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A school-based intervention to improve mental health outcomes for children with cerebral visual impairment (CVI): feasibility cluster randomised trial 4 5 5 7 Full names and institutions Cathy Williams: Bristol Medical School, University of Bristol 711 Anna Pease: Bristol Medical School, University of Bristol 8₁₃ Trudy Goodenough: Bristol Medical School, University of Bristol 14 915 Katie Breheny: Department of Health Economics, University of Bristol 16 **10**₁₇ Beverly Shirkey: Bristol Trials Centre, University of Bristol 18 **11**₁₉ Rose Watanabe: Bristol Medical School, University of Bristol 20 **12**₂₁ Parisa Sinai: Bristol Medical School, University of Bristol Manmita Rai: Bristol Medical School, University of Bristol $\frac{24}{14_{25}}$ Innes C Cuthill: School of Biological Sciences, University of Bristol Mark Mumme: Population Health Sciences, University of Bristol Andrew W Boyd: UK Longitudinal Linkage Collaboration, University of Bristol 17_{31}^{30} Cassandra Wye: Storyteller, Bristol Chris Metcalfe: Bristol Trials Centre, University of Bristol 19³⁴₃₅ Daisy Gaunt: Bristol Trials Centre, University of Bristol **20**³⁶₃₇ Kate Barnes: Somerset NHS Foundation Trust Siobhan Rattigan: Somerset NHS Foundation Trust Stephanie West: University Hospital Southampton NHS Foundation Trust John Ferris: Cheltenham and Gloucester NHS Foundation Trust Jay Self: University Hospital Southampton NHS Foundation Trust 25₄₇ 26₄₉ Corresponding author: Cathy Williams; Cathy.Williams@bristol.ac.uk **27**₅₁ 52 **28**₅₃ 54 **29**55 56 57 58

Abstract

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Background

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Cerebral Visual Impairment (CVI) refers to brain-related vision difficulties, which are often undiagnosed and may lead to poor mental health outcomes. We have developed an intervention to improve mental health outcomes for affected children and it requires evaluation. The aim of this study was to assess the feasibility 612 of methods proposed for a future definitive cluster randomised trial.

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Methods

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This 18-month study took place in Southwest England, UK between 2019-2021 including a 6-month pause **9**21 22 10_{24}^{23} due to the COVID pandemic. Participants were children aged 7-10 years in mainstream primary schools and **11**²⁶ their teachers and parents. We recruited Head teachers on behalf of their school. The intervention was a 27 28 **12**₂₉ resource pack for teachers explaining about CVI; providing universal and targeted strategies to help 30 **13**³¹ children with CVI and the offer of CVI assessments at the local eye clinic. The control schools continued with usual practice. Our objectives were to evaluate the feasibility of recruitment and data collection, **14**34 35 15³⁶ attrition, acceptability of the study methods and implementation of the intervention. We conducted a Process Evaluation including interviews and questionnaires.

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17⁴² Results

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We sent invitation letters to 297 schools, received responses to 6% and recruited 40% of these (7 schools, 47 19⁴⁸ 1015 children). Parents of 36/1015 (3.5%) children opted out. Baseline data were collected from teachers 49 for 94% children, and 91% children completed self-report questionnaires; parent-report questionnaires **20**51 52 **21**⁵³₅₄ were returned for 19% of children. During the exceptional circumstance of the COVID pandemic, two schools left the study, and many children were not attending school, meaning follow-up data were received **22**56 from 32% of children, 16% of teachers and 14% of parents. Interview data indicated that the intervention

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was acceptable, and teachers would have preferred onsite eye tests to the offer of a clinic appointment and 1 a clear timetable for study events. Teachers in intervention schools reported expected changes in the 2 2. children's and their own behaviour. There was some contamination between study arms. Conclusions A full-scale trial would be feasible, enhanced by insights from this feasibility trial, in non-pandemic times. 511 6_{14}^{13} Sharing these data with teachers, education policy makers and parents is planned to refine the design. 15 7₁₇ 345 words 18 8₁₉ ISRCTN13762177 20 9₂₁ Trial Registration: 22 **10**23 24 **11**25 26 12²⁷ Keywords 28 **13**²⁹ Cluster randomised trial 30 **14**³¹ Feasibility trial Cerebral visual impairment Children Special Educational Needs (SEN) 39 1840 41 1942 43 2044 45 **21**46 47 **22**⁴⁸ **Key Messages regarding Feasibility** 49 **23**⁵⁰ 1) What uncertainties existed regarding the feasibility? 51 52 2453 As no previous school-based cluster randomised trials have involved an intervention relating to children's 54 **25**⁵⁵₅₆ visual impairments, we wanted to know whether a trial combining school-based, and eye clinic-based 57 **26**58 elements would be feasible and acceptable. We wanted to know whether we could collect cost data from

parents and schools related to Special Educational Needs and Disability (SEND). We also wanted to know

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- 1 whether we could link the study children's data to administrative data from the Department for Education
- 2 ½ (DfE) that could provide additional outcomes. Finally, we wanted to know whether the new intervention
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 m 4}~$ was acceptable and how it was implemented.

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2) What are the key feasibility findings?

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Few (6%) responses to the unsolicited invitation letters were received but enrolment after telephone calls

 6_{14}^{13} was 40%. Usable baseline data were obtained for 94% children (from teachers) and 91% children as self-

report, using the proposed outcome measures however the completed questionnaires from individual

schools varied between 79% and 100%. Fewer data were received from parents, relating to 19% of children

 $9_{22}^{21}\,$ at baseline. Offering a voucher increased the number of follow-up responses from parents in two schools.

The COVID pandemic necessitated changing the offer of a clinic referral to the offer of a telephone call, and

 ${\bf 11}_{27}^{26}\,$ led to reduced follow-up data as most children were not attending school and two schools left the study.

12 $\frac{29}{30}$ Four of 7 schools returned questionnaires giving costs related to SEND at baseline, and three at follow up.

The intervention was acceptable - however teachers expressed a preference for on-site CVI assessments

rather than referrals to a clinic. Teachers reported expected changes in their own and the children's

behaviour. A high proportion (97.5%) of the study children were linked to their DfE data.

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3) What are the implications of the feasibility findings for the design of the main study?

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57 **22**⁵⁸ A different approach to publicising the study may be better for recruitment; data returns from each school

1848 (cluster) should be monitored, parent questionnaires should be shorter, and vouchers offered as a thank-

 19_{51}^{50} you and schools need a clear timeline of events. The intervention should include on-site vision assessments

rather than referral to a clinic. Study team members should take classroom photographs and assist schools

with data collection if wanted. Linkage of study children to DfE data is feasible and could provide costs

incurred by schools supporting children with SEND.

