

1 **Evaluating the Reliability of Grain-size Sorting for Organic Biomarker Analysis**

2 J. S. Hingley¹, P. S. Bray¹, T. Agterhuis¹, G. L. Foster¹, B. S. Wade², J. H. Whiteside^{1,3}, and
3 G. N. Inglis¹

4 ¹School of Ocean and Earth Science, National Oceanography Centre Southampton, University of
5 Southampton, UK

6 ²Department of Earth Sciences, University College London, UK

7 ³Department of Earth and Environmental Sciences, San Diego State University, USA

8

9 Corresponding authors: Joe Hingley (j.hingley@soton.ac.uk), Gordon Inglis
10 (gordon.inglis@soton.ac.uk)

11

12 **Key Points:**

- 13 • We investigate the potential of using grain-size sorted marine sediments for biomarker
14 analysis.
- 15 • GDGT distributions are consistent regardless of grain-size sorting, and fine-grained
16 sediment fractions are most suitable for temperature reconstruction.
- 17 • Leaf wax distributions differ among various grain-size fractions which can bias proxy
18 reconstructions.

19

20 **Abstract**

21 Organic and inorganic geochemical proxies are fundamental for interpreting past climate
22 variability. For inorganic analysis, marine sediments are often size fractionated to isolate
23 foraminifera, while organic analysis employs subsamples of bulk sediment. Although previously
24 sieved sediments could be used for biomarker analysis, this approach and potential
25 methodological biases have not been assessed in pre-Holocene sediments. Here we explore lipid
26 biomarkers (isoGDGTs, brGDGTs, *n*-alkanes) across grain-size fractions in Cenozoic-aged
27 marine sediments, assessing whether sieved sediments can be used to reconstruct
28 paleoenvironmental change. We analyse biomarkers in fine (<63 µm) and coarse (>63 µm)
29 grain-size fractions and compare various proxy metrics with those in bulk sediments. Our
30 findings reveal a strong linear correlation between TEX₈₆ in different size-fractions and bulk
31 sediment ($r^2 = 0.85-0.94$, both $p < 0.001$), indicating sea surface temperature reconstructions are
32 viable using previously sieved sediments. MBT'_{5ME} shows a weaker yet significant correlation
33 between fine and bulk sediment ($r^2 = 0.70-0.81$, both $p < 0.001$). In fine fractions, *n*-alkanes
34 typically reflect the bulk sediment composition, whereas coarse sediments consistently
35 underestimate bulk sediment chain length metrics, suggesting organo-mineral associations. Our
36 results demonstrate GDGT-based temperature proxies can typically be analysed using sieved
37 sediments, whilst *n*-alkanes can be influenced by organo-mineral associations and contamination
38 during processing. We assessed contamination from traditional processing techniques,
39 determining sieving sediments into plastic beakers can introduce hydrocarbon contamination but
40 this does not affect GDGT analysis. Our study confirms that archives of fine-grained sediment
41 fractions can be resurrected for GDGT analysis, encouraging a re-examination of global stores of
42 processed samples.

43 **Plain Language Summary**

44 Geochemical proxies in marine sediments are used to understand how Earth's climate has
45 changed over time. Typically, sediment samples are separated by grain size for inorganic
46 analyses, while organic analyses use the whole, unsorted sample. However, many sediment
47 samples have already been sieved for past studies and are considered unviable for organic
48 analyses. In this study, we analysed biomarkers in fine (<63 µm) and coarse (>63 µm) sediment
49 fractions from Cenozoic-aged (up to 66 million years old) marine sediments. We focused on key

50 biomarkers used to reconstruct sea surface temperature (SST), terrestrial temperature (MAT) and
51 the vegetation community. We found that SST and MAT estimates from both size fractions
52 typically match those from bulk sediment, suggesting sieved sediments can still provide reliable
53 temperature records. However, plant waxes in different grain size fractions often differed from
54 bulk sediments and are less reliable. This is likely related to how these lipids adhere to minerals.
55 Our results show that many previously processed sediment samples can still be used to extract
56 meaningful climate data. However, we found that using plastic containers during sieving can
57 introduce contamination and thus outline best practices to utilise grain-size sorted sediments for
58 future biomarker analysis.

59

60 **1. Introduction**

61 Organic and inorganic geochemical proxies obtained from marine sediments provide insights
62 into Earth's climatic and environmental history across various timescales (e.g., Auderset et al.,
63 2022; Judd et al., 2024). Inorganic geochemical analysis usually involves separating sediments
64 into size fractions - typically coarse ($> 63 \mu\text{m}$) and fine ($< 63 \mu\text{m}$) - to isolate foraminifera and
65 finer carbonates necessary for subsequent trace element and isotopic analysis, including $\delta^{18}\text{O}$
66 (Metcalf et al., 2019), Mg/Ca (Barker et al., 2005) and $\delta^{11}\text{B}$ (Crumpton-Banks et al., 2022). In
67 contrast, organic biomarker analysis is typically conducted using a separate bulk sediment
68 subsample. However, this approach increases the demand for increasingly limited sediment
69 material. This can be partially resolved by analysing lipid biomarkers prior to conducting grain-
70 size separation and subsequent inorganic geochemical analysis. A previous study by Crumpton-
71 Banks et al. (2022) evaluated Miocene-age marine sediments from three oceanographic regions
72 (the western equatorial Atlantic, the North Atlantic and the west Tasmania Margin) and
73 demonstrated that alkenone distributions and $\delta^{11}\text{B}$ values from planktonic foraminifera can be
74 analysed sequentially using the same sediments. However, thousands of 'legacy' sediments have
75 already been sieved into different size fractions for inorganic analysis and are thus typically
76 considered unsuitable for lipid biomarker analysis.

77 Organic carbon (OC) tends to be closely associated with fine-grained ($<63 \mu\text{m}$) minerals that
78 have high surface areas (i.e., clays and silt) (Hemingway et al., 2019). However, it remains
79 unclear whether organic-based sea surface temperature (SST) proxies (e.g., TEX_{86} , U^{K}_{37}) differ

80 systematically between fine- and coarse-grained marine sediment fractions. In the South Yellow
81 Sea, alkenone and isoprenoid GDGT distributions have been shown to vary between grain-size
82 sorted sediment fractions and bulk sediment (Xiao et al., 2023). When these variations are
83 converted to SST, there is an average discrepancy of $\sim\pm 3$ °C for TEX₈₆ and ± 5 °C for U^K₃₇[']
84 (Xiao et al., 2023). Similarly, in various continental margin sediments, long-chain alkyl diol
85 distributions deviate between grain-sized sorted sediment fractions and bulk sediments. When
86 translated into SST using the long-chain diol index (LDI), fine fraction sediments yield SSTs
87 more representative of the bulk sediment (average ± 1.8 °C in the fine silt fraction) compared to
88 the more variable coarse fraction (average ± 3.5 °C in the coarse silt fraction) (Lattaud et al.,
89 2022), suggesting that fine-grained sediment fractions yield more robust organic geochemical
90 measurements.

91 The impact of grain-size sorting on different terrestrial biomarker proxies remains uncertain.
92 Although branched GDGTs do not show a selective association with either grain-size fraction in
93 marine sediments from the Gulf of Mexico (Yedema et al., 2024), the influence of grain-size
94 fractionation on the MBT'_{5ME} mean annual air temperature proxy is not yet known. Long-chain
95 *n*-alkanes, used to assess organic matter source and thermal maturation, exhibit strong absorption
96 to clay minerals due to their relatively hydrophobic nature (Kusch et al., 2021). However, the
97 distribution of *n*-alkanes in marine sediments is highly variable, influenced by physical
98 mechanisms, indicating no universal pattern to *n*-alkane grain-size distributions (Liu et al.,
99 2013).

100 It is thus crucial to better understand how various terrestrial and marine biomarkers are
101 distributed amongst different sediment size fractions and whether grain-size sorted sediments are
102 suitable for paleoclimate reconstruction. Here we studied marine sediments ($n = 39$ from a
103 diverse range of Cenozoic (66 million years to present) marine depositional environments (Fig.
104 1). We test the hypothesis that lipid biomarker distributions in ancient marine sediments are
105 preferentially associated with fine-grain sediments (< 63 μm). To achieve this, we developed a
106 methodological framework to determine the distribution of various terrestrial and marine
107 biomarkers in fine (< 63 μm) and coarse (> 63 μm) sediment grain fractions and then compared
108 our results to bulk unsieved sediments to quantify the deviations between sediment grain-sizes.

109 Additionally, we evaluated potential contamination from conventional processing methods and
110 identify best practices for using legacy marine sediments in biomarker analysis moving forward.

111 **2 Materials and Methods**

112 2.1 Study sites

113 Integrated Ocean Drilling Program (IODP) Site U1356 is situated offshore of Wilkes Land
114 (63.3102°S, 135.9989°E) and spans the early Pleistocene to late Paleocene. Five samples were
115 obtained from the mid Eocene (approx. 46 – 48 Ma). This site represents a high latitude
116 environment with a water depth of 3992 m (Escutia et al., 2011). The lithology is dominated by
117 bioturbated and calcareous claystone with a moderately high organic carbon content (~1.0 to
118 1.4%).

119

120 IODP Site U1451 is situated on the Bengal Fan (8.011°N, 88.747°E). Six samples were obtained
121 from the Early Miocene to late Eocene (~ 20 to 35 Ma). The lithology is dominated by
122 micaceous siliciclastic sediment with large turbidite deposits throughout the Oligocene and a
123 moderate-to-low organic carbon content (<1%) with water depth of 3600 m representing a deep
124 ocean ridge environment (France-Lanord et al., 2016).

125

126 Ocean Drilling Program (ODP) Site 1218 is located in the equatorial Pacific (8.988°N,
127 135.366°W) and spans the Pleistocene to middle Eocene. Five samples were obtained from
128 across the Oligocene (23-34 Ma) representing an open ocean equatorial environment with
129 modern water depth of 4200 m (Shipboard Scientific Party 2002). The lithology is dominated by
130 nanofossil ooze and has low organic carbon content (< 0.1%).

131

132 ODP Site 1168 is situated on the south coast of Australia (42.610°S, 144.413°E) and spans the
133 Late Pliocene to late Eocene. At Site 1168, 10 samples were spanning the Quaternary to the
134 earliest Oligocene (0.1-34 Ma). This site represents a high southern latitude shallow coastal
135 environment. The lithology into the Oligocene is dominated by sandstone with a moderate-to-

136 low organic carbon content (<1%), with a water depth of 800 m at the start of the Oligocene
137 (Shipboard Scientific Party, 2001a).

138

139 ODP Site 1172 is also situated on the south coast of Australia (43.960°S, 149.928°E) and spans
140 the Pleistocene to the Cretaceous. Eight samples were obtained encompassing the late Eocene to
141 Palaeocene (~34 to ~60 Ma). This site represents a high southern latitude deep coastal
142 environment. The lithology is dominated by calcareous biogenic pelagic oozes with a
143 moderately high organic carbon content (1.0 to 1.5%). This site is situated at a water depth of
144 2620 m (Shipboard Scientific Party, 2001b).

145

146 Deep Sea Drilling Project (DSDP) Site 242 is located in the Mozambique Channel (15.851°S,
147 41.823°E) and spans the Quaternary to late Eocene, with a modern water depth of 2275 m
148 (Shipboard Scientific Party, 1974). This site represents a coastal deep water environment. Five
149 samples were obtained from across the Oligocene section. The lithology is dominated by clayey
150 nannofossil chalk (Shipboard Scientific Party, 1974).

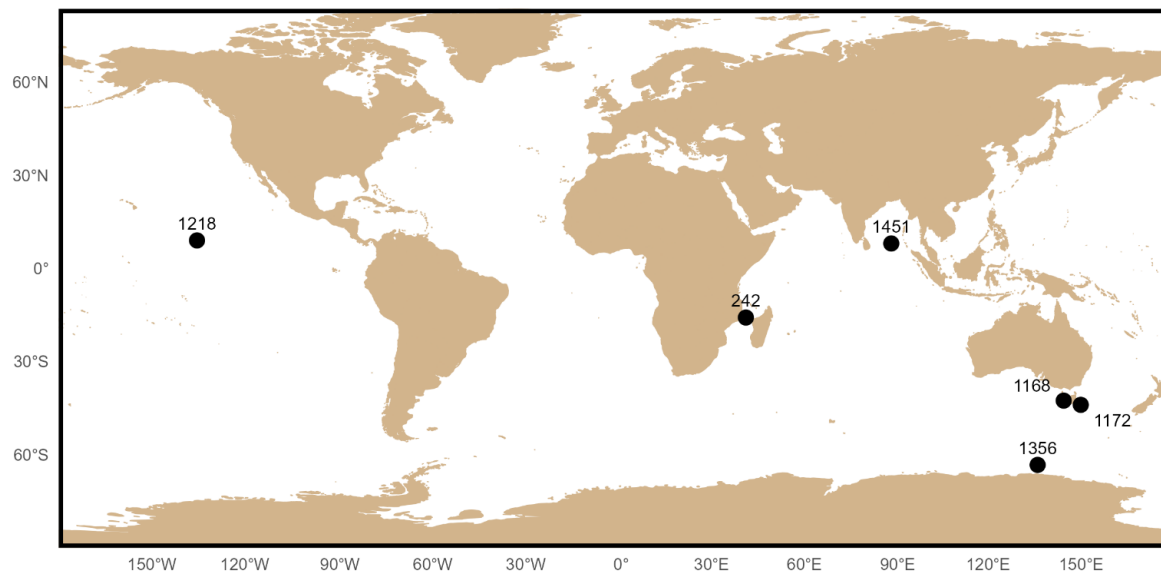
151

152

153

154

155



156

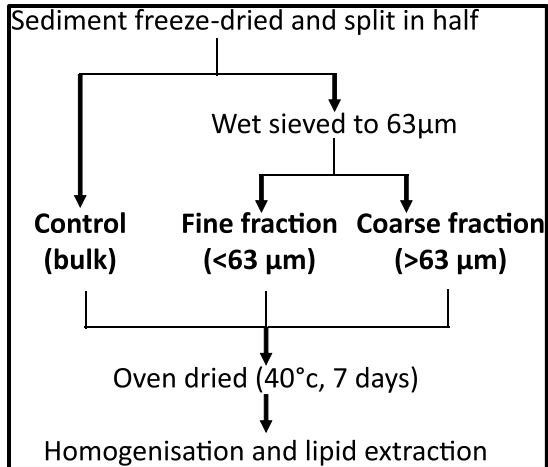
157 Fig. 1: Map of modern location of sites studied. Made with *R Natural Earth*.

158

2.2 Experimental Framework

159 A total of 39 sediment samples were processed at the Organic Geochemistry Laboratories at the
160 University of Southampton. Samples were freeze-dried for 48 hours and then partially crushed
161 with a rubber mallet, following the methods outlined by Crumpton-Banks et al. (2022). Samples
162 were kept in the original sample bag to prevent any contamination from the mallet. To ensure
163 consistency with previous studies (Peterse and Eglinton, 2017; Xiao et al., 2023), approximately
164 half of each sediment sample was separated into fine ($<63 \mu\text{m}$) and coarse ($>63 \mu\text{m}$) fractions
165 (Fig. 2) using 2 L of milliQ water. Individual sieves were rinsed with dichloromethane
166 (DCM):Methanol (MeOH) (9:1 v/v) both before and after the sieving process. The fine fraction
167 ($<63 \mu\text{m}$) was left to settle for ~ 1 week in a fumaced glass beaker, after which excess water was
168 siphoned off. Samples were then oven dried for seven days at $40 \text{ }^\circ\text{C}$ to remove any remaining
169 water and homogenised using a pestle and mortar to increase surface area for extraction (Fig. 2).
170 Oven-drying was chosen instead of freeze-drying to ensure consistency with previous studies
171 (e.g., Arrigoni et al., 2024, Boltovskoy and Wright, 1976, Synder and Huber, 1996). The coarse
172 fraction ($>63 \mu\text{m}$) was dried under the same conditions, then carefully removed from the sieve
173 with a spatula and homogenised. The control sediment, which was composed of the remaining
174 $\sim 50\%$ of each sample, was oven dried under the same conditions to ensure consistency.

