A method is described for determining unambiguously from the far-field pattern of single-mode fibres the core diameter and the refractive index difference between core and cladding. It involves measurements only of the half-power width of the main lobe and the width of the first minimum. When a single-mode fibre is curved we find that, as expected, the bend loss increases sharply below a critical bend radius but that the radiation does not leak away uniformly with distance. Instead a series of discrete, well-defined rays is observed.

1. Introduction

Single-mode fibres have several potential advantages when considered for use as transmission lines at optical frequencies. In particular the absence of dispersion due to multimode operation means that the attainable bandwidth can be very large, being ultimately limited by material and mode dispersion when operating with a monochromatic source and estimates (1) give values in the region of 100GHz over a km length. In recent years attention has centred on multimode fibres because they can be used with light-emitting diodes and they present fewer handling problems, in launching and jointing for example. However the fabrication of single-mode fibres has been rendered comparatively simple (2) by the new homogeneous chemical vapour deposition technique. Furthermore it may be deduced from recent theoretical work (3) that the 'microbending' loss can be made small by restricting the core diameter. Together with the longer lifetimes now being reported for semiconductor lasers, these factors indicate that single-mode fibres may become increasingly important in the future.

2. Determination of core diameter and refractive-index difference

With any type of fibre, two of the fundamental parameters are the core diameter 2a and the difference in refractive index Δn between that of the core n₁ and the cladding n₂ from which the normalised frequency V at the (free-space) wavelength of operation λ may be obtained where

\[ V = \frac{(2\pi\Delta n)}{n_1^2} \left( \frac{\lambda}{\lambda_0} \right)^2 - \frac{n_2^2}{n_1^2} \]
In this way the wavelength of the second mode cut-off \((V=2.4)\) is found, and assuming that the point at which the mode volume becomes large and guidance is weak. Thus no clear cut-off wavelength is observed and the measurement is sensitive to slight bends and applied pressure, as these cause the radiation at which a higher mode appears in the output pattern is somewhat indeterminate. A mode becomes extremely lossy as it nears its cut-off point, and as the mode volume becomes large and guidance is weak. Thus the mode cut-off technique is not sufficiently accurate and, moreover, requires a laser source which is tunable over a wide range of wavelengths. An alternative method is presented here of determining \(a\) and \(\Delta n\) from a simple measurement of the far-field pattern at a single wavelength.

### 2.1 Far-field radiation pattern of HE\(_{11}\) mode

As with multimode fibres it is clear that the far-field radiation pattern of the HE\(_{11}\) mode is a function of both \(a\) and \(\Delta n\) and moreover can be experimentally observed (4). We have calculated this field distribution, assuming \(\Delta n < n_{1}\). The normalized far-field distribution \(\psi_{1}(\theta, \phi, \psi)\) may be obtained from the Fraunhofer diffraction equation (5) and the approximate field equations derived by Snyder (6) for the HE\(_{11}\) mode in structures having \(\Delta n < n_{1}\) the normalized far-field distribution may be derived as:

\[
|\psi_{1}|^2 = \frac{1}{U_1(U)} \left[ \frac{U_0^2 - \Delta U^2}{W^2} \right] \left[ (J_0(a) - aJ_1(a)) + \left( \frac{V^2 + W^2}{V J_1(U)} \right) \right] \]

for \(U \neq a \) \((1a)\)

\[
= \frac{1}{2V^2} \left[ \frac{U_0^2}{U_1(U)} \right] \left[ J_0(a) + aJ_1(a) \right] \]

for \(U = a \) \((1b)\)

where \(V^2 = U^2 + W^2\), \(U\) and \(\omega\) are the arguments (6) of the Bessel and modified Hankel functions.

\(\phi = k a \sin\theta\) is the normalised radiation angle

\(k = 2\pi/\lambda\) and \(\Theta\) the angle with the axis.

A convenient parameter to measure experimentally is the output angle \(\theta_{2}\) at which the far-field intensity has fallen to one-half that at the central maximum (\(\Theta = 0\)).

It may be shown from eqn. (1) that \(\phi = k a \sin\theta_{2}\) is an unambiguous function of \(V\) and the relationship is indicated by curve B in Fig. 1. Thus \(V\) may be very simply determined if \(\phi_{2}\) is known, assuming that for \(V=2.4\) only the HE\(_{11}\) mode is launched and propagating along the fibre. If the core radius \(a\) can be found in some other way then measurement of the half-intensity width \(\theta_{2}\) enables \(\phi_{2}\) to be obtained, so that eqn. (1), or in practice Fig. 1, gives \(V\) and hence \(\phi_{2}\). An etching technique can sometimes be used to determine the core diameter but only with those fibres where the core cladding have markedly different etch rates.