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Background

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Cerebral Visual Impairment (CVI) is an umbrella term referring to a group of visual difficulties or 2. impairments due to abnormalities in the central parts of the visual system, such as an inability to see a 7 target amidst clutter; or to recognize people objects especially from unusual angles; problems with routefinding and difficulties making accurate visually-guided movements^{1, 2}. In children, these can occur after damage to the central visual pathways in perinatal or childhood illness^{3, 4} or in the context of genetic⁵⁻⁷ or behavioural neurodevelopmental conditions⁸. 17 There is not yet agreement on the exact thresholds or criteria that should be used to diagnose CVI² and **8**18 19 9₂₁ many vision tests are used^{9, 10}. However there is broad agreement that children at risk of CVI should be 22 **10**²³ assessed with age-appropriate tests to identify CVI-related vision problems, and if these are present, for 24 11₂₆ them to be supported by a range of professionals^{11, 12}. 27 28 In a recent survey in mainstream Primary schools in England, our group reported that CVI-related vision **12**29 30 **13**₃₂ problems were more prevalent than has been appreciated, affecting 3.4% (95% CI: 2.5% to 4%) of all

participating children and 41.7% (95% CI 33.5% to 50.2%) of children tested who were having additional help due to recognised Special Educational Needs (SEN) 13. Another study reported a quarter of children being educated in a Special School (a school specifically for children with SEN), had vision processing problems¹⁴. Although visual acuity screening in Reception class (aged 4-5 year) is recommended in the UK¹⁵, many children with CVI-related vision problems have good visual acuity (85% in our recent study)¹⁶ and are therefore not identified by acuity-based vision screening. The impact of CVI-related vision problems varies between children: some need extensive support whilst others need little help and/or find their own strategies to cope ¹⁷. Families of some children with CVI reported in interviews that their children had developed frustration and anxiety before their CVI was identified, leading to frequent "meltdowns" and low self-esteem, and that simple strategies at school and at home could help the children achieve their tasks 2460 better¹⁷.

We developed an intervention that aims primarily to improve mental health outcomes for children with 1 CVI-related vision problems in mainstream primary schools, whether diagnosed or not and this requires 2 evaluation. Following the MRC guidance¹⁸, we have carried out a feasibility cluster randomised trial (cRCT), 7 using schools as the clusters and including a process evaluation (PE). We also explored the feasibility of collecting data to support a future health economic evaluation. The methods have been published in full elsewhere^{19, 20}. Here we report the results, following the CONSORT extension for Feasibility and Pilot studies²¹ and the recommendations of a recent review on reporting school-based feasibility studies for 8¹⁷ cluster randomised trials²².

Aims

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Our aims were to investigate the feasibility of a future, definitive cluster randomised trial with an embedded health economic evaluation, evaluating a new intervention designed to improve mental health outcomes in primary school children with cerebral visual impairment (CVI)-related vision problems. To achieve this, we conducted an external pilot study with random allocation of schools, following the proposed protocol for the full trial.

Our main objectives were to evaluate the feasibility of each method we proposed for the definitive future trial; to review data that could inform the selection of the primary outcome in the definitive trial, and to investigate the implementation and acceptability of the intervention. Additional objectives were to evaluate two adaptations of existing methods for potential use in the future definitive trial. These were (i) to explore whether teachers' and parents' responses were similar, when asked to complete a simple CVI screening tool (the Five Questions, 5Qs)²³and (ii) using a software programme to analyse classroom photographs and thereby derive a quantitative estimate of visual clutter in the children's environment, for 22₅₅ use as a measure of intervention implementation ^{24, 25}.

Methods

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Trial Design

This was a feasibility cluster randomised trial. We randomised at school level and we used a 1:1 allocation ratio. The outcome measures assessed several indicators of a child's wellbeing and/or mental health: child self-reported health-related quality of life (HRQoL) using the PEDSqL²⁶; teacher-reported child behaviour (Strengths and Difficulties Questionnaire) ²⁷ and cognitive abilities ²⁸ and parent-reported HRQoL and Family functioning (Family Impact Module).²⁹ SEN-related cost data were collected from schools by a questionnaire to the key contacts; from parents using a bespoke questionnaire on service use and time spent supporting their child's health or education and we planned to collect resource use data from the eye clinic in interviews and surveys to staff. Costs were estimated using NHS reference costs and PSSRU (Personal Social Services Research Unit) Costs for Health and Social Care. CHU9D utilities were estimated by mapping from the PedsQL Core Scales using the algorithm reported by Lambe et al. 30 The definitive trial is planned to include linkage to pupil's routine attainment and attendance records from the Department for Education (DfE), so an application was made to link the data from this feasibility trial to variables in pupil level and school level datasets in the National Pupil Database (NPD). A process evaluation (PE) collected information on the feasibility trial processes and the on the intervention using interviews (teachers and parents), questionnaires about knowledge of CVI 31, self-efficacy 32 and document review of the school websites. The feasibility trial began in September 2019 and was due to finish in July 2020. We aimed to use the learning from the PE, as well as the quantitative data, to decide whether to proceed with a future **20**49 trial using these data and advice of the Trial Steering Committee (TSC), rather than a set progression criteria.

Eligibility criteria and Setting

Children in mainstream primary schools Years 3-5 (ages 7 – 10 years) were eligible for inclusion if they were 1 in one of the three study areas (Southampton, Gloucester and Somerset) where the participating paediatric 2 2. 3 ophthalmologists worked. Schools were excluded if they shared a Special Education Needs Co-ordinator 7 (SENCo) with another participating school, to avoid potential contamination between schools in different

Recruitment and Consent

arms of the study.

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We sent out postal and email invitation letters to all eligible schools in the summer of 2019, asking interested schools to contact us. We spoke to schools that got in touch and sent study documents if requested. If the Head Teacher signed a Memorandum of Understanding (MOU), the school was recruited. **11**27 Participant Information Sheets (PIS) were sent to all parents and teachers including an "opt-out" slip for

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parents which if returned to us meant we deleted the child's study ID and did not include their data.

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Parents and teachers who were interviewed gave written informed consent.

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Intervention **15**39

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The intervention used the framework of "proportionate universalism"³³ (a framework proposed as an approach to reducing childhood health inequalities) and aimed to increase teachers' awareness of CVI and give them strategies they could use to help, thereby improving affected children's school experience. It comprised a PowerPoint presentation about CVI sent to the school key contact by email; a plastic box for each class containing (a) a written transcript of the PowerPoint; (b) two laminated advice sheets, one with "universal" interventions to reduce visual clutter in the school environment and one with "targeted" interventions for specific children who were struggling with their learning; (c) letters for a parent to give to a child's GP, requesting referral to the local paediatric ophthalmology clinic to be assessed for CVI, for up to 5% of children (a limit set arbitrarily to avoid over-burdening GPs and clinics); (d) a sheet with guidance on

which children are at higher risk for CVI and might benefit from a referral and (e) sheets with vision-related

stories and activities for the teachers to use with children, linked to the school curricula. The control

intervention was "care as usual" and no extra materials were provided.

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Changes in the design

The feasibility trial started in September 2019 and was paused in March 2020 when all UK schools were closed because of the COVID pandemic³⁴. Over the next year until March 2021, school life was extremely disrupted. There were prolonged periods when only children who were vulnerable (known to the social care services and/or had an Educational Health and Care plan) or were the children of key workers (such as health or food distribution workers) were able to attend school and the majority of children were educated at home. There were periods of local variations in restrictions, according to prevailing infection rates³⁴.

We adapted the design of the feasibility trial and restarted in September 2020. The changes were: the study was extended until March 2021; the offer of a visit to the eye clinic was changed to the offer of a CVI

telephone assessment; teachers could opt-out of the follow-up questionnaires and the parent and child

follow-up questionnaires could be completed online unless the child was attending school. Vouchers were

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Specific outcomes for the feasibility trial

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Our outcomes were to answer the research questions presented in Box 1, together with the methods we used to address each question.