175



176

177 **Fig. 2:** Protocol for evaluating the impact of grain-size sorting upon lipid biomarker distributions
 178 in Cenozoic-aged marine sediments.

179

180 2.3 Additional cleaning and disaggregation experiments

181 During grain-size sieving, the fine fraction (< 63 µm) is often collected in a plastic beaker.
 182 However, plastic breakers are comprised of hydrocarbons and other chemical additives (Andrady
 183 and Neal, 2009) and commonly introduce contaminants into processed biomarker samples, and
 184 are avoided during organic processing. To evaluate this further, furnace sand was sieved into
 185 glass and plastic (polypropylene) beakers and extracted following methodologies outlined in
 186 Section 2.4. We also carried out an identical experiment using a single sediment sample from
 187 ODP Site 1168 (Supplementary Fig. 1) to evaluate the impact of plastic contamination on marine
 188 sediment.

189 Inorganic geochemical studies sometimes use sodium hexametaphosphate (commonly known as
 190 Calgon) as a disaggregating agent, but the consequent impact on biomarker analysis has not been
 191 studied. To explore this further, a method blank comprised of sand and kaolin (2:1 w/w) was
 192 prepared (spiked with two internal standards: bromo-hexadecane and hyochoolic acid) and
 193 dispersed in a 9:1 (v/v) dilution of MilliQ water and Calgon, and shaken for 14 days to replicate
 194 sediment disaggregation. The material was then sieved and dried prior to extraction following the
 195 methodologies outlined in Section 2.3.

196

197 2.4 Organic Geochemistry

198 2.4.1 Extraction and separation

199 Bulk, fine (<63 μm) and coarse (>63 μm) sediments (1g – 30g depending on sample availability
200 and mass fraction) were extracted using Accelerated Solvent Extraction (Thermo ASE 350) at
201 the University of Southampton using 9:1 (v/v) DCM:MeOH at 100 °C over 3 x 15 min extraction
202 cycles at 1,500 PSI. The total lipid extract (TLE) was then dried under a gentle stream of
203 nitrogen (N_2). Separation into apolar (containing *n*-alkanes), ketone and polar fractions
204 (containing isoGDGTs and brGDGTs) was achieved using silica column chromatography by
205 elution with 4 mL Hexane:DCM (9:1, v/v), 4 ml Hexane:DCM (1:1, v/v) and 4 ml DCM:MeOH
206 (1:1, v/v) respectively. Fractionated lipid extracts were then stored at -20 °C until analysis. A
207 procedural blank comprising a blend of sand and kaolin was sieved and extracted after every 10
208 samples following identical protocols.

209 2.4.2 GC-MS analysis

210 Long-chain *n*-alkanes were analysed using a ThermoFisher Trace 1310 gas chromatograph (GC)
211 coupled to a Thermo TSQ8000 Triple Quadrupole mass spectrometer (MS/MS). An Agilent DB-
212 5 column (30 m \times 0.25 mm internal diameter, 0.25 μm film thickness) was used to achieve
213 separation with helium as the carrier gas. The GC oven programme began at 40 °C for 2 minutes,
214 before increasing to 310 °C at 6 °C min^{-1} and held at 310 °C for 15 minutes. Measurement was
215 achieved using full scan (50-650 Da) and selective ion monitoring (SIM mode) using $m/z = 57$
216 (characteristic *n*-alkane fragment ion). An in-house standard measured after every ten samples
217 was used to monitor long-term instrument stability.

218

219 2.4.3 LC-MS analysis

220 Polar fractions (containing isoGDGTs and brGDGTs) were filtered through a 0.45 μm PTFE
221 filter and analysed using Ultra-High-Performance-Liquid-Chromatography-Mass-Spectrometry
222 (UHPLC-MS) using an Agilent 1260 UHPLC coupled to a 6130 single quadrupole MSD using
223 SIM in normal phase separation. Normal phase separation was achieved using two UHPLC
224 columns (BEH HILIC columns, 2.1 x 150 mm, 1.7 μm) following Hopmans et al. (2016) using
225 *n*-hexane (solvent A) and *n*-hexane:isopropanol (IPA) 9:1 (v/v) (solvent B). Separation was

226 achieved using 18% solvent B for 25 min, increasing to 35% solvent B over 25 mins, then 100%
 227 solvent B over 30 mins, for one minute before returning to 18% solvent B over 19 mins to
 228 equilibrate the column prior to the next injection. SIM was used to scan for the following ions:
 229 m/z 1022, 1020, 1018, 1036, 1034, 1032, 1050, 1048, 1046, 1302, 1300, 1298, 1296, 1294, and
 230 1292. Rounded GDGT masses were monitored, and thus a small bias in absolute BIT values may
 231 be introduced (Davtian et al., 2018). An in-house standard reference material containing
 232 abundant isoGDGTs was analysed after every 10 samples. The instrumental uncertainty of the
 233 marine standard was ± 0.01 TEX_{86} units. Relative abundance of GDGTs was obtained using
 234 Agilent ChemLabs software.

235

236 2.5 GDGT-based biomarker proxies

237 The relationship between isoGDGT cyclisation and SST is quantified using TEX_{86} (Schouten et
 238 al., 2002):

$$\text{TEX}_{86} = \frac{[\text{GDGT} - 2] + [\text{GDGT} - 3] + [\text{Cren}']}{[\text{GDGT} - 1] + [\text{GDGT} - 2] + [\text{GDGT} - 3] + [\text{Cren}']} \quad \text{Eq.1}$$

239 TEX_{86} values are converted into SST using a linear Bayesian regression model (BAYSPAR)
 240 (Tierney and Tingley, 2014). BAYSPAR uses a modern core-top dataset to find modern
 241 analogues with similar TEX_{86} values and determines a regression value based on these
 242 analogues. Where possible, priors were based upon existing temperature records from the same
 243 site or inferred from published nearby SST records (Supplementary Table 2).

244

245 The $\text{MBT}'_{5\text{ME}}$ is used to quantify mean air temperature (MAT) (De Jonge et al., 2013; Weijers et
 246 al., 2007).

$$\text{MBT}'_{5\text{ME}} = \frac{[\text{Ia} + \text{Ib} + \text{Ic}]}{[\text{Ia} + \text{Ib} + \text{Ic} + \text{IIa} + \text{IIb} + \text{IIc} + \text{IIIa}]} \quad \text{Eq.2}$$

247 $\text{MBT}'_{5\text{ME}}$ values are converted to terrestrial surface temperatures using the BAYMBT Bayesian
 248 regression model (Dearing Crampton-Flood et al., 2020), Where possible, priors were based

249 upon existing temperature records from the same site or inferred from published nearby mean
250 annual temperature (MAT) records (Supplementary Table 2).

251

252 The cyclisation of branched tetraethers (CBT) index (Weijers et al., 2007) quantifies the pH
253 dependence of the distribution of 6-methyl brGDGTs (Eq.3).

$$CBT = -\log\left(\frac{[Ib + IIb]}{[Ia + IIa]}\right) \quad \text{Eq.3}$$

254 The branched-isoprenoid tetraether (BIT) index is used to determine the relative input of
255 brGDGTs (predominantly soil-derived) versus isoGDGTs (predominantly marine-derived)
256 (Hopmans et al., 2004).

$$BIT = \frac{[Ia + IIa + IIa' + IIIa + IIIa']}{[Ia + IIa + IIa' + IIIa + IIIa' + \text{Crenarchaeol}]} \quad \text{Eq.4}$$

257 BIT index values can range from 0 to 1, with values closer to zero indicating minimal brGDGT
258 input, and thus representative of marine organic matter. Values closer to 1 indicate elevated
259 terrestrial input, with BIT values >0.4 typically considered to bias TEX_{86} values (Weijers et al.,
260 2006). Although brGDGTs are predominantly produced by soil (acido)bacteria, in-situ marine
261 production can also occur in shallow marine sediments (Xiao et al., 2016).

262

263 2.6 Leaf wax-based biomarker proxies

264 Terrestrial plants synthesise long-chain *n*-alkanes with an odd-over-even predominance
265 (Eglinton and Hamilton, 1967). With increasing thermal maturity, odd-numbered *n*-alkanes
266 gradually degrade, leading to a lower odd-over-even predominance. The thermal maturity of
267 long-chain *n*-alkanes was quantified using the carbon preference index (CPI) (Bray and Evans,
268 1961).

$$CPI = \frac{1}{2} \left[\left(\frac{\sum_{odd}(C_{25-31})}{\sum_{even}(C_{26-32})} \right) + \left(\frac{\sum_{odd}(C_{27-33})}{\sum_{odd}(C_{26-32})} \right) \right] \quad \text{Eq.5}$$

269 Thermally immature sediments exhibit higher CPI values (typically >3-30, Bush and McInerney,
 270 2013) whereas thermally mature, degraded *n*-alkane distributions exhibit lower CPI values closer
 271 to 1.

272 The average chain length (ACL) evaluates the dominance of different long-chain *n*-
 273 alkane chain lengths (Poynter and Eglinton, 1990) and is the weighted average of higher chain *n*-
 274 alkanes. This has been used to distinguish between different plant communities (e.g., moss vs
 275 non-mosses, Bush and McInerney, 2013) and is defined as follows (Eq. 6):

276

$$ACL = \frac{25(nC_{25}) + 27(nC_{27}) + 29(nC_{29}) + 31(nC_{31}) + 33(nC_{33})}{nC_{25} + nC_{27} + nC_{29} + nC_{31} + nC_{33}} \quad \text{Eq. 6}$$

277

278 **3 Results**

279 3.1 Bulk sediment biomarker distributions

280 3.1.1 Isoprenoid GDGT distributions

281 IsoGDGTs were detected in 30 out of 39 bulk sediment samples, specifically those from Site
 282 U1451 (n = 4 out of 5 samples), Site 242 (n = 5 out of 5 samples), Site U1356 (n = 3 out of 5
 283 samples), Site 1168 (n = 10 out of 10 samples) and Site 1172 (n = 8 out of 8 samples). At Site
 284 1218 (n = 5), isoGDGT abundance was below the limit of detection. The isoGDGT distribution
 285 at Site 1168 is dominated by crenarchaeol (38-52% relative abundance) and isoGDGT-0 (27-
 286 42%). At Site 1172, the isoGDGT distribution is dominated by isoGDGT-0 (20-37%) and
 287 crenarchaeol (45-54%). At Site U1356, the isoGDGT distribution is dominated by crenarchaeol
 288 (51-59%) and isoGDGT-0 (16-28%). The isoGDGT distribution at Site U1451 is dominated by
 289 crenarchaeol (47-65% relative abundance). At Site 242, isoGDGT-0 is abundant (27-53%), with
 290 a variable abundance of crenarchaeol (9% to 46%).

291

292 3.1.2 Branched GDGT distributions

293 brGDGTs were detected in 26 out of 39 bulk sediment samples, specifically those from in Site
294 U1451 (3 out of 4), Site 242 (5 out of 5 samples), Site 1168 (10 out of 10 samples) and Site 1172
295 (8 out of 8 samples). At Site U1356 and Site 1218 the brGDGT abundance was below the limit
296 of detection in all samples. At Site U1451, the brGDGT distribution is dominated by
297 tetramethylated brGDGTs (81-86% of the brGDGT distribution). At Site 1168, the brGDGT
298 distribution varies downcore. In the younger samples (2 – 15 Ma) the distribution is dominated
299 by tetra- and pentamethylated brGDGTs (21-35% and 28-38% to total brGDGT distribution
300 respectively), whilst older samples are dominated by tetramethylated brGDGTs (60-79% of total
301 brGDGT distribution). At Site 1172 the brGDGT distribution is almost entirely comprised of
302 tetramethylated brGDGTs (61-89% relative abundance). At Site 242, the brGDGT distribution is
303 entirely comprised of 5-methyl brGDGTs, with no 6-methyl brGDGTs above the limit of
304 detection.

305

306 3.1.3 SST and MAT estimates in bulk sediments

307 In Site 1168, bulk sediment TEX_{86} -derived SSTs show a gradual cooling from 28 °C in the
308 earliest Oligocene (~32 Ma) to 18 °C during the Quaternary (~2.5 Ma), with a short-lived
309 increase to 30 °C during the Middle Miocene Climatic Optimum (~15 Ma). At Site 1172, bulk
310 sediment TEX_{86} -derived SSTs increase during the latest Paleocene-to-earliest Eocene and peak
311 during the early Eocene Climatic Optimum (30 °C) with a gradual decline thereafter. Bulk
312 sediment TEX_{86} SST at Site U1451 estimates remain similar across all samples (28.4 °C \pm 0.9
313 °C). At Site 242 bulk sediment TEX_{86} SST estimates are variable (22°C – 36°C) and BIT
314 indices are high (BIT = >0.96 in all 5 samples).

315

316 In Site 1168, $\text{MBT}'_{5\text{ME}}$ -derived MAT estimates show ~10 °C of cooling from the late Oligocene
317 (25 °C) to Quaternary (15 °C) (Supplementary Fig. 3). At Site 1172, there is a gradual increase
318 in MAAT during the latest Paleocene-to-early Eocene with maximum MAATs during the EECO
319 to 29 °C, before gradually cooling to 24 °C in the late Eocene (Supplementary Fig. 3). At Site

320 U1451, MBT'_{5ME} -derived MAT estimates average ~27-28 °C. At Site 242, MAT is very
321 variable across all 5 samples ranging from 10.9 °C to 19.5 °C with no obvious long term trend.

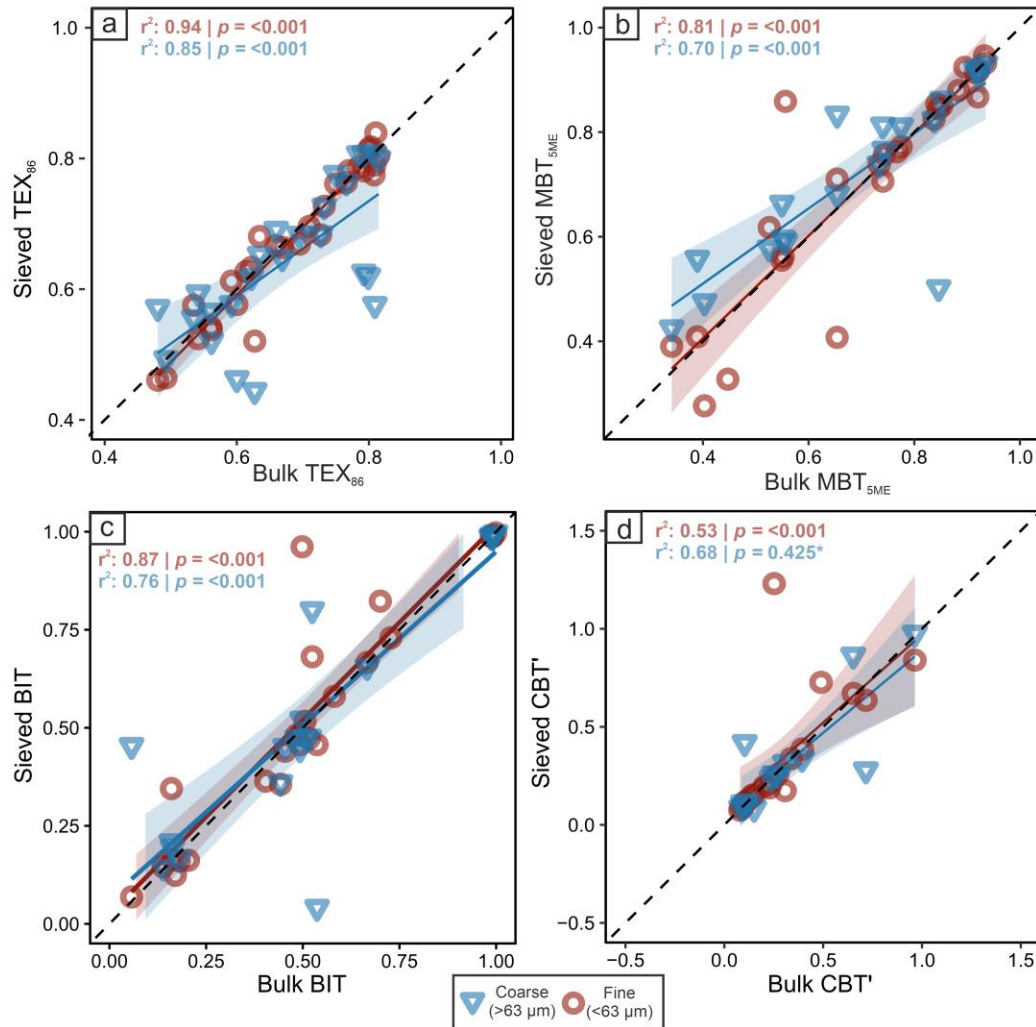
322 3.1.4 Long-chain *n*-alkane distributions and chain length metrics

323 Long-chain *n*-alkanes were detected in 25 out of 39 bulk sediment samples. Site 1218 has very
324 poor *n*-alkane preservation (n = 2 out of 5 samples). Where *n*-alkanes were detected, the
325 abundance is dominated by higher chain *n*-alkanes with an average CPI of 2.8. Site 1172 (n = 8
326 out of 8 samples) contains mid and long chain *n*-alkanes (average ACL = 29.2) and is dominated
327 by the long chain *n*-alkanes, with an odd-over-even predominance consistent with input from
328 higher plants (average CPI = 2.0). Site U1451 (n = 4 out of 4 samples) contains predominantly
329 long chain *n*-alkanes, with lower abundances of mid and short chain *n*-alkanes, consistent with
330 input from higher plants (average CPI = 3.2, ACL = 30.1). Site U1356 (3 out of 4 samples) is
331 dominated by long chain *n*-alkanes (average ACL = 28.8), with a high CPI (average CPI = 3.1),
332 consistent with input of thermally immature organic matter.

