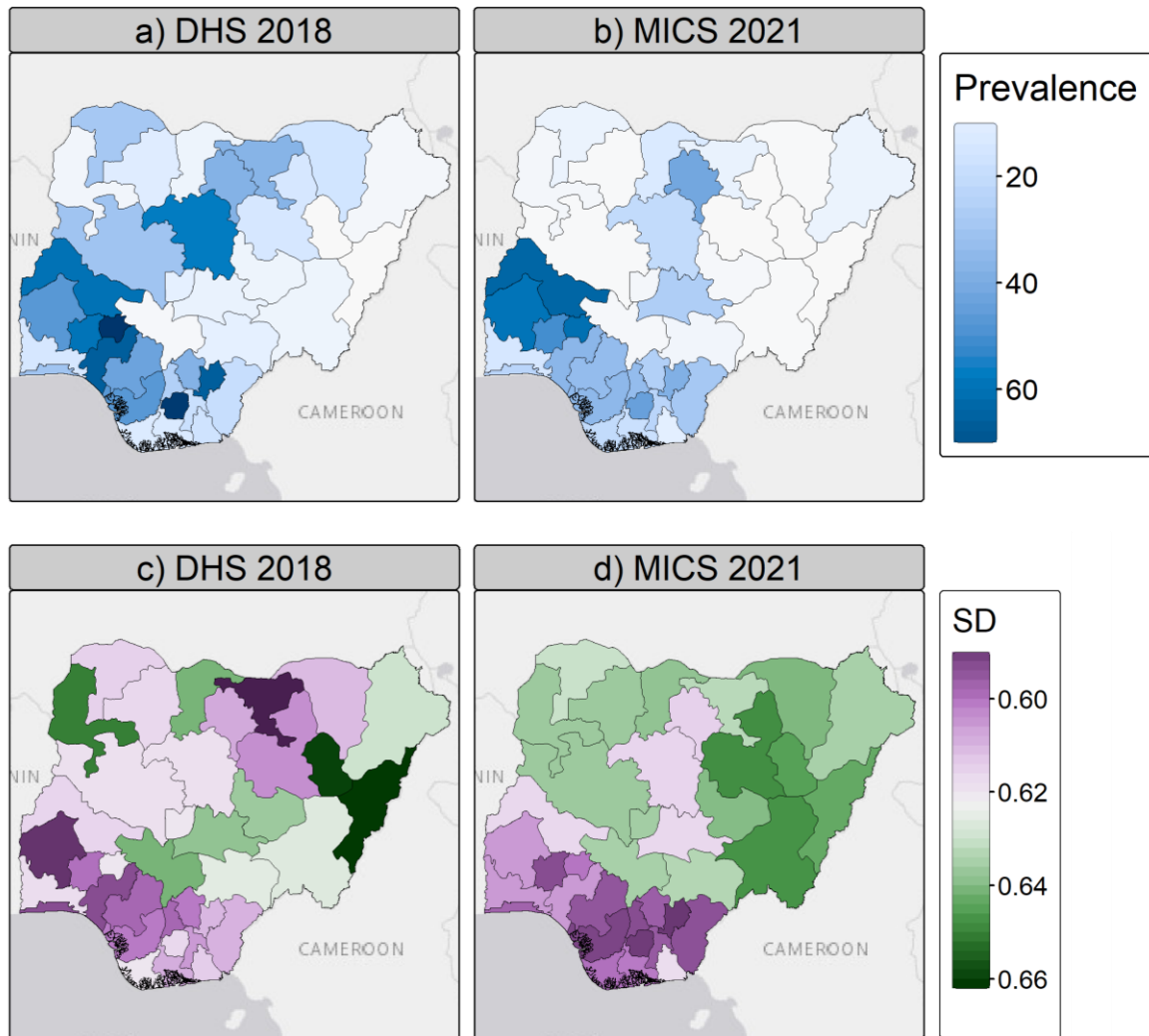
338 At the community level, the likelihood of FGM increases with the proportion of cut women
 339 in the community in both 2018 and 2021, with a steeper increase in FGM likelihood in 2021
 340 when FGM prevalence in the community exceeds 75% (Error! Reference source not found.c a
 341 nd 4d). However, Error! Reference source not found.e and 4f show that there is no clear effect
 342 of the percentage of women who support the continuation of FGM on the likelihood of FGM.