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Figure 1. Box showing feasibility study outcomes and how each was assessed

offered as incentives for parents to complete their follow-up questionnaires.

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O Insert Figure 1 here

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2 $\frac{1}{2}$ Any unexpected or adverse effects noted in the data from the interviews or recorded in reports to the

 $\frac{4}{5}$ Sponsor.

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Feasibility study sample size

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The primary aims of this study were to gain experience in, refine, and consider the feasibility of the

716 recruitment, intervention delivery, and outcome assessment procedures for a future definitive cluster

randomised study in a resource-efficient study, and we judged that this would be achieved with eight

schools, with at least four schools receiving the intervention. It has been argued that feasibility studies

 10^{23}_{24} will be too small to estimate quantitative parameters of interest for the design of a cluster randomised

 11_{27}^{26} trial such as the ICC 35 .

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Randomisation

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An independent statistician randomised the schools using a 1:1 ratio, after baseline data were collected,

 16_{42}^{41} with stratification by school size (1-2 classes per year vs 3+) and proportion of recruited children with

1744 special education needs and disabilities (SEND, less than 15% vs 15%+).

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48 49 **19**50 <u>Masking</u>

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With this universal intervention, it was not possible to mask teachers or parents to which arm of the study

they were in. The study team were also not masked to the group allocations although the study statistician

 22_{59}^{58} was not aware of which arm received the intervention whilst conducting the analysis.

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2 2 Analysis

We used counts and percentages with 95% confidence intervals (CI) for key estimates, to summarise 7 recruitment, retention, data completion and linkage to DfE administrative data. Characteristics of outcome data were described with means (standard deviations, SD), medians (interquartile ranges, IQR), ranges, **6**12 intraclass correlation coefficients (ICC) and mean estimates of change with 95% confidence intervals. The ICCs were calculated using the "estat icc" command after mixed effects regressions of the outcome scores 8¹⁷ including class and schools as random effects in Stata 18TM. Interviews were recorded with permission, 18 transcribed and thematic analysis was used to summarize and interpret the data. The responses from key 920 21 10²²₂₃ contacts to a short questionnaire about how they used the intervention are presented descriptively. The photographs were analysed using an image processing algorithm to derive summary measures of visual **11**25 26 12₂₈ clutter. We used a measure of visual clutter known as "feature congestion" 24, 25, 36, which has been shown **13**³⁰ to predict the difficulty of visual search for targets in complex scenes^{24, 25, 36}. The feature congestion metric was calculated using the using the publicly available Matlab³⁷ functions of Rosenholtz et al. ^{24, 38}. Briefly, **14**33 34 **15**³⁵ feature congestion measures the amount of variation in a scene using three components of early visual 36 processing: luminance contrast, chromatic contrast and edge orientation. It does so at multiple spatial **16**38 **17**₄₁ scales and then combines them, using empirically derived weights, in a single measure. A scene with lots of **18**⁴³ variation in brightness (dark and light objects), hue (different coloured objects) and the orientation of lines 45 1946 (e.g. the boundaries of objects such as sheets of paper pinned to a board), will have a high measure of 47 20⁴⁸ feature congestion. This metric was then compared between classroom photographs at baseline and 49 50 follow-up, in boxplots. **21**51

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The teachers' responses to questionnaires about CVI and self-efficacy were collected at baseline and followup and the mean (SD) change in scores is presented for each study arm. The school documents at the start and end of the study were compared in a narrative synthesis.

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2 2 Results

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The flowchart Figure 2 summarises the participant numbers at each stage of the trial.

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Figure 2. Flow chart showing numbers of participants at different stages of the trial

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Insert Figure 2 here

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Characteristics of participants

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Table 1 summarises the characteristics of included children. They were evenly distributed between Years 3,

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4 and 5 with similar numbers of boys and girls. The majority (90%) were White; 15% had free school meals

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(an indicator of low household income) and 15% were having SEN support of some level. The arms were

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similar for the stratification variables but differed as regards to children having free school meals: 8.4% in

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control arm and 19.4% in intervention arm.

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13³³ Insert Table 1 here

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Table 1. Characteristics of 979 children in the 7 participating schools at baseline

0		School						Control N (%)	Intervention N (%)	Total N (%)
2 3	1	2	3	4	5	6	7			
₄ Sex										
5 Boys	47	95	33	44	35	137	101	177 (51.5%)	315 (49.6%)	492 (50.5%)
Girls Girls	35	83	37	42	49	123	118	167 (48.5%)	320 (50.4%)	487 (49.7%)
School year										
3	28	58	29	29	30	87	58	116 (33.7%)	203 (32.0%)	319(32.6%)
0 4	22	59	24	27	24	88	82	105 (30.5%)	221 (34.8%)	326(33.3%)
5	32	61	17	30	30	85	79	123 (35.8%)	211 (33.2%)	334(34.1%)
Ethnicity*										
White	78	164	63	58	77	256	189	319 (92.7%)	566 (89.3%)	885 (90.5%)
5 Other	4	14	7	28	7	4	29	25 (7.3%)	68 (10.7%)	93 (9.5%)
Free school meals*										
7 No	72	166	53	63	77	215	180	315 (91.6%)	511(80.6%)	826 (84.5%)
e Yes	10	12	17	23	7	44	39	29 (8.4%)	123 (19.4%)	152 (15.5%)
OAny SEN support				-		-				
1 No	70	157	51	62	66	232	189	293 (85.2%)	534 (84.9%)	827 (84.5%)

Y	es	12	21	19	24	18	28	30	51 (14.8%)	101 (14.9%)	152 (15.5%)
Mean (rang	e)								1.3 (1-2)	1.9 (1-3)	
¹ Classes per ye	ar										

*1 child with no data in each row

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Results for the feasibility outcomes

A full report of the Process Evaluation findings is included as Supplementary material File 1, detailed descriptions of the data collected in the questionnaires are presented in Supplementary material File 2 and parent responses in the Heath and Care resource questionnaires are given in Supplementary File 3. Below we summarize the main results to our research questions.

(1) Recruitment

We sent invitation letters and emails to 297 schools. We were approached by 19 (6.4%) of these schools and after telephone calls with each, we enrolled 8 schools (1257 children, 42% of schools). One school dropped out after less than a week and before randomisation, so we finished recruitment with 1015 children in 7 schools.

1745 (2) Parents opting-out their children

 $_{48}^{47}$ Thirty six children (36/1015, 3.5%) were withdrawn from the study after their parents returned signed opt-

21⁵⁵₅₆ (3) Retention

Twenty-six children (16 in intervention schools and 10 in control schools) left their schools (26/979, 2.7%) during the study. Two schools (both in the intervention arm) comprising 305 (305/979, 31.2%) enrolled

children, withdrew from the study during the COVID school closures. Of those remaining in the study, three 1

schools (one in intervention and two in control arm) agreed to continue if their teachers did not have to 2.

complete follow-up questionnaires (relating to 176 children, 176/674, 26.1%).

510 (4) Yield of data from outcome measures proposed for the future trial

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Table 2 summarises the proportion of completed questionnaires returned for each participant group's outcome measures. Counting the children individually, 94% of teacher questionnaires and 91% of child questionnaires were returned, however the proportions returned from each school (cluster) varied and two schools returned less than 80% of their teacher questionnaires and one less than 80% of their child **10**23 questionnaires. Returns from parents in every school were low at baseline, with individual schools returning between nil and 27.4% of their parent questionnaires.