333

334

3.2 Lipid biomarker distributions in different grain-size fractions



335

336 **Fig. 3:** Comparison of bulk sediment isoGDGT and brGDGT indices and the fine (<63 μm, red
 337 circles) and coarse (>63 μm, blue triangles) fractions for **a)** TEX_{86} , **b)** MBT'_{5ME} , **c)** BIT and **d)**
 338 CBT. Dashed line indicates 1:1 ratio. Coloured bands represent 95% confidence intervals (blue =
 339 coarse fraction i.e. >63 μm and red = fine fraction, i.e. <63 μm). * indicates not statistically
 340 significant.

341

342 3.2.1 TEX_{86} -derived SST estimates

343 TEX_{86} values from both the fine and coarse size fractions show little deviation from the bulk
 344 sediment (fine = ± 0.05 TEX_{86} units, coarse = ± 0.14 TEX_{86} units), with a statistically significant
 345 linear correlation between both grain-size fractions and bulk sediment (fine: $r^2 = 0.94$, $p =$
 346 < 0.001 , coarse: $r^2 = 0.85$, $p < 0.001$, Fig. 3.a.). Deviation from the bulk sediment is larger than

347 the instrumental uncertainty of 0.01 TEX₈₆ units, but when translated into SST, the fine and
348 coarse size fractions are within the calibration uncertainty except for 1 fine fraction outlier and 5
349 coarse outliers (Supplementary Fig. 2).

350

351 3.2.2 MBT'_{5ME} -derived MAT estimates

352 MBT'_{5ME} values from both the fine and coarse size fractions vary across different sites. At Site
353 1172 and Site U1451, MBT'_{5ME} values in the fine and coarse size fractions are similar to the bulk
354 sediment ($< \pm 0.05$ MBT units, Fig. 3.b.) and across all sites there is a strong linear relationship
355 between grain-size sorted sediment and the bulk sediment (fine $r^2 = 0.81$, $p = < 0.001$, coarse $r^2 =$
356 0.70 , $p = < 0.001$). However, at Site 1168, MBT'_{5ME} values deviate by up to 0.34 MBT units and
357 when converted into MAT, this deviation is large (up to ± 7.1 °C).

358

359 3.2.3 BIT Index

360 In Site 1172, BIT indices across all grain-sizes show relatively minimal deviation from bulk
361 sediment (< 0.12 BIT units), whereas at both Site 1168 and Site U1451, the BIT exhibits
362 relatively high deviation from bulk sediment (up to 0.3 and 0.5 BIT units respectively,
363 Supplementary Fig. 6). Overall, the variation of BIT values is consistent across grain-size, but in
364 some samples there are relatively, and significant, large fluctuations (Fig 3.c.).

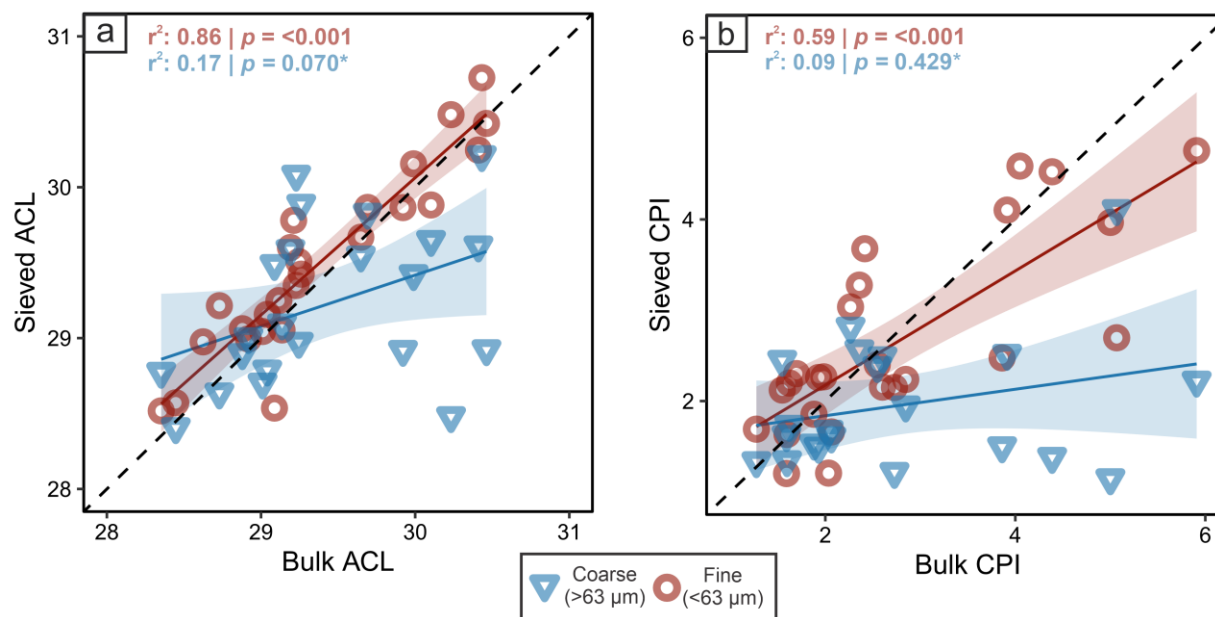
365

366 3.2.4 CBT Index

367 brGDGT-derived CBT values are variable across sites and show a linear correlation (fine: $r^2 =$
368 0.53 , $p = < 0.001$, coarse: $r^2 = 0.68$, $p = 0.425$ (not significant), Fig. 3.d.). At ODP Site 1168,
369 CBT indices are highly variable (up to ± 1.3 CBT units) whereas CBT values in Site 1172 are
370 more representative of bulk sediment (± 0.04 CBT units). When converted into pH values, Site
371 1172 has a deviation of ± 0.03 pH and Site 1168 deviates by ± 2.00 pH.

372

373

3.2.5 *n*-alkane Chain Length Metrics

374

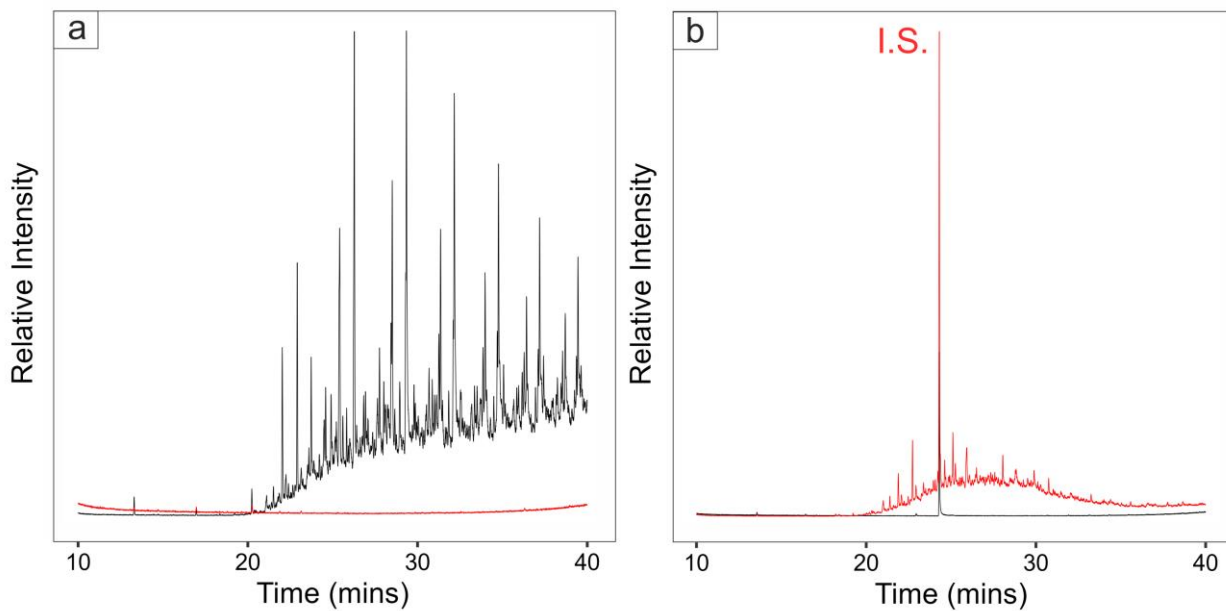
375 **Fig. 4.** Comparison of *n*-alkane chain length metrics in bulk sediment compared to fine (<63 μm,
 376 red circles) and coarse (>63 μm, blue triangles) fractions for **a)** Average Chain Length and **b)**
 377 Carbon Preference Index. Dashed line indicates 1:1 ratio. Coloured bands represent 95%
 378 confidence intervals. * indicates not statistically significant.

379 The average chain length (ACL) of the fine fraction across all sites shows less deviation from the
 380 bulk sediment ($r^2 = 0.86$, $p < 0.001$, with a mean difference of ± 0.2 ACL units) than the coarse
 381 fraction (± 0.5 ACL units, $r^2 = 0.17$, $p = 0.070$, Fig 4.a.). However, at Site 1168, ACL values in
 382 the fine fraction can deviate from the bulk sediment up to 1.8 ACL units (Supplementary Fig. 4).
 383 Across all sites, CPI values in bulk sediment range from 1.3 to 5.9. CPI values in fine-grained
 384 sediment fractions deviate from bulk sediments by up to 2.4 CPI units (Supplementary Fig. 5)
 385 but overall there is a linear correlation between CPI in bulk sediment and fine grain sizes ($r^2 =$
 386 0.59 , $p < 0.001$). In coarse-grained sediment fractions, the CPI deviates by up to 3.9 CPI units
 387 from bulk sediment. This is not a significant relationship ($r^2 = 0.09$, $p = 0.429$) but in most
 388 samples the CPI in coarse grain sizes systematically underestimates bulk sediment values (Fig.
 389 4.b.).

390 3.3 Contamination experiments

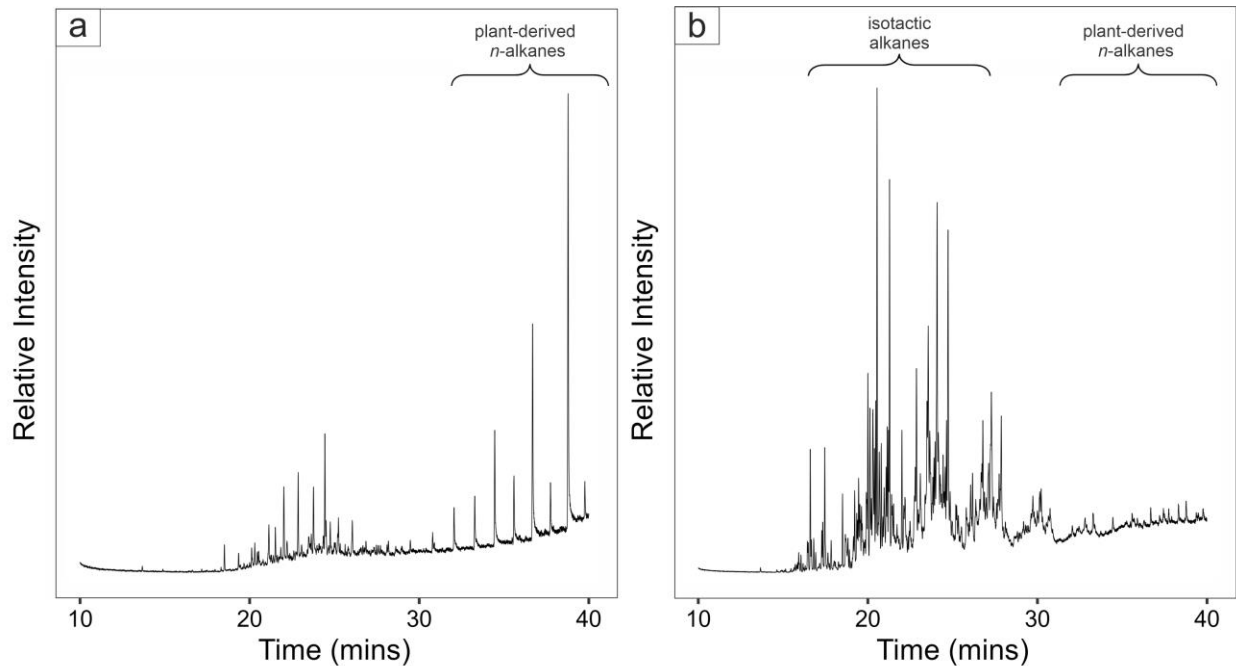
391 To independently evaluate the contribution of contamination from sieving procedures, blends of
 392 furnaced sand and clay were sieved both conventionally and using an idealised sieving protocol

393 (solvent cleaning sieves and furnaced glass labware). Sieving furnaced sand (Fig. 5) or marine
394 sediments (Fig. 6) into glass beakers introduced no detectable contamination (
395 Fig. 5.a, red line). In contrast, when furnaced sand (Fig. 5) was sieved into a plastic beaker,
396 extensive contamination was introduced into fine grained sediment fractions ($<63\ \mu\text{m}$)(
397 Fig. 5.a, black line). Specifically, an unresolved complex mixture (UCM) is detected within the
398 *n*-alkane-containing apolar fraction and represents a series of isotactic alkanes likely to originate
399 from plastic beakers. The GDGT-containing polar fraction was unaffected by plastic
400 contamination as this analysis uses selected ion monitoring (SIM) (Supplementary Fig. 1).
401 Calgon is often used to disaggregate sediment and may also introduce contamination. We find
402 low-level contamination in Calgon treated samples associated with an unresolved complex
403 mixture (UCM) in the fine fraction (
404 Fig. 5.b) and no obvious contamination in the coarse fraction.



405

406 Fig. 5: GC-FID chromatograms **(a)** fine fraction of sand and clay blend sieved into a plastic
 407 beaker (black) and glass beaker (red) **(b)** fine fraction (<63 μm , red) and coarse fraction (>63
 408 μm , black) of sand and clay blend sieved following disaggregation with sodium



409 hexametaphosphate (Calgon). Large peak at 24 minutes in (b) is bromohexadecane internal
 410 standard.

411

412 Fig. 6: GC-MS chromatograms for fine fraction sediment from Hole 1168A, Core 2H (Core
 413 catcher, 17.0 MBSF). **(a)** and **(b)** apolar (*n*-alkane) fraction of sieved sediment into glass and
 414 plastic beakers respectively.