343 Another key FGM indicator related to socio-cultural norms is the EFI, with a significantly lower
344 likelihood of FGM found in multi-ethnic communities (i.e. with higher EFI scores) in 2018.

345 Posterior estimates of FGM prevalence

346 The predicted national prevalence of FGM is 25.6% in 2018 (DHS), falling to 17.3% in 2021
347 (MICS). This is 6.1% and 2.2% higher than the observed prevalence in the DHS and MICS
348 respectively. The maps of predicted FGM prevalence at the state level (Figure 5a and 5b) are
349 consistent with the maps of observed prevalence (Figure 3), with an overall decrease in
350 northern Nigerian states between 2018 and 2021, but an increase in some southern states
351 such as Oyo and Abia and in Nasarawa and Kwara states in the North-Central zone. Figure 6
352 further highlights that high heterogeneities exist between states and their evolution between
353 2018 and 2021 regarding FGM prevalence. In 2018, the highest predicted prevalence of FGM
354 is in Ekiti state, while in 2021 it is in Kwara state.

355 The posterior estimates have a low standard deviation, indicating a high level of confidence in
356 the predictions (Figure 5c and 5d). Furthermore, Figure 7 shows a close linear relationship
357 between the observed and predicted prevalence aggregated by state, with high R^2 values (>
358 0.9) for both the DHS and MICS models. This indicates that the Bayesian framework performs
359 well in the context of modelling the FGM status of women aged 15-49 in Nigeria using the two
360 different datasets. However, it should be noted that the predicted prevalence of FGM at the
361 state level in 2018, while leading to the highest value of R^2 , appears to be slightly
362 overestimated compared to the observed prevalence, as most of the points are above the 1:1
363 line in Figure 7.

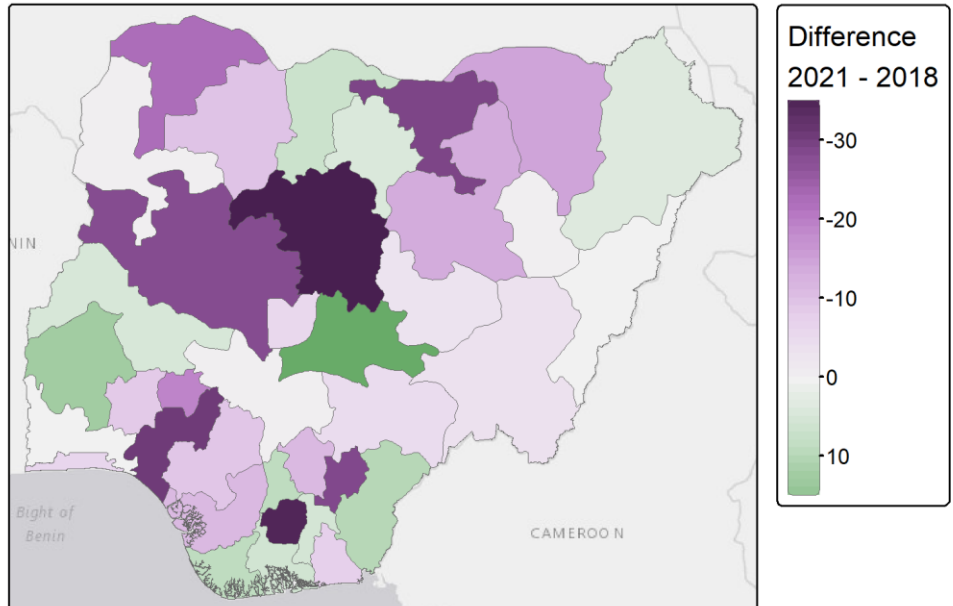


364

365 **Figure 5.** Posterior predicted FGM prevalence among women aged 15-49 years (a,b) and uncertainty