Follow-up questionnaire completion was reduced by many children not being in school so the teachers could not complete questionnaires about them. Children attending school completed paper questionnaires and for children not at school, an online version of their questionnaire was attached to their parents' online questionnaire. The proportion of completed child-report questionnaires (paper and online versions combined) received at follow-up from each school varied between 26.4% and 91.7%. The mean proportion of parent-completed questionnaires returned increased slightly at follow-up, possibly associated with the vouchers we introduced as an incentive but the highest response proportion from a school was only 36.9%.

Table 2. Percentage data completion at baseline and follow-up for teacher, child and parent outcome measures proposed for use in future definitive trial, overall and by school (cluster)

School (cluster)	N		% questionnaires retuned with usable data							
		Base	eline: Pre-pande	mic	Follow-up During pandemic -school closures					
	N recruit ed	Teacher- report	Child-report HRQoL Overall score	% Parent- report	Teacher- report	Child- report HRQoL	Parent- report			

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		scales		Module	scales		Module
1	82	79.3	92.7	17.1	20.7	51.2	24.4
2	178	100	96.1	21.3	27.5	22.5	11.8
3	70	85.7	93.0	10.0	0	91.4	0
4	86	77.9	88.6	0	n/a	n/a	n/a
5	84	92.9	94.1	27.4	0	94.1	0
6	260	100	96.5	26.9	35.0	36.9	36.9
7	219	96.8	79.5	16.0	n/a	n/a	n/a
Cluster	139.9	90.4	91.5	17.0	16.6	59.1	14.6
mean							
Cluster SD	77.9	9.4	5.9	9.7	16.0	32.3	16.0
% (95% CI)		94.0	91.2	19.1	16.0	32.8	14.0
of children		(92.3 to 95.5)	(89.3 to 92.9)	16.7 to 21.7)	(13.8 to 18.5)	(29.9 to 35.8)	(11.9 to 16.6)
recruited							
(979)							

n/a = schools that withdrew during study pause

(5) Characteristics of potential primary outcomes in the future trial, to inform sample size calculation Descriptions of baseline data and changes over the study are given in Table 3. The mean and/or median values are in keeping with reports from similar samples of children³⁹⁻⁴¹. There were no ceiling or floor 738 effects and individual children changed in either direction during the trial. The ICCs are larger when the cluster was the child's class, for both teacher and child reports, than when the cluster was the school.

Table 3. Descriptives of data collected with outcome measures proposed for use in future definitive trial

Outcome measure (N)	Mean (SD) at	Median (IQR)	Mean (SD)	Median (IQR)	Mean change (SD)	BL ICC (95% CI) school	BL ICC (95% CI) class
	baseline	at baseline	at FU	at FU	FU-BL		
Child-report	72.6	75.0	70.4	71.7	-0.8	0.04	0.16
HRQoL	(16.8)	(62.4 to 85.4)	(16.2)	(60.3 to 82.3)	(15.6)	(0.00 to 0.24)	(0.09 to 0.26)
(PEDSQL)							
Teacher -	6.7	5.0	6.7	4	-0.4	0.03	0.12
report total	(6.7)	(1.0 to 10.0)	(7.0)	(1 to 10)	(4.7)	(0.00 to 0.29)	(0.07 to 0.22)

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difficulties (SDQ)							
Teacher- report	0.6 (1.3)	0.0 (0.0 to 0.0)	0.6 (1.3)	0 (0 to 0)	0.0 (1.1)	0.01 (0.00 to 0.90)	0.05 (0.02 to 0.12)
Impact score (SDQ)							
Teacher- report cognitive scales (PEDSQL)	69.9 (27.4)	75.0 (50.0 to 100.0)	66.7 (28.9)	66.7 (50 to 95.8)	0.8 (24.1)	0.02 (0.00 to 0.32)	0.11 (0.06 to 0.20)
Parent- report Impact score (SDQ)	0.9 (1.9)	0.0 (0.0 to 0.0)	0.9 (1.8)	0.0 (0 to 1)	0.0 (1.6)	n/a	n/a
Mean health and social care costs per family in last year (£)	489.2 (988.3)	170.1 (98.5 to 420.0)	308.6 (727.0)	93.4 (49.3 to 280.8)	2.7 (1144.8)	n/a	n/a
Mean hours in last month supporting child's education or health	3.6 (16.5)	0.0 (0.0 to 1.0)	38.7 (128.7)	0.4 (0 to 8)	36.0 (114.1)	n/a	n/a
Child utility scores mapped from PedsQL	0.91 (0.06)	0.99 (0.88 to 0.96)	0.91 (0.05)	0.92 (0.87 to 0.95)	0.0 (0.06)	n/a	n/a

Footnote: for Child-report PedsQL and Teacher-report Cognitive scales, higher score is better QoL or 341 Cognitive ability, range for each is 0-100. For the SDQ Total Difficulties (range 0-40) and Impact scores 442 (range 0-9 for teacher report, 0-15 for parent report), a higher score denotes more difficulties or examples of problematic behaviour.

 $7\overline{49}$ (6) Feasibility of linking the participants' study data to administrative data held by DfE

852 We applied to link the study to selected DfE data once ethical committee permission was obtained, in 9_{55}^{24} summer of 2021. The older children had left their Primary schools by then, so we gave parents the opportunity to opt their child out of this linkage to DfE data by sending emails with a parent information 1160 sheet (PIS) to the participating schools and to local secondary schools asking them to send the PIS to the parents of children who had joined in Y7. We also put notices with the PIS into a free magazine distributed

to all Primary school children, in each of the study areas and on our study website. No responses or queries

were received relating to the linkage of the study to the DfE administrative data.

The proportion of participating children linked to the DfE data was 955/979 (97.5%): 620/635, (97.6%) of the Intervention group and 335/344 (97.4%) of the Control group. Attendance, attainment, and demographic data were available for nearly all the children. For example, attendance data in the school years 2018/19 and 2020/21 were available for 947/955 (99.2%) children; level of development in the Early Years Foundation Stage for 940/955 (98.4%) and Key Stage 1 results at age 6yr for 955/955 (100%). Financial data including yearly spend on SEN provision and on extra staff brought in to support pupils, were available for all but one school, which did not feature in the financial tables. Further enquiry has established this was an Academy school and these do not submit financial data to DfE. Full results from

(7) Feasibility of the SEN costs data collection methods

analysing these data will be presented separately.

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1846 47 19⁴⁸ The Health and Social Care (HSC) costs incurred by each family in the last 12 months (estimated using standard HSC item costs mapped to the parent/carer's reports of service use), showed large variations between families, as shown in Table 3. On average families reported more time in the last month spent supporting their children's health or education at the end of the study, with similarly large variations. Child-based health utility estimates, mapped to the CHU9D, were similar at baseline to those reported in other studies using the same approach⁴² but higher than directly elicited CHU9D values obtained in other trials with similar aged children ⁴³.

Just over half (4 of 7, 57.1%) of schools returned their baseline questionnaires on the SEN-related costs
they had incurred in the 2018/19 school year, and three of these also returned one at follow-up.