415

416 4 Discussion

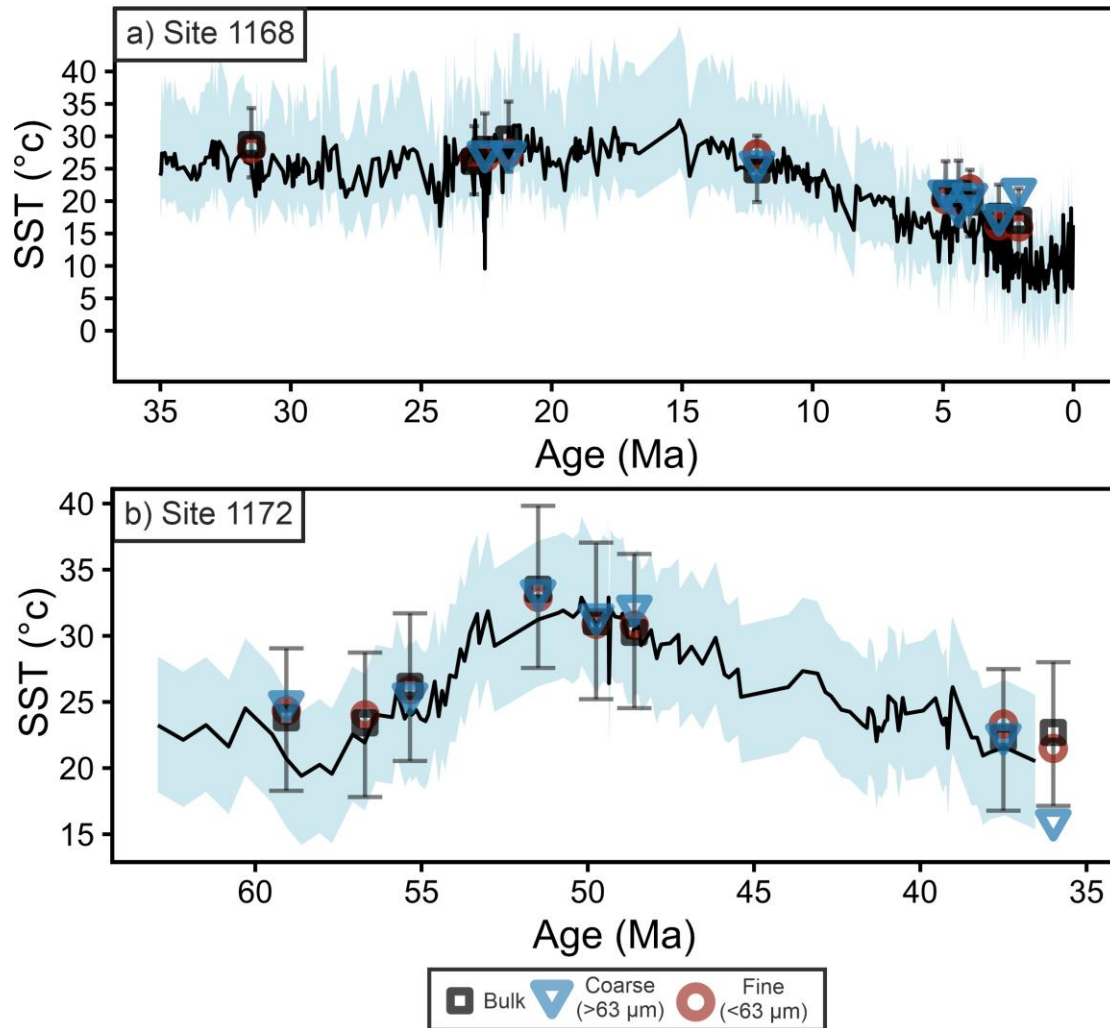
417 4.1 Grain-size sieved sediments yield robust TEX_{86} sea surface temperatures estimates

418 Evidence from modern (Xiao et al., 2023) and ancient (Paleocene-Eocene Thermal Maximum;
 419 56 million years ago) coastal marine sediments (Zachos et al., 2006) suggests that TEX_{86} -derived
 420 SST estimates are broadly similar between bulk sediment and fine grained size fractions
 421 (typically deviating between ~ 1 to 3°C) (Xiao et al., 2023). However, previous studies only
 422 considered two sites and thus may not be globally representative. Here, we show that the
 423 standard deviation of TEX_{86} -derived SSTs between bulk sediment and different grain-size
 424 fractions is relatively small ($< 2^\circ\text{C}$, Fig. 3.a) and that isoGDGTs are similarly distributed

425 between different grain-size fractions. This is observed across all sites examined here (ODP Site
426 1172, Site 1168, Site U1356, and Site U1451) except the coarse fraction of OPD Site 242,
427 suggesting this is a global phenomenon in Cenozoic-aged marine sediments.

428

429 To validate this further, we compared TEX_{86} SSTs generated from bulk sediment and fine and
430 coarse grain-size sediment fractions alongside published high-resolution TEX_{86} SST estimates
431 generated from bulk sediment at Site 1172 (Bijl et al., 2009) and Site 1168 (Hoem et al., 2022).
432 To ensure consistency between studies, TEX_{86} values were recalculated using the same Bayesian
433 SST calibration and implemented identical priors (Tierney and Tingley, 2014) (Supplementary
434 Table 2). At Site 1172, the variation between bulk and sieved sediment SST estimates (average
435 $\Delta\text{SST} = 0.6\text{ }^{\circ}\text{C} \pm 0.5$, excluding the outlier in the late Eocene) is much smaller than the
436 temperature variability observed in the long-term record ($\sim 10^{\circ}\text{C}$). At Site 1168, the variation
437 between bulk and size sieved sediments (average $\Delta\text{SST} = 1.5\text{ }^{\circ}\text{C} \pm 1.1$) is also much less than the
438 late Neogene cooling observed at this site. This confirms that fine and coarse grained sediment
439 fractions can be used to infer SST evolution across major climate transitions during the Cenozoic
440 (Fig. 7).



441

442 Fig. 7: Comparison of TEX_{86} SST estimates in sieved sediments (symbols) and existing high-
 443 resolution bulk sediments (black line) at (a) ODP Site 1168 (Hoem et al., 2022) and (b) ODP Site
 444 1172 (Bijl et al., 2009). All SST estimates are calculated using the BAYSPAR model (Tierney
 445 and Tingley, 2014) with the 95% confidence intervals shown in blue.

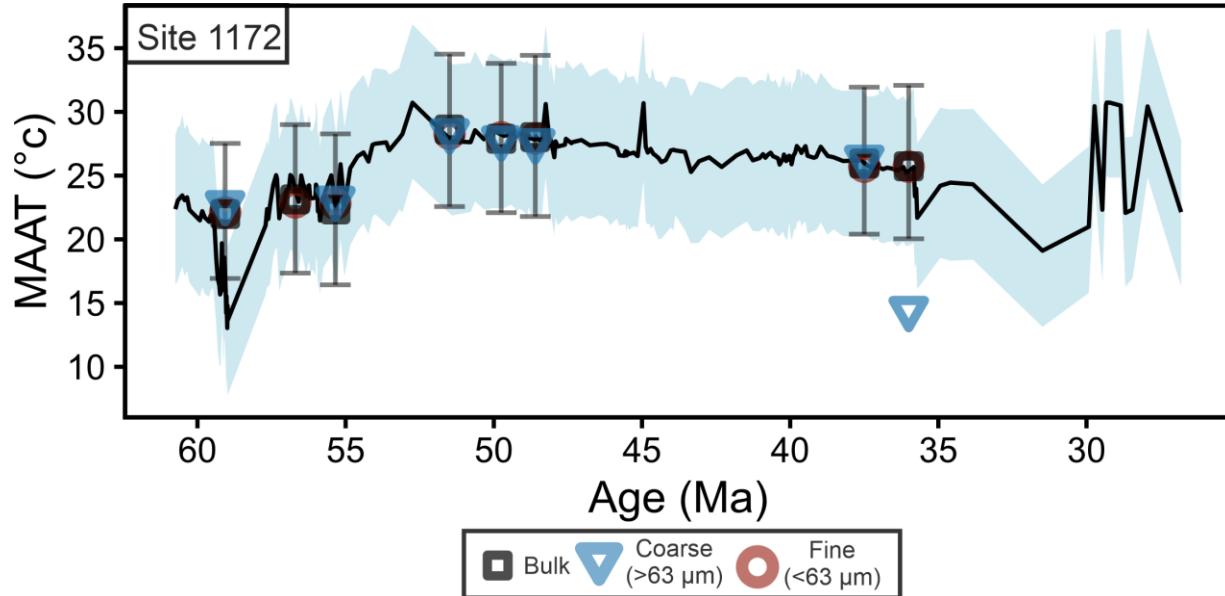
446

447 4.2 Impact of grain-size sorting on the MBT'_{5ME} MAT proxy

448 Evidence from modern coastal sediments shows that branched GDGT distributions are similar
 449 between different grain-size fractions (Yedema et al., 2024). This implies that MBT'_{5ME}
 450 temperature proxy can also be applied in fine and coarse grained sediment fractions. In our
 451 global deep ocean dataset (Fig. 3), there is a linear relationship between MBT'_{5ME} -derived
 452 MATs in bulk sediment and different grain-size fractions and minimal deviation in MBT'_{5ME} -
 453 derived MATs between bulk sediment and grain-size sorted sediments (average deviation ± 0.3

454 °C). This confirms that the brGDGT distribution is conserved between different grain-size
 455 fractions and implies weak organo-mineral association (see also Yedema et al, 2024). However,
 456 the relationship between bulk sediment and fine grained sediment fractions ($r^2 = 0.81$, $p =$
 457 <0.001) is statistically stronger than the relationship between bulk sediment and coarse grained
 458 sediment fractions ($r^2 = 0.70$, $p = <0.001$), suggesting that fine grained sediments are more
 459 representative of the original bulk sediment.

460 To explore this further, we compared the grain-size sorted sediments to the published high-
 461 resolution MBT'_{5ME} based MAT estimates generated from bulk sediment at Site 1172 (Bijl et al.,
 462 2009). At Site 1172, the variation between bulk and sieved sediment MAT estimates (average
 463 $\Delta\text{MAT} = 0.4$ °C excluding one outlier) is much smaller than the temperature variability observed
 464 in a long-term higher-resolution record obtained from bulk sediment (5-7 °C) (Bijl et al., 2021).
 465 Our results suggest that grain-size sorting does not overly impact brGDGT-derived MAT
 466 reconstruction at Site 1172. In contrast, at Site 1168, MBT'_{5ME}-derived MATs in fine or coarse
 467 sediments can deviate from the bulk sediment by up to ± 7 °C (Supplementary Fig. 3), suggesting
 468 additional controls at this site.



469

470

471 Fig. 8: MBT'_{5ME} based mean annual temperature reconstruction for Site 1172. Blue band and
472 black dashed line represent published data and associated uncertainty (Bijl et al., 2021) and
473 circles represent the sediments studied here.

474

475 4.3 Impact of grain-size sorting on BIT indices

476 Terrestrial OC is often associated with fine-grain minerals (Peterse and Eglinton, 2017), such
477 that the BIT index – representing the ratio of brGDGTs (terrestrial OC) to crenarchaeol (marine
478 OC) – could be particularly sensitive to biases introduced during grain-size fractionation. Indeed,
479 we show that across our analysis of the global dataset presented here, the BIT index is strongly
480 correlated between bulk sediment and the fine-grained sediment fraction ($r^2 = 0.87$, Fig. 3) while
481 the correlation is significantly weaker between bulk sediment and coarse-grained sediment
482 fraction ($r^2 = 0.76$, Fig. 3). At Site 1172, the BIT index shows minimal variation across grain-
483 sizes, indicating similar associations of crenarchaeol and brGDGTs with different grain-sizes.
484 This explains why TEX₈₆ (section 4.2) and MBT'_{5ME} values (section 4.3) obtained from Site
485 1172 remain consistent across grain-size fractions. However, at Site 1168, deviations in the BIT
486 index between coarse and fine grained sediment fractions are considerable compared to bulk
487 sediments ($\Delta\text{BIT} \geq 0.5$ units). The greatest deviation occurs in samples with identified in-situ
488 marine production (Supplementary Fig. 6) suggesting that in-situ production can lead to
489 unreliable BIT values in grain-size-sorted sediment fractions.

490

491 4.4 Impact of grain-size sorting on *n*-alkane chain length metrics

492 In contemporary marine environments, CPI values in bulk sediments remain relatively consistent
493 along a coastal transect, suggesting that *n*-alkanes do not degrade significantly during transport
494 and deposition (Yedema et al., 2024). However, prior studies have shown that CPI values differ
495 between grain-size fractions with higher values (relative to bulk sediment) in silt and sand
496 fractions (30-63 μm and 63-125 μm size fractions) (Yedema et al., 2024) and similar values
497 (relative to bulk) in clay fractions (<10 μm and 10-30 μm). Given that long-chain *n*-alkane
498 concentrations are highest in very fine grain sediment fractions (<10 μm , 10-30 μm , Yedema et
499 al., 2024), this suggests that *n*-alkanes are primarily bound to clay minerals. Our dataset supports

500 this, as there is a stronger correlation between CPI values in bulk and fine-grained sediment
501 fractions ($r^2 = 0.59$) compared to bulk and coarse grain sediment ($r^2 = 0.09$, Fig. 4.b.). Consistent
502 with Yedema et al. (2024), our findings indicate that CPI values for coarse grained sediment
503 fractions generally underestimate bulk sediment CPI by up to 3-4 units (overestimating thermal
504 maturity), suggesting that only bulk sediment or fine grain-size fractions should be used to infer
505 CPI in ancient marine sediments.

506 In the experiments presented here the deviation in CPI values between bulk sediment and
507 different grain-size fractions varies across samples, with differences reaching up to 2.4 CPI units
508 in the fine fraction (average Δ CPI = 0.64) and up to 3.9 CPI units in coarse fractions (average Δ
509 CPI = 1.05). However, these deviations are relatively low compared to the extensive range
510 observed in modern plants, which can vary between 5 CPI units in graminoids to 12 CPI units in
511 angiosperms, and even up to 30 in some cases (Bush and McInerney, 2013). In marine settings
512 with high CPI values (e.g., Site 1168, where CPI ranges from ~6 to 4), a difference of 1-2 CPI
513 units would not significantly impact paleoclimate interpretations, suggesting a continuous input
514 of thermally immature OC. However, in cases with lower CPI values (e.g., Site U1356, where
515 CPI ranges from ~3 to 4), a difference of 1-2 CPI units may indicate a mix of thermally
516 immature and mature organic matter (Hollingsworth et al., 2024).

517

518 4.5 Impact of polarity on biomarker preservation in marine sediments

519 Our study indicates that GDGT-based climate metrics between bulk sediments and across size
520 fractions are similar suggesting that brGDGTs and isoGDGTs do not have a strong association
521 with mineral surfaces in aquatic environments. This finding aligns with modern studies showing
522 that brGDGTs have a relatively weak organo-mineral association, as their distributions diminish
523 rapidly after entering the marine water column (Yedema et al., 2024). In contrast, *n*-alkane chain
524 length metrics differ between fine and coarse grain-sizes, exhibiting a stronger statistical
525 relationship between *n*-alkane chain length metrics in fine sediments compared to bulk
526 sediments, indicating a preference for *n*-alkanes to associate with mineral surfaces.

527 Previous hypotheses propose that more polar biomarkers (e.g., branched and isoprenoidal
528 GDGTs) bind weakly to mineral surfaces, while nonpolar compounds (e.g., *n*-alkanes) exhibit

529 stronger adhesion (Yedema et al., 2024). This is because long chain *n*-alkanes lack polar
530 functional groups, whereas brGDGTs and isoGDGTs contain two hydroxyl groups, suggesting
531 that lipid chemical structure strongly influences on how lipids partition into different grain-size
532 associations. The association of different biomarkers with various clay minerals may impact their
533 specific OC distributions. Previous research in locations such as the Gulf of Mexico (Yedema et
534 al., 2024), the South Yellow Sea (Xiao et al., 2023), and continental margins (Lattaud et al.,
535 2022) did not find mineralogy to be a significant factor influencing lipid biomarker grain-size
536 distributions. Although alkenones were not detected in any of our samples, previous work has
537 showed that $U^{K'}_{37}$ is relatively robust to sieving in modern environments (Xiao et al., 2023). It is
538 expected that the presence of polar carbonyl groups will elicit a similar mineral association to
539 that seen with GDGTs. However, further studies are needed to explore how various lipid
540 biomarker compounds associate with different clay minerals in deep-time environments.