### 2.2 Angular width of first maximum

The output end of an optical fibre forms a radiating aperture but it is not generally appreciated that the output field pattern contains side lobes. Thus it can be shown from eqn. (1), and experimentally, that in addition to the main beam the far-field pattern exhibits a range of subsidiary peaks at angles and relative intensities which depend on \(a\), \(n_{1}\) and \(\lambda\). It may be further shown that the angular width \(\phi_{2}\) to the first minimum can be used in conjunction with \(\phi_{2}\) to obtain \(V\) directly without any knowledge of \(a\). Thus, like \(\phi_{2}\), the ratio \(\sin\phi_{2}/\sin\phi_{2}\) is also an unambiguous function of \(V\). The variation of this ratio, together with \(\phi_{2}\), is illustrated in Fig. 1 for the range of \(V\) values most likely to be encountered in practical single-mode fibres.

Thus the interesting and invaluable result is obtained that the simple determination of \(\phi_{2}\) and \(\phi_{2}\) enables \(V\) and \(a\), and hence \(\Delta n\) to be obtained without the need for any other measurements. In the example illustrated in Fig. 1 it is assumed that the ratio \(\sin\phi_{2}/\sin\phi_{2}\) is found experimentally to be 5.25 indicating, using curve A, that \(V = 2.14\). From curve B it can be seen that the corresponding value of \(\phi_{2}\) is 0.813 and from the measured value of \(\phi_{2}\) it is possible to calculate \(a\).

### 2.3 Experimental techniques and verification

Experiments have been carried out on a number of single-mode fibres made by the technique (2) of homogeneous chemical vapour deposition. Laser radiation was launched into a 1m length of each fibre. In order to avoid the propagation of higher-order modes the fibres were slightly curved and cladding strippers were also used.

The angular widths \(\phi_{2}\) and \(\phi_{2}\) were obtained by monitoring the far-field output pattern with an Integrated Photomatrix Ltd model 7000 scanning photodiode array. Fig. 2 shows the outputs from the array displayed on an oscilloscope under conditions of (a) low gain from which \(\phi_{2}\) can be measured and (b) high gain, showing the positions of the minima \(\phi_{2}\). In Fig. 2(a) the response of the photodiode array is linear and the Gaussian shape of the main beam can be seen. However in order to show up the first minima in Fig. 2(b) the gain is so high as to cause saturation and distortion at smaller angles. The values of \(\phi_{2}\) were confirmed by taking photographs of the far-field pattern as shown in Fig. 2(c).

As a check on the theory given in Section 2.2 the core diameter can be measured directly in two ways. Firstly by etching with hydrofluoric acid since the phosphosilicate core dissolves much more rapidly than the pure silica cladding. The core diameter was then measured by an optical, or scanning electron microscope. Secondly the core and outer diameters of the preform were measured as well as the overall diameter of the resulting fibre. The fibre core diameter is then given by the product of the preform core diameter and the preform/fibre outside diameter ratio. The agreement between the two methods was very good (within 2%).

Several single-mode fibres having core diameters ranging from 4 to 8.4\(\mu\)m have been tested. In the first set of measurements a Chromatix CMX4 tunable laser was used to vary the laser values over the range 1.7 to 3.5. The angle \(\phi_{2}\) was determined at wavelengths between 0.42 and 0.9\(\mu\)m for two fibres whose core diameters of 6.6\(\mu\)m and 8.1\(\mu\)m were obtained. The experimental results are shown in Fig. 1 and are in excellent agreement with the theory. The values for these two agree with the prediction of 1.98 and 2.78 at \(\lambda = 0.63\mu\)m.
In the second set of measurements $\theta_1$ and $\theta_2$ were measured for a number of fibres. For each fibre the angular measurements were made in ten independent experiments and the repeatability was within 2%. The core diameters of the samples were again obtained by etching and the comparison with the far-field measurements is shown in Table 1. The cores were slightly elliptical and the figures in the final column denote the lengths of the major and minor axes. The agreement between the two methods is excellent particularly since the orientation of the fibre ends for the far-field measurements was not known. For the other three samples independent diameter measurements were not made and the results obtained for a and $\Delta a$ are given in Table 2.

3. Radiation Loss at Bends

One of the important characteristics of propagation in single-mode fibres is the transmission loss which occurs at bends. We have studied this effect in detail and have compared experimental results with those derived from a theoretical model based on a conformal transformation technique. The agreement between theory and experiment is good and the results will be presented elsewhere. As expected the bending loss increases rapidly as the radius of curvature is reduced below a critical value. The radius at which this occurs is typically 4 cm for large-core fibres (8 µm diameter, V=2), while our more strongly-guiding fibres (4 µm diameter, V=2.4) may be bent to a radius of a few millimetres.

