**READ ME File for datasets supporting the thesis titled  
 'Teaching and learning support in schools: exploring the well-being of teaching and learning support assistants and the views of children and young people who engage with their support'**

Dataset DOI: [https://doi.org/10.5258/SOTON/D3662](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdoi.org%2F10.5258%2FSOTON%2FD3662&data=05%7C02%7Channah.godfrey%40cornwall.gov.uk%7C9a9b97cd510449f10fa408ddf1519871%7Cefaa16aad1de4d58ba2e2833fdfdd29f%7C0%7C0%7C638932054951512909%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C80000%7C%7C%7C&sdata=wC1SxNTx%2BQZDjaDCXz6ac5oA44rYcX0ABi7dzDsfvSo%3D&reserved=0)

Date that the file was created: September 2025

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GENERAL INFORMATION

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ReadMe Author: Hannah Jayne Godfrey, University of Southampton

ORCID ID: 0009-0001-5720-2186

Date of data collection: April 2024 - December 2024

Information about geographic location of data collection: United Kingdom

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SHARING/ACCESS INFORMATION

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Licenses/restrictions placed on the data, or limitations of reuse: Creative Commons Attributes

Recommended citation for the data: Godfrey, Hartwell, Sayer & Kreppner (2025)

This dataset supports the publication:

AUTHORS: Hannah Godfrey, Dr Bee Hartwell, Dr Ed Sayer and Professor Jana Kreppner

TITLE: Teaching and learning support in schools: exploring the well-being of teaching and learning support assistants and the views of children and young people who engage with their support

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DATA & FILE OVERVIEW

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This dataset contains:

* Quantitative and demographic responses from Qualtrics survey for thesis titled 'Teaching and learning support in schools: exploring the well-being of teaching and learning support assistants and the views of children and young people who engage with their support'
* Qualitative responses from Qualtrics survey for thesis titled 'Teaching and learning support in schools: exploring the well-being of teaching and learning support assistants and the views of children and young people who engage with their support'
* Participant information sheet and consent form (for the National Survey part of the research) for thesis titled 'Teaching and learning support in schools: exploring the well-being of teaching and learning support assistants and the views of children and young people who engage with their support'

Relationship between files, if important for context:

Both the quantitative and qualitative datafiles contain the data collected through the national survey. This information was spilt into two files to support the data analysis as the qualitative data was imported into NVivo and the quantitative data was imported into IBM SPSS statistics.

Additional related data collected that was not included in the current data package:

Both qualitative and quantitative data was also collected for the Peer Support Groups element of this research. However, due to the small number of participants, the data collected for this part of the research has not been made available on Pure to protect the participants anonymity.

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METHODOLOGICAL INFORMATION

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Description of methods used for collection/generation of data:

A mixed methods approach was taken for the data collection.

The PERMA Workplace Profiler was used as a measure to gather part of the quantitative data. Reference: Kern, P. (2014). *The Workplace PERMA Profiler*. <https://www.peggykern.org/uploads/5/6/6/7/56678211/workplace_perma_profiler_102014.pdf>

A range of questions were created by the research team to collect the qualitative data.

Methods for processing the data:

The quantitative data was imported to IBM SPSS Statistics 30 and the qualitative data was analysed using NVivo (Version 14).

People involved with sample collection, processing, analysis and/or submission:

The lead researcher, Hannah Godfrey carried out the data collection and all of the research team had involvement with the analysis of both the quantitative and qualitative data.

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DATA-SPECIFIC INFORMATION

In the quantitative dataset questions 22 to 43 are the participants responses to the PERMA Workplace Profiler questions.