541 4.6 Sieving marine sediments into plastic beakers introduces extensive contamination.

542 In our experience, it is common that paleoclimate studies focused on inorganic geochemistry
543 sieve marine sediments into plastic beakers. While this is not always the case, it is likely that
544 little or no metadata will exist as to the nature of the beakers used. However, this may introduce
545 substantive contamination into the fine fraction and may compromise organic biomarker
546 analysis. Here, we compare the impact of sediments into glass and plastic beakers and show that
547 multiple contaminants are introduced into the fine fraction after sieving into plastic beakers (
548 Fig. 5.a.). The contaminants identified here are largely a homologous series of isotactic alkanes
549 that differ only by the presence of methyl-branches on the hydrocarbon chain. These compounds
550 are commonly found in polypropylene (PP) beakers but crucially, resemble *n*-alkane
551 distributions found in thermally mature sediments. The relative abundance of isotactic alkanes is
552 sufficiently high that it can overprint the endogenous *n*-alkane signature in relatively OC-rich
553 marine sediments (Fig. 6). The presence of a homologous series of contaminants that co-elute
554 with plant-derived *n*-alkanes is concerning and increases the likelihood of misinterpretation
555 when using gas chromatography alone (e.g., GC-Flame Ionisation Detection (FID)). This can be
556 partially (but not fully) mitigated using authentic *n*-alkane standards and/or via GC-MS and mass
557 spectral identification. Therefore, to ensure the greatest use of material recovered from the deep
558 ocean, we recommend glass beakers are used where possible. However, if sediments are used for

559 subsequent boron isotopic analysis, caution must be used due to the prevalence of borosilicate
560 glass in laboratories.

561 Calgon (sodium hexametaphosphate) is often used to disaggregate sediment prior to wet sieving
562 (Feldmeijer et al., 2013) but may also introduce contamination. However, we find relatively low
563 contamination in sediments that used Calgon but do identify an unresolved complex mixture of
564 organic compounds in the fine fraction (

565 Fig. 5.b) but find no obvious contamination in the coarse fraction. The fine fraction (i.e. kaolin)
566 is more absorbent than the coarse (i.e. sand) fraction, and therefore likely to uptake more Calgon
567 during the mixing process. The Calgon used in this process is typically ‘general purpose grade’
568 purity, albeit with no quantification of contamination level. It is hypothesised that the same
569 process as seen in the method blank will also occur in marine sediments as the grain-size
570 fractions typically have a similar composition (Brooks et al., 2022).

571 Finally, we note that normal washing processes for sieves introduce minor contamination into the
572 coarse grain-size fraction (Fig.5.b). To remove this contamination, sieves were sonicated using
573 DCM:MeOH (9:1 v/v), removing cross-contamination from other samples or cleaning processes.
574 We also tested ethanol but found this was insufficient to remove trace organic matter from the
575 sieves. As DCM is a likely carcinogen, ethyl acetate has been proposed as a suitable, less
576 hazardous, alternative (Diefendorf, 2025). We therefore recommend that future studies test the
577 use of ethyl acetate to clean sieves.

578 Our contamination tests show that when analysing biomarkers in fine-grained sediments from
579 legacy samples (i.e. those sieved into plastic containers), the hydrocarbon fraction can be
580 significantly contaminated (Fig. 5.a. and Fig. 6.a.). To mitigate contamination in future work, we
581 recommend a series of steps. Firstly, if samples have been sieved into polypropylene beakers,
582 they should not be used for *n*-alkane analysis due to extensive leaching of isotactic alkanes and
583 potential co-elution with endogenous plant-derived *n*-alkanes. While analysing fine fraction
584 sediments with GC-MS can partially resolve this, it may not completely exclude overprinting.
585 Secondly, if Calgon was used to disaggregate sediment samples, the fine fraction (<63 µm)
586 sediment should be regarded as unsuitable for *n*-alkane analysis due to possible contamination
587 from impure Calgon.

588 While homogenization can increase sediment surface area and enhance extraction efficiency in
589 with low organic carbon content, this should also be avoided if microfossils are to be analysed
590 post-solvent extraction, as it may damage these microfossils (Crumpton-Banks et al., 2022;
591 Guitián and Stoll, 2021; Guitián et al., 2019). If legacy samples can be validated as minimally
592 contaminated (i.e. by using glass beakers, avoiding Calgon and rinsing sieves with appropriate
593 organic solvents), then *n*-alkane chain length metrics in fine (<63 µm) sediments can be deemed
594 suitable for paleoclimate reconstruction. GDGTs appear unaffected by plastic contamination or
595 Calgon use, yielding consistent results across most fine and coarse grain-size fractions. The lack
596 of detectable contamination is largely attributed to the use of selected ion monitoring when
597 analysing brGDGTs and isoGDGTs as fragmentation of contaminants is highly unlikely to
598 produce the characteristic ions used for GDGT analysis. However, it remains crucial to avoid
599 cross-contamination in legacy samples where sieves have not been thoroughly cleaned with
600 appropriate solvent between samples.

601 In future studies where grain-size sorting is undertaken, appropriate records of the sieving
602 container and methodology used should be recorded in the metadata. This ensures that legacy
603 samples can be revisited and prevents plastic contamination in biomarker analysis and
604 borosilicate contamination in $\delta^{11}\text{B}$ analysis (Green et al., 1976, Kubota et al, 2021). When boron
605 isotopes are to be analysed, we suggest it is preferable to perform organic geochemical extraction
606 prior to grain-size sorting because this has no apparent effect on the consequent $\delta^{11}\text{B}$ analysis
607 (Crumpton Banks et al., 2022). However, future studies should also consider the target analytes
608 and aim of the study. Where GDGTs are targeted, grain size sorting and the use of plastic
609 beakers has limited impact on various GDGT metrics, indicating that sediment samples can be
610 initially sieved for foraminifera/microfossil analysis before lipid analysis. This helps mitigate
611 any risk of $\delta^{11}\text{B}$ contamination. However, where leaf wax metrics are targeted, grain-size sorting
612 yields different values in different size fractions and the use of plastic beakers will introduce
613 extensive contamination. In this instance, lipid extraction should be completed on the bulk
614 sediment and a separate aliquot used for foraminifera/microfossil analysis.

615

616

617 **5 Conclusions**

618 In this study, we analysed lipid biomarker distributions in Cenozoic marine sediments to evaluate
619 the suitability of grain-size sorted sediments for organic biomarker analysis. Our findings
620 indicate that the isoGDGTs and brGDGTs in our experimental samples are mostly unaffected by
621 grain-size fractionation and show relatively weak associations with organo-minerals, suggesting
622 GDGT-based temperature proxies (e.g., TEX₈₆ and MBT'_{5ME}) can effectively reconstruct past
623 environmental conditions using either fine or coarse grain sediments, though this should ideally
624 be assessed on a site-by-site basis. In contrast, common *n*-alkane chain length metrics used to
625 assess changes in OC sources (e.g., CPI, ACL) in coarse-grained sediments do not accurately
626 represent the bulk sediment and consistently underestimate CPI values by 3-4 units. Chain length
627 metrics in fine-grained size sediments are more robust, but ideally legacy samples should be
628 investigated on a site-by-site basis to determine the sample processing history and suitability.
629 We also show that sediments that have previously been sieved into plastic containers should not
630 be used for *n*-alkane analysis. Overall, our study confirms that previously sieved marine
631 sediments – especially fine-grained sediments - can be re-evaluated for GDGT analysis,
632 potentially providing new insights into the evolution of marine and terrestrial temperatures
633 throughout the Cenozoic and beyond. We therefore strongly recommend that fine fraction
634 sediment produced during grain-size sorting for micropaleontology studies should be retained
635 and the processing method recorded to allow re-evaluation in legacy studies.

636 **Acknowledgements**

637 This research used samples provided by the International Ocean Discovery Program (IODP) and
638 its predecessors. JSH acknowledges funding from the Natural Environment Research Council
639 (NE/S007210). GNI is supported by a GCRF Royal Society Dorothy Hodgkin Fellowship
640 (DHF\R1\191178) with additional support via the Royal Society (RF\ERE\231019,
641 RF\ERE\210068) and NERC (NE/V018388/1). JHW receives support from the Heising-Simons
642 Foundation. We also thank Michaela K. Reay and Megan Wilding for helpful discussions. We
643 are grateful to Rui Bao and two anonymous reviewers for their constructive and helpful reviews
644 of the manuscript.

645 **Conflict of Interest Statement**

646 The authors have no conflicts of interest to disclose

647

648 **Open Research**

649 The processed data used in this study are available at OSF and associated with a CC-By
650 Attribution 4.0 International license (Hingley, 2025)

651 **References**

- 652 Andrady A. L. and Neal M. A. (2009) Applications and societal benefits of plastics. *Phil Trans R*
653 *Soc B* **364**, 1977-1984.
- 654 Arrigoni A., Piller, W.E. and Auer, G. (2024) A new methodology for foraminifera extraction
655 from cemented calcareous shelf sediments. *Marine Micropaleontology* **187**, 102324.
- 656 Auderset A., Moretti S., Taphorn B., Pia-Rebecca E., Kast E., Wang X. T., Schiebel R., Sigman
657 D. M., Haug G. H. and Martinez-Garci A. (2022) Enhanced ocean oxygenation during
658 Cenozoic warm periods. *Nature* **609**, 77-82.
- 659 Barker S., Cacho I., Benway H. and Tachikawa K. (2005) Planktonic foraminiferal Mg/Ca as a
660 proxy for past oceanic temperatures: a methodological overview and data compilation for
661 the Last Glacial Maximum. *Quaternary Science Reviews* **24**, 821-834.
- 662 Bijl P. K., Schouten S., Sluijs A., Reichert G.-J., Zachos J. C. and Brinkhuis H. (2009) Early
663 Palaeogene temperature evolution of the southwest Pacific Ocean. *Nature* **461**, 776-779.
- 664 Bijl P. K., Frieling J., Cramwinckel M. J., Boschman C., Sluijs A. and Peterse F. (2021)
665 Maastrichtian-Rupelian paleoclimates in the southwest Pacific - a critical re-evaluation of
666 biomarker paleothermometry and dinoflagellate cyst paleoecology at Ocean Drilling
667 Program Site 1172.
- 668 Boltovskoy, E. and Wright R. (1976) Recent Foraminifera. Springer, Dordrecht. [https://doi.](https://doi.org/10.1007/978-94-017-2860-7)
669 [org/10.1007/978-94-017-2860-7](https://doi.org/10.1007/978-94-017-2860-7).
- 670 Bray E. E. and Evans E. D. (1961) Distribution of *n*-paraffins as a clue to recognition of source
671 beds. *Geochimica et Cosmochimica Acta* **22**, 2-15.
- 672 Brooks H. L., Steel E. and Moore M. (2022) Grain-Size analysis of ancient deep-marine
673 sediments using laser diffraction *Frontiers in Earth Science* **10**, 820866.
- 674 Bush R. T. and McInerney F. A. (2013) Leaf wax *n*-alkane distributions in and across modern
675 plants: implications for paleoecology and chemotaxonomy. *Geochimica et Cosmochimica*
676 *Acta* **117**, 161-179.

- 677 Crumpton-Banks J. G. M., Tanner T., Hernández Almeida I., Rae J. W. B. and Stoll H. M.
678 (2022) Technical note: No impact of alkenone extraction on foraminiferal stable isotope,
679 trace element and boron isotope geochemistry. *Biogeosciences* **19**, 5633-5644.
- 680 Davtian N., Bard E., Ménot G. and Fagault Y. (2018) The importance of mass accuracy in
681 selected ion monitoring analysis of branched and isoprenoid tetraethers. *Organic*
682 *Geochemistry* **118**, 58-62.
- 683 De Jonge C., Hopmans E. C., Stadnitskaia A., Rijpstra W. I. C., Hofland R., Tegelaar E. and
684 Sinninghe Damsté J. S. (2013) Identification of novel penta- and hexamethylated
685 branched glycerol dialkyl glycerol tetraethers in peat using HPLC–MS2, GC–MS and
686 GC–SMB-MS. *Organic Geochemistry* **54**, 78-82.
- 687 Dearing Crumpton-Flood E., Tierney J. E., Peterse F., Kirkels F. and Sinninghe Damsté J. S.
688 (2020) BayMBT: A Bayesian calibration model for branched glycerol dialkyl glycerol
689 tetraethers in soils and peats. *Geochimica et Cosmochimica Acta* **268**, 142-159.
- 690 Diefendorf, A. F. (2025) Comparing lipid extraction methods on lake sediments without
691 dichloromethane. *Organic Geochemistry* **202**, 104919.
- 692 Eglinton G. and Hamilton R. J. (1967) Leaf Epicuticular Waxes. *Science* **156**, 1322-1335.
- 693 Green H., Blincoe C. and Weeth, H.J. (1976). Boron contamination from borosilicate glass.
694 *Journal of Agricultural and Food Chemistry* **24**, 6, 1245-1246.
- 695 Shipboard Scientific Party (2001b) Site 1168. *Proceedings of the Ocean Drilling Program,*
696 *Initial Reports* **189** (eds Exxon N. F., Kennett J. P., Malone M. J.).
- 697 Shipboard Scientific Party (2001b) Site 1172. *Proceedings of the Ocean Drilling Program,*
698 *Initial Reports* **189** (eds Exxon N. F., Kennett J. P., Malone M. J.).
- 699 Shipboard Scientific Party. (2011) Site U1356. *Proceedings of the International Ocean*
700 *Discovery Program* **318**. (eds Escutia C., Brinkhuis H., Klaus A)
- 701 Feldmeijer W., Metcalfe B., Scussolini P. and Arthur K. (2013) The effect of chemical
702 pretreatment of sediment upon foraminiferal-based proxies. *Geochemistry Geophysics*
703 *Geosystems* **14**, 3996-4014.
- 704 France-Lanord C., Spiess V., Klaus A., Adhikari R. R., Adhikari S. K., Baxter A. T., Cruz J. W.,
705 Das S. K., Dekens P., Duleba W., Fox L. R., Galy A., Galy V., Ge J., Gleason J. D.,
706 Gyawali B. R., Huyghe P., Jia G., Lantzsch H., Manoj M. C., Martos Martin Y.,
707 Meynadier L., Najman Y. M. R., Nakajima A., Ponton C., Reilly B. T., Rogers K. G.,
708 Savian J. F., Schwenk T., Selkin P. A., Weber M. E., Williams T. and Yoshida K. (2016)
709 Site U1451. *Proceedings of the International Ocean Discovery Program* **354**.
- 710 Guitián J. and Stoll H. M. (2021) Evolution of Sea Surface Temperature in the Southern Mid-
711 latitudes From Late Oligocene Through Early Miocene. *Paleoceanography and*
712 *Paleoclimatology* **36**.
- 713 Guitián J., Phelps S., Polissar P. J., Ausin B., Eglinton T. I. and Stoll H. M. (2019) Midlatitude
714 Temperature Variations in the Oligocene to Early Miocene. *Paleoceanography and*
715 *Paleoclimatology* **34**, 1328-1343.