In the course of the bend loss studies it was observed that the radiation emitted in the transverse direction at a bend was not continuous but appeared in the form of discrete divergent 'rays'. To illustrate the effect it is convenient to describe the experimental results first before giving a tentative theoretical explanation of this somewhat unexpected result.

3.1 Experimental study of bend radiation

To observe the 'ray' radiation several metres of fibre of the ribbon, or near-single-mode, fibre were coiled about a bender and the HE11 mode was excited at the input end by a helium/neon laser operating at 0.63 µm. In the TEM00 mode, the 'near-single-mode' fibre has a modal frequency $\nu = 2.78$ and a core diameter of 9.8 µm, but only the HE11 mode was present after a few metres because of the launching conditions and any higher-order modes present were only weakly bound so that they attenuated rapidly. Normally the radiation emitted from the core at a bend is internally reflected at the outer surface of the cladding and is therefore not easily observed. The 110 µm diameter fibre was therefore laid on a glass plate and immersed in liquid paraffin having a refractive index (1.466) slightly higher than that of the cladding. Typical examples of the radiation observed are shown in Fig. 3 at bend radii of 12 and 16.5 mm. The radiated beams have a finite width varying as a function of the radius of curvature. The number of beams per unit length of curved fibre increases as the bend radius decreases. The number of rays per complete turn of fibre measured as a normalized ratio core diameter/bend radius was found to range from 1.8 to 3x10^-4 (54 to 33 mm bend radius) and was found to be roughly constant as predicted by Huygen's principle. However there are difficulties in measuring accurately the number of rays per unit length.

Although the experiments reported here were conducted on fibres which propagated more than one mode, the discrete radiation emitted from the bend was also observed in truly monomode fibres having $\nu$ less than 2.4. In addition, smaller-core fibres exhibit the effect at a reduced bend radius. It may be inferred from the work of Neumann (7) that a related phenomenon exists in dielectric waveguides operating at microwave frequencies.

3.2 Analysis of leakage from a curved single-mode fibre

The analysis is based on a conformal transformation (8) which can be used to map a curved homogeneous cylindrical medium into an inhomogeneous linear one in the transform plane. However we assume here for simplicity a curved slab waveguide of half width $d$, refractive index $n_1$ and mean radius of curvature $R$ in the plane of curvature ($r, \theta$) as shown in Fig. 4(a). This structure is mapped into the $(u, v)$ plane by the transformation

$$u = R \ln \left( r/R \right)$$
$$v = R \theta$$

(2)

in the form of a straight waveguide with the dimensions and refractive-index distribution indicated in Fig. 4(b). It is clear that the energy distribution in the curved waveguide is shifted towards the outer curved boundary by the increase of refractive index at the right-hand boundary in the transform plane. The effective fibre diameter in the $(u, v)$ plane becomes

$$D = R \ln \left( (R+d)/(R-d) \right)$$

(3)

Both $D$ and the slope of the refractive index in the $u$ direction, $\exp(u/R)$, increase as the curvature increases.

The effect of these changes on the propagation conditions may be deduced from Fig. 5. The dotted curve (a) shows the transverse distribution of refractive index in the $(u,v)$ plane for a straight fibre in the $(r, \theta)$ plane, i.e. $R = 0$, so that the width of the guide is the same in both planes. In this case, the refractive index is constant. Also shown is the normalized propagation constant of the HE11 mode. Strictly speaking the propagation constant is that of the slab TM00 or TE10 mode. Calculation shows that the propagation constants of the lowest-order modes in slab and fibre are very similar and the approximation is certainly good enough for our purpose here.

At a moderate radius of curvature, solid curve (b), the refractive index at $u = d$ increases from $n_1$ to $n_2(1+d/R)$ in the core and from $n_2$ to $n_3(1+2d/R)$ in the cladding. As indicated above there is therefore a narrowing accompanied by a shift in the energy density to the outside of the curve. Furthermore for $u > D$ the refractive index increases at the rate $\exp(u/R)$ and exceeds the value $\beta/k$ at a finite distance from the waveguide. Thus the possibility arises of electromagnetic tunnelling as discussed by Snyder (9) which will give rise to bending loss.

When the bend radius is decreased sufficiently, the curve (c), two further effects occur. Firstly, the point can be reached at which $n_2(1+d/R)$ equals or exceeds $\beta/k$ so that all guidance ceases and the radiation loss rises to infinity. This, and the tunnelling from the fibre, are discussed elsewhere (10) and will not be treated further here. However the other effect
of importance at a small radius of curvature arises when the effective refractive index in the core, \( n_1 (1-d/R) \), at the inside of the bend falls below \( \beta/k \). A turning point (caustic) then forms within the core and since the inner core boundary no longer has a guiding function it ceases to have any relevance. The form of the guiding structure therefore changes from that of a single-mode fibre to a single-boundary guide (11). The HE_{11} mode in the curved fibre may therefore be thought of in terms of the equivalent locus or ray (see for example reference (12)) from the straight portion entering an open curved 'whispering gallery' reflecting region of radius \( R \) and with an outer caustic from a distance at the core at which the equality