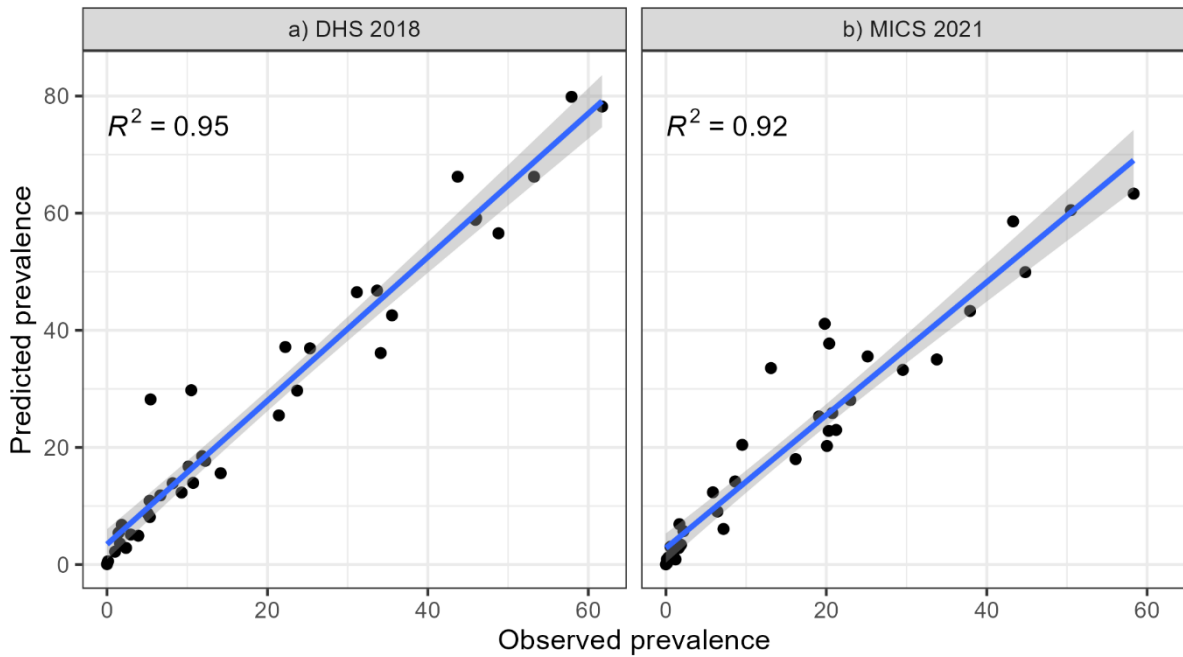
366 (c,d) estimates. Posterior estimates are based on the IID models using both individual and community

367 level variables for both DHS 2018 and MICS 2021. SD stands for standard deviation. Shapefile
368 downloaded from GADM.



369

370 **Figure 6.** Difference in the posterior predicted FGM prevalence per state between 2021 (MICS) and
371 2018 (DHS). Green areas indicate that the FGM prevalence was higher in 2021 than in 2018, while
372 purple areas indicate that the FGM prevalence has decreased over the period. Posterior estimates are
373 based on the IID models using both individual and community level variables for both DHS 2018 and
374 MICS 2021.



375

376 **Figure 7.** Comparison of observed and predicted FGM prevalence by state in 2018 (a) and 2021 (b).

377 Posterior estimates are based on the IID models using both individual and community level variables

378 for both DHS 2018 and MICS 2021.

379 Discussion

380 While female genital mutilation (FGM) remains a significant human rights issue, significant

381 progress has been made in recent decades to combat this harmful practice. However,

382 concerns have arisen about the potential setbacks posed by the COVID-19 pandemic [6–8].

383 The aim of this study was therefore to compare the prevalence and likelihood of FGM among

384 women aged 15-49 in Nigeria, one of the countries with the highest rates of FGM, before and

385 after the COVID-19 pandemic. To achieve this goal, we used Bayesian regression models to

386 analyse the FGM status of women, controlling for individual factors such as marital status, as

387 well as community-level factors such as the prevalence of FGM within the community, and

388 geographical location of residence within the state/zone. Our analysis used data from the

389 Demographic and Health Surveys (DHS) conducted in 2018, representing the period prior to
390 COVID-19, and the subsequent 2021 Multiple Indicator Cluster Surveys (MICS), reflecting the
391 post-pandemic landscape.