- 716 Hemingway J. D., Rothman D. H., Grant K. E., Rosengard S. Z., Eglinton T. I., Derry L. A. and
717 Galy V. V. (2019) Mineral protection regulates long-term global preservation of natural
718 organic carbon *Nature* **570**, 228-231.
- 719 Hingley J. S. (2025) Evaluating the Reliability of Grain-size-sorted Sediments for Organic
720 Biomarker Analysis [dataset] doi.org/10.17605/OSF.IO/FXNKS
- 721 Hoem F., Valero L., Evangelinos D., Escutia C., Duncan B., McKay R. M., Brinkhuis H.,
722 Sangiorgi F. and Bijl P. K. (2021) Temperate Oligocene surface ocean conditions
723 offshore Cape Adare, Ross Sea, Antarctica. *Climate of the Past* **17**, 1423-1442.
- 724 Hoem F. S., Sauermilch I., Aleksinski A. K., Huber M., Peterse F., Sangiorgi F. and Bijl P. K.
725 (2022) Strength and variability of the Oligocene Southern Ocean surface temperature
726 gradient. *Communications Earth and Environment* **3**, 322.
- 727 Hollingsworth E. H., Elling F. J., Badger M. P. S., Pancost R. D., Dickson A. J., Rees-Owen R.
728 L., Papadomanolaki N. M., Pearson A., Sluijs A., Freeman K. H., Baczynski A. A.,
729 Foster G. L., Whiteside J. H. and Inglis G. N. (2024) Spatial and Temporal Patterns in
730 Petrogenic Organic Carbon Mobilization During the Paleocene-Eocene Thermal
731 Maximum. *Paleceanography and Paleoclimatology* **39**, 2023PA004773.
- 732 Hopmans E. C., Schouten S. and Sinninghe Damsté J. S. (2016) The effect of improved
733 chromatography on GDGT-based palaeoproxies. *Organic Geochemistry* **93**, 1-6.
- 734 Hopmans E. C., Weijers J. W. H., Schefuß E., Herfort L., Sinninghe Damsté J. S. and Schouten
735 S. (2004) A novel proxy for terrestrial organic matter in sediments based on branched and
736 isoprenoid tetraether lipids. *Earth and Planetary Science Letters* **224**, 107-116.
- 737 Judd E. J., Tierney J. E., Lunt D. J., Montañez I. P., Huber B. T., Wing S. L. and Valdes P. J.
738 (2024) A 485-million-year history of Earth's surface temperature. *Science* **385**, eadk3705
- 739 Kubota, K., Ishikawa, T., Nagaishi, K., Kawai, T., Sagawa, T., Ikehara, M., Yokoyama, Y. and
740 Yamazaki, T. (2021) Comprehensive analysis of laboratory boron contamination for
741 boron isotope analysis of small carbonate samples. *Chemical Geology* **576**, 120280.
- 742 Kusch S., Mollenhauer G., Willmes C., Hefter J., Eglinton T. I. and Galy V. V. (2021) Controls
743 on the age of plant waxes in marine sediments - A global synthesis *Organic*
744 *Geochemistry* **157**, 104259.
- 745 Lattaud J., Eglinton T. I., Tallon M., Bröder L., Erdem Z. and Ausín B. (2022) Grain size
746 controls on long-chain diol distributions and proxy signals in marine sediments. *Frontiers*
747 *in Marine Science* **9**, 1004096.
- 748 Liu Z., Breecker D., Mayer L. M. and Zhong J. (2013) Composition of size-fractioned
749 sedimentary organic matter in coastal environments is affected by difference in physical
750 forcing strength. *Organic Geochemistry* **60**, 20-32.
- 751 Metcalfe B., Feldmeijer W. and Ganssen G. M. (2019) Oxygen isotope variability of planktonic
752 foraminifera provide clues to past upper ocean seasonal variability. *Paleceanography*
753 *and Paleoclimatology* **34**, 374-393.
- 754 Shipboard Scientific Party (1974) Site 242 Deep Sea Drilling Project. In *Deep Sea Drilling*
755 *Project Initial Reports*.

- 756 Peterse F. and Eglinton G. (2017) Grain size associations of branched tetraether lipids in soils
757 and riverbank sediments: Influence of hydrodynamic sorting processes. *Frontiers in*
758 *Earth Science* **5**, 49.
- 759 Poynter J. and Eglinton G. (1990) Molecular Composition of Three Sediments from Hole 717c:
760 The Bengal Fan. *Proceedings of the Ocean Drilling Program, Scientific Results* **116**,
761 155-161.
- 762 Schouten S., Hopmans E. C., Schefuß E. and Sinninghe Damsté J. S. (2002) Distributional
763 variations in marine crenarchaeotal membrane lipids: a new tool for reconstructing
764 ancient sea water temperatures? *Earth and Planetary Science Letters* **204**, 265-274.
- 765 Shipboard Scientific Party (2002) Site 1218. In *Proceedings of the Ocean Drilling Program,*
766 *Initial Reports* (eds. M. Lyle, P. A. Wilson and T. R. Janecek).
- 767 Snyder and Huber (1996) Preparation techniques for use of foraminifera in the classroom.
768 *Paleontological Society Papers*. **2**, 231-236.
- 769 Tierney J. E. and Tingley M. P. (2014) A Bayesian, spatially-varying calibration model for the
770 TEX₈₆ proxy. *Geochimica et Cosmochimica Acta* **127**, 83-106.
- 771 Weijers J. W. H., Schouten S., Spaargaren O. C. and Sinninghe Damsté J. S. (2006) Occurrence
772 and distribution of tetraether membrane lipids in soils: Implications for the use of the
773 TEX₈₆ proxy and the BIT index. *Organic Geochemistry* **37**, 1680-1693.
- 774 Weijers J. W. H., Schouten S., van den Donker J. C., Hopmans E. C. and Sinninghe Damsté J. S.
775 (2007) Environmental controls on bacterial tetraether membrane lipid distribution in
776 soils. *Geochimica et Cosmochimica Acta* **71**, 703-713.
- 777 Xiao R., Xing L., Chen J., Wang Y., Zhong G., Zhou Y., Huo X., Ding Y. and Bao R. (2023)
778 Spatial Discrepancy of Hydrodynamics-Driven Impacts on Organic Biomarkers
779 Deposition and UK37' and TEX₈₆ Temperature Proxies Applications. *Global*
780 *Biogeochemical Cycles* **37**, 32022GB007648.
- 781 Xiao W., Wang Y., Zhou S., Hu L., Yang H. and Xu Y. (2016) Ubiquitous production of
782 branched glycerol dialkyl glycerol tetraethers (brGDGTs) in global marine environments:
783 a new source indicator for brGDGTs. *Biogeosciences* **13**, 5883-5894.
- 784 Yedema Y. W., Sangiorgi F., Trabuco-Alexandre J. P., Nierop K. G. J., Vonk J. E. and Peterse
785 F. (2024) Influence of Organo-Mineral Associations on Terrestrial Particulate Organic
786 Matter Dispersal in the Northern Gulf of Mexico. *Journal of Geophysical Research:*
787 *Biogeosciences* **129**, e2024JG008144.
- 788 Zachos, J., Schouten, S., Bohaty, S.M., Quattlebaum, T., Slujis, A., Brinkhuis, H., Gibbs, S.J.,
789 Bralower, T.J. (2006) Extreme warming of mid-latitude coastal ocean during the
790 Paleocene-Eocene Thermal Maximum: Inferences from TEX₈₆ and isotope data.
791 *Geology*, **34** (9), 737-740.

793 **References from Supporting Information**

- 794 Bijl P. K., Bendle J. A. P., Bohaty S. M., Pross J., Schouten S., Tauxe L., Stickley C. E., McKay
795 R. M., Rohl U., Olney M., Sluijs A., Escutia C., Brinkhuis H., Scientists E., Klaus A.,
796 Fehr A., Williams T., Carr S. A., Dunbar R., Gonzalez J., Hayden T., Iwai M., Jimenez-
797 Espejo F. J., Katsuki K., Kong G. S., Nakai M., Passchier S., Pekar S. F., Riesselman C.
798 R., Sakai T., Shrivastava P. K., Sugisaki S., Tuo S., van de Flierdt T., Welsh K. and
799 Yamane M. (2013) Eocene cooling linked to early flow across the Tasmanian Gateway.
800 *Proceedings of the National Academy of Science* 110, 9645-9650.
- 801 Bijl P. K., Frieling J., Cramwinckel M. J., Boschman C., Sluijs A. and Peterse F. (2021)
802 Maastrichtian-Rupelian paleoclimates in the southwest Pacific - a critical re-evaluation of
803 biomarker paleothermometry and dinoflagellate cyst paleoecology at Ocean Drilling
804 Program Site 1172.
- 805 Coxall H. K., Wilson P. A., Palike H., Lear C. H. and Backman J. (2005) Rapid stepwise onset
806 of Antarctic glaciation and deeper calcite compensation in the Pacific Ocean. *Nature* **433**,
807 53-57.
- 808 Dallanave E., Bachtadse V., Crouch E. M., Tauxe L., Shepherd C. L., Morgans H. E. G., Hollis
809 C. J., Hines B. R. and Sugisaki S. (2016) Constraining early to middle Eocene climate
810 evolution of the southwest Pacific and Southern Ocean. *Earth and Planetary Science*
811 *Letters* **433**, 380-392.
- 812 France-Lanord C., Spiess V., Klaus A., Adhikari R. R., Adhikari S. K., Baxter A. T., Cruz J. W.,
813 Das S. K., Dekens P., Duleba W., Fox L. R., Galy A., Galy V., Ge J., Gleason J. D.,
814 Gyawali B. R., Huyghe P., Jia G., Lantzsch H., Manoj M. C., Martos Martin Y.,
815 Meynadier L., Najman Y. M. R., Nakajima A., Ponton C., Reilly B. T., Rogers K. G.,
816 Savian J. F., Schwenk T., Selkin P. A., Weber M. E., Williams T. and Yoshida K. (2016)
817 Site U1451. *Proceedings of the International Ocean Discovery Program* **354**.
- 818 Fuller, M., Touchard, Y., 2004. On the magnetostratigraphy of the East Tasman Plateau Timing
819 of the opening of the Tasmanian Gateway and paleoenvironmental changes. In: Exxon,
820 N.F., Kennet, J.P., Malone, M.J. (Eds.), *The Cenozoic Southern Ocean: Tectonics,*
821 *Sedimentation, and Climate Change Between Australia and Antarctica.* In: *Geophys.*
822 *Monogr.*, vol. 151. AGU, Washington DC, USA, pp. 63–78.
- 823 Hartman J. D., Sangiorgi F., Salabarnada A., Peterse F., Houben A. J. P., Schouten S., Brinkhuis
824 H., Escutia C. and Bijl P. K. (2018) Paleceanography and ice sheet variability offshore
825 Wilkes Land, Antarctica - Part 3: Insights from Oligocene-Miocene TEX86-based sea
826 surface temperature reconstructions. *Climate of the Past* **14**, 1275-1297.
- 827 Ho S. L. and Laepple T. (2016) Flat meridional temperature gradient in the early Eocene in the
828 subsurface rather than the surface ocean. *Nature Geoscience* 9, 606-610.
- 829 Hoem F. S., Sauermilch I., Aleksinski A. K., Huber M., Peterse F., Sangiorgi F. and Bijl P. K.
830 (2022) Strength and variability of the Oligocene Southern Ocean surface temperature
831 gradient. *Communications Earth and Environment* **3**, 322.
- 832 Shipboard Scientific Party (1974) Site 242 Deep Sea Drilling Project. In *Deep Sea Drilling*
833 *Project Initial Reports*.

834

835

Figure 1.

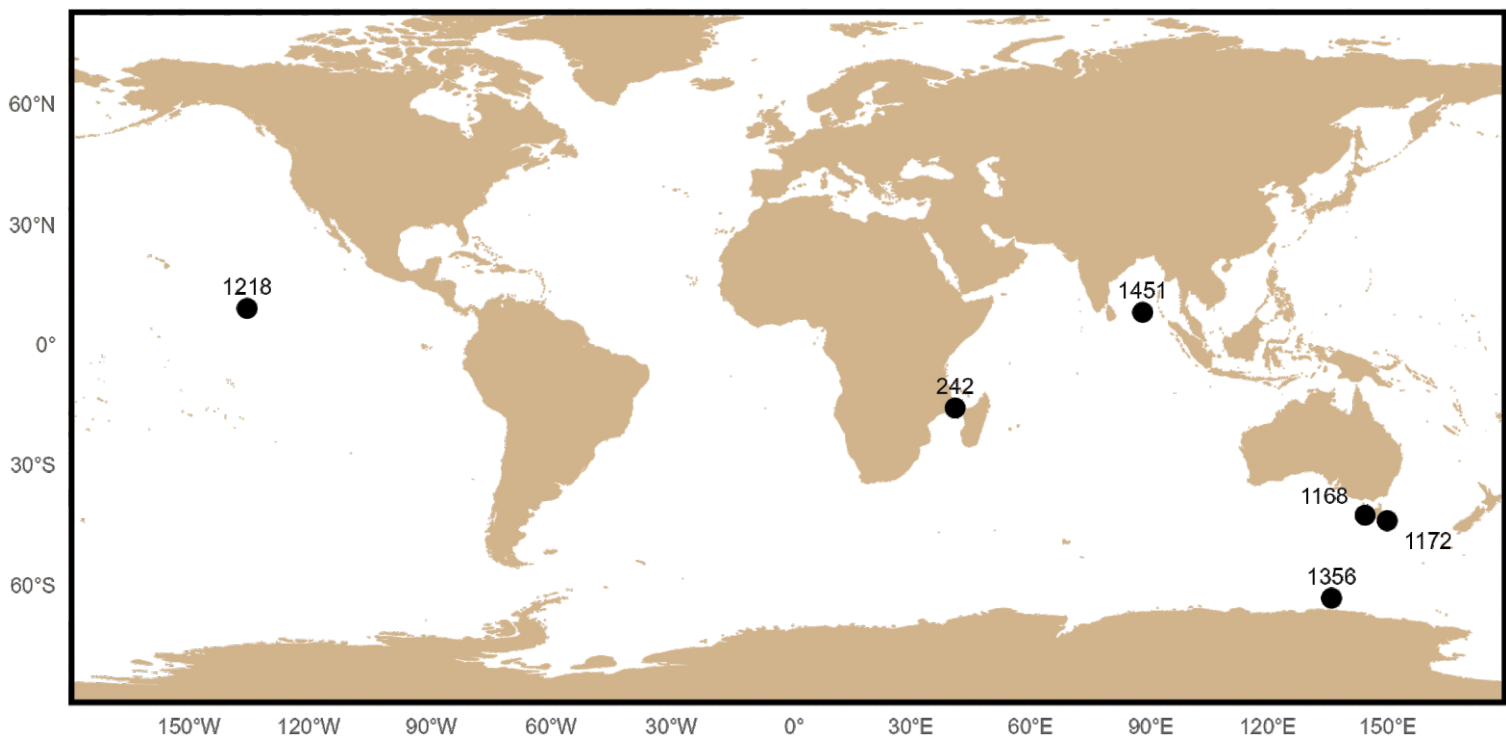
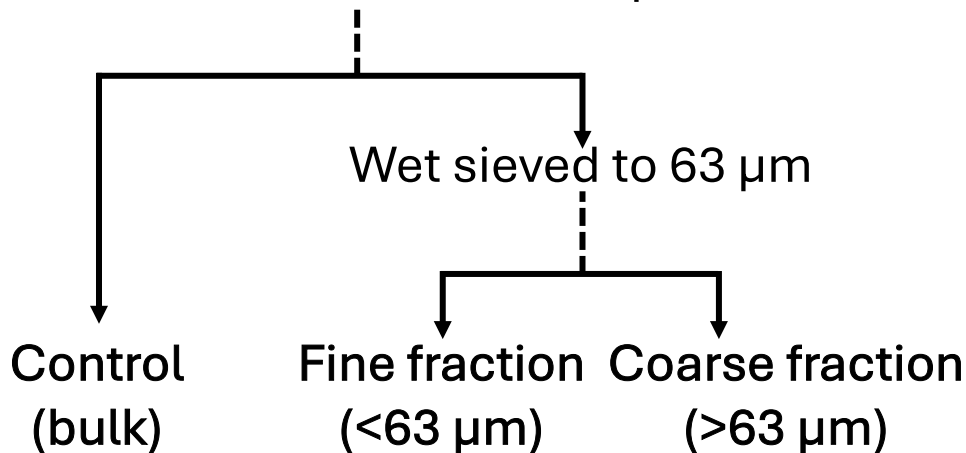


Figure 2.

Sediment freeze-dried and split in half



Oven dried (40°C, 7 days)

Homogenisation and lipid extraction

Figure 3.