Summaries of the baseline responses are shown in Table 4. There was variation in the number of Learning

Support Assistants (per class and per school); in the numbers of contacts pupils had with external 2.

specialists and in the sources of funding used to pay for these. For example, three schools paid for

Educational Psychology (EP) from their own budgets and one used "top-up" funding. Visits from

Occupational Health (OT), Physiotherapists (PT), Speech and Language therapists (SALT) and child mental

health services (CAMHS) practitioners were funded by the local Health service in two schools, top-up

funding from the local authority in one school and the school SEN or Pupil premium budgets in another

school. No costs were collected from eye clinics.

Table 4. Data relating to costs incurred by schools related to Special Educational Needs (SEN) support for

students in Y3-5 in 2018/19 school year, from the four schools who returned the SEND costs baseline

questionnaire

School code	N classes in Y3-5 combined	Numb	Sumber of children (total contacts for all children) receiving support LS									
		EP	Physio	ОТ	SaLT	CAMHS	Behav	Art	Play			
1	3	2 (3)	0	0	2 (15)	0	1 (12)	1 (6)	2 (5)	4.0		
2	6	1 (1)	2 (2)	2 (2)	1 (4)	0	1 (3)	1	0(30)	19.6		
3	3	1 (1)	0	1 (1)	2 (4)	0	0	0	0	0.0		
5	3	4	0	1	2	2	1	0	0	8.0		

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1342 Abbreviations: EP=Educational Psychologist; Physio = Physiotherapist; OT=Occupational Therapist; SaLT = Speech and Language therapist; CAMHS= Child and Adolescent Mental Health Services; Behav = Behavioural Support; Art = Art therapist; Play = Play Therapist; LSA = Learning Support Assistants

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(8) Acceptability of the study methods to teachers and parents

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Seven teachers and 16 parents were interviewed. In the two schools that withdrew during the COVID closures, one contact commented that "there was a lot to do" for this trial and that was a factor in their decision, whilst the other contact gave no reason for their withdrawal. All contacts interviewed reported that completing the questionnaires was not problematic either for the teachers or the children, and that

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- the money we reimbursed for the teachers' time was a good incentive. They would have liked more direct
- 1 input and visits from the study team; to have had a clear timeline for study events and fewer delays,
- 3 $\frac{4}{5}$ especially at the start. Parents felt the communications from the study team were good; that the
- 4 $\frac{6}{7}$ questionnaire was rather long; some preferred the online version and the £10 voucher was a useful
- 5₁₀ incentive.

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but was not distributed.

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 $7_{1.6}^{1.5}$ (9) The implementation of the intervention (reach, fidelity, dose, adaptations, sustainability)

The two intervention schools who completed the study had used staff meetings to discuss the PowerPoint on suggested strategies. Of the two schools who withdrew, one emailed the link to the material to all teachers in years 3, 4 and 5, and in the other the PowerPoint was viewed by the Head teacher and SENDCo teachers in years 3, 4 and 5, and in the other the PowerPoint was viewed by the Head teacher and SENDCo

28 Both intervention schools who completed the study changed the fonts and spacing in their teaching **12**29 30 **13**³¹₃₂ PowerPoints and worksheets and they decluttered the classrooms. In one school they discussed the CVI **14**34 interventions at a staff meeting but did not describe using the targeted strategies with any individual 35 **15**₃₇ children. The stories were used in all schools except one of those that withdrew. No teachers mentioned 38 **16**³⁹ adapting any of the materials. Both intervention schools who completed the study told us they had **17**42 18₄₅

identified children who they would like to refer for a telephone-based CVI assessment (12 from one and 2 43 from the other), but no referrals were actually made. Key contacts in both intervention schools described that the learning from the study (about CVI) would be carried forward in their practice. In one school they added the PowerPoint from the intervention pack to the videos used for induction of new staff. On review of the school websites no mention was made of the intervention.

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(10) Mechanisms of impact

Teachers reported that the decluttering of classrooms was initially unpopular with children and some staff,

but then had a beneficial effect. One teacher commented that "they just seem a lot calmer" and that a 1 particular child with learning difficulties "was able to do more and more in class.....which he used to 2 2 3 struggle with". Another teacher commented that "the biggest impact is on the SEN children". At another 7 intervention school one teacher reported "it enabled them to focus on the key information". One disadvantage of decluttering the walls was losing a previously used strategy of putting up reminders of words or spelling, for the children to use as a resource. The school staff worked round this by giving 13 7₁₅ children their own booklets or signposting them to other resources, which was said to promote the 8¹⁷ children's independence.

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> Teachers commented that the study materials had made them think more about some children's difficulties and had given them strategies to try: "it's that digging deeper.... why have they got rubbish hand-eye coordination and what are we going to do?" and "as a SENDCo it has given me a greater awareness of needs..... lots of strategies that are useful across the board to suggest". Interviewees in all schools reported that being asked for photographs made staff more aware of the appearance of their classroom displays.

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16³⁹ Ten teachers (3 in control schools and 7 in intervention schools) completed a CVI questionnaire (maximum possible score 50) and a self-efficacy questionnaire (maximum score 40) at baseline and follow up. Nearly **17**42 18₄₅ all these teachers increased their CVI knowledge scores during the study: the mean (SD) score change was 1947 15 (3.5) in the control arm and 18.1 (17.5) in the intervention arm. By contrast for the same teachers, the mean (SD) changes in self-efficacy scores changed little: mean (SD) change was 1.3 (2.8) in the control arm **21**⁵² and 0.6 (5.8) in the intervention arm.

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23⁵⁷₅₈ (11) Acceptability of the intervention

2460 The content of the PowerPoint was felt to be "just right" and gave the "right amount of science." The

1 laminated cards with advice for decluttering were popular, as were the stories for the children, although

 2 follow-on activities would have been good as well. Decluttering the rooms would have been easier during

the summer holidays, but changes to the PowerPoints took little time and were described as "quick and

4 ^o easy".

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We asked teachers about whether on-site vision tests would have been acceptable and all reported they

would have been preferable to the offer of a referral to the eye clinic: "it would make a huge difference to

simplify it like that."

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(12) Comparison between the teacher-report and parent-report for the 5Qs screening questionnaire

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The proportion of children for whom the responses reached the specified threshold for being at high risk of

 $11_{27}^{26}\,$ CVI (a response of "often" or "always" for 3 of the 5 questions) was 12/914 (1.3%) using teacher-reports

and 5/189 (2.7%) using parent-reports. Of the 181 children with both parent-reported and teacher-

 13_{32}^{31} reported 5Qs questionnaires, only one had a threshold score in the teacher-reports and none child had a

14³⁴ threshold score in the parent-reports.

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42 43 (13) Feasibility of using classroom photographs to provide objective data on visual clutter

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All schools returned photographs for each Y3-5 classroom at baseline and follow-up: 334 image files in

total. We had asked for pictures of each wall, taken from the middle of the room but gave no further

guidance. The photographs were in a variety of file formats and with varied composition and lighting; for

example, some contained large windows or had chairs on desks. We analysed the image files >1MB that

 21_{55}^{54} were of the front of the classroom with a software algorithm to obtain the derived composite measure

called "feature congestion (FC)" as explained previously. We had taken validation pictures at 2m of a

whiteboard with varying numbers of text documents and pictures and the FC scores ranged from 11-22,

while the FC scores for the classrooms were lower range 1-4, reflecting the greater distance from the targets and the different picture compositions (eg no text). Classroom FC varied between schools and 2. 3 within schools between baseline and follow-up, a but there was no consistent effect of the intervention (in some schools feature congestion went down, but in others up) as shown in the boxplots in Figure 3, in 7 which box "1" is pictures taken baseline and box "2" is pictures taken at follow up, for each school. The large variations in image composition and quality means it is difficult to associate any changes in the 7₁₅ congestion matrix with the study intervention, as changes in classroom FC between baseline and follow up 8¹⁷ could have been due to differences in image composition, such as including a window at one time point 18 19 9₂₀ and not the other.