392 Analysis of the statistical evidence data shows that the national prevalence of FGM decreased
393 from 25.6% to 17.3% between 2018 and 2021. However, this overall decrease masks regional
394 disparities, with FGM prevalence increasing in some southern states (e.g. Oyo and Abia states)
395 and within the North-Central zone (e.g. Nasarawa and Kwara states) over the same period.
396 The overall decline in FGM at the national level is consistent with the findings of [11], which
397 showed that the prevalence of FGM among Nigerian women aged 15-49 years decreased from
398 29.6% in 2008 to 18.4% in 2017. However, the spatial patterns were different, with the
399 prevalence of FGM decreasing in the south-eastern states of Nigeria and increasing in the
400 north-western parts of the country over 2003-2017 [11]. Our results show that the opposite
401 occurred over 2018-2021, with an increase in the southern states and north-central Nigeria
402 and a decrease in the northern states. These findings suggest that there may be a potential
403 impact of COVID-19 on these spatio-temporal patterns of FGM as they are consistent with
404 empirical evidence from the *Orchid Project* [10]. This project highlighted the perceived impact
405 of COVID-19 on FGM practice in 14 countries, including Nigeria, through interviews with
406 grassroots activists and local organisations. They reported an increase in the number of girls
407 being cut in south-west Nigeria due to school closures, combined with a lack of prevention
408 and protection hampered by quarantine restrictions [10]. An increase in FGM was also
409 reported in Kwara state and North Central Nigeria, with the re-emergence of socio-cultural
410 norms, a lack of medical supplies and disrupted and reduced health services in these regions
411 [10]. More generally, health services in Nigeria were reported to have been severely curtailed
412 during the pandemic. Some shelters for women and girls at risk of FGM were even closed

413 without alternatives, while there were reports of higher rates of intimate partner violence
414 during the quarantine period [10].

415 As well as increasing in some Nigerian states over 2018-2021, the prevalence of FGM has also
416 increased among certain ethnic groups, such as the Tiv, Ijaw and Ibibio. In addition, the
417 prevalence of cut women in the community increases the likelihood of FGM after the COVID-
418 19 period more than before, which may be related to the re-emergence of socio-cultural
419 norms as highlighted in [10]. Other results from our Bayesian hierarchical models suggest that
420 after the pandemic, the likelihood of undergoing FGM was significantly lower in wealthier
421 households than in the poorest households. Before the pandemic, however, household wealth
422 had no significant effect on the likelihood of FGM, as previous work has also shown [14,28].
423 Increased marriage of girls to earn a bride price has been highlighted as a consequence of the
424 COVID-19 pandemic by previous qualitative studies [7,8], including in Nigeria [9]. The
425 economic losses caused by the pandemic may have increased wealth heterogeneity between
426 the richest and poorest households, leading the poorest households in particular to marry off
427 their daughters. Increased marriage may also explain why, before the pandemic, the likelihood
428 of FGM was higher among formerly married women than among currently married women, a
429 trend observed in FGM prevalence in Nigeria from 2007 to 2017 by [11], whereas after the
430 pandemic there was no significant difference between these marital statuses. It should be
431 noted, however, that these changes may not be due to an effect of the COVID-19 pandemic,
432 but rather to the evolution of FGM practice and its drivers over time.

433 Another important finding of this study is that Bayesian spatial regression models always
434 improved model fit compared to non-spatial models using only covariates. Among the spatial
435 models, integrating correlated spatial random effects, to account for spatial autocorrelation

436 between states, did not significantly improve the model's Deviance Information Criterion (DIC)
437 compared to using uncorrelated (independent and identically distributed) random effects on
438 states. Furthermore, our results show that the best performing models include both individual
439 and community level drivers of FGM. Moreover, models with community level drivers
440 outperform models with individual level drivers. These findings highlight the importance of
441 community influence on individual FGM status and support the social norms theory of FGM
442 practice. Social norms theory is one of the theories advanced to explain why the practice of
443 FGM persists [29–31]. It states that the actions of individuals in a community are influenced
444 not only by their own choices, but also by the social norms of their community, which exert a
445 strong pressure on individuals, with the potential fear of exclusion or persecution by the
446 community if they act contrary [29–31]. Conversely, if it is the community norm to perform
447 FGM, individuals may see it as an opportunity for marriage, peer acceptance and inclusion in
448 the community's social network [31]. It may therefore be difficult for a household to abandon
449 the practice of FGM if it is not in agreement with most community members. **Error! Reference s**
450 **ource not found.**c and 4d support this theory by showing that the likelihood of FGM increases
451 with the prevalence of women cut in the community. We also found that the likelihood of
452 FGM decreased with the ethnic fractionalisation index, suggesting that women in multi-ethnic
453 communities are less at risk of undergoing FGM. Similar results were found for Kenyan girls
454 aged 0-14 years in [18]. Furthermore, we found that the prevalence of FGM increased among
455 women who supported the continuation of the practice during the COVID-19 period. This
456 shows that FGM is still a social norm issue in Nigeria and that it may have been exacerbated
457 by the COVID-19 pandemic.