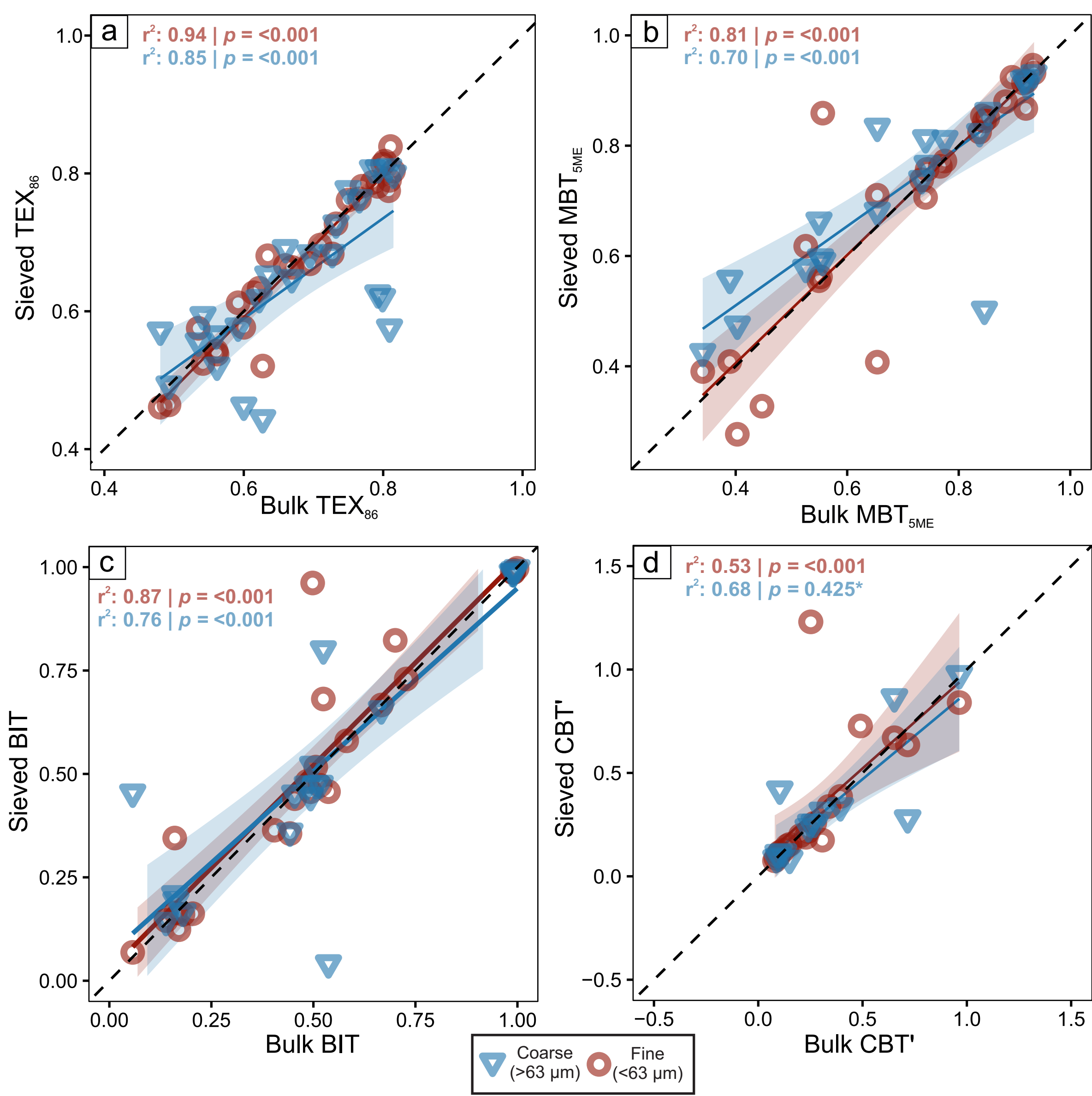


Figure 4.

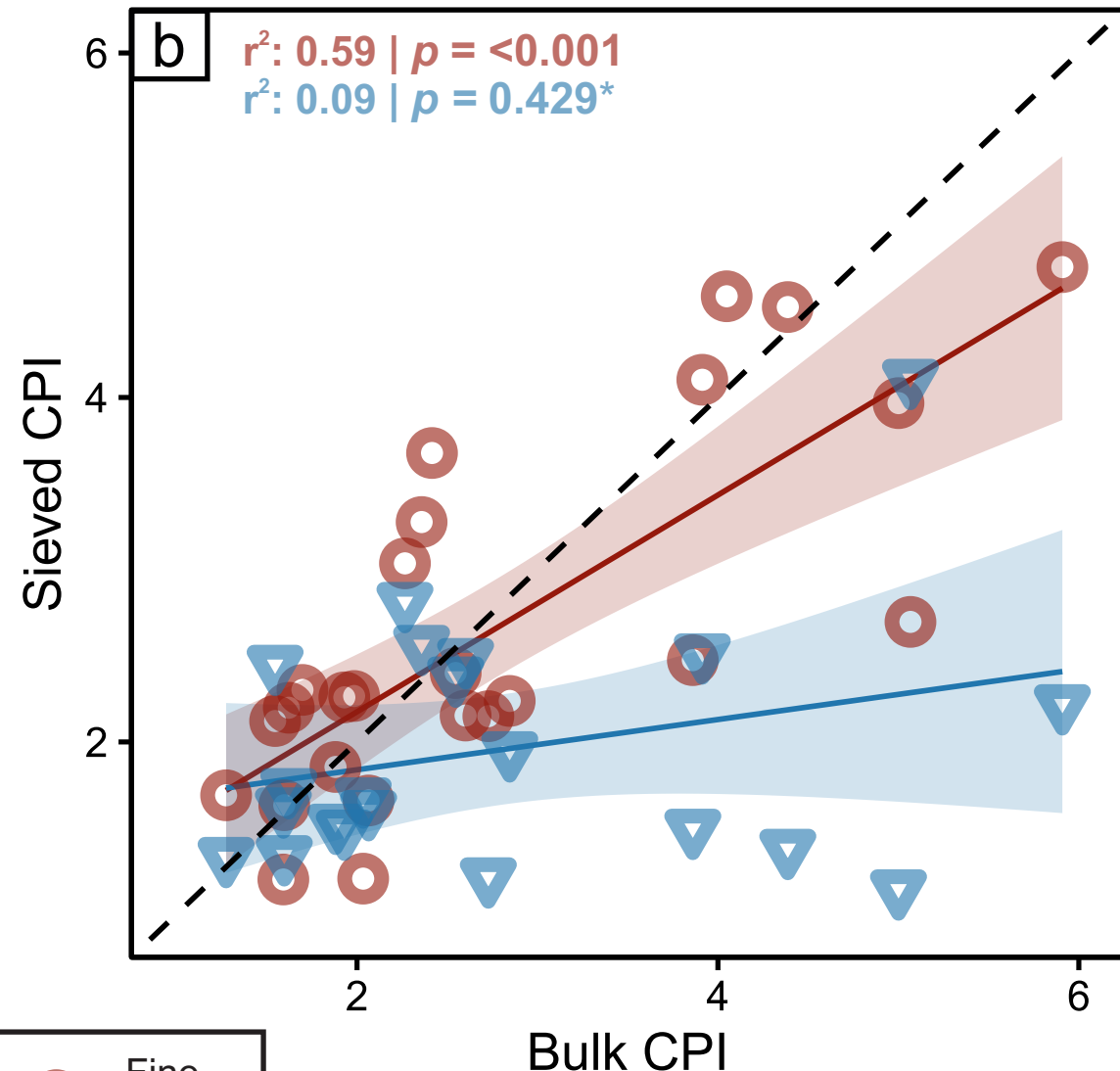
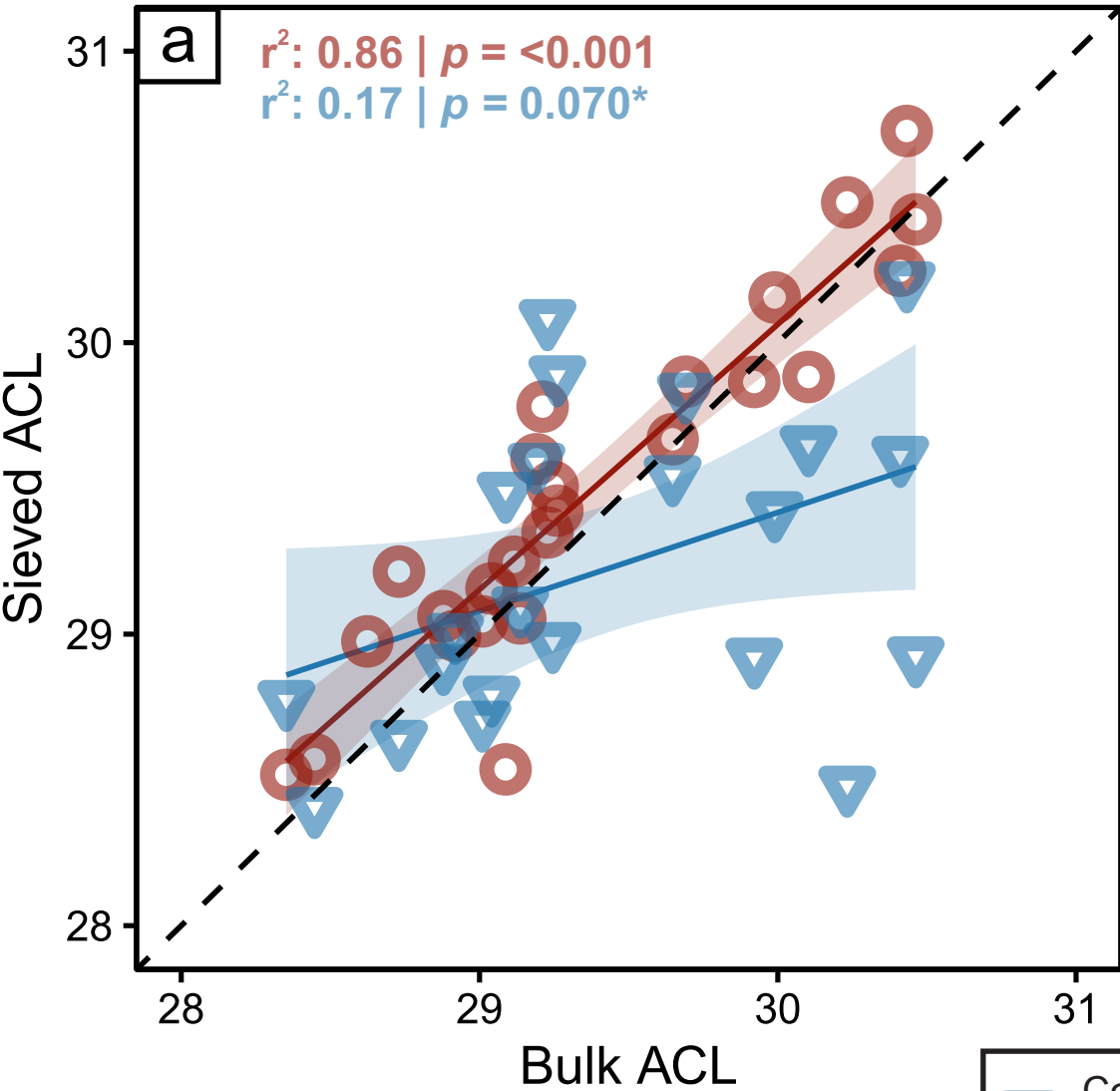
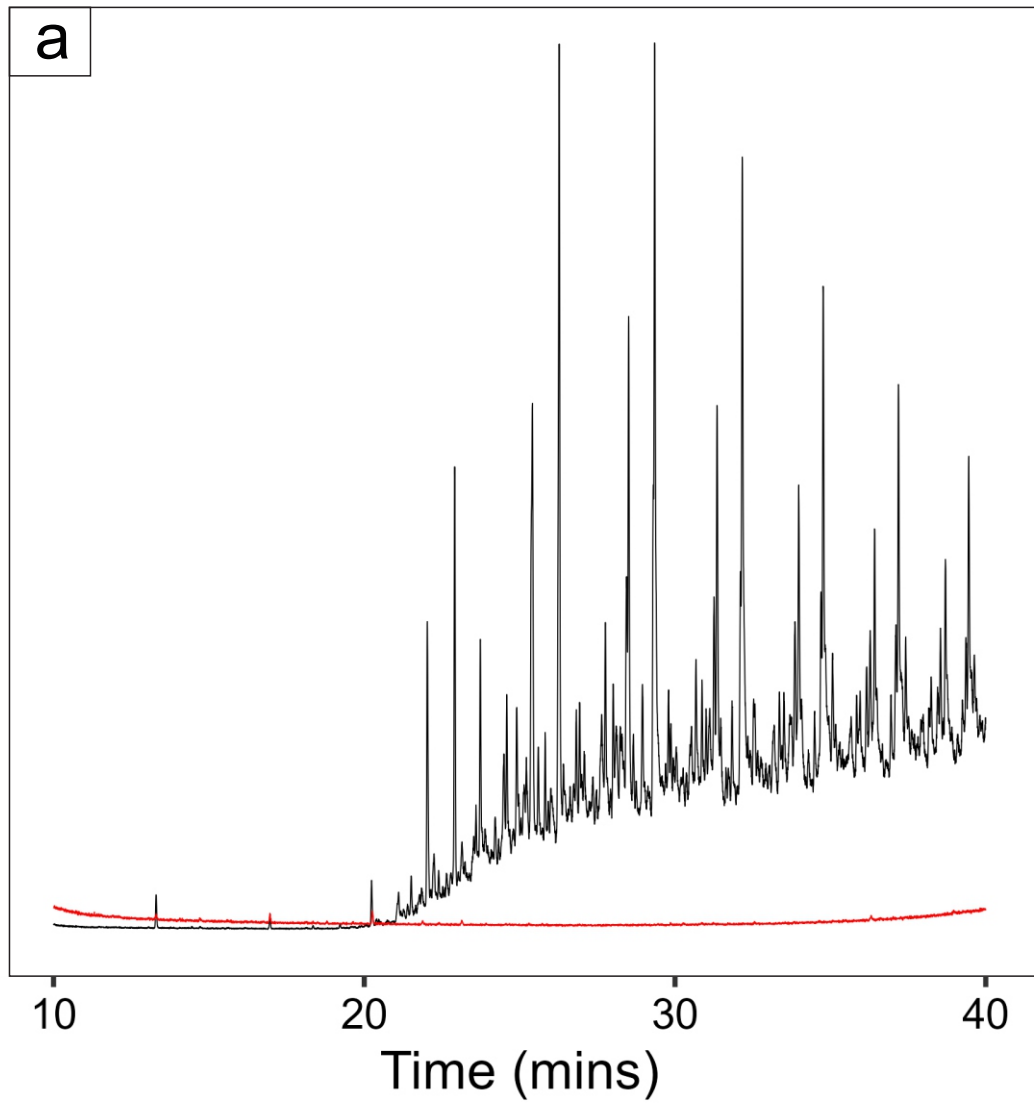


Figure 5.