Harms and Adverse or Unexpected events

A teacher in one of the control schools reported finding a video about CVI online, and after that they decluttered the library and some classrooms. No harms were reported in interviews. We reported to the Sponsor that as the study reopened, an error was made in the newly designed parents' online questionnaire, whereby parents could see the names of other participating schools and children. This was reported to us by one of the Head teachers within 24 hours of the questionnaire going live. The link was immediately disabled; the error fixed; appropriate forms submitted to the University of Bristol Data Security officer and the Sponsor, and an apology email was sent to all parents. The reformatted link was 2049 them resent and parent follow-up data collected without further comments or problems.

Discussion **22**55

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In this feasibility study we have demonstrated that a school-wide, multilevel intervention designed to share information about CVI with school staff, was largely acceptable and was feasible. Amendments to the **24**₆₁

intervention (eg on-site vision assessments) were suggested which would be likely to further enhance acceptability. This is the first time, to our knowledge, such an approach has been tried as part of improving 2. 3 outcomes for children with CVI, although some evidence of the effectiveness of decluttering classrooms as 7 a means of increasing children's attention during, and recall after, lessons, has already been reported 44. It is important to evaluate the effectiveness of this approach, as CVI is often undiagnosed and a great many children could potentially be helped, if this approach were found to be effective in a full trial. The intervention, as well as the outcomes suggested for the planned future trial, incorporates insights from a 8¹⁷ Core Outcome Set (COS) for Paediatric CVI 45, which included "relevant adults being aware of CVI". The comments from the teachers supported the findings of the COS as regards increasing awareness of CVI 920 10²²₂₃ being beneficial, but a full trial is needed to explore whether the intervention is effective on a wider scale. 11₂₆ We were able to answer our research questions relating to the methods and collect useful information to **12**²⁸ improve the design of a future definitive trial. Although the hospital-based aspect (vision tests in the eye clinic) was not carried out, the participants reported they would have preferred this to be school-based. **13**31 32

1434 Limitations

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15₃₇ There were limitations to some aspects of this feasibility trial. The target of recruiting eight schools was **16**³⁹ not determined in a formal calculation of the number required to achieve a degree of precision in the estimation of parameters such as the ICC, but by an informal judgement of the number of replications **17**42 18₄₅ that would reassure us of the feasibility of study procedures. The COVID pandemic school closures and 1947 the extra demands on teachers at that time, made it difficult to collect as much data as we had anticipated, limiting our ability to estimate follow up rates and sensitivity of the outcome measures to the intervention. **21**⁵² Although the teachers we interviewed reported beneficial effects relating to the children from some aspects of the intervention eg decluttering, we did not have sufficient outcome data to explore whether the **22**55 **23**⁵⁷₅₈ data supported their reports. There was evidence of contamination between study arms as some of the 2460 schools in the control group acted on materials about CVI they discovered themselves. This meant they

carried out some activities recommended as part of the intervention, such as decluttering. The taking of photographs also alerted all schools to the appearance of the classrooms, which may have led to tidying and decluttering they would not otherwise have done – adding to the contamination bias. 4 7 Recommendations to declutter school settings have become more widespread as part of the pandemic response and as part of a longer-term trend to adapt schools to the needs of children with neurodiversity. 12 All these limitations may have reduced our ability to detect any changes due to the intervention. We did 7₁₅ not include prespecified progression criteria to inform the decision about whether a future definitive 8¹⁷ trial would be feasible, although these are frequently used and are recommended. This was because we 9₂₀ wanted to consider any proposed design changes and the qualitative data on acceptability and **10**²²₂₃ implantation when making this decision, and quantitative progression criteria would not help us address

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Generalisability

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The baseline data are likely to be generalisable to a future definitive trial. Similarly, the data on the implementation and acceptability of the intervention are likely to generalise to other studies and provided clear guidance as to what the teachers liked and what they thought was problematic. Data from this study and a planned future trial would be most generalisable to mainstream Primary schools in the UK and/or countries with similar educational practices. There may be limitations to generalisability for the proposed on-site eye tests in countries where healthcare for children is not offered in schools, however the school-8¹⁷ based aspects of the intervention would still be applicable.

10²²₂₃ Interpretation

Recruitment using "cold calling" with emails and letters had a low yield, but other studies have successfully recruited primary schools into cluster-RCTs⁴⁷ and a review of their recruitment methods would be helpful. The schools engaged with data collection and mean response rates with the proposed outcome measures were good (>90%) for teacher and child questionnaires but were lower (<40%) for parent questionnaires. **14**33 Similar results for parent responses, for example 29% of parents returning follow-up resource use questionnaires have been reported in other school-based cluster RCTs⁴⁸. The schools (clusters) varied regarding the proportion of data returned from each participant group and monitoring data returns from schools individually during a future trial may help avoid ascertainment bias.

The in-school aspects of the intervention were perceived as beneficial by the staff, and teachers reported mechanisms of change that were in keeping with the programme logic²⁰. The request for onsite assessments rather than referrals to a clinic was useful and was similar to visits from other health professionals, as reported in the SEN-related costs questionnaires (Table 4).

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Implications for progression

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26 12²⁷ 28 We discussed the results with our Steering Committee who commended the team on achieving much in difficult circumstances and noted that several improvements and innovations in the trial methods were made possible with the data. They recommended disseminating the results, liaising with education policy makers and teachers' representatives and preparing plans for a full trial to present to stakeholders, including the suggested amendments. These include using different strategies for recruitment; a clear timetable being given to schools at the outset; on-site eye assessments instead of asking the GP to make referrals to the eye clinic and a shorter questionnaire for parents with vouchers as incentives. Whilst randomisation of more schools in a full trial will achieve greater comparability between the study arms, randomisation should be stratified by important prognostic factors to ensure they are balanced. This will facilitate subgroup analyses in the full trial, to explore whether the intervention's effectiveness varies by age, gender or socioeconomic status. Monitoring data returns from each school (cluster) separately, with a bonus for achieving a minimum threshold such as 85%, is advisable to help avoid bias due to differential ascertainment. Reducing the burden on schools by providing a researcher to help with child-report questionnaire sessions and to take the classroom photographs, may reduce attrition of schools. Photographs need to be standardised regarding content and format. More guidance to the school staff regarding the use of targeted strategies may promote their use. A future study could monitor intervention fidelity using how often these targeted strategies were employed.