\[
\frac{\beta}{k} = n_2 \exp(u/R)
\]

is satisfied and through which tunnelling radiation is emitted as in Fig.6. The characteristic angle of the ray can be shown to be

\[
\Theta_c = \arccos \left( \frac{\omega a}{2 m n_1 d} \right)
\]

where \( U \) is the eigenvalue of the HE_{11} mode in the straight single-mode fibre. Thus the theory predicts the emission of tangential rays at the points of reflection of the HE_{11} 'ray' as illustrated in Fig.6. The number of rays per unit length is a function of \( \Theta_c \) and \( R \), and it can be shown quite simply from the geometric reflection model that the number of emitted rays per complete turn is almost independent of the normalized inverse bend radius \( d/R \).

As described in Section 3.2 such rays are indeed observed and the number per turn is in approximate agreement with the theoretical predictions.

4. Conclusions

It has been shown that the core diameter and refractive index difference can be deduced from the far-field radiation pattern of the HE_{11} mode in fibres of low V number. Independent determinations of the core diameter by an etching technique, as well as by measurements on the starting preform which is made by the homogeneous CVD process, are in good agreement with those obtained from the far-field pattern. The method is now used in our laboratories for the routine characterization of single-mode fibres.

A study of the radiation loss from a curved fibre carrying only the dominant mode indicates that it is composed of discrete beams which may be described as geometrical reflections of the leaky HE_{11} mode at the curved fibre boundary. An analysis based on a conformal transformation technique is presented and gives a satisfactory explanation of the experimental observations. The experimental and theoretical results are also in fairly good quantitative agreement.

Acknowledgements

We are indebted to Dr. C.R. Hammond and Mr. S.R. Norman for fabricating the fibres used in the experiments and to the Pirelli General Cable Company for the endowment of research fellowships. Grateful acknowledgement is also made to Mr. R.B. Dyott for discussions leading to the results outlined in Section 2.2.

References


10. Gambling, W.A., Payne, D.N. and Matsumura, H.: (to be published)


<table>
<thead>
<tr>
<th>Sample</th>
<th>( \sin \beta ) (mean)</th>
<th>( \sin \beta / \sin \beta_0 ) (mean)</th>
<th>( V ) (mean)</th>
<th>( \Delta n )</th>
<th>Core diameter (( \mu m )) obtained from:</th>
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<td></td>
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<td>1</td>
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<td>0.00349</td>
<td>4.3</td>
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</table>

TABLE 1 Comparison of core diameters obtained from far-field pattern with those measured by etching.
TABLE 2  Values of V, refractive index difference and core diameter determined from the far-field pattern

<table>
<thead>
<tr>
<th>Sample</th>
<th>( \sin \theta_0 ) (mean)</th>
<th>( \sin \theta_0 / \sin \theta_h ) (mean)</th>
<th>( V ) (mean)</th>
<th>( \Delta n )</th>
<th>Core diameter (nm)</th>
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<tr>
<td>3</td>
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<td>1.91</td>
<td>0.001108</td>
<td>6.9</td>
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<td>4</td>
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<td>8.2</td>
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<tr>
<td>5</td>
<td>0.0251</td>
<td>0.05</td>
<td>2.48</td>
<td>0.00120</td>
<td>8.4</td>
</tr>
</tbody>
</table>

**FIG. 11.1** Variation of the normalized half intensity point angle, \( \theta_h \), with \( V \). The solid line is calculated using Eq. 1 while the points were measured with samples four diameters 3.1, 2.4, and 1.1, respectively. The data is for a core size \( d = 1.0 \mu m \) in 1.0 \( \mu m \) clad.

**FIG. 11.2** Output from scanning photodiode array

- (a) Under low-gain conditions
- (b) Under high-gain conditions, note that the central peak is saturated
- (c) Photograph of the far-field intensity pattern
FIG. 3 TANGENTIAL BEAMS EMITTED BY A SINGLE-MODE FIBRE AT BEND RADIi OF (a) 12mm and (b) 16.5mm

FIG. 4 (a) REPRESENTATION OF A CURVED SLAB WAVEGUIDE IN THE (r, φ) PLANE. 
(b) VARIATION OF REFRACTIVE INDEX WITH U IN THE TRANSFORM

FIG. 5 CHANGE OF REFRACTIVE INDEX IN THE TRANSFORM PLANE FOR 
(a) ZERO, (b) MODERATE AND (c) LARGE CURVATURES.

FIG. 6 ILLUSTRATION OF THE TWO CAUSTICS, 'RAY' REFLECTION AND TUNNELING RADIATION IN A CURVED FIBRE.