Relative Intensity



Relative Intensity

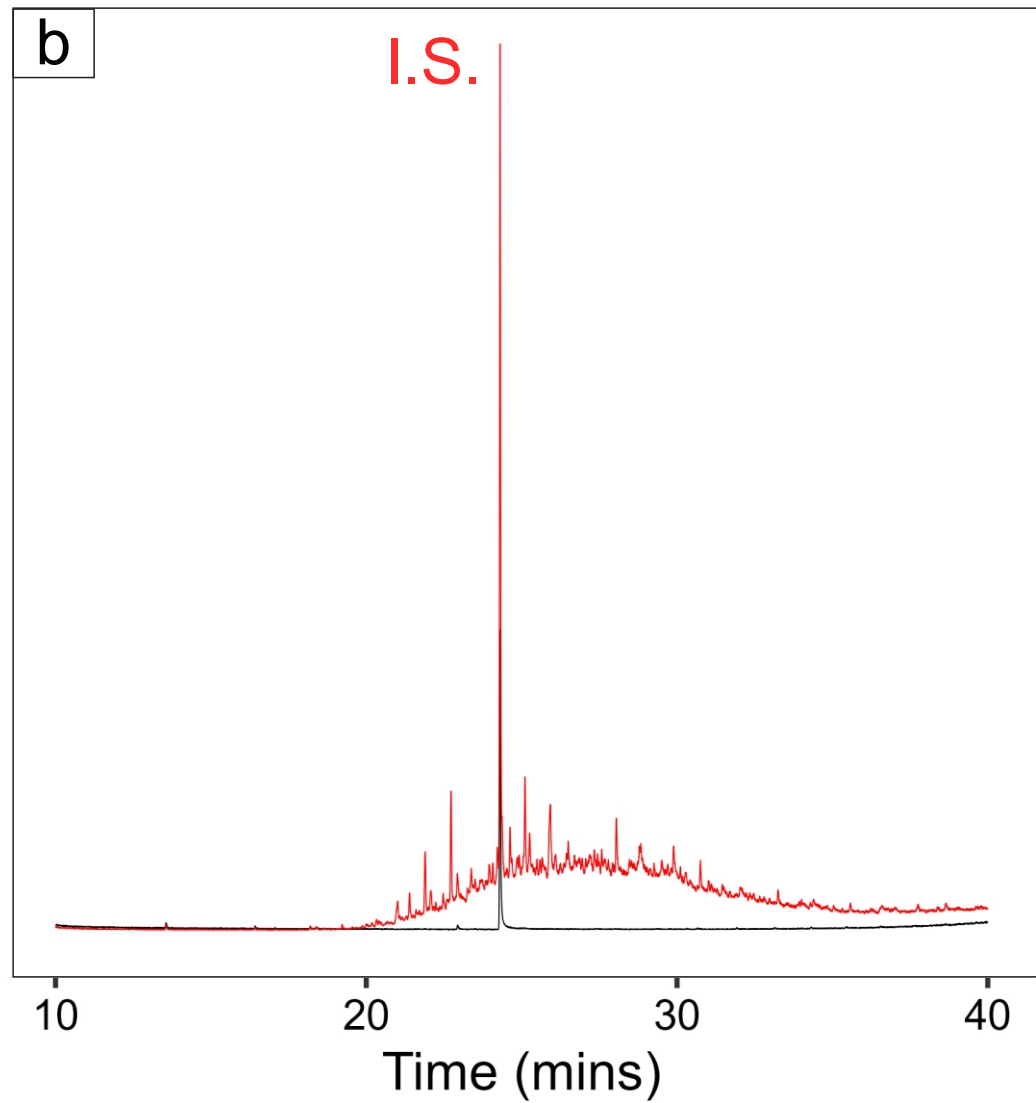


Figure 6.

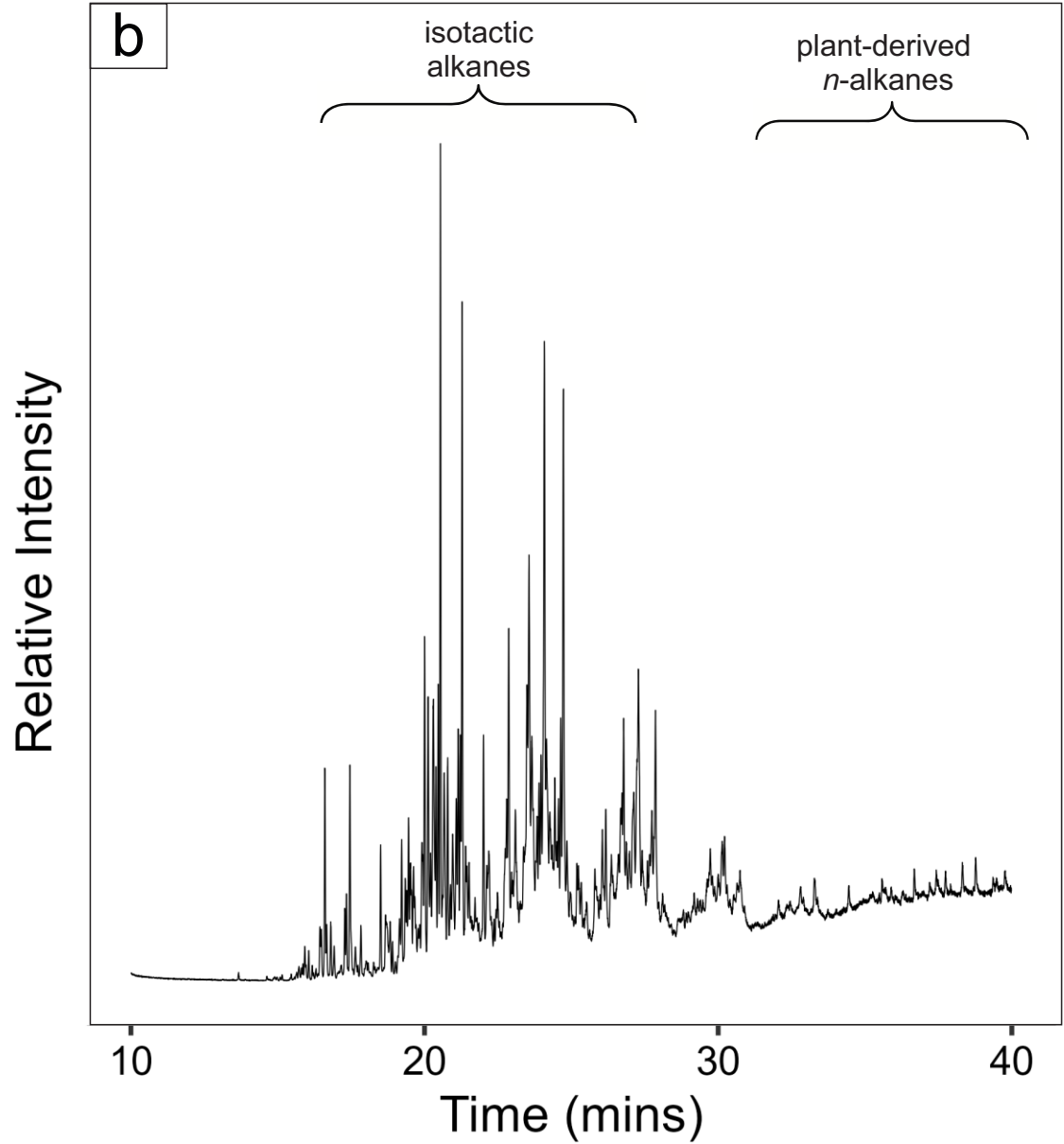
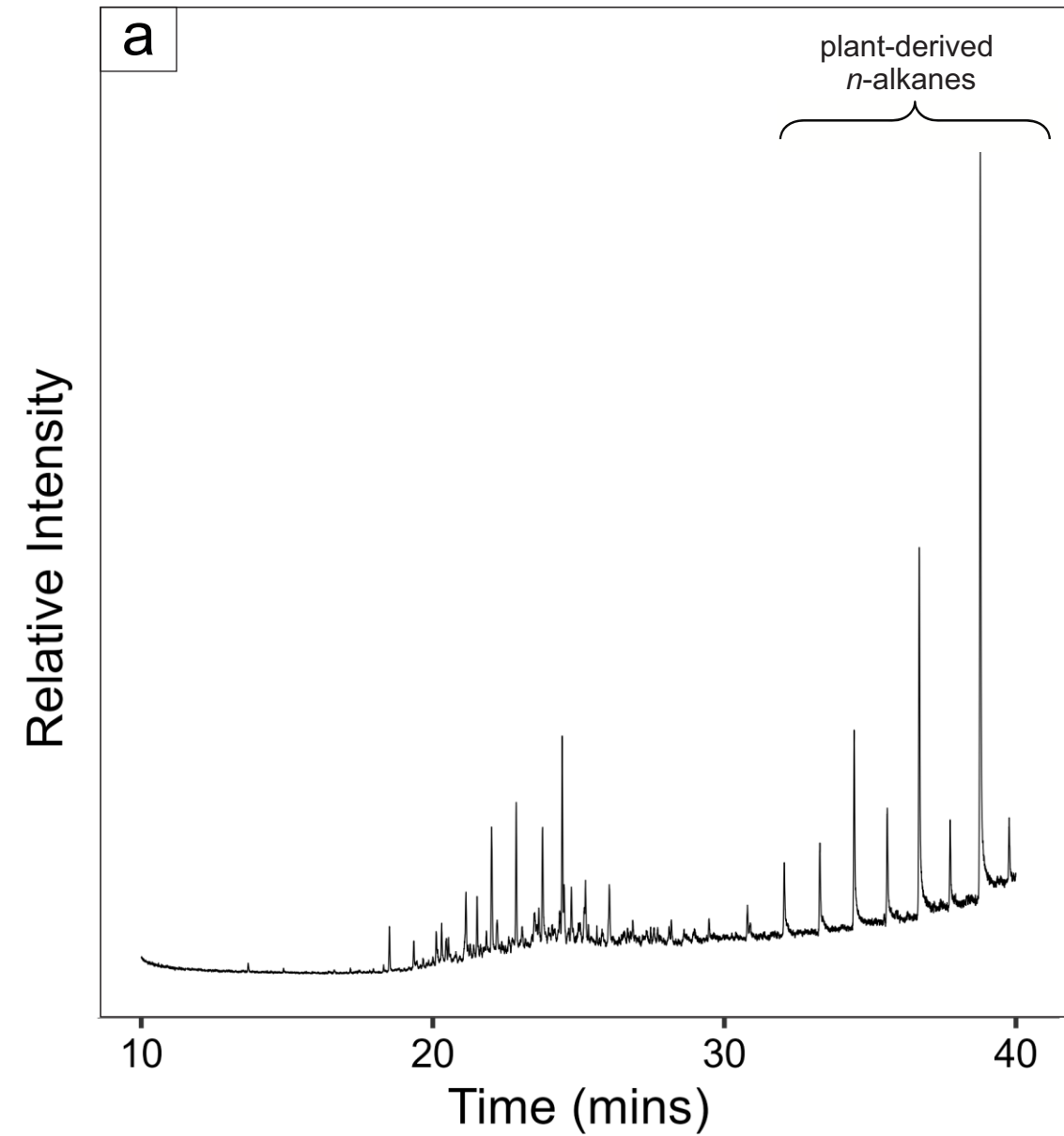


Figure 7.

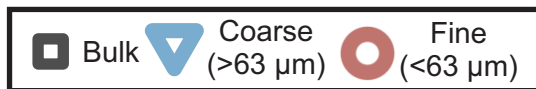
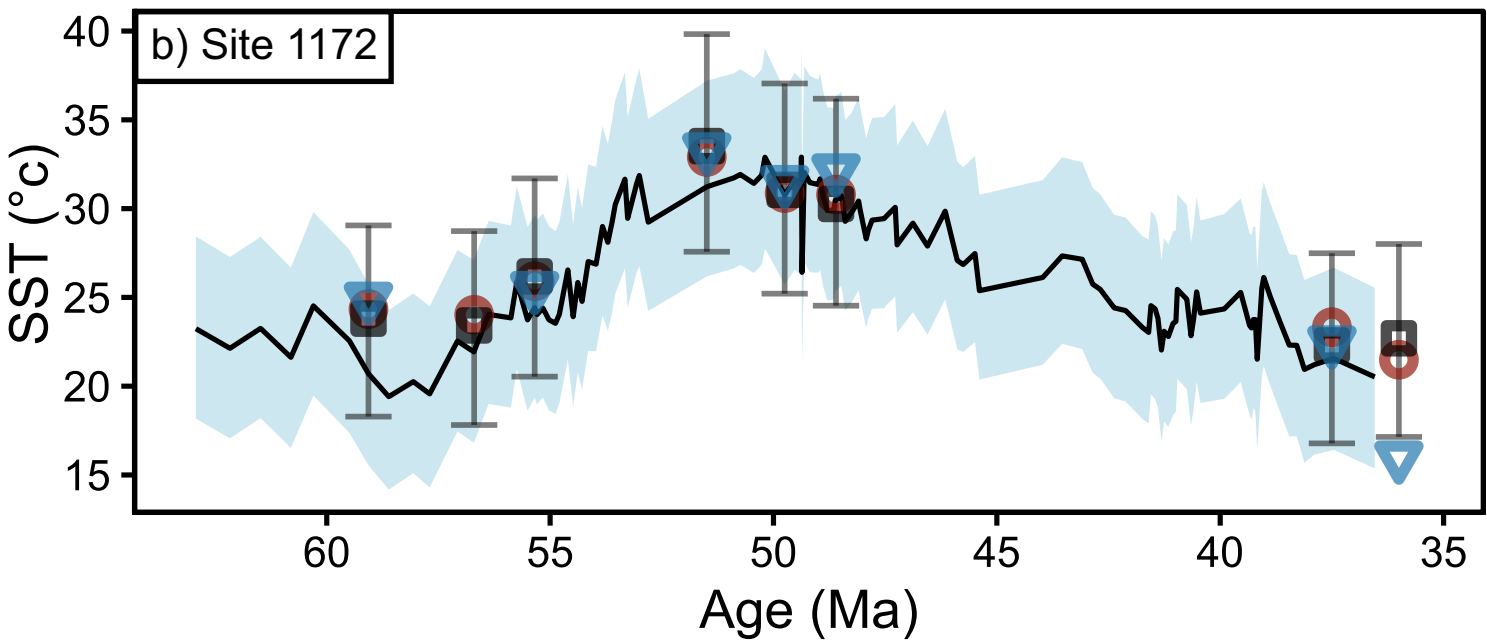
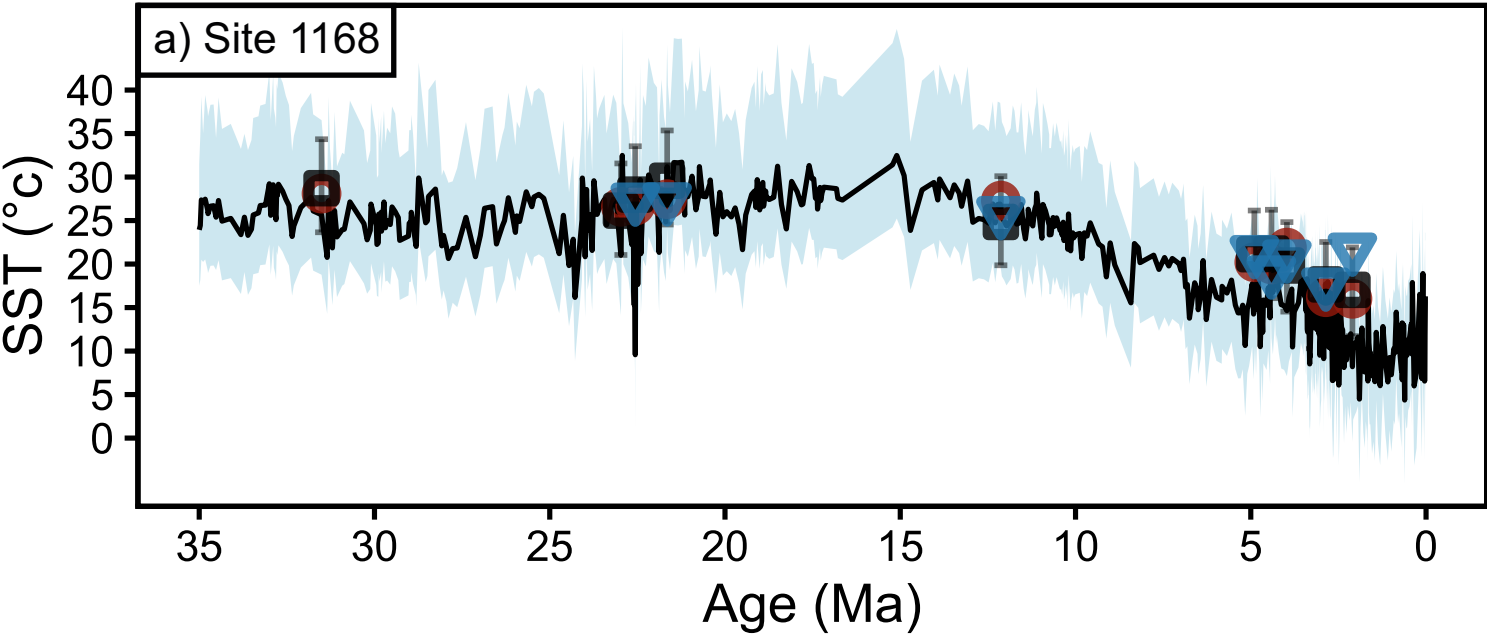


Figure 8.