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1946 The contamination between arms that we observed was part

The contamination between arms that we observed was partly due to the pandemic but also to teachers possibly being alerted to the existence of CVI by the study materials and electing to use strategies such as decluttering if they came across them elsewhere. A future full trial could aim to reduce contamination by amending the study design and/or the Participant information leaflets (PILs). For example, if the design included the control group being offered the intervention immediately after follow-up data had been collected, on the proviso there had been no changes in their usual practice during the study, or

alternatively using a "stepped wedge" design in which all clusters received the intervention but after randomly allocated delays. The PILs could be written without including the phrase "CVI" and giving far less 2. information at the outset, about the intervention. Analysis of the results would be by intention-to-treat, 7 but a planned per-protocol analysis could also be conducted (if any control schools independently adopted elements of the intervention) and the results compared to investigate the effects of possible contamination. Discussions with families of children with CVI, with schools and with methodologists would be useful to identify the most effective and acceptable ways to avoid contamination between study arms in 8¹⁷ a future trial. However, there may be future changes in educational practice that interact with the intervention and a detailed Process Evaluation, with attention to variations in school context will help to 21 10²²₂₃ provide explanations of variations in intervention effectiveness, as recommended by the MRC guidelines for Complex Interventions 18. A further benefit of a full trial with a PE would be to triangulate child reported, **11**25 26 12₂₈ teacher reported and objective (from DfE) and health economic data on whether the effects and cost-**13**³⁰ effectiveness of this intervention were as intended, and how they varied between settings, as this 31 **14**₃₃ information would be needed before recommendations could be made for widespread use.

Conclusions

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17⁴¹ We conclude that with the changes suggested by the data from this feasibility trial, a full-scale cluster RCT is feasible and should be presented to stakeholders for evaluation, then with their input and if appropriate, submitted in a bid for funding.

2153 Abbreviations

CVI =Cerebral Visual Impairment

2359 SEN = Special Educational Needs

1 RCT = Randomised Controlled Trial

2 2 DECLARATIONS

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Ethics approval and consent to participate:

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4 8 Approved 12/08/2019, Faculty of Health Sciences Research Ethics Committee (FREC), University of

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Bristol Faculty of Health Sciences ref: 89144

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Consent for publication N/A

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717 Availability of data and materials

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Data will be available on reasonable request

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923 Competing interests

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No authors have any competing interests

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30 31

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conduct or reporting of the trial.

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Authors' contributions

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CW designed and ran the study, with input from AP, TG, RW and KB. AP and TG designed and carried out

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the Process Evaluation and KB designed and led the Health Economics activities. PS and MR managed the

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study. DG, BS and CM provided statistical input. MM and AWB led the data linkage study. IC led the use and

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analysis of photographs. CWy provided stories and activities for the intervention. JS, SW, KB, SR and JF were

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the collaborating paediatric ophthalmologists.

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 $22\overset{\circ}{61}$ We are extremely grateful to all participating schools, their children, staff and parents.

Authors' information

Footnotes 4

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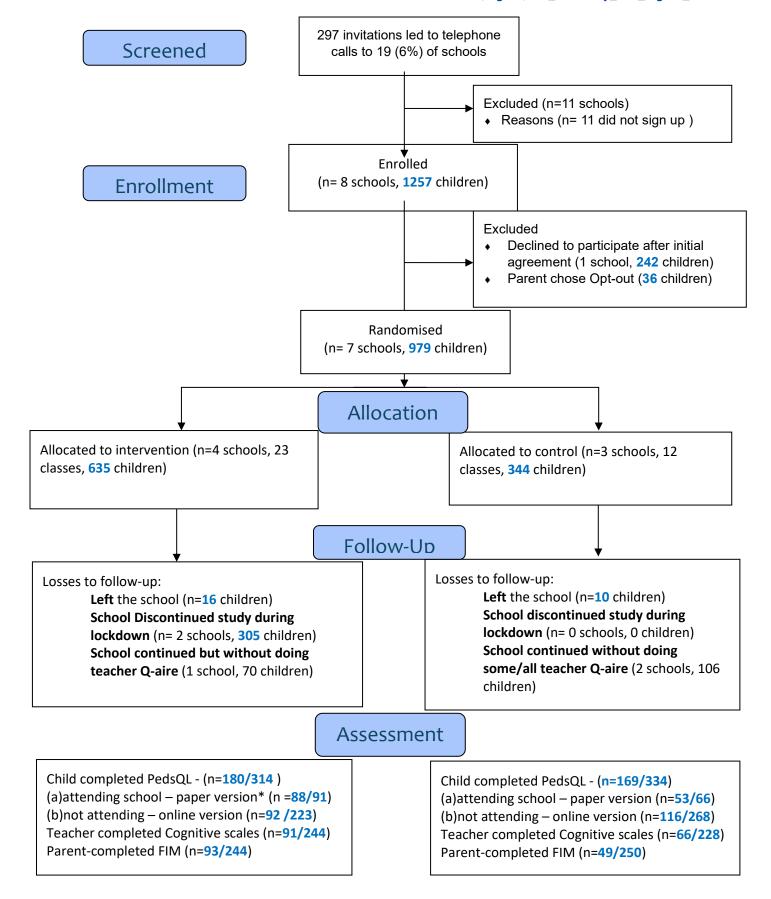
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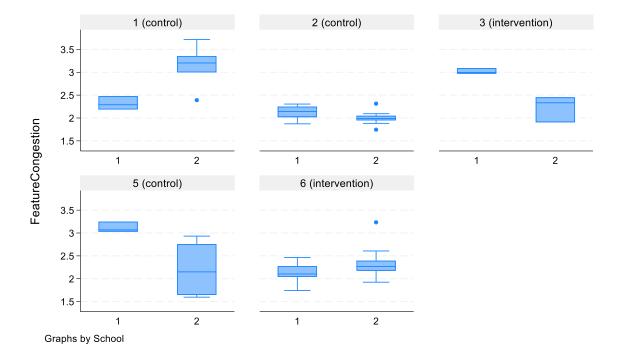
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Number	Outcome domain	How assessed
1	Recruitment response	% schools responding
2	Parents asking for opt-out	% parents returning opt-out slip
3	Attrition of schools (clusters) and children	% schools (clusters) and/or children leaving the study
4	Yield from outcome measures	% questionnaires with usable data
5	Data to inform sample size calculation for future trial	Mean (standard deviation, SD) or Median (interquartile range, IQR), range, intraclass correlation coefficient (ICC)
6	Feasibility of linkage to DfE data	% children and schools linked to DfE data and with usable data
7	Feasibility of collecting SEN- related costs from school, parents and eye clinic	% returned questionnaires with usable data
8	Acceptability of study methods to parents and school staff	Interviews with teachers and parents
9	Implementation measures including fidelity, dose. Adaptation, reach, sustainability	Questionnaires to school contacts, interviews with teachers, number children referred to eye clinic, document review of school websites
10	Mechanisms of impact	Interviews with school contacts, questionnaires for teachers on (a) CVI knowledge and (b) self-efficacy
11	Acceptability of intervention	Interviews with teachers and parents
12	Comparison between teacher and parent responses to the Five Qs screening questions	% of children for whom parents and teachers' responses indicate higher risk for CVI
13	Feasibility of using classroom photographs to provide objective measure of visual clutter	% of schools returning photographs and % with usable data





Supplementary Material 1

Click here to access/download **Supplementary Material**CVI_feasibility_crct_Supplentary_File_1.docx

Supplementary Material

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Supplementary Material 3

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CONSORT 2010 checklist of information to include when reporting a pilot or feasibility trial*