458 In terms of key individual level factors, our results showed that the likelihood of FGM was
459 lower among younger women with secondary to higher level education, living in rural areas,

460 and who had never been married or in a union. These findings are consistent with previous
461 studies. For example, [11] also highlighted a lower prevalence of FGM among women with
462 secondary to higher level of education by analysing DHS and MICS data in Nigeria from 2003
463 to 2017. Similar relationships between FGM and educational attainment were found in a
464 scoping review of FGM in Nigeria [32] and in other countries as well, such as Senegal [33],
465 Chad [34] and more broadly in sub-Saharan Africa [35]. Similar findings have been reported in
466 Nigeria [11,28], and sub-Saharan Africa [35] regarding the higher likelihood of FGM among
467 women living in urban areas. However, other studies have shown the opposite relationship,
468 with women in rural areas in Senegal being more at risk of FGM in 2005, but less at risk in
469 2010 [33]. Finally, [28,35,36] also found that the likelihood of FGM increased with age and was
470 higher among married women.

471 This study is the first to assess changes in both FGM likelihood and prevalence before and after
472 the COVID-19 pandemic using multiple data sources while simultaneously controlling for
473 individual- and community-level characteristics. Several qualitative studies have attempted to
474 understand the perceived impact of COVID-19 through surveys of the population and
475 programme implementers [7–10,15], but studies which quantified how FGM prevalence has
476 changed over the COVID-19 period at national and sub-national levels are currently lacking.
477 By exploring several Bayesian hierarchical models with both individual and community level
478 drivers, we provide statistical insights into their relationship with a woman's FGM status.
479 Following [14,18], we have included potential non-linear effects of certain drivers, such as the
480 percentage of women supporting the continuation of FGM or age, leading to a better
481 understanding of their relationship with the likelihood of FGM. Future work could further
482 explore the potential interaction between individual and community level characteristics. In
483 addition, we focussed on FGM prevalence and likelihood in women aged 15-49 years. Further

484 studies could replicate this analysis with girls aged 0-14 years and compare results with other
485 countries to better understand the global impact of the COVID-19 pandemic on FGM practice,
486 both for women and girls.

487 Nevertheless, this study has several limitations. Although our findings are consistent with
488 empirical evidence from survey research on the impact of COVID-19 on FGM practice,
489 including in Nigeria, changes in FGM prevalence and likelihood may not be due to the COVID-
490 19 pandemic and may simply be due to changes or evolution in the drivers of FGM over time.
491 In addition, the women surveyed in this study could have been cut at any time between their
492 birth and the day before the survey, so there is no certainty that they were cut during the
493 COVID-19 pandemic. Future studies could further investigate the impact of the COVID-19
494 pandemic on FGM practice by including COVID-19 data in the analyses. Second, we used
495 different types of surveys as a reference before (DHS) and after (MICS) the COVID-19
496 pandemic, and some differences might exist between the two surveys. Yet, DHS and MICS use
497 a similar sampling design to achieve a representative sample at the sub-national level, thus
498 minimising potential discrepancies in data collection methods. Besides, DHS and MICS have
499 already been used in previous work to study spatio-temporal trends of FGM prevalence in
500 Nigeria [11,14,37], and studies showed that trends in FGM likelihood and prevalence were
501 consistent across DHS and MICS. Future research could focus on exploring the differences
502 between these two household surveys and how this affects the accuracy of model parameter
503 estimates. Lastly, by using DHS and MICS data, we rely on self-reporting of FGM status by the
504 women surveyed. This may lead to an underestimation of the true prevalence of FGM,
505 because the practice of FGM has been considered a crime in Nigeria since 2015 [13], and some
506 women may feel reluctant or pressured not to disclose their FGM status to the interviewer.

507 Conversely, social norms may also lead women to falsely report having undergone FGM, either
508 to conform or to avoid repercussions [29].

509 Conclusions

510 In conclusion, our study sheds light on changes in the prevalence and likelihood of female
511 genital mutilation (FGM) among women aged 15-49 years in Nigeria before and after the
512 COVID-19 pandemic. Despite a national decline in FGM prevalence, our findings reveal
513 significant heterogeneity at the sub-national level and by individual/community
514 characteristics. We observed a sharp increase in FGM prevalence in some Nigerian states, such
515 as Nasarawa, while others, such as Kaduna, experienced a significant decline. As the
516 proportion of women who have been cut and women who support the continuation of FGM
517 within the community increase the likelihood of FGM, the results highlight the ongoing
518 challenge of FGM as a social norm in Nigeria, which may have been exacerbated by the
519 disruption caused by the pandemic. Going forward, policymakers can use the statistical
520 evidence generated by our study to inform targeted interventions aimed at eradicating FGM.
521 Overall, our study highlights the importance of continued monitoring and intervention efforts
522 to combat FGM in Nigeria and beyond.

523 Abbreviations

524 DHS: Demographic and Health Surveys; DIC: Deviance Information Criteria; EFI: ethnic
525 fractionalisation index; FCT: Federal Capital Territory; FGM: Female genital mutilation; iCAR:
526 intrinsic conditional autoregressive; IID: independent and identically distributed; INLA:
527 Integrated Nested Laplace Approximation; MAE: Mean absolute error; MCMC: Markov chain

528 Monte Carlo; MICS: Multiple Indicator Cluster Surveys; POR: posterior odd ratio; RMSE: root
529 mean square error; SD: Standard deviation; SDG: Sustainable Development Goal; VAPP Act:
530 Violence against Persons (Prohibition) Act.

531 Declarations

532 Supplementary information

533 Supplementary information is provided in Additional file 1 (pdf file). It contains the following
534 supplementary information:

- 535 • Table S1. Observed prevalence of FGM in Nigeria's 36 states and FCT in 2018 (DHS) and
536 2021 (MICS).
- 537 • Table S2. Posterior odd ratios from the Bayesian models (Base) fitted to DHS 2018 and
538 MICS 2021 data.
- 539 • Table S3. Posterior odd ratios from the Bayesian models (Besag) fitted to DHS 2018 and
540 MICS 2021 data.
- 541 • Table S4. Posterior odd ratios from the Bayesian models (IID + Besag) fitted to DHS
542 2018 and MICS 2021 data.
- 543 • Figure S1. Non-linear effects of woman's age (a,b), percentage cut (c,d) and women
544 supporting FGM continuation (e,f) based on the Base models.
- 545 • Figure S2. Posterior predicted FGM prevalence among women aged 15-49 years (a,b)
546 and uncertainty (c,d) estimates based on the Base models.
- 547 • Figure S3. Non-linear effects of woman's age (a,b), percentage cut (c,d) and women
548 supporting FGM continuation (e,f) based on the Besag models.

- 549 • Figure S4. Posterior predicted FGM prevalence among women aged 15-49 years (a,b)
550 and uncertainty (c,d) estimates based on the Besag models.
- 551 • Figure S5. Non-linear effects of woman’s age (a,b), percentage cut (c,d) and women
552 supporting FGM continuation (e,f) based on the IID + Besag models.
- 553 • Figure S6. Posterior predicted FGM prevalence among women aged 15-49 years (a,b)
554 and uncertainty (c,d) estimates based on the IID + Besag models.

555 Ethics approval and consent to participate

556 Permission to use the DHS data for Nigeria (2018) was granted by the DHS Program upon
557 registration and request at https://dhsprogram.com/data/dataset_admin/login_main.cfm.

558 Permission to use MICS data for Nigeria (2021) was granted by the MICS program upon
559 registration and request at <https://mics.unicef.org/visitors/sign-in>.

560 Consent for publication

561 Not applicable.

562 Availability of data and materials

563 DHS 2018 and MICS 2021 data for Nigeria can be accessed through the DHS
564 (https://dhsprogram.com/data/dataset_admin/login_main.cfm) and MICS
565 (<https://mics.unicef.org/visitors/sign-in>) programmes respectively.

566 Competing interests

567 The authors declare that they have no competing interests.

568 Funding

569 Not applicable.

570 Authors' contributions

571 CCN led the project conception and supervised the project. Modelling and analysis were
572 carried out by CM and CV with support from CCN. CM drafted the original manuscript. CV
573 prepared all graphs and figures in the manuscript. All authors participated in discussion and
574 interpretation. All authors contributed to reviewing the manuscript, read and approved the
575 final version of the manuscript.

576 Acknowledgements

577 Not applicable.

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