Section/Topic	Item No	Checklist item	Reported on page No			
Title and abstract	140	Checkist item	on page No			
Title and abstract	1a	Identification as a pilot or feasibility randomised trial in the title	p1			
	1b	Structured summary of pilot trial design, methods, results, and conclusions (for specific guidance see CONSORT abstract extension for pilot trials)	p2-3			
Introduction						
Background and objectives	2a	Scientific background and explanation of rationale for future definitive trial, and reasons for randomised pilot trial				
objectives	2b Specific objectives or research questions for pilot trial					
Methods						
Trial design	3a	Description of pilot trial design (such as parallel, factorial) including allocation ratio	p7			
-	3b	Important changes to methods after pilot trial commencement (such as eligibility criteria), with reasons	p9			
Participants	4a	Eligibility criteria for participants	p7-8			
	4b	Settings and locations where the data were collected	p8			
	4c	How participants were identified and consented	p8			
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	p8-9 TIDieR checklist			
Outcomes	6a	Completely defined prespecified assessments or measurements to address each pilot trial objective specified in 2b, including how and when they were assessed	Figure 1			
	6b	Any changes to pilot trial assessments or measurements after the pilot trial commenced, with reasons	p9			
	6c	If applicable, prespecified criteria used to judge whether, or how, to proceed with future definitive trial	p7			
Sample size	7a	Rationale for numbers in the pilot trial	p10			
	7b	When applicable, explanation of any interim analyses and stopping guidelines	n/a			
Randomisation:						
Sequence	8a	Method used to generate the random allocation sequence	p10			
generation	8b	Type of randomisation(s); details of any restriction (such as blocking and block size)	p10			
Allocation concealment	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	p10			

mechanism			
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	p10
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those assessing outcomes) and how	p10
	11b	If relevant, description of the similarity of interventions	n/a
Statistical methods	12	Methods used to address each pilot trial objective whether qualitative or quantitative	Figure 1 p10-11
Results			
Participant flow (a diagram is strongly	13a	For each group, the numbers of participants who were approached and/or assessed for eligibility, randomly assigned, received intended treatment, and were assessed for each objective	p11 Figure 2
recommended)	13b	For each group, losses and exclusions after randomisation, together with reasons	Figure 2 p13
Recruitment	14a	Dates defining the periods of recruitment and follow-up	p9, p12
	14b	Why the pilot trial ended or was stopped	p9, p12
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	Table 1
Numbers analysed	16	For each objective, number of participants (denominator) included in each analysis. If relevant, these numbers should be by randomised group	Figure 1 Table 1 Table 2
Outcomes and estimation	17	For each objective, results including expressions of uncertainty (such as 95% confidence interval) for any estimates. If relevant, these results should be by randomised group	p15-22
Ancillary analyses	18	Results of any other analyses performed that could be used to inform the future definitive trial	Table 2
Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	p21-22
	19a	If relevant, other important unintended consequences	p22
Discussion			
Limitations	20	Pilot trial limitations, addressing sources of potential bias and remaining uncertainty about feasibility	p22
Generalisability	21	Generalisability (applicability) of pilot trial methods and findings to future definitive trial and other studies	p23
Interpretation	22	Interpretation consistent with pilot trial objectives and findings, balancing potential benefits and harms, and considering other relevant evidence	p23
	22a	Implications for progression from pilot to future definitive trial, including any proposed amendments	p23-24
Other information			
Registration	23	Registration number for pilot trial and name of trial registry	р3

Protocol	24	Where the pilot trial protocol can be accessed, if available	n/a
Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	p25
	26	Ethical approval or approval by research review committee, confirmed with reference number	p25

p25

Citation: Eldridge SM, Chan CL, Campbell MJ, Bond CM, Hopewell S, Thabane L, et al. CONSORT 2010 statement: extension to randomised pilot and feasibility trials. BMJ. 2016;355. This is an Open Access article distributed in accordance with the terms of the Creative Commons Attribution (CC BY 3.0) license (http://creativecommons.org/licenses/by/3.0/), which permits others to distribute, remix, adapt and build upon this work, for commercial use, provided the original work is properly cited.

*We strongly recommend reading this statement in conjunction with the CONSORT 2010, extension to randomised pilot and feasibility trials, Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming; for those and for up-to-date references relevant to this checklist, see www.consort-statement.org.

The Cerebral Visual Impairment (CVI) Feasibility study Intervention pack for Primary schools



The Cerebral Visual Impairment (CVI) Feasibility study Intervention pack for Primary schools

Why: The intervention used the framework of "proportionate universalism - this is a framework

proposed by Professor Michael Marmot, as an approach to reducing childhood health inequalities. The intervention was a collection of materials that aimed to increase teachers' awareness of CVI and to give them strategies they could use to help children,

thereby improving affected children's school experience.

What (material): The CVI intervention pack for primary schools comprised a PowerPoint presentation

about CVI sent to the school key contact by email; a plastic box for each class containing

(a) a written transcript of the PowerPoint; (b) two laminated advice sheets, one

with "universal" interventions to reduce visual clutter in the school environment and one with "targeted" interventions for specific children who were struggling with their learning; (c) letters for a parent to give to a child's GP, requesting referral to the local paediatric ophthalmology clinic to be assessed for CVI, for up to 5% of children (a limit set arbitrarily

to avoid over-burdening GPs and clinics); (d) a sheet with guidance on which children are at higher risk for CVI and might benefit from a referral and (e) sheets with vision-related stories and activities for the teachers to use with children, linked to the school curricula.

What (procedures): The intervention was provided in hard copy and with emailed digital versions, for the

schools to use and disseminate as they wished. No tuition or support activities were

provided.

Who provided: The materials were for teachers and learning support assistants (LSAs) to use as they

wished. No formal training was given. It was intended that if children were referred to an eye clinic for a CVI assessment, the clinic staff would use a previously published test protocol and/or questionnaires, to assess for CVI, however no referrals were made.

How (mode of delivery;

individual or group):

Delivery of the intervention by teachers comprised changes in the school setting like decluttering the classrooms (a universal measure) and changes made to materials for

individual learners e.g. enlargement of fonts (targeted measure).

Where: The intervention was applied in Primary school classrooms and was intended to extend to

the local eye clinic but this became impossible once the COVID pandemic began.

When and how much: The two intervention schools who completed the study had used staff meetings to discuss

the PowerPoint and suggested strategies. Of the two schools who withdrew, one emailed the link to the material to all teachers in years 3, 4 and 5, and in the other the PowerPoint

was viewed by the Head teacher and SENDCo but was not distributed.

Tailoring: No adaptations or tailoring of the intervention were reported.

Modification: Yes.- the offer of a visit to the eye clinic was changed to the offer of a CVI telephone

assessment.

How well (planned): Both intervention schools who completed the study changed the fonts and spacing in

their teaching PowerPoints and worksheets and they de-cluttered the classrooms. In one school they discussed the CVI interventions at a staff meeting but did not describe using the targeted strategies with any individual children. The stories were used in all schools

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told us they had identified children who they would like to refer for a telephone-based CVI assessment (12 from one and 2 from the other), but no referrals were actually made.

How well (actual):

We asked staff to take digital photographs of the classrooms at the start, mid-point and end of the study. We intended to use a software algorithm to derive an objective measure of visual clutter in the classrooms and to use this as a measure of how well the schools had de-cluttered the children's environment. Although we received many image files, we had not guided the participating staff in how to standardize the images. Consequently although we derived estimates of visual clutter, they were based on images with such varied composition we could not attribute any changes during the study to the intervention.